

Time Line

This Time Line is **only a guide to swimmers** for use in determining the start of all events. It is the responsibility of all entrants to get to the pool well before their events.

Women Start Times	Event	Men Start Times
Monday, August 9, 2010 (ends at 2:45 pm)		
8:00 am	1-2: 800 Free (Deck Seeded)	9:05 am
10:15 am	3-4: 1500 Free (Deck Seeded)	12:45 pm
Tuesday, August 10, 2010 (ends at 3:15 pm)		
8:00 am	5-6: 400 IM (Deck Seeded)	8:35 am
9:15 am: 30 minute warm up in competition pool		
9:45 am	7-8: 50 Fly	10:00 am
10:20 am	9-10: 200 Free	11:00 am
11:55 am	11-12: 100 Back	12:20 pm
12:50 pm	13-14: 200 Breast	1:35 pm
2:15 pm	15/16: Mixed 200 Medley Relay	NA
2:45 pm	17-18: 200 Free Relay	3:00 pm
Wednesday, August 11, 2010 (ends at 3:30 pm)		
8:00 am	19: Women's 400 Free	NA
9:15 am: 30 minute warm up in competition pool		
9:45 am	21-22: 200 Back	10:30 am
11:15 am	23-24: 50 Free	11:35 am
11:55 am	25-26 100 Breast	12:20 pm
12:45 pm	27-28: 200 IM	1:20 pm
2:15 pm	29-30: 100 Fly	2:40 pm
3:00 pm	31-32: 200 Medley Relay	3:15 pm
Thursday, August 12, 2010 (ends at 1:30 pm)		
NA	34: Men's 400 Free	8:00 am
9:10 am: 30 minute warm up in competition pool		
9:40 am	35/36: 200 Mixed 200 Free Relay	NA
9:55 am	37-38: 50 Breast	10:15 am
10:40 am	39-40: 200 Fly	11:05 am
11:35 am	41-42 50 Back	11:55 am
12:20 pm	43-44: 100 Free	12:55 pm

The Time Line above is provided as a courtesy to all swimmers. It was created using average historical scratch rates, which vary from year to year. Only use this time line as a guide to determine when events **might** begin. It is the responsibility of all entrants to get to the pool well before their events. The meet will not be held up to follow the timeline if we get ahead of schedule.

All swimmers must check in for each deck seeded event by the check-in deadline.