

## 2006 USMS 5k/10K Postal Swim Results

\* denotes foreign swimmer

**NR\*** denotes record

### 2006 USMS 5k

Hosted by Lawrence River City Sharks

#### Women 18-24

Record: J. Jackson		2000	1:04:53.75
1	Lizzy Brunett	19 ISF	1:12:01.34
2	Lindsey Urbatchka	22 MOVY	1:12:02.43
3	Katie Haynes	24 MVN	1:17:53.05
4	Erica Laughlin	19 MVN	1:19:42.75
5	Clare Helphinstine	23 ISF	1:21:17.31
6	Heather Strand	20 ISF	1:36:35.42
7	Amber McKinney	23 DOC	1:46:20.10

#### Women 25-29

Record: G. Cornelius		2001	1:05:38.54
1	Miriam Nowak	29 MICH	1:10:14.12
2	Stephanie Nicolini	27 ISF	1:21:20.11
3	Jenny Birmelin	29 MICH	1:21:41.22
4	Liz Johnson	26 MOVY	1:24:32.00
5	Elizabeth Strausbaugh	29 OREG	1:34:54.99
6	Nia Doyle	25 Unattached	1:35:40.50

#### Women 30-34

Record: N. Day		2003	1:04:24.99
1	Joy Stover	30 MOVY	1:06:03.22
2	Julie O'Neill	34 CMS	1:16:08.14
3	Tamara Huston	30 OREG	1:18:37.04
4	Karla Rees	33 STAN	1:22:50.85
5	Monica Freeman	33 OREG	1:28:28.09
6	Kim Westlake	30 ISF	1:34:18.33
7	Michelle Rautmann	30 MOVY	1:56:40.01

#### Women 35-39

Record: K. Pipes-Nelson		2003	1:03:28.06
1	Nadine Day	36 IM	1:08:25.04
2	Victoria Rian	39 ISF	1:10:28.10
3	Bridget Bailie	36 ISF	1:21:13.83
4	Robin Segnitz	38 SKY	1:21:18.02
5	Lisa Zawistoski	37 MVN	1:23:13.39
6	Kris Houchens	39 ISF	1:23:36.40
7	Lisa Elsener	37 MOVY	1:24:14.60
8	Lori Werdin-Kennicott	36 MOVY	1:25:10.25
9	Lisa Mische Lawson	35 MOVY	1:25:42.13
10	Michelle Ward	37 SKY	1:28:03.20
11	Jane Woo	36 Unattached	1:28:51.89
12	Cyndi Smidt	36 OREG	1:32:03.00
13	Mary Ott	38 ISF	1:45:52.58
14	Flavia Zappa	39 SPM	1:46:42.13

Women 40-44

Record: K. Pipes-Nelson		2003	1:02:53.42
1	Charlotte Petersen	42 SPM	1:09:33.00
2	Jutta Schickore	41 DOC	1:11:30.30
3	Victoria Rian	40 ISF	1:11:43.37
4	Susie Shuck	40 ISF	1:12:46.30
5	Stephanie Schultz	40 OREG	1:14:16.99
6	Heather Hagadorn	41 CMS	1:15:25.50
7	Nicole Vanderpoel	42 CMS	1:17:25.00
8	Ann O'Dea	40 ISF	1:18:54.15
9	Lisa Zedonis	44 ISF	1:25:16.44
10	Margaret Duncan	44 LAC	1:27:45.09
11	Laura Jones	41 Unattached	1:27:50.41
12	Christine Swanson	43 SPM	1:28:31.00
13	Tina Myers	44 ISF	1:33:43.09
14	Dr. G. Iris Threatt-Milton	43 FMM	2:22:09.32

Women 45-49

Record: S. Hein-Bowen		2004	1:04:26.97
1	Mary Sweat	49 OREG	1:12:10.39
2	Heidi Christensen	47 VCM	1:12:39.50
3	Sharon Salzman	48 SPM	1:17:37.00
4	Laura Kaleel	45 SPM	1:18:37.00
5	Shellie Kenney	46 MVN	1:27:04.91
6	Cheryl Gettelfinger	48 ISF	1:28:27.00
7	Maddie Diedo	47 MICH	1:31:14.01
8	Patricia Rogers	46 OREG	1:33:38.00
9	Paula Moores	48 SAWS	1:34:54.58
10	Regina Thompson	46 MTMS	1:39:14.25
11	Sue Moucha	48 BLUE	2:13:50.31

