Committee Name:	Long Distance	Session #: 1	Report #:
Committee Chair:	Ali Hall	Vice Chair:	Phyllis Quinn
Minutes recorded by:	Phyllis Quinn	Date/time of meeting:	2/23/2020 8:00 EST

Motions Passed:

1. MSA December 15, 2019 Meeting Minutes.

Number of committee members present: 14	Absent: 3	Number of other delegates present: 2
	Robin Smith, Joanne Wainwright, David Brancamp; Kim Elsbach (Ex-O)	
Committee members present (list all, including chair (Vice President), Alana Aubin, Chuck Beatty, Jim Davi- Rust, Lorena Sims, Bob Singer, Jill Wright. Ex-Officio/	dson, Jenny Hodges, Laurie Hug, S	• • • • • • • • • • • • • • • • • • • •

The meeting was called to order at: 8:00 p.m. EST

- 1. Welcome and roll call. Introduction of 2020 Committee Members.
- 2. Approval of any outstanding meeting minutes Jan 23, 2020. MSA
- 3. Reports from the Chair: Ali reported that Documents requested by Donn were submitted. Vice chair (Phyllis), OWTF report thanks to the National Office from Phyllis and Ali for all the work being done. Jay Eckert then updated the committee on the website update, the Open Water Results database, the benefits to Race Directors for sanctioning and using Club Assistant. The NO has identified multiple events that are not currently sanctioned that could be encouraged to sanction with USMS. The Clubs listed on the Club Finder feature on the website will be encourage to note if they have any open water practices. Swim.com is working to add Open Water and a GPS feature to track open water swims. Vice President (Donn) Donn announced that the Winter Board meeting will be held at next weekend; If the LDC wants to do a workshop at convention, let Donn know by the end of the week. Ali lead a discussion on having a workshop and the committee wants to pursue this idea in conjunction with the OWC.
- **4.** Working groups reports
 - a. Ex-Officio from OWC report. No Report
 - b. 2020 Rules/Legislation –Jim and Alana; Donn, Lorena, Bob S., Robin, Steve; Jim uploaded a draft of the rules and legislation process for 2020 and an electronic copy of Part 3 of the USMS Rulebook to the LDC Forum. He stated that those new to the committee get familiar with this process. Jim instructed all members to review the rules in Part 3 before our next meeting. As the rules are reviewed, think about any changes you would like to propose or any questions or clarifications you may have. Send your feedback to Alana (coachaubin@outlook.com) or Jim (jedavidson98001@yahoo.com). Jim said they have received proposals already but we will start reviewing them at the next meeting. SEE the note at the end of the minutes under Other business for the good of the order.
 - c. PARA Jim and Sarah; Patches & Awards Dave; ePostal Recognitions Catherine; All-Americans (AA) Men Lorena, Chuck; (AA) Women Joanne, Jenny; (AA) Relays Phyllis, Dave; Records Jill, Joanne, All-Stars Laurie, Alana; Postal Series Alana, Laurie; 2019 Long Distance National Championship Individual All Americans, Relay All Americans, All Star, and ePostal Challenge results have been uploaded to the USMS national website.

ePostal Challenge series certificates and patches have been sent out to the recipients as noted via the 2019 ePostal Challenge Series results. Thank you to Dave and Catherine for completing this task. I (Sarah) have been included in discussion regarding designing an updated "ePostal challenge patch" as we will need to be ordering more patches for participants that complete all five ePostals in 2020. Thank you again to all that assisted in compiling results from 2019 and we will start our work for this year with the 2020 U.S. Masters Swimming 1-Hour ePostal National Championship in March.

- d. Club Assistant Robin & Steve; Robin no update-
- e. LD NC Host Tutorial Working Group: Sarah, Robin, Lorena; Sarah no update.
- f. Safety (as needed) David Miner reported that there are 25 sanctioned events for 2020, Two of which are new events.
- g. Documents Bob, lead; & Jim (ePostal Guide Bob & Jill; OW Champs Guide Bob & ____); Bob reported that the documents are ready for review. If you are having problems with dropbox, please let him know and he will send the link. Changes to be submitted before the next meeting, on Feb. 23. If you make a revision, put your initials and the date. Link to be emailed out by Ali and Bob.
- h. LD NC Event Final Evaluation Revision: Catherine, Alana, Bob, Jim; Catherine reported that her team is working on a revision which will include a written evaluation by the host and liaison and some type of indicator as to the success of the event.
- i. 2022 NC Recruitment/Selection Jill, lead; Robin, Matt, Steve, Catherine & Jenny; Jill reported that posting the correct documents to the web site was a real problem. The links for the documents were not for the current year. Please check to see if you see the correct documents when you chick on the links at the bottom of the USMS web site. Jay E stated he will also check this. The 2022 LDNC Bid Form finally went correctly live today and emails were sent out to LMSC OW chairs and LMSC chairs today. Please encourage bidding. The group needs to follow up with last year's bidders who weren't awarded the bid.
- j. Communications Laurie, lead; Chuck, back up; No report
- k. NC Oversight Ali, lead; Phyllis, Jim, Bob, David M; No report -
- 1. Nose to Tail LD NC Working Group: Sarah, Alana, Jim, Bob, Dave, Chuck, Catherine, Jill, Ali No report
- m. Goals Phyllis, lead; Lorena, Robin, Bob, Catherine, Joanne and Chuck. We have several small groups working on improving our documents, the interactions with the race directors, and the review of rules.
 I suggest that I reach out to every individual on the committee to ask how we can be more inclusive and what value

they would like to add to the committee. How is our current structure working or not? So the goal would be to look internally to see how we might change and improve.

internany to see now we might change and improve.

