

**United States Masters Swimming
Long Distance National Championship**

RESULTS

CHAMPIONSHIP EVENT: 2016 Womens 6000 ePostal

EVENT DATE(S): 9/15/16 to 11/15/16

SANCTION NUMBER: 596-S004

SANCTIONING LMSC: Snake River

SPONSORING ORG: Sawtooth Masters

EVENT DIRECTOR: Paula Moores

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WOMEN

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Quality Points	National Record
18-24	1	Opal	Brink	E	21	QMST	126N-08439	1:22:07.49	852	
25-29	1	Jennifer	Mohn	L	25	DAM	386G-09HD8	1:16:19.63	919	
	2	Kelley	Baum	T	27	PBM	506F-09J2C	1:19:37.99	881	
	3	CJ	Pisano		29	PBM	506X-09MTX	1:22:14.00	853	
	4	Amanda	Singleton	L	27	SFTL	5065-07JMK	1:27:57.99	798	
30-34	1	Christina	Horton		33	SFTL	507X-061JZ	1:16:03.14	887	
	2	Sandra	Frimerman-Bergquist	E	33	MINN	306H-04TAE	1:17:50.99	866	
	3	Kathleen	Pelczynski		31	NCMS	136F-06W4X	1:24:42.50	796	
	4	Ara	Bergillos		34	SFTL	5062-0816K	1:24:58.31	794	
	5	Mary	Milburn	C	32	PBM	506K-061K0	1:31:29.99	737	
	6	Amanda	Callahan		34	OREG	377N-06JB5	1:37:50.33	689	
	7	Lauren	Letsche		34	SFTL	5066-0805P	1:42:48.58	656	
	8	Sara	Chapman		34	IM	2167-08BZK	1:45:17.06	641	
	9	Amy	Larson		32	EGRA	1968-0A8W9	1:45:26.07	640	
	10	Sabra	Shelton	G	32	UC19	196U-07KX2	2:59:30.14	376	
35-39	1	Sonja	Koppenwallner		39	SFTL	507C-01YJF	1:21:05.05	853	
	2	Melanie	Gentles	H	39	DAM	387Y-071K6	1:22:30.00	839	
	3	Rachel	Rivera	J	38	MMA	167H-RAE78	1:27:07.66	794	
	4	Tatiana	Barbosa	B	37	SFTL	506C-027CP	1:27:45.73	788	
	5	Laura	Aquilina	M	35	CMS	326M-0A7WD	1:32:08.00	751	
	6	Jennifer	Mohorovic	M	35	LOCO	556U-0A4C5	1:47:57.80	641	
	7	Jessica	Schofield		37	PBM	506S-09MPZ	1:51:25.99	621	
40-44	1	Michelle	McRae		41	PSM	366R-04FBZ	1:15:51.53	907	
	2	Wendy	Peterson		42	MINN	307V-0256V	1:21:53.00	840	
	3	Suzy	Jajewski		41	OREG	376W-074MV	1:25:08.98	808	
	4	Kathy	Amarasinghe		41	WWM	356C-0867W	1:34:07.69	731	
	5	Kate	Ufford		40	PBM	5078-09ES7	1:35:20.83	722	
	6	Tracy	Williams	A	44	PBM	5065-09DRD	1:42:11.20	673	
	7	Kristin	Volz	R	43	SFTL	506K-DUCKY	1:55:55.99	594	
45-49	1	Brooke	Bowman	J	49	SPM	1478-004KC	1:20:10.33	809	
	2	Jayette	Pettit	R	49	OREG	376W-0A8HS	1:24:30.31	767	
	3	Catharine	Cebrowski	L	45	MOST	4362-06P0P	1:28:02.00	736	
	4	Julie	May		49	SKY	4163-06T3A	1:33:08.46	696	
	5	Siobhan	Maize	A	45	PALM	5571-01HJ1	1:33:55.30	690	
	6	Karen	Charney	L	47	DAM	386B-0423B	1:35:15.45	680	
	7	Ruth	Giles-Ott		48	IM	216X-02VKN	1:46:03.51	611	
	8	Ingrid	Bon		46	PBM	506P-07ZM1	1:52:01.51	579	
	9	Flavia	Medlin	Z	49	O*H*	1861-02RHK	1:53:45.93	570	
	10	Jeanette	Cavano		48	UC38	3868-09E99	1:58:54.19	545	
50-54	1	Kimberly	Elsbach	D	53	DAM	3864-D0NUT	1:16:26.34	916	
