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THE IRONMAN TRIATHLON

by Jim Green

Several people have asked me for my impressions of the Ironman Triathlon that I participated in for the second time on Feb. 6, 1982, Kona, HI. The race consists of a 2.4 mile open water swim, followed by a 112 mile bike race and a 26.2 mile marathon. I have attempted to summarize my impressions as a participant as I remembered them as my facilities slowly deteriorated throughout the day.

In spite of the rotten weather during the month of January, my training had gone well. Using a racer mate in a sauna at 200° F I managed the equivalent of 200 miles per week on the bike. I also maintained 50-70 miles per week running and 15,000 meters per week swimming. Most of the heavy swimming and biking was done in the early morning hours before work. I tried to get the running in either at noon or after work. This varied, of course, if I was traveling.

Due to the incredible heat in Hawaii, I made arrangements to arrive 2 weeks before race day. The first week I rode 400 miles at a high easy rpm to acclimate to the heat. I also ran 50 and swam 2 miles per day. Very heavy seas made swimming interesting. On the big island of Hawaii 50-70 mile per hour winds are not uncommon. On one 85 mile ride we climbed to 8800 feet into 36 inches of snow. The snow on the volcanic peaks exists from about 7000 feet to 12,000 ft in the winter months. It was quite an experience to go from sea level at 100° F, to snow at 28° F, and back to sea level. That coupled with gusting 70 mph winds is not the way to taper for the Ironman. After that ride, the group I was training with decided to taper. The last week I did very little beyond loosening up in all three sports.

The field this year in the Ironman was stacked. My age group alone (35-39) had 189 competitors. Of these, 23 had run marathons of less than 2:25 and 12 had completed the Western States 100 mile run in less than 24 hours.

On race eve, I felt very fit and confident with a trace of unrestrained terror. There were 587 competitors on race day with 6 dropping out just

prior to the 7:30 A.M. start. The seas were swelling to 4 feet. Twenty minutes before the start the noise was so deafening from circling helicopters and the crowd that it had a definite adverse psychological effect.

The race started with a cannon and we were off at a pace that felt awfully fast. Beating through those 4 foot swells with 30 crazy people all around me was not a picnic. Coming back from the turnaround point, I started running into swimmers that were off course. I counted 10 collisions of that nature. Everyone of the faster swimmers had the same problem in the heavy seas. I came out of the water in 1 hour and 3 minutes in 25th place.

After a quick shower and a change into the bike clothes we started on the 112 mile bike race. The biking felt really strong and good with a spin rate of about 90 rpm. At the ten mile mark I formed up with a bunch of bike racers. It was like jumping on a freight train. The group consisted of 6 riders including myself. We went through the first 25 miles in 1 hour and 4 min. with a tail wind and moved into 6th place.

At this point, I felt very fit with a nice relaxed spin in a fairly low gear. Within 60 seconds my bike began to vibrate from side to side. Suddenly, the whole rear wheel completely collapsed, placing me onto the road in a very unpleasant manner. Over one half of my spokes had come completely out of the nipples. I found my spoke wrench and started to rebuild the wheel. Naturally every time a bike rider went by I just got madder. ABC Wide World of Sports set up a veritable studio around this whole process which lasted 40 agonizing minutes. Eric Heiden stuck a microphone in my face and noted that I had been out of the race for 38 minutes at that point and how would that effect my strategy. I gave him an appropriate one word reply.

After relacing the wheel I was only able to go 5-10 miles before having to get off and retrue the wheel. At the turn around point on the northern tip of Hawaii, we encountered 30 mph winds for the last 50 miles of the bike race. The rear wheel never would true up properly and it kept hitting the frame and the brake pads throughout the last portion of the race. Every

OPEN LETTER TO MASTERS SWIMMERS

Dear Fellow Aquaticians:

Regretfully I must bid farewell to all of you as a competitor. However, you may see me at some of the Regional and National meets in a different role. Those of you who were at Canton, OH last summer may already be aware of this. I hope to dutifully continue this privilege.

Some of you may already know that I suffered a heart attack in the 5th Region 11 Masters Championships near Baltimore on the 28 Feb. 1982. From this day foreward I will support the gracious host team, Maryland Masters, my team, in a variety of non-competitive roles.

Our founder, Ransom Arthur, has told us "that we cannot absolutely guarantee that continued physical fitness through heavy exercise will protect you against all heart attacks." Until 28 Feb, this seemed to me to be an invincible shield of immunity. But now, this, 'my' umbrella of protection, has been shattered.

I believe that we owe Ransom Arthur infinite thanks. 10 years of glory, 10 national championships and One (1) national title should be enough for anyone! Verily I will miss competition, but I agree with my cardiologist that the risk to continue would be perilous. In lieu of this however, I will just swim for the fun of it.

In parting I would not recommend that you work out on your own as I had been doing since 1979. Unless you are a professional coach or M.D., you might work yourself into an overly stressful situation. Taking L.S. & W.S.I. concurrently and trying to maintain a level of 75% combat readiness may have been the deciding factor.

I further recommend that all 40+ year olds have a semi-annual check up & ease off a bit on repeat 50's & 100's. I shall see you again dear friends but 'until we meet once more, here's wishing you a happy voyage home'. Anchors Aweigh.

Mark Coughlin, Maryland Masters Swim Team

* STOP! Please check your label. Do you see *
* a red stamp that says TIME TO RENEW? If *
* so, your subscription has expired with *
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* when your subscription does expire, look *
* at the number on you label. First digit *
* is Issue No., last two digits are year. *
* *****

time I tightened the nipples down on the spokes they worked right back out. The bike vibrated like a bed in which one puts a quarter in a motel. At the end of the ride, which I did in a terrible 6 hours and 30 minutes, my legs were completely shot from fighting the head winds and the friction on the rear wheel. Crowd response was tremendous at the start of the run and enabled me to at least get through the first 7 miles out onto the lava fields. The temperature at this point had risen to 107°F during the hottest part of the day. A group of other runners and I formed up and started to push hard at about the 11 mile mark.

It was here that I saw a friend of mine, Phil Rahn, from Springfield, MO, laying on the side of the road with attendents working on him. It seems Phil went out too hard and passed out at the 11 mile mark. After they brought him around Phil convinced them he could still go on. So he promptly got up and started running in the wrong direction. He passed out the second time about the time the medical personnel got to him. I have to give him credit; it was a great DNF.

At about the 16 mile mark my body became wrapped in such a blanket of unbelievable misery that various perceptions and moral values became decidedly unbalanced. The others in our group had fallen off the pace and I was still running with Sixto Lenares from Chicago. Under his insane proding we pushed the pace down to 7.25 minute miles with drinks on the run. At about the 20 mile mark I lost feeling in my face and hands. I tried focusing on the lights at Kona in the distance to take my mind off of the discomfort. At the 22 mile mark I decided that I was definitely not having a good weekend and that I was probably going to die. From 24 miles to the finish line the only think I can recall were colors and crowd noise. My diaphragm cramped up and I was totally unable to breath at the end. Administering oxygen helped tremendously to bring that problem under control. My heartbeat at the end was 200 beats per minute dropping to 32 bpm after about 10 minutes. My rectal (thats right rectal) temperature was 102° dropping to 96°F within 10 minutes.

My marathon time was 4 hours and 15 minutes, which was one of the ten fastest in my age group. My total time was 12 hours even. I placed 117th overall and 18th in my age group. What would have happened without the collapsed rear wheel? Who knows - but I am going back to the next Ironman in October. It was now become a question of unfinished business.



SOUTHERN REGION IV St. Pete., Florida



- 1 Meet Director - Joe Biondi, St. Petersburg Rec. Dept. and SPRD member Charles Kohnken
- 2 Chester Miltenberger, North Florida Masters, broke 3 national records in breaststroke 30-34
- 3 Marion McKechnie, SPRD member and high point winner 75-79
- 4 Nancy Betts, SWIM-Ft. Myers, high point 25-29
- 5 Richard Siggs, SWIM-Ft. Myers, high point 30-34
- 6 Barbara Dendy, Suncoast Masters, Sarasota, high point 60-64

- 7 Cal Winn, Gold Coast Masters, High point 40-44
- 8 Joe Scheu, Suncoast Masters, Sarasota
- 9 Nick Berenyi, Charleston Masters
- 10 William Stinson, SPRD
- 11 John Maguire, SPRD, High point 35-39



65 hours

A weary, shriveled Stella emerges with 'by far the hardest' record

By Gene Wojciechowski
Staff Writer

When it was finally over, Stella Taylor's feet and hands were shriveled like white prunes. The sun had baked her body a lobster red and the evening winds had chilled her like a bottle of champagne on ice. Sixty-five hours, 3,000 turns and 81 miles of swimming had taken its toll.

Taylor, the 52-year-old former nun and now professional swim marathoner, added another record to her list of somewhat bizarre accomplishments by breaking the existing *Guinness Book of World Record* for a continuous, non-stop swim in a fresh-water pool. Taylor's 65-hour marathon broke the old mark set by Margaret Byrne (60 hours, 15 minutes) in St. Paul, Minn. in 1978. Taylor now has a resume that includes swims of Loch Ness and Lake Okeechobee. Already, a swim from Marathon Key to the Grand Bahamas in September is being discussed.

"I knew it was going to be a long hard one," said Taylor, after being helped from the Hall of Fame pool to a lounge chair. "Just doing the actual swimming was very hard. It was by far the hardest."

Taylor was not allowed to touch the side of the pool. She was given just five minutes each hour to sip on a soft drink from a plastic container and eat a mixture of rice pudding and raisins. She never stopped treading water or touched the bottom of the pool until the swim was finished.

"I thought it would be a hell of a lot worse than it turned out," said Bob Paysour, Taylor's coach for the swim. "There was no doubt in my mind she'd do it."

Taylor began the swim Tuesday night at 10. Gusting winds cooled the water and made it the most trying night in the marathon. "Nothing was as bad as the first night," said Paysour. "The first nine hours we couldn't keep anything to stay in her stomach."