Women 50-54

Record: B. Dunbar		2003	1:10:29.29
1	Lisa Bennett	50 SQST	1:16:25.14
2	Shirley Loftus-Charley	54 VMST	1:17:50.00
3	Nan Stager	51 DOC	1:23:05.33
4	Marcia Benjamin	50 WCM	1:23:55.97
5	Beth Foland	50 ISF	1:24:35.10
6	Madeleine Holmberg	53 OREG	1:27:13.99
7	Pam Geiger	53 SPM	1:28:23.00
8	Jan Johnson	51 ISF	1:33:38.52
9	Laraine DeVoe	51 DOC	1:39:46.51
10	Connie Peterson	51 OREG	1:48:31.00

Women 55-59

Record: B. Dunbar		2004	1:11:37.33
1	Andrea Haines	58 DCM	1:26:52.53
2	Jill Wright	55 SAWS	1:37:55.94
3	Linda Mihebsack	59 CMS	1:40:51.25
4	Barbara Larsen	59 ISF	1:41:39.67
5	Ruth Thompson	56 FMM	1:42:23.41
6	Ginny Saunders	59 OREG	1:47:30.00
7	Kristi Panayotoff	57 MESC	1:51:11.99
8	Jane Moore	55 PNA	2:03:41.03
9	Sue Cospers	57 ISF	2:10:23.91
10	Dulcy Sellon	59 MOVY	2:13:43.50
11	Carol Hall	58 ISF	2:22:59.17

#### Women 60-64

Record: S. Brougher		2002	1:26:50.00
1	Beverly Montrella	60 MVN	1:36:59.32
2	Jennifer Parks	62 MICH	1:39:40.05
3	Marcia Anziano	61 CMS	1:39:51.75
4	Susan Meyers	64 ISF	1:40:57.53
5	Arni Litt	60 PNA	1:45:18.09
6	Susan Paris	60 SKY	2:06:54.00
7	Lynn Francis	62 MOST	2:33:39.50

#### Women 65-69

Record: L. Stoinoff		1998	1:24:41.84
1	Betsy Jordan	69 SDSM	1:35:56.84
2	Patricia Bond	68 FMM	1:43:14.13
3	Carol Lowengrub	69 DOC	2:04:52.42

#### Women 70-74

Record: A. Pipes		2004	1:34:53.71
1	Doris Prokopi	70 FMM	2:02:08.46

#### Men 18-24

Record: J. Skube		1999	1:05:10.62
1	Craig Charley	23 VMST	1:14:35.60

#### Men 30-34

Record: J. Erwin		1996	59:53.17
1	Will Simmons	31 ISF	1:05:18.20
2	Jeff Maydak	33 NAST	1:11:44.33
3	Michael Riccitelli	32 OREG	1:12:01.99

#### Men 35-39

Record: J. Erwin		2003	58:11.13
1	Andrew Scheiner	37 STAN	1:02:05.89
2	Kurt Dickson	38 ARIZ	1:04:30.00
3	Jeremy Houchens	36 ISF	1:06:12.10
4	Greg Jablonski	39 OREG	1:06:24.19
5	Brian Rimel	39 SPM	1:07:09.00
6	Eric Cornell	36 VMST	1:09:23.31
7	Carlton Stokes	38 DOC	1:10:31.09
8	Michael Bell	37 MICH	1:12:43.84
9	Jeremy Becker	36 DOC	1:18:10.01
10	Aaron Peter	35 SPM	1:18:18.00
11	Mike Zaino	39 MVN	1:28:02.40
12	Will Amos	39 CMS	1:28:29.75
13	John Drew	39 DOC	1:35:52.28

