USMS Convention — Anaheim (Garden Grove), California 2013

Committee Name:

Fitness Committee

Session #:

Report #: 2A

Committee Chair:Marcia AnzianoMinutes recorded by:Greta Van eeteren

Vice Chair: Linda Shoenberger Date/time of meeting: 09/12/2013 10:15-11:30

Actions Requiring Approval by the HOD:

1. None

Motions Passed:

1. None

Number of committee members present: 12Absent: 6Number of other delegates present: 44

Committee members present (list all, including chair and vice chair): Linda Shoenberger, Suzi Green, Leslie Scott, Robin Walker, Kenneth Winterberger, Jody Smith, Andrea Block, Pam Dameron, Ali Hall, Michael McDonnell, Greta Van Meeteren, Tricia Wallace

Minutes

The meeting was called to order at 10:15 a.m.

- 1. Committee members introduced themselves.
- 2. Discussion of use of Forums to launch new ideas. Jodi Smith gave background on using the Forums. Discussion ensued regarding reaching out and learning to speak to fitness swimmers.
- 3. There were no bidders for the Check-Off Challenge by meeting time. At the end of the meeting, Susan Ingraham of Masters of South Texas asked if her club could host the 2014 Challenge. We said an enthusiastic YES. We will provide her with instructions.
- 4. There were no nominations for the Fitness Award. Many ideas were discussed about how to recruit nominations. This is an ongoing task of the Fitness Committee.
- 5. Suzi Green agreed to continue doing the monthly articles.
- 6. Ali Hall addressed the Fitness e-blasts. Some people in the audience asked to be included in these Fitness e-blasts and provided email addresses to be included.
- 7. Laura Hamel asked that we inform her of dates and times of the year to push for fitness activities on social media, Streamlines and on the USMS website.
- 8. The Swim Fitness Workout is Friday morning at 6 a.m. at the Janet Evans Pool. Bring your suit.
- 9. The Brown Bag lunch will be held at 1:15 p.m. on Saturday in Salon I. Bring your lunch.

The meeting was adjourned at 11:00 a.m.