"I can't stand the nights," Taylor said. The weather improved Wednesday and Taylor's disposition improved with it.

"The people here had more faith in me than I had in myself," said Taylor, who was cheered on by a crowd of about 200 people. "I thought, 'What have I done.'"

Her sponsor, a radio and television company, had distributed T-shirts that read: 'I did it all the way with Stella Taylor.' A radio disc jockey was on the air asking listeners to call in and wish Taylor luck. A loudspeaker at the Hall of Fame made sure Taylor heard the calls.

After the swim, Taylor accepted a plaque from Fort Lauderdale Mayor Robert Dressler, roses from Taylor's assistants, a pennant from a Swedish swim coach and a stuffed doll from a Canadian swim team. She sipped at champagne and acknowledged the toasts and attention. She said she'll be back in the pool today to loosen her tired muscles.

"I love my swimming," she said. "I would rather do my swimming than be rich and unhappy."

Stella Taylor's fingers show the toll of 65 hours and 81 miles in Hall of Fame pool. Staff photo by URSULA SEEMANN

A GOAL - OR - ON TO THE NEXT GOAL by Stella Taylor

To train six days per week in any sport...one must have a specific "goal". My most recent goal was to swim in a fresh water pool, namely the Hall of Fame pool in Fort Lauderdale, FL, for 65 consecutive hours! Breaking the Guinness record of 60 h. 15 min.!

After the first few laps at 10:15 p.m. on April 6th, I thought "wow, what have I gotten myself into"! I was determined to finish and did just that swimming a total of 65 hours.

And now on to the next goal...Irish sea? 88 hours in a salt water pool for the record? etc.etc...I must decide my goal in order to continue training.

Masters begins with the swimming mile

Results, 2-C

By BOB SILVER
St. Petersburg Times Staff Writer

When Millie Hupp touched the wall at the east end of North Shore pool Friday night, a cheer rang out from the timers and spectators surrounding her lane.

It didn't matter that she was swimming at the "slow" end of the pool, or that it had taken her nearly an hour to finish, or that she had swum backstroke in an event which most swimmers use the crawl.

She tugged at the red rubber cap that covered her short gray hair and smiled up at the 10 or so people smiling down at her. She had finished all 66 laps of the 1,650-yard freestyle in the first event of the Southern Regional Short Course Masters Swimming Championships and it had taken her two minutes less than she expected. For a 66-year-old lady who has only been swimming for six years, it was good reason to smile.

"That's pretty hard on an old lady. It was the first time I've done it," she said after she had taken a couple of easy laps. "I felt like I was holding up the whole match. I'm pleased I finished, my goodness."

She checked her time — 53:02.5 — and said, "I figured on 55 minutes — that's what I did in practice last Saturday — so I think that's pretty good."

It was good enough for first place in the 65-to-69 age group.

More than 100 swimmers showed up for the 1,650, the only event on the first day of this three-day meet. For swimmers like Millie Hupp, it took close to an hour to finish.

swimming

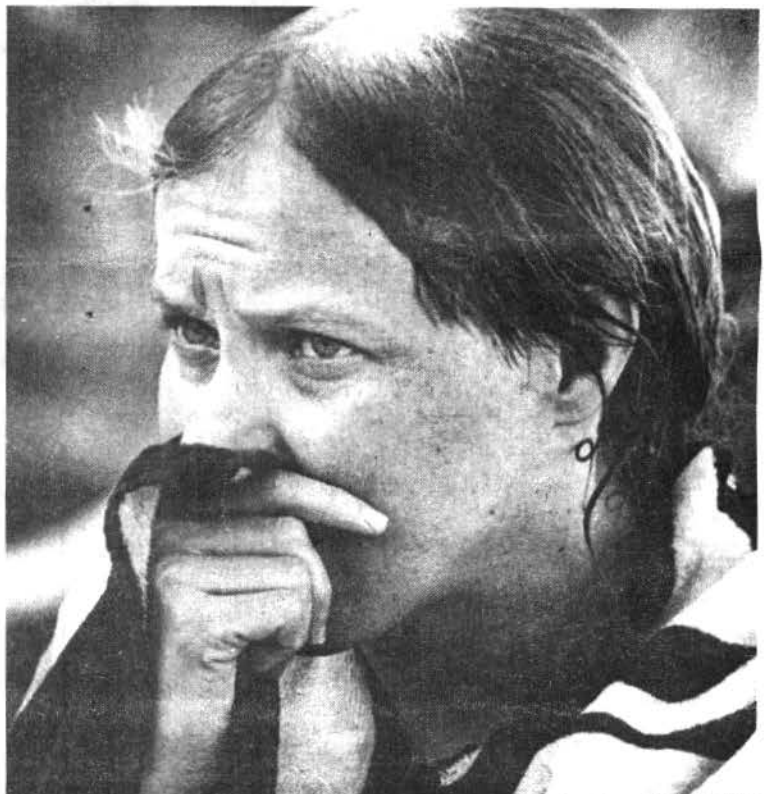
Pat Eddy, a 25-year-old swimmer from the Georgia Masters, had the fastest time of all the competitors. He won the 25-29 age group with a time of 17:39.51. Sidney Swayman, a 28-year old representing the Illinois Masters, turned in the fastest time of the women swimmers, winning the 25-29 age group in 18:54.03.

The 1,650, or mile, is competitive swimming's endurance event, 46 laps longer than any other race. Before the race begins, when the swimmer is sitting on the starting block with 66 laps of a 25-yard pool staring him in the face, the distance can be imposing.

"I'm just thinking how good it's gonna feel when I finish," Jean Rodgers, a 32-year-old orthopedic technician at St. Anthony's Hospital, said before the start of her heat. "After I swim the first 500 (yards), I loosen up. Then it's like I'm in a daze and can go on forever."

But pre-race butterflies aren't the only problem facing swimmers in the 1,650. Spending 20-plus minutes staring through chlorinated water at the bottom of the swimming pool can strain the brain. Some swimmers sing to take their minds off the drudgery. Mike Kline thinks about history.

"I thought of the laps as periods of time," said Kline, 42, after completing his first 1,650. "When I got to 40, I was entering the war years. At 50, it was the fabulous '50s, when I went to high school. When I got to 60, it was the turbulent '60s. That's when I knew I was coming down to the end."



St. Petersburg Times — KATHLEEN CABLE

Ohio Masters swimmer Gretchen Drake thinks about her 1,650-yard event.

26. Miller, Ralph	54	RAJ	3050
27. Quinn, Terence	52	JEF	2995
28. Gault, Gerry	51	NEM	2875
29. Garwood, Clyde	54	NEM	2450
30. Pittoli, Ed	50	INA	2370
31. Sauerbels, Don	51	INA	2170
32. Walters, Lee	52	NEM	1100
MEN 55 to 59			

REC: Ed Kerwin, 55, 1982 RIN 4365

1. Kerwin, Ed	55	RIN	4365
2. Edwards, James	59	NEM	4105
3. Katz, Irving	58	NEM	3825
4. Lee, Peter	58	TRO	3705
5. Ponsich, John	55	UNA	3495
6. McIntosh, Alex	58	JER	3460
7. Scott, Verne	57	DAW	3425
8. Barnes, Calvin	57	VAM	3400
9. Simpson, William	57	TUP	3400
10. Duchakof, Vladimir	58	CON	3340
11. Orskanin, Randy	57	UNA	3320
12. Brown, Gil	55	GLY	3310
13. Brown, Bobby	56	ARI	3305
14. Maginnis, Bernard	57	UNA	3300
15. Killeen, John	56	STR	3275
16. Boggs, Adrian	55	UNA	3240
17. Kirkendall, Richard	59	TAM	3200
18. Pandak, John	56	GM	3160
19. Evans, Richard	57	MID	3030
20. Kamp, Tom	57	SPC	3000
21. Janzling, Ray	55	UNA	2950
22. Brazier, Roger	55	SMM	2850
23. Hayes, Roger	58	UNA	2815
24. Stallings, James	55	UNA	2800
25. Long, Neville	58	AVR	2785
26. Fine, Albert	57	MYV	2775
27. Asenack, Ate	56	SPR	2625
28. Erickson, Evans	57	ABR	2595
MEN 60 to 64			

REC: Jim Welch, 60, 1979 HUM 4435

1. Welch, Jim	63	HUM	4325
2. Darosa, Aldo	63	RIN	4200
3. Taft, Ray	62	SMM	4170
4. Moran, Edward	64	SMM	3875
5. Murphy, Frank	63	DCM	3820
6. Merrill, John	64	RAL	3585
7. Steel, Robert	61	OKA	3415
8. Holt, Ian	61	OKA	3415
9. Harris, Charles	60	JER	3350
10. Weidenbusch, Alberget	62	UNA	3350
11. Chamberlain, Roger	64	CON	3260
12. Eskin, David	61	NEM	3225
13. Wright, Robert	61	NEM	3200
14. Watters, Alexander	62	BLD	3080
15. Struthers, William	63	JER	3050
16. McCarthy, William	64	NEM	2625
17. Keralla, John	62	MC	2550
18. McQue, John	62	CON	2475
19. Chapman, Brian	62	OKA	2240
20. Turley, Everett	60	JOR	2050
MEN 65 to 69			

REC: Gary Weisenthal, 65, 1979 4000

1. Sexton, Harold	67	HUM	3905
2. Newman, Austin	66	JER	3715
3. Zippelring, Werner	68	TYS	3635
4. Gatman, Jack	65	NEM	3625
5. Howe, Herbert	69	WIS	3540
6. Smith, Charles	67	VAM	3455
7. LeVett, John	65	NEM	3400
8. Schofield, Doc	68	MEM	3400
9. Overeen, Henry	66	JER	3250
10. McKenzie, John	65	ELC	3200
11. Coyle, Bob	68	JER	3175
12. Rilio, Thomas	54	IUM	3035
13. Olen, Edward	67	SHA	3025
14. Tillotson, Frank	67	SPR	3025
15. Ford, Kenneth	68	COO	2980
16. Miller, Francis	68	DOM	2885
17. Parker, Malcolm	67	NIA	2625
18. Delaney, Carroll	66	DCM	2570
19. Wojcik, Stanley	66	SHA	2310
20. Oie, Maxwell	67	NEM	1965
21. Gause, John	69	SHA	1775
MEN 70 to 74			