#### Men 40-44

Record: J. Erwin		2003	58:23.56
1	Jeff Erwin	42 SAWS	58:51.97
2	Kurt Baron	42 VCM	1:06:41.33
3	Jeffrey Magouirk	44 CMS	1:14:28.03
4	Anthony Thompson	42 MOVY	1:19:52.37
5	Jeff Arnold	43 DOC	1:24:10.48
6	David Blair	40 MOVY	1:45:46.32

## Men 45-49

	Record: S. MacDonald	2001	1:01:17.02
1	James Stewart	49 MINN	1:05:02.62
2	Doug Asbury	47 OREG	1:09:58.99
3	Daniel Robinson	48 GLAD	1:10:24.28
4	Geoffrey Brown	45 DOC	1:14:35.16
5	Jim Ringer	46 MICH	1:16:34.06
6	Stephen Humphrey	47 CMS	1:16:41.28
7	Joe Aumiller	49 MICH	1:18:00.95
8	Brian Fouts	47 DOC	1:19:22.05
9	John Kincaid	45 DOC	1:23:41.10
10	Steve Hugo	48 IOWA	1:23:43.06
11	Craig Chlasta	45 MTMS	1:29:10.46
12	David Orwick	47 MOVY	1:31:45.81
13	Mitch Roob	45 ISF	1:36:25.66
14	Kevin Sullivan	47 DOC	1:51:04.02

## Men 50-54

	Record: J. McConica	2003	1:00:53.54
1	Larry Wood	52 TXLA	1:05:57.13
2	Kern Davis	51 SPM	1:07:47.12
3	David Owen	54 GOLD	1:08:42.91
4	Robert Wright	52 DOC	1:10:23.12
5	Scott Lautman	53 FWM	1:10:24.50
6	Mike Tennant	52 OREG	1:14:43.00
7	Charlie Swanson	54 OREG	1:15:48.21
8	Jeff Taylor	50 MVN	1:18:37.80
9	Joel Stager	53 DOC	1:21:47.61
10	Bob Dickson	51 ISF	1:24:25.17
11	Dan Meek	50 ISF	1:24:55.14
12	Peter Horner	50 MICH	1:29:20.46
13	Bryan Johnson	51 ISF	1:29:37.10
14	Doug Nelson	51 MOVY	1:30:16.05
15	Hugh Moore	51 PNA	1:32:26.65
16	Allen Kossoy	53 MOVY	1:43:04.20
17	Randy Strand	54 ISF	1:51:44.10

## Men 55-59

	Record: S. Johnson	2005	1:08:37.32
<b>NR*1</b>	Jim McConica	55 VCM	1:03:20.98
2	Tom Perrin	55 ISF	1:10:34.10
3	Bob Bruce	58 OREG	1:14:21.99
4	Hubie Kerns	57 VCM	1:14:32.01
5	John Derr	57 VCM	1:22:19.52
6	Wayne Winston	56 DOC	1:22:51.01
7	David Lewis	55 ISF	1:23:03.14
8	Robert Aldrich	57 SPM	1:24:18.25
9	Pat Marzulli	57 SPM	1:27:20.00

## Men 60-64

	Record: L. Rafelli	2005	1:11:20.00
1	Larry Raffaelli	63 VCM	1:14:03.03
2	Willis Braswell, Jr.	61 DCM	1:17:29.72
3	Gerald Wunsch	60 DOC	1:39:51.01
4	Walter Gantz	60 DOC	1:40:22.80
5	Jack Rollins	63 DOC	1:53:14.72
6	David Longhurst	63 MOVY	2:04:20.00

## Men 65-69

	Record: G. Johnston	1996		1:12:17.40
1	Alan Somers	65	DOC	1:19:45.01
2	Mel Goldstein	68	ISF	1:31:27.16
3	Bob Kent	65	MOVY	1:43:13.72
4	Brent Lake	68	OREG	1:43:30.09
5	Norman Macartney	67	NCMS	1:50:30.39
6	Robert Zeitner	65	IM	2:35:16.53

## Men 70-74

	Record: G. Johnston	2002		1:15:39.02
1	David Radcliff	72	OREG	1:18:10.22
2	Robert Kalaf	71	NNC	2:16:02.19
3	Forest McDaniel	70	SPM	2:32:47.00