	2	Charlotte	Brynn	J	50	NEM	0270-034BA	1:18:28.30	892	
	3	Heidi	Kafka		54	IM	216E-02X7X	1:24:18.64	830	
	4	Marcia	Cleveland	E	52	IM	216F-01S4Y	1:27:20.99	801	
	5	Linda	Irish Bostic		52	PBM	507W-06BTX	1:28:32.72	790	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Quality Points	National Record
	6	Dawn	Clark	D	52	SPM	146F-05VRX	1:29:44.00	780	
	7	Jennifer	Phalen	R	52	DAM	387C-JENNY	1:43:54.94	674	
	8	Mary	Eklund		52	LOCO	557E-07HXG	1:44:02.05	673	
	9	Allison	LaField		53	MOST	436C-06MXY	1:44:52.12	667	
	10	Cathy	Goodwin	W	50	PBM	506F-08CWV	1:46:59.99	654	
	11	Sarah	Bennett	L	53	SFTL	5060-G00SE	1:48:24.50	646	
	12	Colleen	Toumayan		50	TSTT	336Y-08DSU	1:53:24.84	617	
	13	Kate	Sullivan	E	52	OREG	376A-09Y0F	1:58:16.85	592	
	14	Gina	Russell		53	UC13	1369-082EW	2:00:09.00	583	
	15	Roberta	Varela-Hein	K	52	MOST	436V-02NGX	2:10:29.92	587	
	16	Mindy	Parsons		54	PBM	507C-09WV1	2:19:20.00	502	
55-59	1	Kelly	Parker Palace		55	VMST	126E-02HWU	1:13:44.99	1,006	Y
	2	Denise	Brown	H	57	MICH	1963-01U86	1:18:11.61	949	
	3	Jo-Ann	Elo		55			1:22:54.40	895	
	4	Melissa	Harasz		56	SPM	146X-05H1D	1:24:21.01	879	
	5	Peggy	Kratz		56	MINN	306S-024HZ	1:27:07.35	851	
	6	Tamara	Burton		58	PBM	506R-099CG	1:29:13.95	831	
	7	Sharon	Blaha	L	56	DAM	387A-DAM82	1:29:44.00	827	
	8	Julia	Leo	E	55	PBM	506T-0966W	1:30:31.60	819	
	9	Maddie	Diedo		58	MICH	1963-028U9	1:40:02.76	741	
	10	Cynthia	Henley	P	58	SFTL	507P-07SFD	1:40:06.27	741	
	11	Paula	Moores	J	58	SAWS	596N-01J0E	1:40:35.55	737	
	12	Jo-Ann	Berry		59	PBM	507K-027YV	1:47:25.99	690	
	13	Helene	Hirsch	I	59	TSTT	336E-06023	1:51:37.37	665	
	14	Debby	Eisinger	W	58	SFTL	5062-095ZS	1:56:35.00	636	
	15	Lynn	Kubasek	V	58	NOVA	3371-4SEAS	1:57:36.00	631	
	16	Adrienne	Chin-Ogilvie		56	SFTL	506E-028EA	2:08:52.50	576	
60-64	1	Catherine	Rust	M	63	PBM	5074-06WVNH	1:23:08.01	909	
	2	Darcy	LaFountain	H	61	PBM	506G-0212Z	1:26:02.00	878	
	3	Janet	Siniscalchi		60	PBM	506R-079VZ	1:41:44.99	742	
	4	Linda	Callaway		63	MOST	437K-02NEV	1:49:05.55	692	
	5	Chris	Mayhew		63	MOST	4366-CHR1S	1:52:42.94	670	
	6	Deanna	Johnson	L	60	DAM	387K-041KE	1:54:54.00	657	
	7	Katy	Lantz	C	63	DAM	386D-040UN	1:55:42.00	653	
65-69	1	Shirley	Loftus-Charley	A	65	VMST	127Z-WATER	1:18:50.34	1,077	Y
	2	Fran	Hare	E	66	PBM	507W-02XHG	1:29:03.99	953	
	3	Joanne	Menard		68	MMAC	4862-02F1Y	1:31:46.02	925	
	4	Jill	Wright	M	65	SAWS	5967-01J02	1:38:11.88	865	
	5	Carol	Hayden	S	66	NOVA	336E-07HDE	1:52:10.00	757	
	6	Wendy	Scherwat Ducourneau		66	TSTT	3376-0A2JN	1:57:43.39	721	
	7	Michelle	Martin	E	67	SFTL	506X-02D6V	2:14:36.47	631	
70-74	1	Pat	Sherman		71	OREG	3766-09ABT	1:58:08.00	846	