REC: Lloyd Osborne 70, 1980 HUM 3560

1. Osborne, Lloyd	72	HUM	3470
2. Richardson, Ray	70	SRS	3445
3. Starr, Lee	72	ADM	3395
4. McAfee, David	72	DCM	3260
5. Stinson, William	72	SPR	3195
6. Sigrist, Oscar	73	JER	3160
7. Morrison, John	70	TAM	2985
8. Molloy, William	71	SPR	2850
9. Silverman, Louis	71	UNA	2825
10. Braden, Howard	71	MID	2720
11. Warner, William	71	JER	2695
12. Abraham, Albert	71	DCM	2525
13. Casselman, Leslie	70	IRM	2525
14. Lechner, John	72	NOR	2250
MEN 75 to 79			

REC: Arthur Rule 76, 1982 RIN 3460

1. Rule, Arthur	76	RIN	3460
2. Van Lill, Roland	75	MEM	3225
3. Strothmann, Henry	76	JER	2930
4. Vogt, Maxwell	77	JER	2700
MEN 80 to 84			

REC: Clarence Ross, 80, 1980 JER 3435

1. Ross, Clarence	82	JER	3435
2. Fletcher, Ralph	82	UNA	2475
3. Pux, George	80	HUM	1175

Women 25+

REC: 13,275 San Mateo Marlins '79

1. PNA Masters	13,100
(Barbara Lindalee 30, Katherine Orchard 33, Arlene Justesen 34)	
2. New England Masters "A"	12,875
(Groden, Heinrich, Nalhan)	
3. Conn Masters	12,420
(Greenwood, Slinak, Pazio)	
4. Jersey Masters	12,100
(Ashenfelter, Stroup, Drakeman)	
5. New England Masters "B"	11,535
(Mattaia, Landman, Boistjoly)	
6. Univ Western Ontario	11,490
(Rodgers, Weber, Cupples)	
7. Topeka Masters	11,305
(McHenry, Spobough, Fox)	
8. D.C. Masters	9,895
(Easley, Clark, Beman)	
9. Ohio Masters	9,600
(Doris, Hill, Calhane)	
10. Leavenworth Masters	9,550
(McCozill, Rogers, Roseman)	
11. Arizona Masters	9,435
(Miller-Jones, Brumbaugh, Murray)	
12. Newport Beach Masters	8,300
(Johnston, McEachern, Davis)	

Women 35+

REC: 12,245 Tmalpais Aquatic Mstrs 1981 (Rickout, Jenkins, Arrighi)

1. Nashville Aquatic Club "A"	12,025
(Carrie Thornthwaite 36, Nancy Deal 36, Betts Clipping 40)	
2. Conn. Masters	11,155
(Romayko, Rossett, Parker)	
3. San Mateo Master Marlins	10,845
(Johnson, Durham, Hewlett)	
4. New England Masters	9,640
(Napoli, Wright, Rensya)	
5. Nashville Aquatic Club "B"	9,425
(Russell, Sigler, Loftis)	
6. Newport Beach Masters	5,550
(Ostello, Oie, Clark)	

Women 45+

REC: 11,205 Tmalpais Aquatic Masters 1982 (Hoye, Christensen, Morse)

1. Tmalpais Aquatic Masters	11,205
(Laurie Hoye 47, Ann Christensen 47, Terry Morse 46)	
2. Arizona Masters	10,290
(Laport, Bogatko, Gruender)	
3. New England Masters	10,160
(Martin, Berquist, McIntyre)	
4. Santa Barbara Swim Club	9,420
(Olshan, Erickson, Peabody)	
5. D.C. Masters	8,975
(Gentry, Griffin, Glancy)	
6. Newport Beach Masters	8,655
(Garwood, Jobson, Barry)	

Women 55+

REC: 10,480 Santa Barbara Swim Club 1980

1. Conn Masters	10,145
(Ruth Billard 58, Nancy Phillips 60, Jean Pieretti 61)	
2. British Long Distance Sw Assn	9,205
(Ondson, Van Ryssel, Cherriman)	
3. San Mateo Master Marlins	8,970
(Orosco, Matthesen, Taft)	
4. Tmalpais Aquatic Masters	8,910
(McCollister, Cherrick, Musser)	
5. D.C. Masters	8,205
(Lee, Latham, Abraham)	
6. Arizona Masters	8,190
(Manfredi, Steward, Lewis)	
7. St. Petersburg Rec. Dept.	7,470
(Cichanaki, Delorey, Denton)	
8. Newport Beach Masters	6,050
(Marienthal, Burns, Tallman)	

Women 65+

REC: 8,665 Connecticut Masters 1982 (Offenhauser, Wicklun, Romayko)

1. Conn. Masters	8,665
(Helen Offenhauser 69, Marie Wicklun 67, Agnes Romayko 67)	
2. St. Petersburg Rec Dept A	6,945
(Dolce, Hopkins, McEachnie)	
3. St. Petersburg Rec Dept B	6,560
(McHenry, Wilson, Anderson)	

Women 65+

REC: 15,935 Tmalpais Aquatic Masters 1982 (Remyon, Plotkin, Winn)

1. Tmalpais Aquatic Masters	15,935
(Dave Remyon 29, Fred Plotkin 26, Hugh Winn 40)	
2. Rinconada Masters	14,065
(Shilling, Levinson, Duncan)	
3. New England Masters	14,050
(Bryan, Judelson, Desroisais)	
4. Mishawaka YMCA Masters	13,955
(Hauflinger, Sager, Hampries)	
5. Newport Beach Masters "A"	13,300
(Leach, Hearst, Quintana)	
6. D.C. Masters	11,590
(Ganew, Smith, Benson)	
7. Canberra AUSSI, Australia	11,120
(Davis, Sweeney, Vaughan)	
8. Arizona Masters	10,825
(Graves, Miller-Jones, Gruender)	
9. Newport Beach Masters "B"	10,000
(Ballback, Brings, Cosby)	
10. Topeka Masters	9,245
(Matthews, Hilbert, Coombs)	
11. Newport Beach Masters "C"	7,075
(Watson, White, Garwood)	

Men 35+

REC: 15,140 Caltech Masters 1982 (Sturtevant, Kanner, Davis)

1. Cal Tech Masters	15,140
(Brad Sturtevant 48, Burt Kanner 42, Bill Davis 35)	
2. Illinois Masters	13,855
(Sheldon, Gifford, Casebolt)	
3. Rinconada Masters	13,805
(Gelman, Price, Raabender)	
4. Conn Masters	13,500
(Geoshyban, Platt, Wagner)	
5. Middle Atlantic Masters "2"	13,115
(Cunningham, Kozloff, Lavery)	
6. New England Masters	12,975
(Whitten, Holmyran, Johnson)	
7. Tmalpais Aquatic Masters	12,860
(Knox, Boles, Cooper)	
8. Santa Barbara Swim Club	12,635
(Ridland, Nheaso, Martin)	
9. Virginia Masters	12,480
(Hechtkopf, King, Pope)	
10. Topeka Masters	12,040
(Hunzly, Northway, McHenry)	
11. Wisconsin Masters	12,005
(Helmuth, Laetke, Martinson)	
12. Arizona Masters	11,690
(Brumbaugh, Smith, Brada)	
13. Jersey Masters	10,910
(Lamb, Curry, Erwin)	

Men 45+

REC: 13,175 D.C. Masters 1980

1. New England Masters	12,930
(Win Wilson 54, Tom Lyndon 50, John Jerome 49)	
2. Michigan Masters	11,940
(Hogg, Koenig, Hoover)	
3. San Diego Swim Masters	11,925
(Kimball, Drum, Love)	
4. Virginia Masters	11,360
(Russ, Sullivan, Smith)	
5. Newport Beach Masters "A"	11,155
(Farrington, Renner, Germaus)	
6. Jersey Masters	10,735
(Rosaire, Dyson, Kaighn)	
7. Univ. Western Ontario	10,390
(Weick, Wells, Miles)	
8. Newport Beach Masters "B"	8,900
(White, Gould, Monroe)	
9. Newport Beach Masters "C"	5,665
(Garwood, Oie, Clark)	

Men 55+

REC: 12,320 San Mateo Master Marlins 1981 (Taft, Moran, Taioli)

1. Rinconada Masters	12,025
(Alindo Darosa 63, Ed Kerwin 55, Art Rule 76)	
2. Isumanukunukupua "A"	11,700
(Welch, Sexton, Osborne)	
3. New England Masters "A"	11,155
(Edwards, Katz, Eskin)	
4. Conn Masters	10,215
(Chamberlain, Merrill, Ouchakof)	
5. Jersey Masters	9,860
(Wright, Harris, Struthers)	
6. New England Masters "B"	8,775
(Wright, Jahrling, McCarthy)	
7. Arabial Bechtel	8,685
(Long, Hansen, Erickson)	

Men 65+

REC: 10,140 Jersey Masters 1982 (Newman, Overeen, Coyle)

1. Jersey Masters	10,140
(Austin Newman 66, Henry Overeen 66, Bob Coyle 68)	
2. St. Petersburg Rec Div.	9,070
(Molly, Tillotson, Stinson)	
3. D.C. Masters	8,715
(Miller, Delaney, McAfee)	
4. Shabona Sharks	7,110
(Wojcik, Olen, Grause)	

Men 75+

REC: 8,755 Jersey Masters 1982 (Ross, Strothmann, Vogt)