## Men 75-79

	Record: B. Miller	2005		1:25:43.15
1	Robert Beach	75	SPM	1:34:37.00

Note: 5K record split on route to 10K

<b>NR*</b>	Graham Johnston	75	MOST	1:25:32.00
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## Men 80-84

	Record: G. Weisenthal	1997		2:15:35.65
1	Ian Redpath*	81	QSM	2:21:56.03
2	Doug Strong	81	DOC	3:21:39.88

## Men 85-89

	Record: Dan Miles	2006		2:17:42.38
<b>NR*</b>	Dan Miles	85	NMMS	2:17:42.38

**2006 USMS 10k****Hosted by Lawrence River City Sharks**

## Women 18-24

	Record: M. Carlson	2001		2:19:19.80
1	Lindsey Urbatchka	22	MOVY	2:32:54.99

## Women 25-29

	Record: S. Quan	2001		2:14:58.59
1	Erin McPeak	25	ISF	2:34:40.26

## Women 30-34

	Record: P. Mattson	1985		2:17:19.08
1	Karla Rees	33	STAN	2:48:29.57

## Women 35-39

	Record: S. Heim	1996		2:14:08.75
1	Nadine Day	36	IM	2:22:00.31
2	Bridget Bailie	36	ISF	2:46:15.71
3	Flavia Zappa	39	SPM	3:41:06.45

## Women 40-44

	Record: S. Preston	2005		2:12:19.31
1	Victoria Rian	40	ISF	2:30:59.35
2	Nicole Vanderpoel	42	CMS	2:41:40.62
3	Maria Eifler	44	MOVY	2:55:33.32

#### Women 45-49

	<b>Record: K. Einsidler</b>	<b>2002</b>	<b>2:19:42.34</b>
1	Denise Brown	46 MICH	2:22:36.14
2	Mary Sweat	48 OREG	2:29:35.39
3	Teresa Copeland	49 OREG	3:20:29.35
4	Paula Moores	48 SAWS	3:31:42.53
5	Patricia Rogers	46 OREG	3:32:23.99
6	Sue Moucha	48 BLUE	4:47:14.31

#### Women 50-54

	<b>Record: B. Dunbar</b>	<b>2003</b>	<b>2:26:41.84</b>
1	Shirley Loftus-Charley	54 VMST	2:43:48.10
2	Jo Ann Harrelson	50 SPM	2:50:23.02
3	Jan Johnson	51 ISF	3:19:47.32
4	Chris Mayhew	52 MOST	3:46:23.81

#### Women 55-59

	<b>Record: B. Dunbar</b>	<b>2004</b>	<b>2:29:21.48</b>
1	Ruth Thompson	56 FMM	3:28:43.40
2	Barbara Larsen	59 ISF	3:31:21.10
3	Sue Cospers	57 ISF	4:05:48.20

#### Women 60-64

	<b>Record: B. Jordan</b>	<b>1999</b>	<b>3:08:05.15</b>
1	Marcia Anziano	61 CMS	3:28:53.96

#### Women 70-74

	<b>Record: A. Pipes</b>	<b>2005</b>	<b>3:18:11.35</b>
1	Doris Prokopi	70 FMM	4:03:28.48

#### Men 30-34

	<b>Record: B. Patten</b>	<b>1993</b>	<b>2:03:08.74</b>
1	Michael Riccitelli	32 OREG	2:25:44.99

#### Men 35-39

	<b>Record: M. Shaffer</b>	<b>2003</b>	<b>2:00:39.67</b>
1	Kurt Dickson	38 ARIZ	2:11:48.00
2	Andrew Scheiner	37 STAN	2:14:15.40
3	Michael Bell	37 MICH	2:36:21.42
4	Joe Wolf	38 CMS	2:53:12.00

#### Men 40-44

	<b>Record: J. Barber</b>	<b>2003</b>	<b>2:03:06.33</b>
1	Jeff Erwin	42 SAWS	2:07:10.14
2	Kurt Baron	42 VCM	2:20:24.90
3	David Perelstein	43 MOST	2:52:49.54
4	Dan Arnold	42 CMS	2:55:20.15