- n. LDNC Award Jill, lead; Laurie, Joanne, Dave, Ali, Jenny; Jill The LDNC Award letter was sent out last week to all LMSC Chairs. We had 3 nominees last year and only one winner. Please encourage those who didn't win to nominate again.2020
- o. Clinic Working Group—Catherine and Steve; Catherine reported that they are set up for OW clinic on Friday, July 17, 2020 at Lakewood HS from 2-4 p.m. in conjunction with the Cleveland 2 mile swim. The contract with the pool has been signed. There will be a pasta dinner following the clinic.
- p. 2020 Convention Presentation Workgroup: Sarah, Dave, Jim and Bob. Sarah mentioned that there was a request to use 2019 Presentation as a topic for OW Peer-to-Peer Conference Call in 2020. There are several ideas for the 2020 Convention Presentation and the workgroup will keep the LDC updated on the progress.

Meeting adjourned at 8:59 p.m.

Below is a list of the 2020 LD NC events and the liaisons assigned.

Each lead liaison will please give a <u>brief written</u> report on the status of their event (sent to the full committee prior to the conference call – THURSDAY at latest for SUNDAY calls). LIAISONS—PLEASE CHECK YOUR EMAIL EARLY AND OFTEN FOR MESSAGES.

2020 Long Distance National Championships:

· USMS Long Distance OWNC

Lake Del Valle, CA (5k)

June 13

o Liaison: Dave Backup: Phyllis

O Registration is open and currently 28 entries for the event are posted. Host is working with USMS and Phyllis on the OVET registration fees. All other duties are on schedule.

USMS Sprint Distance OWNC

Semana Nautica, Santa Barbara, CA (1 mile)

June 20

o Liaison: Robin Backup: Jill

O Draft Event Information Form sent to NO for review. Event Director submitted Sanction Request - review and approval in progress. Confirmed that this event will NOT be dual sanctioned with USA Swimming.

Need clarification that the sequential Open Water Relay being offered on Sunday June 21st is not considered a "National Championship Swim" and falls under Article 302.5, including 302.5.3. Weekend Schedule of Events

Friday, June 19 p.m. - Day 1 LCM Meet (1500m)

Saturday June 20 a.m. - USMS Sprint OWNC (one mile ocean swim)

Saturday, June 20 p.m. - LCM (Half-day schedule of events)

Sun June 21 a.m. - Open Water Relays (details TBD)

- · USMS Middle Distance OWNC
- Brogan OW Classic, Lake Erie, OH(2 miles) July 18
 - o Liaison: Catherine Backup: Steve

Registration opened on February 1. Currently 37 entries for the event. A back up host has been added. Chuck Beatty has done great job in getting tasks completed and everything lined up for a successful event.

Open Water Clinic - July 17 Cleveland - Clinic set for July 17 in conjunction with the Middle Distance OWNC.Registration opened on 2/1/2020 in conjunction with the MD OWNC. Currently 2 swimmers have signed up. The clinic is open to USMS and OEVT swimmers. Plans are to reach out to both masters and tri teams in the area.

- · USMS Ultra Marathon Distance OWNC
- · Lake Mempremagog, VT (10 miles) July 25
 - Liaison: Laurie Back Up: Steve
- All timeline items are on track. There are 30 entries. The price increased from \$225 to \$250 on February 1st.
- USMS Cable OWNC
- Lake Placid, NY (2 miles) August 15
 - o Liaison: Donn Back Up: Bob S.
 - o we have 8 swimmers so far, woohoo!

The next item on list is to begin working on the awards & t-shirt orders.

- USMS Long Distance OWNC
- Lake George, NY (10k) August 22
 - o Liaison: Ali Back Up: Bob S.
 - O Event is open, links posted online, all timeline items in order.
- o OHeP: Tamalpais Masters
- O Liaisons: Sarah Back Up: Lorena As of the time of the meeting 507 entries received. Laurie Hug has a goal of getting 50 swimmers to do the event and she has 48! Emails sent out to remind people this is the last week to swim.
- O Event is currently in progress. Both Sarah and Host Jim have recently logged in to Club Assistant to keep updated on the # of participants entered.
- 5,000m/10,000m: Southern Oregon Masters
- O Liaison: Jim Back Up: Jenny
- 3,000y/6,000y: Palm Beach Masters
- O Liaison: Joanne Back Up: Chuck
- O Host has returned contract and submitted performance bond. Bond to be returned during the week of January 27.

Other business for the good of the order

For the next meeting, all reports should be submitted ahead of time, so the majority of the time can be spent on Rules. Please review the documents posted, if you have any questions, you can email Jim or Alana before the meeting. There are about 20 Housekeeping items, so we should be able to take care of those items quickly.

Next Call: March 29, 2020 8p ET

Projected List of Dates for 2020 LDC Calls:

Jan 26 Feb 23

Mar 29 April 26 May 24 28 Jun 26 July 30 Aug 27 Sept 25 Oct 29 Nov Dec 27

LDC Approximate High-Level Timeline Items by Month: A work in progress

January:

New OWNC season registrations open prepare bid letters and documents initiate work on new goals

February:

send out bid letters and post documents send out award nomination requests begin to consider rules changes

March through May:

consider rules changes begin recruiting bids updates on LD NC events progress

June:

Prepare next year's events finalize rules proposals finalize award nominations finalize bid recruitment thick of the competition season

July:

award working group meets bid selection working group meets

August

finalize all LDC details to prepare for convention

September:

Convention

October-December:

Request to next season's details Conclude remaining event details Open registration for next season's OWNCs that would like Wrap-up year's business