1. Jersey Masters	8,755
(Clarence Ross 82, Henry Strothmann 76, Maxwell Vogt 77)	

12TH ANNUAL SOUTHERN REGIONAL SHORT COURSE MEET RESULTS

ST. PETERSBURG, FLORIDA APRIL 2, 3 & 4, 1982

WOMEN 25-29

50 YD FREESTYLE	FAST	25.49
ELAINE HARRIS 27	SWIM	25.30
NANCY BETTS 25	SWIM	25.38
KAREN WAITE 25	SNS	25.38
DEBBIE SUTTON 28	GM	27.16
JOANNE RICHER 28	SPD	28.12
KATHY FOUNDERS 28	PSM	29.20
LINDA FORST-DUKE 26	GM	29.39
TISH McDONALD 25	SPD	29.48
IVY CHESBURN 29	SPD	29.71
BONNIE DRAPER 26	FAST	29.76
PAM GEIGER 29	NFM	30.18
FRITIE MAGUIRE 28	SPD	31.09
CANDACE BRADFORD 26	DSO	31.45
PATTI DOZE 26	SPD	33.80
ALICE SEXTON 29	NFM	34.10
DEBBIE GAMBLE 28	CPM	36.88

LISA HUGHEY 25	FAST	36.98
KAREN HUBERT 29	DAC	37.41
100 YD FREESTYLE	SWIM	55.32
NANCY BETTS 25	FAST	58.31
ELAINE HARRIS 27	SWIM	58.31
KAREN WAITE 25	IM	59.15
SINNEY SWAYMAN 28	GM	1:01.75
DEBBIE SUTTON 28	GM	1:01.75
LINDA FORST-DUKE 26	GM	1:03.36
PATTI FISCHER 25	SPD	1:03.78
TISH McDONALD 25	SPD	1:03.94
JOANNE RICHER 28	SPD	1:03.97
PAM GEIGER 29	SPD	1:06.13
KATHY FOUNDERS 28	NFM	1:06.46
BONNIE DRAPER 26	NFM	1:06.92
MARY DOWLEN 26	NFM	1:07.50
FRITIE MAGUIRE 28	NFM	1:11.56
ALICE SEXTON 29	NFM	1:11.56
PATTI DOZE 26	FAST	1:20.05
LISA HUGHEY 25	FAST	1:20.05
MARY E CARUTHERS 28	28SMS	1:20.40
JERI ANTOGGI 29	DAC	1:21.94
200 YD FREESTYLE	SWIM	2:01.29
NANCY BETTS 25	IM	2:06.22
SINNEY SWAYMAN 28	IM	2:11.29
ELAINE HARRIS 27	GM	2:11.73
JUDY LAMBERT 25	GM	2:11.73
Laura Eichen 26	SNS	2:12.61
KAREN WAITE 25	SPD	2:13.80
JOANNE RICHER 28	SPD	2:13.80
PATTI FISCHER 25	SNS	2:18.00
LINDA FORST-DUKE 26	GM	2:18.17
TISH McDONALD 25	SPD	2:22.40
PAM GEIGER 29	SPD	2:22.70
BONNIE DRAPER 26	NFM	2:24.67
MARY DOWLEN 26	NFM	2:25.85
CANDACE BRADFORD 26	DSO	2:32.18
LISA WATSON 28	GM	2:40.76
ALICE SEXTON 29	NFM	2:47.49
PATTI DOZE 26	SPD	2:51.07
MARY E CARUTHERS 28	28SMS	2:52.68
DEBBIE GAMBLE 28	CPM	2:53.87
400 YD FREESTYLE	SWIM	5:33.01
Laurie Eichen 26	GM	5:33.71
SINNEY SWAYMAN 28	IM	5:44.04
JUDY LAMBERT 25	GM	5:50.42
JOANNE RICHER 28	SPD	6:00.33
PAM GEIGER 29	SPD	6:13.65
LINDA FORST-DUKE 26	GM	6:18.32
TISH McDONALD 25	SPD	6:23.00
BONNIE DRAPER 26	NFM	6:33.77
LISA WATSON 28	GM	7:07.49
ALICE SEXTON 29	NFM	7:23.20
MARY E CARUTHERS 28	28SMS	7:33.94
PATTI DOZE 26	SPD	7:36.25
1500 YD FREESTYLE	SWIM	18:54.03
SINNEY SWAYMAN 28	IM	18:54.03
Laurie Eichen 26	GM	18:55.60
NANCY BETTS 25	SWIM	19:19.70
JOANNE RICHER 28	SPD	20:05.69
PAM GEIGER 29	SPD	21:22.24
LISA WATSON 28	GM	23:36.17
PATTI DOZE 26	SPD	26:22.00
MARY E CARUTHERS 28	28SMS	27:00.96
SANDY LINNEMANN 25	CPM	31:15.91
60 YD BACKSTROKE	SWIM	30.49
NANCY BETTS 25	FAST	30.61
KATIE ADAMS 25	GM	34.13
DEBBIE SUTTON 28	IM	34.31
SINNEY SWAYMAN 28	IM	34.31
IVY CHESBURN 29	SPD	38.06
CANDACE BRADFORD 26	DSO	38.79
ALICE SEXTON 29	NFM	40.20
LISA WATSON 28	GM	40.50
KAREN WAITE 25	SNS	40.95
KAREN HUBERT 29	DAC	42.91