#### Men 45-49

	<b>Record: J. Stewart</b>	<b>2004</b>	<b>2:13:47.24</b>
1	James Stewart	45 MINN	2:16:56.04
2	Stephen Humphrey	45 CMS	2:40:22.00
3	Joe Aumiller	45 MICH	2:47:25.58

Men 50-54

Record: J. McConica 2004 2:05:55.37

1	Kern Davis	51	SPM	2:20:27.31
2	Keith Dow	51	OREG	2:49:22.99
3	Kent McDonald	53	MOVY	2:54:17.61
4	Dan Meek	50	ISF	3:02:17.03
5	Mark Begert	54	MOVY	3:08:10.00
6	Peter Horner	50	MICH	3:09:12.74
7	Ralph Swiger	50	VMST	3:17:21.22
8	Scott Mortensen	52	MOST	3:21:54.03
9	Michael Bernstein	50	ISF	3:29:16.00

Men 55-59

Record: K. Bell 2003 2:25:32.50

<b>NR*1</b>	Jim McConica	55	VCM	2:10:48.23
2	Bob Bruce	58	OREG	2:41:13.99
3	John Derr	57	VCM	2:53:05.00
4	Neil Salkind	59	MOVY	3:04:09.00

Men 60-64

Record: L. Raffaelli 2004 2:29:06.76

1	Larry Raffaelli	63	VCM	2:36:11.50
2	Willis Braswell, Jr.	61	DCM	2:44:20.31
3	Henry Halff	63	MOST	3:22:27.17

Men 65-69

Record: G. Johnson 1996 2:35:50.99

1	Robert Zeitner	65	IM	5:47:51.81
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Men 70-74

Record: G. Johnson 2001 2:52:22.00

1	Colin Cliff*	71	Aussie Masters	3:06:21.42
2	Robert Kalaf*	71	NNC	5:14:23.35

Men 75-79

Record: R. Blake 2001 3:11:52.08

<b>NR*1</b>	Graham Johnston	75	MOST	3:00:54.67
2	Robert Beach	75	SPM	3:14:56.00

**2006 USMS 5k/10k Relays**

Age Group	Team	Name #1	Age	Name #2	Age	Name #3	Age	Name #4	Age	Time
<b>Women's 5k Relays</b>										
Record:	1999	Greater Indiana			3:50:06.81					
18+	NR* MOVY	Joy Stover	30	Lindsey Urbatchka	22	Liz Johnson	26			3:42:37.65
18+	ISF	Elizabeth Brunett	19	Clare Helphinstine	23	Stephanie Nicolini	27			3:54:38.76
18+	MVN	Erica Laughlin	19	Katie Haynes	24	Lisa Zawistoski	37			4:00:48.11
18+	ISF	Heather Strand	20	Mary Ott	38	Kim Westlake	30			4:56:46.33
Record:	2003	Oregon			3:34:41.12					
25+	OREG	Monica Freeman	33	Tamara Houston	30	Stephanie Schultz	40			4:01:22.12
25+	MICH	Jenny Bermelin	29	Miaddie Diedo	47	Miriam Novak	29			4:03:09.35
Record:	2003	San Diego			3:47:49.80					
35+	NR* ISF	Victoria Rian	39	Ann O'Dea	40	Susie Shuck	40			3:42:08.55
35+	SPM	Charlotte Petersen	42	Sharon Salzman	48	Pam Geiger	53			3:55:33.00
35+	ISF	Lisa Zedonis	44	Kris Houchens	39	Bridget Bailie	37			4:10:06.67
35+	DOC	Jutta Schickore	41	Nan Stager	51	Laraine DeVoe	51			4:14:22.14
35+	MOVY	Lori Werdin-Kennicott	36	Lisa Mische-Lawson	35	Lisa Elsener	37			4:15:06.98
Record:	2001	Metro			3:53:36.00					
45+	OREG	Pat Rogers	46	Madeleine Holmberg	53	Mary Sweat	49			4:13:01.39
45+	ISF	Cheryl Gettlefinger	45	Jan Johnson	51	Beth Foland	50			4:26:40.82
Record:	2004	San Diego			4:21:42.66					
55+	ISF	Susan Meyers	64	Barbara Larsen	59	Carol Hall	58			5:45:36.37
55+	FMM	Ruth Thompson	56	Patricia Bond	68	Doris Prokopi	70			5:47:46.00
<b>Men's 5k Relays</b>										
Record:	2002	Ventura County			3:03:36.63					
35+	SPM	Aaron Petersen	35	Brian Rimel	39	Kern Davis	51			3:33:14.00
35+	DOC	Carlton Stokes	38	Jeremy Becker	36	Jeff Arnold	43			3:52:51.58
Record:	2003	Ventura County			3:27:52.95					
45+	OREG	Charlie Swanson	54	Mike Tennant	53	Doug Sasbury	46			3:40:30.20
45+	DOC	Bob Wright	53	Geoff Brown	45	Brian Fouts	47			3:44:20.33
45+	PNA	Hugh C. Moore	51	Scott Lautman	54	Daniel Robinson	48			3:53:15.43
45+	MICH	Peter Horner	50	Joe Aumiller	49	Jim Ringer	46			4:03:55.47
45+	DOC	Joel Stager	53	John Kincaid	45	Alan Somers	65			4:05:13.72
45+	ISF	Bryan Johnson	51	Dan Meek	50	Bob Dickson	51			4:18:57.37
45+	MOVY	David Orwick	47	Allen Kossoy	53	Doug Nelson	51			4:45:06.07
Record:	2003	Oregon			3:41:29.07					
55+	NR* VCM	Jim McConica	55	Larry Raffaelli	63	Hubie Kerns	57			3:31:56.92
55+	ISF	Tom Perrin	55	Mel Goldstein	67	David Lewis	55			4:05:04.40
55+	OREG	Brent Lake	68	Dave Radcliff	72	Bob Bruce	58			4:16:01.40
55+	SPM	Robert Aldrich	57	Pat Marzulli	57	Robert Beach	75			4:26:15.00
55+	DOC	Wayne Winston	56	Walter Gantz	60	Jerry Wunsch	60			4:43:04.82



