

Results for “Go the Distance” (GTD) May, 2009

Welcome to our 23 new participants – we are sure glad you have joined us in “going the distance”!

As a group we have now swum 101,694.47 miles – way to go folks! “WE” have also achieved the GTD distance milestone of “100 miles” as our average is 112.25 miles. And the fun has just begun

Congratulations to the GTD Virtual Swim Relay members Donna Schubkegel, Sarah Anderson, Ann Phipps and Genevieve Hoelscher! These ladies have now completed the first GTD Virtual Swim – Swim the Florida Keys (200 miles) as a relay team! Keep an eye out for them proudly wearing their GTD Virtual Swim caps!

There were 54 participants that achieved the first GTD distance milestone of “50 miles” in May. The first 50 are some of the best so please enjoy the good feelings that come with this accomplishment.

The “100 miles” threshold has now been crossed by 109 more participants. Additionally, 106 cruised by “150 miles”, 45 more have swum over “200 miles” and 31 folks are now over the magical “250 miles” threshold.

We also have 16 participants that zoomed by “300 miles” and 4 more now have the bragging rights to be in the MAD (mile a day average) club. Also, 3 more swimmers have now swum over “400 miles” and 3 more over “500 miles”. Our GTD Xtreme Leader, Ray Cottom has now swum 795.52 miles!!!

The May, 2009 results are posted at <http://www.usms.org/fitness/content/gothedistance09> Also included is the complete list of folks who have achieved a GTD distance milestone so far in 2009 as well as a list of participants that have achieved a GTD Distance Milestone in the month of May.

In this months “Meet the GTD Swimmer” feature, your GTD pal Greta van Meeteren will introduce you to John Vranesh, Karen Zeliff, Jeff Strahota and Buddy Wolf. I hope you will enjoy their delightful and inspirational stories.

I hope you all have a great time swimming lots of miles in June!

*Your GTD pal,
Mary Sweat
U.S. Masters Swimming Fitness Committee*