50 YD BREASTSTROKE		JAN DEAN 39		WOMEN 50-54		100 YD BACKSTROKE		100 YD I.M.		2:48.51	
DEBORAH LITIS 30	SMS 35.73	J MYERS-LESKOVITZ 38	GCM 38.76	JENNIFER PIKE 52	SPRD 39.58	BARDI DENNY 61	SMS 1:48.57	DOROTHY HOPKINS 72	SPRD 2:52.30	SMS	2:48.51
GASTONEN DRAKE 32	OHIO 37.10	J MYERS-LESKOVITZ 38	GCM 43.60	JEAN LANGDON 53	SMS 43.00	KAY SCHIMPF 64	SPRD 1:49.00	SALLY SCOTT 74	GCM 3:00.28	SMS	2:57.83
BARBARA SWARTZ 33	GCM 37.10	CATIE COOPER 37	FSM 1:12.70	JOAN GLARATON 54	NFM 45.00	JAN SMALLY 60	SPRD 1:56.13	200 YD I.M.			
MARSHA ROSE 33	SPRD 39.65	LISA WOODMAN 39	GCM 1:16.89	ADRIANE AGENBRACH 54	SPRD 55.22	MARCI DECARLO 61	SMS 2:05.33	MCKECHNIE	GCM 6:46.81		
JOULEEN LOLLAR 31	SPRD 39.75	200 YD BUTTERFLY		JEAN LANGDON 53	SMS 1:37.50	VIRGINIA COOPER 64	SPRD 2:19.23	400 YD I.M.			
KATE LAMBEIR 33	GNY 40.52	LISA WOODMAN 39	GCM 2:16.37	JEAN LANGDON 53	NFM 1:51.15	200 YD BREASTSTROKE		SALLY SCOTT 74	GCM 13:01.81		
ELIZABETH MARRHAM 32	SPRD 42.39	200 YD I.M.		JOAN GLARATON 54	NFM 1:51.15	BARDI DENNY 61	SMS 3:47.86	WOMEN 75-79			
ADRIAN WALKER 33	DISC 47.16	PAMELA WINGERTER 37	FSM 1:17.21	200 YD FREESTYLE		KAY SCHIMPF 64	SPRD 3:53.95	MARIAN KESCHNIE 77	SPRD		
MARCIA GEST 32	SMS 59.05	CATIE COOPER 37	PST 1:17.32	200 YD BREASTSTROKE		MIMS JENNINGS 62	SPRD 4:00.85	50 YD FREESTYLE	50.13		
100 YD BREASTSTROKE		CAROL SHUPE 36	GCM 1:19.15	JEAN LANGDON 53	SMS 3:40.64	MARCI DECARLO 61	SMS 4:26.12	100 YD FREESTYLE	1:57.65		
DEBORAH LITIS 30	SMS 1:16.71	JAN DEAN 39	DISC 1:28.32	ADRIANE AGENBRACH 54	SPRD 4:18.35	200 YD FREESTYLE		200 YD FREESTYLE	4:16.49		
GASTONEN DRAKE 32	OHIO 1:17.87	200 YD I.M.		500 YD FREESTYLE		50 YD BREASTSTROKE		16:50 YD FREESTYLE	40:51.21		
JOULEEN LOLLAR 31	SPRD 1:25.26	PAMELA WINGERTER 37	FSM 2:53.75	JENNIFER PIKE 52	SPRD 8:37.05	BARDI DENNY 61	SMS 5:34.50	50 YD BACKSTROKE	57.39		
MARSHA ROSE 33	SPRD 1:28.15	CATIE COOPER 37	PST 1:17.32	JEAN LANGDON 53	SMS 9:49.79	KAY SCHIMPF 64	SPRD 56.13	100 YD BACKSTROKE	2:11.13		
HOLLIS CASTER 34	SPRD 1:33.50	PAT SMITH 35	GCM 3:08.50	JOAN GLARATON 54	NFM 10:45.32	VIRGINIA COOPER 64	SPRD 1:15.09	200 YD BACKSTROKE	4:47.95		
ELIZABETH MARRHAM 32	SPRD 1:33.85	200 YD I.M.		1650 YD FREESTYLE		100 YD BREASTSTROKE		100 YD I.M.	2:36.46		
REBECCA WALCH 31	SMS 1:37.85	50 YD FREESTYLE		JENNIFER PIKE 52	SPRD 9:33.92	KAY SCHIMPF 64	SPRD 2:05.80	WOMEN 80-85			
200 YD BREASTSTROKE		CARLENE DANART 44	NFM 35.83	JEAN LANGDON 53	SMS 58.46	DOROTHY SHUTE 62	SMS 2:24.39	LOUISE GILMAN 81	SPRD		
GASTONEN DRAKE 32	OHIO 2:46.29	PAT THOMAS 42	SMS 36.06	JOAN GLARATON 54	NFM 51.88	200 YD BREASTSTROKE		50 YD FREESTYLE	1:10.39		
HOLLIS CASTER 34	SPRD 2:18.08	50 YD FREESTYLE		JEAN LANGDON 53	SMS 58.46	MIMS JENNINGS 62	SPRD 4:23.15	20+ 200 YD FREESTYLE RELAY			
ELIZABETH MARRHAM 32	SPRD 3:31.47	CARLENE DANART 44	NFM 1:19.40	100 YD BACKSTROKE		KAY SCHIMPF 64	SPRD 4:23.35	FAST	1:51.98		
REBECCA WALCH 31	SMS 3:34.54	PAT THOMAS 42	SMS 1:31.79	JOAN GLARATON 54	NFM 1:56.53	BARDI DENNY 61	SMS 5:17.57	POWER, ADAMS, HARRIS, EVANS	1:56.62		
50 YD BUTTERFLY		200 YD FREESTYLE		JEAN LANGDON 53	SMS 2:09.95	JAN SMALLY 60	SMS 5:12.05	25+ 200 YD FREESTYLE RELAY			
GASTONEN DRAKE 32	OHIO 31.26	CARLENE DANART 44	NFM 3:04.33	200 YD BACKSTROKE		MARCI DECARLO 61	SMS 5:28.11	ILITIS, FISCHER, WALCH, WAITE	1:57.35		
LIN CROCKETT 30	GNY 32.39	500 YD FREESTYLE		JOAN GLARATON 54	NFM 4:23.67	AUDREY MARY 61	NFM 1:23.11	GOM			
KATE LAMBEIR 33	GNY 32.85	CARLENE DANART 44	NFM 7:56.03	JEAN LANGDON 53	SMS 4:23.67	MARCI DECARLO 61	SMS 2:46.75	FORST-DUKE, EMERSON, SWART, WOODMAN	1:57.90		
BARBARA SWARTZ 33	GCM 33.76	1550 YD FREESTYLE		JOAN LANGDON 53	SMS 4:23.67	100 YD BUTTERFLY		SPRD	1:57.90		
DELEE VESBERGOS 30	UNA 34.16	CARLENE DANART 44	NFM 27:40.88	50 YD BREASTSTROKE		100 YD BUTTERFLY		EICHER, GEIGER, MAGUIRE, McDONALD	2:19.56		
JOULEEN LOLLAR 31	SPRD 34.48	BERTHA MASTENSON 44	CPM 40:04.18	JENNIFER PIKE 52	SPRD 51.23	200 YD BUTTERFLY		DEAN, BRADFOR, WARE, WALKER	3:07.26		
MARSHA ROSE 33	SPRD 36.95	50 YD BACKSTROKE		JEAN LANGDON 53	SMS 1:06.90	MIMS JENNINGS 62	SPRD 4:47.53	35+ 200 YD FREESTYLE RELAY			
ELIZABETH MARRHAM 32	SPRD 37.26	NATALIE CLEMENT 43	SMS 52.82	200 YD BREASTSTROKE		100 YD I.M.		THOMAS, CLEMENT, LANGDON, CARLSON	2:41.17		
REBECCA WALCH 31	SMS 38.96	BERTHA MASTENSON 44	CPM 1:00.63	500 YD FREESTYLE		100 YD I.M.		SHUPE, BIONDI, PYHEL, BRADLEY	2:14.35		
100 YD BUTTERFLY		100 YD BACKSTROKE		JOAN GLARATON 54	NFM 1:50.71	BARDI DENNY 61	SMS 1:43.95	200 YD I.M.			
JOULEEN LOLLAR 31	SPRD 1:19.18	SUZ CARLSON 40	SMS 1:22.81	50 YD BUTTERFLY		JAN SMALLY 60	SPRD 2:05.23	THOMAS, CLEMENT, LANGDON, CARLSON	2:41.17		
HOLLIS CASTER 34	SPRD 1:23.41	200 YD BACKSTROKE		JENNIFER PIKE 52	SPRD 50.41	AUDREY MARY 61	NFM 2:38.65	SPRD	3:17.02		
REBECCA WALCH 31	SMS 1:32.06	50 YD BREASTSTROKE		JEAN LANGDON 53	SMS 50.41	VIRGINIA COOPER 64	SPRD 2:38.26	45+ 200 YD FREESTYLE RELAY			
200 YD BUTTERFLY		PAT THOMAS 42	SMS 43.32	100 YD BUTTERFLY		MIMS JENNINGS 62	SPRD 8:57.52	55+ 200 YD FREESTYLE RELAY			
HOLLIS CASTER 34	SPRD 3:04.10	NATALIE CLEMENT 43	SMS 46.98	JENNIFER PIKE 52	SPRD 4:13.30	MARCI DECARLO 61	SMS 11:21.70	LINCH, REED, SWITZER, DENNY	2:58.08		
REBECCA WALCH 31	SMS 3:26.37	BERTHA MASTENSON 44	CPM 1:01.37	100 YD I.M.		50 YD FREESTYLE		SCHIMPF, WINQUIST, COOPER, MORRISON	2:43.27		
100 YD I.M.		100 YD BREASTSTROKE		JEAN LANGDON 53	NFM 1:54.68	50 YD FREESTYLE		FRICKER, SMITH, PIKE, FLEBIS	2:45.85		
GASTONEN DRAKE 32	OHIO 1:11.98	BERTHA MASTENSON 44	CPM 1:01.37	JOAN LANGDON 53	SMS 2:05.86	50 YD FREESTYLE		LANGDON, HELLMANN, THOMAS, SMALLY	2:43.27		