**2006 USMS 5k/10k Relays**

Age Group	Team	Name #1	Age	Name #2	Age	Name #3	Age	Name #4	Age	Time
<b>Women's 10K Relays</b>										
Record:	1999	San Diego	8:05:08.79 NR							
25+	NR* ISF	Victoria Rian	40	Erin McPeak	25	Bridget Baille	37			7:51:55.42
Record:	2004	Indy Swimfit	8:47:57.82							
45+	OREG	Pat Rogers	46	Teresa Copeland	49	Mary Sweat	49			9:22:27.74
<b>Men's 10K Relays</b>										
Record:	2000	Oregon	7:41:47.14							
25+	OREG	Keith Dow	50	Bob Bruce	58	Michael Riccatelli	32			7:56:21.97
Record:	2003	Ventura Country	7:23:26.26							
45+	MOVY	Mark Begert	54	Kent McDonald	53	Neil Salkind	59			9:06:36.61
Record:	2003	Oregon	7:42:06.08							
55+	NR* VCM	Jim McConica	55	Larry Raffaelli	63	John Derr	57			7:40:04.73
<b>Mixed Relays (4 x 5K)</b>										
Record:	2000	IU Masters	4:34:58.61							
18+	MOVY	Joy Stover	30	Lindsay Urbatchka	22	Anthony Thompson	42	Doug Nelson	51	5:08:14.07
18+	DOC	Amber McKinney	23	Laraine DeVoe	51	Geoff Brown	45	Alan Somers	65	6:00:24.78
Record:	2004	Stanford	4:25:43.53							
25+	OREG	Tamara Houston	30	Stephanie Schultz	40	Mike Tennant	53	Michael Riccatelli	32	4:59:39.02
25+	MICH	Jennifer Parks	62	Jenny Birmelin	29	Peter Horner	50	Joe Nulmiller	49	5:48:42.68
Record:	2003	Stanford	4:19:09.57							
35+	SPM	Charlotte Petersen	42	Sharon Salzman	48	Brian Rimel	39	Kern Davis	51	4:42:06.00
35+	DOC	Jutta Schickore	41	Nan Stager	51	Bob Wright	53	Carlton Stokes	38	4:55:29.84
35+	MVN	Shelly Kenny	46	Bev Montrealla	60	Mike Zaino	39	Jeff Taylor	50	5:40:44.23
35+	SPM	Christine Swanson	44	Pam Geiger	53	Robert Aldrich	57	Pat Marzulli	57	5:48:32.00
35+	MOVY	Lisa Eisner	37	Dulcy Sellon	59	Bob Kent	65	David Blair	40	7:06:58.14
Record:	2003	Oregon	4:51:31.75							
45+	OREG	Madeleine Holmberg	53	Bob Bruce	58	Mary Sweat	49	Doug Asbury	46	5:03:43.47
45+	PNA	Arni Litt	60	Jane Moore	55	Scott Lautman	54	Daniel Robinson	48	6:09:47.90
<b>Mixed Relays (4 x 10k)</b>										
Record:	2001	Stanford	10:41:08.83							
18+	MOVY	Lindsey Urbatchka	22	Maria Eifler	44	Kent McDonald	53	Neil Salkind	59	11:26:54.92
Record:	2005	IM-CE	10:42:48.37							
25+	OREG	Teresa Copeland	49	Bob Bruce	58	Mary Sweat	49	Michael Riccatelli	32	10:57:03.72
Record:	2002	Oregon	10:05:38.72							
35+	SPM	Flavia Zappa	39	Jo Ann Harrelson	50	Kern Davis	51	Robert Beach	75	12:05:59.00
Record:.	2003	St. Pete	10:17:22.63							

2006 USMS 5k/10k Relays

Age Group  
45+

Team  
ISF

Name #1  
Barbara Larsen

Age Name #2  
59 Jan Johnson

Age Name #3  
51 Dan Meek

Age Name #4  
50 Michael Bernstein

Age Time  
50 13:22:41.45

## 2006 5k/10k Club Results

<b>5K</b>	<b>Total Qpoints</b>	<b>Total Entries</b>	<b>10K</b>	<b>Total Qpoints</b>	<b>Total Entries</b>
Indy SwimFit	23,372	31	Indy SwimFit	5,897	8
IU Masters	15,543	21	Oregon	4,780	6
Oregon	14,721	17	Missouri Valley	3,847	5
Missouri Valley	10,470	15	Ventura County Masters	3,785	4
St. Pete Masters	10,166	13	Masters of South Texas	3,781	5
Michigan Masters	6,384	6	St. Pete Masters	3,348	4
Colorado Masters	6,312	6	Michigan Masters	3,216	3
Ventura County Masters	5,563	6	Colorado Masters	3,118	3
Mission Viejo Nadadores	5,454	7	Stanford Masters	1,714	2
Florida Mavericks	2,739	4	Sawtooth Masters	1,628	2
Virginia Masters	2,495	3	Florida Mavericks	1,424	2
Sawtooth Masters	2,402	3	Virginia Masters	1,407	2
Swim Kentucky	2,186	3	Illinois Masters	1,393	2
Unattached	2,116	3	Minnesota Masters	977	1
Pacific Northwest Aquatics	2,062	3	Aussie Masters	925	1
DC Masters	1,745	2	Arizona Masters	915	1
Stanford Masters	1,715	2	DC Masters	907	1
Masters of South Texas	1,567	2	Novocastrian Masters	548	1
Illinois Masters	1,393	2	BlueWave Masters	486	1
Middle Tennessee Swim Club	1,337	2			
New Mexico Masters	1,000	1			
Brisbane South Side Masters	955	1			
Minnesota Masters	942	1			
Longhorn Masters	923	1			
Arizona Masters	902	1			
Gold Coast Masters	886	1			
San Diego Swim Masters	883	1			
Florida Maverick Masters	865	1			
Walnut Creek Masters	840	1			
Noblesville Adult Swim Team	835	1			
SwimQuest Masters	797	1			
Iowa Masters	732	1			
Lakeside Acquatic Club	717	1			
North Carolina Masters Swimmers	654	1			
Maine Masters	644	1			
Novocastrian Masters	556	1			
BlueWave Masters	482	1			