BARBARA SWARTZ 33	GCM 1:14.69	100 YD BREASTSTROKE		JEAN LANGDON 53	SMS 2:05.86	50 YD FREESTYLE		PREDDO, MORRISON, BRAININ, JENNINGS	3:02.19		
DELEE VESBERGOS 30	GNY 1:15.37	PAT THOMAS 42	SMS 43.32	100 YD I.M.		50 YD FREESTYLE		MACKAY, REED, DENNY, PATTON	3:04.89		
KATE LAMBEIR 33	GNY 1:15.77	NATALIE CLEMENT 43	SMS 46.98	JOAN LANGDON 53	SMS 2:05.86	50 YD FREESTYLE		25+ 200 YD FREESTYLE RELAY			
JOULEEN LOLLAR 31	SPRD 1:19.67	BERTHA MASTENSON 44	CPM 1:10.37	200 YD BUTTERFLY		50 YD FREESTYLE		TIDWORTH, JOHNSTON, HENNETT, KOLSON	3:42.63		
ELIZABETH MARRHAM 32	SPRD 1:25.95	200 YD BREASTSTROKE		JENNIFER PIKE 52	SPRD 4:13.30	50 YD FREESTYLE		HOPKINS, STINSON, DUNWORTH, MCKECHNIE	3:02.19		
JEAN RODGERS 32	SPRD 1:32.97	50 YD BUTTERFLY		100 YD I.M.		50 YD FREESTYLE		20+ 200 YD FREESTYLE RELAY			
200 YD I.M.		NATALIE CLEMENT 43	SMS 1:44.08	MARGARET MORRISON 59	SPRD 4:13.30	50 YD FREESTYLE		WATSON, SUTTON, LAMBERT, CROCKETT	1:45.98		
GASTONEN DRAKE 32	OHIO 2:14.96	CARLENE DANART 44	NFM 1:53.88	100 YD I.M.		50 YD FREESTYLE		BARTLING, ACKER, STINE, STEPHENS	2:58.08		
HOLLIS CASTER 34	SPRD 2:51.98	200 YD BUTTERFLY		JOAN LANGDON 53	NFM 1:54.68	50 YD FREESTYLE		35+ 200 YD FREESTYLE RELAY			
REBECCA WALCH 31	SMS 3:12.39	100 YD BUTTERFLY		JEAN LANGDON 53	SMS 2:05.86	50 YD FREESTYLE		CLAPLIN, NEWMAN, MILLER, EDDY	1:36.56		
ELIZABETH MARRHAM 32	SPRD 3:26.37	NATALIE CLEMENT 43	SMS 1:44.08	200 YD BUTTERFLY		50 YD FREESTYLE		CABLE, CAMERON, HULLSTON, HILLESON	1:39.76		
400 YD I.M.		200 YD FREESTYLE		100 YD I.M.		50 YD FREESTYLE		WALKER, RANG, KNOX, STONE	1:40.09		
GASTONEN DRAKE 32	OHIO 5:33.18	NATALIE CLEMENT 43	SMS 3:45.19	200 YD I.M.		50 YD FREESTYLE		COWAN, SHEEHY, PEARL, ZENGA	1:41.37		
HOLLIS CASTER 34	SPRD 6:09.61	CARLENE DANART 44	NFM 4:02.79	200 YD I.M.		50 YD FREESTYLE		BURKE, DONNELLY, GEST, TIER	2:04.77		
REBECCA WALCH 31	SMS 6:41.68	200 YD I.M.		200 YD I.M.		50 YD FREESTYLE		MURPHY, DONOVAN, LANGS, PERREY	1:35.78		
WOMEN 55-59		NATALIE CLEMENT 43	SMS 1:44.52	SUZ CARLSON 40	SMS 2:15.02	50 YD FREESTYLE		MANCHESTER, WINN, BUCHAN, LESKOVITZ	1:59.31		
50 YD FREESTYLE		200 YD I.M.		CARLENE DANART 44	NFM 3:12.11	50 YD FREESTYLE		25+ 200 YD FREESTYLE RELAY			
LISA WOODMAN 39	GCM 29.78	SUZ CARLSON 40	SMS 2:15.02	100 YD I.M.		50 YD FREESTYLE		ADAMS, PORTER, HARRIS, COOPER	2:10.36		
PAT SMITH 35	GCM 30.40	200 YD I.M.		200 YD I.M.		50 YD FREESTYLE		WATSON, SUTTON, LAMBERT, CROCKETT	2:17.80		
PAMELA WINGERTER 37	FSM 30.76	CARLENE DANART 44	NFM 3:12.11	50 YD FREESTYLE		50 YD FREESTYLE		ROSE, MAGUIRE, EICHER, McDONALD	2:21.63		
MARIANNE BRADLEY 39	SPRD 31.92	NATALIE CLEMENT 43	SMS 3:19.73	1650 YD FREESTYLE		50 YD FREESTYLE		CAREY, WALCH, WAITE, FISCHER	2:10.46		
JAN DEAN 39	DISC 32.94	400 YD I.M.		JUNE KRAUSER 55	GCM 25:22.21	50 YD FREESTYLE		SPRD "B"	2:15.19		
J MYERS-LESKOVITZ 38	GCM 34.06	CARLENE DANART 44	NFM 7:19.22	MARGARET MORRISON 59	SPRD 26:45.50	50 YD FREESTYLE		35+ 200 YD FREESTYLE RELAY			
CAROL SHUPE 36	SPRD 35.45	NATALIE CLEMENT 43	SMS 7:57.37	JUNE KRAUSER 55	GCM 25:22.21	50 YD FREESTYLE		FAST	2:05.27		
ANTIMEDIA LEMON 39	CPM 55.34	200 YD I.M.		MARGARET MORRISON 59	SPRD 26:45.50	50 YD FREESTYLE		ADAMS, PORTER, HARRIS, COOPER	2:10.36		
100 YD FREESTYLE		50 YD FREESTYLE		100 YD I.M.		50 YD FREESTYLE		WATSON, SUTTON, LAMBERT, CROCKETT	2:17.80		
LISA WOODMAN 39	GCM 1:06.70	BEVERLY EVANS 46	FAST 34.69	200 YD I.M.		50 YD FREESTYLE		ROSE, MAGUIRE, EICHER, McDONALD	2:21.63		
J MYERS-LESKOVITZ 38	GCM 1:12.92	BEVERLY TUCKER 47	SPRD 38.90	JACKIE WINQUIST 58	SPRD 4:03.77	50 YD FREESTYLE		CAREY, WALCH, WAITE, FISCHER	2:10.46		
MARIANNE BRADLEY 39	SPRD 1:15.48	50 YD FREESTYLE		100 YD I.M.		50 YD FREESTYLE		SPRD "B"	2:15.19		
JEAN CAROL 39	DISC 1:17.93	100 YD FREESTYLE		200 YD I.M.		50 YD FREESTYLE		35+ 200 YD FREESTYLE RELAY			
CAROL SHUPE 36	SPRD 1:18.43	BEVERLY TUCKER 47	SPRD 1:33.93	50 YD FREESTYLE		50 YD FREESTYLE		ADAMS, PORTER, HARRIS, COOPER	2:10.36		
PRIGY MONTAUBAULT 39	SPRD 1:26.28	JULIE NAGEL 45	UNA 1:40.25	100 YD FREESTYLE		50 YD FREESTYLE		WATSON, SUTTON, LAMBERT, CROCKETT	2:17.80		
200 YD FREESTYLE		200 YD FREESTYLE		200 YD I.M.		50 YD FREESTYLE		ROSE, MAGUIRE, EICHER, McDONALD	2:21.63		
LISA WOODMAN 39	GCM 2:26.15	NANCY BROWN 46	NM 2:25.84	50 YD FREESTYLE		50 YD FREESTYLE		CAREY, WALCH, WAITE, FISCHER	2:10.46		
J MYERS-LESKOVITZ 38	GCM 2:45.79	500 YD FREESTYLE		MARGARET MORRISON 59	SPRD 3:17.74	50 YD FREESTYLE		SPRD "B"	2:15.19		
CAROL SHUPE 36	SPRD 2:55.88	BEVERLY EVANS 46	FAST 8:03.00	100 YD I.M.		50 YD FREESTYLE		35+ 200 YD FREESTYLE RELAY			
JAN DEAN 39	DISC 3:04.87	BEVERLY TUCKER 47	SPRD 10:09.65	200 YD I.M.		50 YD FREESTYLE		ADAMS, PORTER, HARRIS, COOPER	2:10.36		
100 YD FREESTYLE		150 YD FREESTYLE		50 YD FREESTYLE		50 YD FREESTYLE		WATSON, SUTTON, LAMBERT, CROCKETT	2:17.80		
LISA WOODMAN 39	GCM 6:10.67	JOY CLINGMAN 47	SPRD 11:20.26	50 YD FREESTYLE		50 YD FREESTYLE		ROSE, MAGUIRE, EICHER, McDONALD	2:21.63		
CAROL SHUPE 36	SPRD 8:27.96	MARY THOMAS 46	SPRD 13:57.77	50 YD FREESTYLE		50 YD FREESTYLE		CAREY, WALCH, WAITE, FISCHER	2:10.46		
JAN DEAN 39	DISC 8:30.90	50 YD BACKSTROKE		50 YD FREESTYLE		50 YD FREESTYLE		SPRD "B"	2:15.19		
JEANNE WARE 36	DISC 9:40.50	BARBARA EVANS 46	FAST 41.18	100 YD I.M.		50 YD FREESTYLE		35+ 200 YD FREESTYLE RELAY			
PRIGY MONTAUBAULT 39	SPRD 9:43.50	BEVERLY TUCKER 47	SPRD 47.44	200 YD I.M.		50 YD FREESTYLE		ADAMS, PORTER, HARRIS, COOPER	2:10.36		
1650 YD FREESTYLE		100 YD BACKSTROKE		50 YD FREESTYLE		50 YD FREESTYLE		WATSON, SUTTON, LAMBERT, CROCKETT	2:17.80		
PAMELA WINGERTER 37	FSM 25:25.01	BEVERLY TUCKER 47	SPRD 47.44								

45- 200 YD HEDLEY RELAY	PAUL RANG 25	CFM	1:07.03	JOE REID 33	DISC	28.90	100 YD BREAUSTROKE	200 YD BACKSTROKE	RAY BURNS 46	SPRD	3:06.47		
SPRINT	STEVIE BUCKELAMP 25	IRCC	1:07.75	BILL STEPHENS 30	SPRD	28.91	MIKE ROCKWOOD 35	DICK CAMPBELL 42	WMS	2:23.14	50 YD BUTTERFLY		
SR, MAGEL, BURNS, FERRIS	WILLIAM ZENGA 26	GCM	2:03.80	JOHN FREDERIC 30	CM	29.02	SCOTT GUTHRIE 37	RON BARRETT 42	PSM	2:40.47	CHARLIE GENTRY 45	CM	27.72
SMS	CASSEY CLAFIN 28	GCM	2:03.80	MICHAEL PEARL 34	CM	29.66	GERRY DOLONG 38	CHARLES DUBS 43	UN	2:47.31	ERNIE LESKOVITZ 45	CM	28.24
MEL, HANN, THOMAS, RANDALL, GONCH	WILLIAM ZENGA 26	GCM	2:15.92	DAVID PERKEY 31	DAC	30.70	JOHN ZEIGLER 36	JOHN BELL 41	USC	3:00.57	JOHN RISHER 46	SPRD	30.44
SPAL '88	400 YD I.M.			DAVID BARRALES 32	CM	30.71	RICHARD BAUSCHARD 37OHIO	1:11.91	50 YD BREAUSTROKE	RAY BURNS 46	SPRD	32.79	
MALONE, WILSON, JOHNSON, SMITH	FAT EDDY 25	GM	4:26.94	ROBERT RAMSEY 32	CM	30.93	MARTIN TIER 36	SMS	1:22.18	NORMAN CROMBARTIE 40	SPRD	32.45	
50 YD BUTTERFLY	MICHAEL PACTHER 26	FAST	4:44.84	WAYNE KIRSNER 31	CM	31.21	100 YD BUTTERFLY			CAL WINN 40	CM	33.41	
WILLIAMS, PATTON, HIPSHER, MACKAY	WILLIAM ZENGA 26	GCM	4:57.90	100 YD BUTTERFLY			MIKE ROCKWOOD 35	ESC	2:33.89	WOODY BRAVER 42	NFM	33.69	
SPRD				C MILITENBERGER 30	NFM	54.66	JOHN ZEIGLER 36	GR	2:33.98	DICK CAMPBELL 42	SMS	34.31	
FRECK, BRAININ, AUGUSTINE, JOHNSON				PHILIP SHEPHE 33	CM	1:00.32	GERRY DOLONG 38	CM	2:34.53	JAMES BELL 41	USC	36.00	
50 YD BUTTERFLY				RICHARD BAUSCHARD 37OHIO	SPRD	1:02.88	SCOTT GUTHRIE 37	NFM	2:39.70	NICHOLAS PASSELL 41	SMS	36.12	
50 YD BUTTERFLY				TOM MESTER 30	SWIM	1:03.36	RUSS CALLEN 38	NFM	2:49.86	DICK LAMIER 40	GNY	36.68	
50 YD BUTTERFLY				RICHARD BAUSCHARD 37OHIO	SPRD	1:06.40	HARTM TIER 36	SMS	3:08.56	WILLIAM MYERS 40	NSM	38.42	
50 YD BUTTERFLY				NEED HULLSTON 30	CFM	1:10.61	DOUGLAS BUCHAN 38	GCM	26.14	BOB FENSA 43	SPRD	39.11	
50 YD BUTTERFLY				CURT COWAN 32	DAC	1:15.90	JIM MANCHESTER 35	GCM	26.19	WALTER ROSENBAUM 44	FAST	39.52	
50 YD BUTTERFLY				BRUCE BARTLING 34	SPRD	1:15.90	RICHARD BAUSCHARD 37OHIO	26.28	NORMAN CROMBARTIE 40	SPRD	1:12.68		
50 YD BUTTERFLY				DAVID PERKEY 31	DAC	1:15.90	JOHN MAQUIRE 35	SPRD	26.35	WOODY BRAVER 42	NFM	1:13.49	
50 YD BUTTERFLY				WILLIAM LOTZ 33	SPRD	1:15.90	SCOTT GUTHRIE 37	NFM	26.90	NICHOLAS PASSELL 41	SMS	1:20.53	
50 YD BUTTERFLY				BILL STEPHENS 30	SPRD	1:15.90	PETER CAMERON 38	CFM	27.97	JAMES BELL 41	USC	1:22.17	
50 YD BUTTERFLY				MICHAEL PEARL 34	CFM	26.22	RON KRIER 35	IN	28.22	WALTER ROSENBAUM 44	FAST	1:25.95	
50 YD BUTTERFLY				TOM MESTER 30	SWIM	26.23	MIKE ROCKWOOD 35	ESC	28.33	BOB FENSA 43	SPRD	1:26.43	
50 YD BUTTERFLY				RICHARD BAUSCHARD 37OHIO	26.28	200 YD BUTTERFLY							
50 YD BUTTERFLY				JOHN MAQUIRE 35	SPRD	2:02.04	BRUCE BOYER 35	CFM	28.80	DICK CAMPBELL 42	SMS	2:42.94	
50 YD BUTTERFLY				PHILIP SHEPHE 33	CM	2:27.00	ROBERT ARMSTRONG 39	USC	31.15	WOODY BRAVER 42	NFM	2:52.51	
50 YD BUTTERFLY				JOE REID 33	DSC	2:40.20	SCOTT GUTHRIE 37	NFM	33.01	NICHOLAS PASSELL 41	SMS	2:55.61	
50 YD BUTTERFLY				JAMES DONNELLY 33	SMS	2:47.00	JOHN ZEIGLER 36	CM	31.15	RON BARRETT 42	PST	3:07.67	
50 YD BUTTERFLY				DAVID BARRALES 32	CFM	2:58.18	100 YD BUTTERFLY						
50 YD BUTTERFLY				100 YD I.M.			MIKE ROCKWOOD 35	ESC	28.33	BOB FENSA 43	SPRD	2:42.94	
50 YD BUTTERFLY				100 YD I.M.			LAUCE WALKER 36	CFM	28.46	200 YD BREAUSTROKE			
50 YD BUTTERFLY				C MILITENBERGER 30	NFM	55.99	BRUCE BOYER 35	SPRD	28.80	DICK CAMPBELL 42	SMS	2:42.94	
50 YD BUTTERFLY				RICHARD BAUSCHARD 37OHIO	26.28	1:00.04	ROBERT ARMSTRONG 39	USC	31.15	WOODY BRAVER 42	NFM	2:52.51	
50 YD BUTTERFLY				PHILIP SHEPHE 33	CM	2:27.00	MARTIN TIER 36	SMS	33.01	NICHOLAS PASSELL 41	SMS	2:55.61	
50 YD BUTTERFLY				JOE REID 33	DSC	2:40.20	100 YD BUTTERFLY						
50 YD BUTTERFLY				JAMES DONNELLY 33	SMS	2:47.00	DOUGLAS BUCHAN 38	GCM	59.12	CAL WINN 40	CM	26.92	
50 YD BUTTERFLY				DAVID BARRALES 32	CFM	2:58.18	GERRY DOLONG 38	GCM	59.54	WILLIAM MYERS 40	NSM	27.55	
50 YD BUTTERFLY				100 YD I.M.			BRUCE BOYER 35	SPRD	1:00.54	DICK CAMPBELL 42	SMS	29.02	
50 YD BUTTERFLY				C MILITENBERGER 30	NFM	55.99	SCOTT GUTHRIE 37	NFM	1:02.72	DICK LAMIER 40	GNY	29.24	
50 YD BUTTERFLY				RICHARD BAUSCHARD 37OHIO	26.28	1:01.56	MIKE ROCKWOOD 35	ESC	1:02.70	RON BARRETT 42	PSM	29.71	
50 YD BUTTERFLY				PHILIP SHEPHE 33	CM	2:27.00	ROBERT ARMSTRONG 39	USC	1:02.70	CHARLES DUBS 43	UN	31.35	
50 YD BUTTERFLY				JOE REID 33	DSC	2:40.20	PETER CAMERON 38	CFM	1:03.58	JAMES BELL 41	USC	33.50	
50 YD BUTTERFLY				JAMES DONNELLY 33	SMS	2:47.00	RON KRIER 35	IN	1:08.89	WALTER ROSENBAUM 44	FAST	35.54	
50 YD BUTTERFLY				DAVID BARRALES 32	CFM	2:58.18	200 YD BUTTERFLY						
50 YD BUTTERFLY				100 YD I.M.			GERRY DOLONG 38	GCM	2:20.10	100 YD BUTTERFLY			
50 YD BUTTERFLY				C MILITENBERGER 30	NFM	55.99	BRUCE BOYER 35	SPRD	2:25.18	CAL WINN 40	CM	1:02.73	
50 YD BUTTERFLY				RICHARD BAUSCHARD 37OHIO	26.28	1:01.56	PETER CAMERON 38	CFM	2:25.82	WILLIAM MYERS 40	NSM	1:04.30	
50 YD BUTTERFLY				PHILIP SHEPHE 33	CM	2:27.00	JOHN ZEIGLER 36	CM	2:30.56	DICK LAMIER 40	GNY	29.24	
50 YD BUTTERFLY				JOE REID 33	DSC	2:40.20	SCOTT GUTHRIE 37	NFM	2:43.44	RON BARRETT 42	PSM	29.71	
50 YD BUTTERFLY				JAMES DONNELLY 33	SMS	2:47.00	100 YD BUTTERFLY						
50 YD BUTTERFLY				DAVID BARRALES 32	CFM	2:58.18	DOUGLAS BUCHAN 38	GCM	59.12	CAL WINN 40	CM	26.92	
50 YD BUTTERFLY				100 YD I.M.			GERRY DOLONG 38	GCM	59.54	WILLIAM MYERS 40	NSM	27.55	
50 YD BUTTERFLY				C MILITENBERGER 30	NFM	55.99	BRUCE BOYER 35	SPRD	1:02.72	DICK CAMPBELL 42	SMS	29.02	
50 YD BUTTERFLY				RICHARD BAUSCHARD 37OHIO	26.28	1:01.56	SCOTT GUTHRIE 37	NFM	1:02.70	DICK LAMIER 40	GNY	29.24	
50 YD BUTTERFLY				PHILIP SHEPHE 33	CM	2:27.00	PETER CAMERON 38	CFM	1:03.58	RON BARRETT 42	PSM	29.71	
50 YD BUTTERFLY				JOE REID 33	DSC	2:40.20	RON KRIER 35	IN	1:08.89	WALTER ROSENBAUM 44	FAST	35.54	
50 YD BUTTERFLY				JAMES DONNELLY 33	SMS	2:47.00	200 YD BUTTERFLY						
50 YD BUTTERFLY				DAVID BARRALES 32	CFM	2:58.18	GERRY DOLONG 38	GCM	59.12	CAL WINN 40	CM	26.92	
50 YD BUTTERFLY				100 YD I.M.			BRUCE BOYER 35	SPRD	1:02.72	DICK CAMPBELL 42	SMS	29.02	
50 YD BUTTERFLY				C MILITENBERGER 30	NFM	55.99	SCOTT GUTHRIE 37	NFM	1:02.70	DICK LAMIER 40	GNY	29.24	
50 YD BUTTERFLY				RICHARD BAUSCHARD 37OHIO	26.28	1:01.56	PETER CAMERON 38	CFM	1:03.58	RON BARRETT 42	PSM	29.71	
50 YD BUTTERFLY				PHILIP SHEPHE 33	CM	2:27.00	RON KRIER 35	IN	1:08.89	WALTER ROSENBAUM 44	FAST	35.54	
50 YD BUTTERFLY				JOE REID 33	DSC	2:40.20	200 YD BUTTERFLY						
50 YD BUTTERFLY				JAMES DONNELLY 33	SMS	2:47.00	RICHARD BAUSCHARD 37OHIO	1:01.57	100 YD I.M.				
50 YD BUTTERFLY				DAVID BARRALES 32	CFM	2:58.18	JOHN MAQUIRE 35	SPRD	1:01.59	100 YD I.M.			
50 YD BUTTERFLY				100 YD I.M.			GERRY DOLONG 38	GCM	1:02.49	CAL WINN 40	CM	1:04.38	
50 YD BUTTERFLY				C MILITENBERGER 30	NFM	55.99	BRUCE BOYER 35	SPRD	1:02.49	DICK LAMIER 40	GNY	1:08.46	
50 YD BUTTERFLY				RICHARD BAUSCHARD 37OHIO	26.28	1:01.56	SCOTT GUTHRIE 37	NFM	1:04.61	WILLIAM MYERS 40	NSM	1:08.55	
50 YD BUTTERFLY				PHILIP SHEPHE 33	CM	2:27.00	PETER CAMERON 38	CFM	1:04.00	DON BARRETT 42	PSM	1:09.12	
50 YD BUTTERFLY				JOE REID 33	DSC	2:40.20	RON KRIER 35	IN	1:07.72	JAMES BELL 41	USC	1:12.85	
50 YD BUTTERFLY				JAMES DONNELLY 33	SMS	2:47.00	200 YD BUTTERFLY						
50 YD BUTTERFLY				DAVID BARRALES 32	CFM	2:58.18	GERRY DOLONG 38	GCM	59.12	CAL WINN 40	CM	26.92	
50 YD BUTTERFLY				100 YD I.M.			BRUCE BOYER 35	SPRD	1:02.72	DICK CAMPBELL 42	SMS	29.02	
50 YD BUTTERFLY				C MILITENBERGER 30	NFM	55.99	SCOTT GUTHRIE 37	NFM	1:02.70	DICK LAMIER 40	GNY	29.24	
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50 YD BUTTERFLY				JOE REID 33	DSC	2:40.20	200 YD BUTTERFLY						
50 YD BUTTERFLY				JAMES DONNELLY 33	SMS	2:47.00	RICHARD BAUSCHARD 37OHIO	1:01.57	100 YD I.M.				
50 YD BUTTERFLY				DAVID BARRALES 32	CFM	2:58.18	JOHN MAQUIRE 35	SPRD	1:01.59	100 YD I.M.			
50 YD BUTTERFLY				100 YD I.M.			GERRY DOLONG 38	GCM	1:02.49	CAL WINN 40	CM	1:04.38	
50 YD BUTTERFLY				C MILITENBERGER 30	NFM	55.99	BRUCE BOYER 35	SPRD	1:02.49	DICK LAMIER 40	GNY	1:08.46	
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50 YD BUTTERFLY				JOE REID 33	DSC	2:40.20	RON KRIER 35	IN	1:07.72	JAMES BELL 41	USC	1:12.85	
50 YD BUTTERFLY				JAMES DONNELLY 33	SMS	2:47.00	200 YD BUTTERFLY						
50 YD BUTTERFLY				DAVID BARRALES 32	CFM	2:58.18	GERRY DOLONG 38	GCM	59.12	CAL WINN 40	CM	26.92	
50 YD BUTTERFLY				100 YD I.M.			BRUCE BOYER 35	SPRD	1:02.72	DICK CAMPBELL 42	SMS	29.02	
50 YD BUTTERFLY				C MILITENBERGER 30	NFM	55.99	SCOTT GUTHRIE 37	NFM	1:02.70	DICK LAMIER 40	GNY	29.24	
50 YD BUTTERFLY				RICHARD BAUSCHARD 37OHIO	26.28	1:01.56	PETER CAMERON 38	CFM	1:03.58	RON BARRETT 42	PSM	29.71	
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50 YD BUTTERFLY				JOE REID 33	DSC	2:40.20	200 YD BUTTERFLY						
50 YD BUTTERFLY				JAMES DONNELLY 33	SMS	2:47.00	RICHARD BAUSCHARD 37OHIO	1:01.57	100 YD I.M.				
50 YD BUTTERFLY				DAVID BARRALES 32	CFM	2:58.18	JOHN MAQUIRE 35	SPRD	1:01.59	100 YD I.M.			
50 YD BUTTERFLY				100 YD I.M.			GERRY DOLONG 38	GCM	1:02.49	CAL WINN 40	CM	1:04.38	
50 YD BUTTERFLY				C MILITENBERGER 30	NFM								

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Swimming News

SWIMMING HALL OF FAME MASTERS SECTION REPORT -

Recorded as of 4-27-82, 39 individuals or organizations have contributed to the ISHOF building fund for the Rosser/Masters section. A total of \$3535.00 has been donated by this group. The ultimate goal of \$10,000.00 can easily be reached if each Masters Swimmer will donate \$1.00 or more. All contributors will be recorded in a leather bound book. Masters Swimmers need to be recognized by the ISHOF. Our large Ransom J. Arthur trophy is located at the Hall and the names of the recipients are recorded thereon. Please contribute so that we can have a much larger space to display pictures, articles, etc.

MASTER SWIMMERS LANE 4 - The past few issues have not been regular. However, future issues will be published by the Department of Physical Education, College of HPER at Western Illinois University. Cost is \$10.00 for 4 issues. Send to College of HPER, Department of Men's Physical Education, Western Illinois University, Macomb, IL 61455 - published by Dr. Paul Hutinger.....

HAPPY NEWS ABOUT ALL-AMERICANS - It was brought to my attention that there was a mother-son combination on the All-American list: Richard Bennett (Men 50-54) and Jerry Bennett (Women 70-74). There was also a mother-daughter-daughter combination as my mother (Sis Fogle 75-79) and my sister (Cynthia Bruce 50-54) joined me on the list!.....

TWO TO A LANE by LES FINNEGAN -

A swimmer I'd gladly attack
with thongs and flails
Is the backstroker who sports
long fingernails.

PROPER BODY POSITIONING FOR THE BACKSTROKE by

Ann Yelmokas - Backstroke calls for a long, stretched body that is as flat as possible. You should be as flat as if you were lying in bed with the back of your head on the mattress. Ears

should be under the water, hips at the surface, and toes kicking to the surface. This calls for a nice tight stomach. A very common backstroke fault is collapsing the stomach muscles and "sitting down". To keep the hips up, try to stretch out the space between the lower ribs and the hip bone. You almost have to arch your lower back. Do you want to check your body position? Try this kicking drill. Push off the wall in a backglide, arms stretched and reaching over your head, lock the thumbs together, lock the elbows straight, and pull your shoulders up to your ears. (There should be no space between the arms and the ears.) This makes for a good streamlined position. Remember to stretch--reach with the arms, stretch out your ribs. Add your kick, so that kicking is providing all your propulsion. If your body position is incorrect, you will either start sinking or not move. Run through a section-by-section check to find your fault. Are the arms locked and stretching? Is your head in line with your spine? (Look straight at the ceiling or sky.) Are you stretching the ribs up? Are you pushing the hips up? Are you kicking with the front of the foot pushing up to the surface? If the answer to all of these questions is yes, look out, John Naber!.....

UNITED STATES MASTERS SWIMMING PATCHES - For those still wanting to purchase these patches, I now have a new shipment. Make out checks to Swim-Master for \$2.50 and send to 2308 N.E. 19th Ave., Ft. Lauderdale, FL 33305.....

WHY AREN'T THERE MORE SHORT DISTANCES IN MEETS LIKE THE 25 YARDS IN ALL STROKES? - This would seem logical, except that the shorter distance and the higher speed puts a great strain on the human body. This is especially dangerous to someone over 40 years of age who is just beginning to train. Research has demonstrated abnormal heart EKGs in the laboratory on normal hearts with a short, all-out performance. The heart rate for short sprints goes to a maximum of 180 to 200 beats per minute while a swim of 200 or 500 yards keeps it more in the range of 150 to 160 beats per minute. The benefits of the Masters program, or of any fitness training, are found in aerobics (with oxygen), 200 yard swims and over, rather than anaerobic 50 and 100 yard swims. As an older adult, you are better off training and competing in the longer distances. (reprint from MASTERS SWIMMERS LANE FOUR).....

REGISTRATIONS - At the latest count, Enid Uhrich has registered 6500 of us! And can you believe how many have the same name and are in the same age group. 30 to be exact and three names alike for three people. Hopefully, these people all have different middle initials. The only way we will be able to keep our records straight. We can always go back to their registration number if we have to. Seems like very few complaints have been heard about our new registration system. Congratulations Enid on a job well done!.....

SWIM-MASTER

June Krauser, Editor
2308 N.E. 19th Avenue
Ft. Lauderdale, FL 33305

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LIFETIME VIGOROUS SWIMMING FOR FUN, SPORT AND HEALTH

SWIM CALENDAR

VOL XI - No 4

MAY 1982

10,000 METER POSTAL MEET - must be swum by Sept. 1, 1982 - Dale Petranec, 1008 Oaklyn Ct., Voorhees, NJ 08043

MAY	14-15	SC - Madeleine Lyle, 3516 E. Fair Place, Littleton, CO 80121
	21-24	US MASTERS NATIONAL SC - Thomas D. Boak, Jr., 2720 N. Logrun, Woodlands, TX 77380
	28-30	LC - Region IV - Joe Biondi, 216 Elizabeth St., Clearwater, FL 33519
	30	Enid Uhrich, 25 Lafayette Rd., Newton, MA 02162
JUN	5-6	Ian Holt, 1272 Napier Crescent, Oakville, Ont. L6H 2A4 Canada
	13-14	LC - Bill Podewitz, 3036 Wood St., Sarasota, FL 33577
	19-20	LC - Betty McMillian, 12 Miramonte Rd., Walnut Creek, CA 94596
	26-27	SKWIM, Great Valley, NY 14741
	20-26	SKWIM Masters Development Program '82, Great Valley, NY 14741
JUL	10-11	LC - Jim Garges, Municipal Building, Delaware, OH 43015
	16-18	LC - PMS Champ. - Nancy Ridout, PO Box 1117, Novato, CA 94948
	17-18	LC - FAST Masters, P.O. Box 12507, University Station, Gainesville, FL 32604
	18	LC - Dr. Jan C. Huneke, 1158 Asbury Rd., Cincinnati, OH 45230
	23-25	LC - Concepts Co., Dick Guido, 8 Shell Dr., Glen Cove, NY 11542
	24-25	LC - John Zeigler, 2468 Ellis Ct., Snellville, GA 30278
	31	LC - Curt Lasher, Box 2112, Redding, CA 96099
AUG	8-14	SKWIM Masters Development Program '82, Great Valley, NY 14741
	12-15	NATIONAL MASTERS SPORTS FESTIVAL - The Penn Mutual Life Ins., Co., 530 Walnut St., Philadelphia, PA 19172
	14	Quarter Iron-Man Triathlon, Rick Alderfer, 126 Newport Dr., Oak Ridge, TN 37830
	15	LC - Vickie Good, 2168 Calder Place, Fairfield, CA 94533
	26-29	US MASTERS NATIONAL LC - Barbara Frid, Swim Cellar, 10230 SW Pky., Portland, OR 97225
SEP	18-19	SC - Naples, FL
OCT	2	SC - Betty McMillian, 12 Miramonte Rd., Walnut Creek, CA 94596
	16-17	SC - Betsy Durrant, 211 66th Street, Virginia Beach, VA 23451
	23	SC - Chris Carriere, 410 Castro Court, Campbell, CA 95008
NOV	7	Pentathlon - Dot Werry, 2855 58th St., Sacramento, CA 95817
	13-14	GCM Fall Swim Meet - June Krauser, 2308 N.E. 19th Ave., Ft. Lauderdale, FL 33305
DEC	4	SC - Sally Peterson, Box 1880, Truckee, CA 95134
CORONADO	- May 30, Aug 1, Oct 17, Dec 5	- Alicia Horst, 24 The Point, Coronado, CA 92118
OREGON	- Jun 26-27, Jul 30-31, Aug 1	- Earl Walter, 3904 SW 57 Ave., Portland, OR 97221
SOUTHEASTERN	- May 14	- NAC Masters, 213 Osceola Ave., Nashville, TN 37209
KENTUCKY	- Aug 21-22, Oct 23-24	- Joanne Tingley, 2107 Eastview Ave., Louisville, KY

*****Send 2 copies of meet results to Enid Uhrich, 25 Lafayette Rd., Newton, MA 02162*****