

Committee Name:	Coaches Committee: 2024 Annual Meeting		
Committee Chair:	Trey Taylor	Vice Chair:	Molly Hoover
Minutes recorded by:	Jacky Merianos	Meeting date/time:	August 13, 2024 5pm PST

Roll Call

Number of committee members present: 11	Absent: 3	# of other delegates present: 26
Committee members present (list all, including chair and vice chair): Trey Taylor (Chair), Molly Hoover (Vice Chair), Ken Brisbin (VPCS), Bill Brenner (ex-officio), Brandi Bashor, Michael Hamm, Terry Heggy, Cokie Lepinski, Chris McPherson, Jacky Merianos, Aaron Schneider		
Not present: Nadine Ford, Laurie Hug, Celia Wolff		
Others present: Maryanne Barkley, Scott Bay, Chris Campbell, Nicole Christensen, Nadien Day, Sally Dillon, Barbara Dunbar, Fiona Duncan, Marilyn Fink, Donita Flecker, Christina Fox, Doug Garcia, Andrea Hahn-Lawson, Patrick Harrington, Karen Harris, Eric Hektner, Jim Izzi, Cheryl Kupan, Ann Marshfield, James Miller, Paul Morris, Sue Nutty, Barbara Protzman, Robin Smith, Carrie Stolar, Marnie Whitley		

Minutes

The meeting was called to order at 5:02 pm Pacific Standard Time

1. Welcome to the 2024 Coaches Committee Annual Meeting. Thank you, committee members, and welcome guests! (Trey)
2. Sub Committee Reports and Updates

Web Workouts - Molly Hoover

We've had a successful year with our Web Workouts. In total, we hired 7 coaches to write Short Course Yard workouts and 7 coaches to write Long Course Meters workouts. Hiring coaches to write Long Course workouts was a new initiative this year and was well received.

Bill Brenner: Workouts continue to be a well-subscribed feature. No negative feedback has been received.

Worlds/Pan Am's - Cokie Lepinski

The Pan American Aquatics Championships took place in June. Our coach, Bonnie Adams (Arkansas), did a phenomenal job leading our USMS swimmers. We received great feedback regarding her efforts and the positive atmosphere she created for USMS Swimmers.

Bonnie submitted her post-meet report and all trip expenses to the Worlds/Pan Am's sub-committee and to Bill Brenner. Cokie and Jacky to share Bonnie's report and survey feedback with the Coaches Committee.

Education - Terry Heggy

Earlier this year, Bill and Terry met in Tucson to film new content for our coaching certification courses. The material they created will further enrich our current courses!

USMS Coaches certified in 2024 (to-date)

- Level 1 = 188
- Level 2 = 60
- Level 33 = 41
- Clinic for Coaches = 30

NCC - Celia Wolff (report given by Bill Brenner)

As of this evening, 32 coaches have registered coaches for NCC. Early registration deadline is quick approaching: August 15th.

4 out of 5 presenters have confirmed their attendance. Bill is in the process of finalizing the 5th and final presenter.

Question from Terry: Will there be an opportunity for round table discussion at the NCC?

Answer: Yes, there will be!

Awards - Aaron Schneider

Thank you to our committee for their quick work on the selection process. Our sub-committee voted unanimously for the Coach of the Year recipient and for the Kerry O'Brien award recipients. Those selected for these awards have been submitted to the Awards Committee.

The Kerry O'Brien Coaches Awards will be announced during the Annual Meeting - Friday evening during the awards slideshow. Coach of the Year, along with the Ransom J Arthur award, will be presented during Saturday night dinner at the NCC/Relay.

Level 4 - Michael Hamm

The application deadline has closed for 2024. We had one Level 4 applicant come through this year.

Mentoring - Nadine Ford/Chris McPherson

Mentoring for coaches will now fall under the umbrella of the National Office. Our sub-committee will support the National Office as needed.

Question from Jacky: How are we marketing the mentoring program to new coaches?

Answer: Information on the mentoring program, along with other beneficial USMS resources for coaches, are all included in the Level 1 Coaches Certification.

Question from Nicole Christensen (Visitor): How are we marketing to coaches beyond the Level 1 Coaches Certification? (incase someone may have missed it)

Discussion was had on ways we can share information on this program with LMSC leadership/Coaches Chairs so they can may advocate the program on a local level

Peer 2 Peer - Jacky Merianos

The LMSC Development committee has been working on improving our volunteer communication channels and methods. There will be opportunities for our coaches chairs to connect and come together this Fall/Winter.

Webinars are still paused for the time being. The hope is to bring them back in 2025, once better channels of volunteer communication have been implemented. Jacky will continue to keep the coaches committee posted on all that is happening with volunteer communication and webinars.

On Deck Coaching - Celia Wolff (report given by Mike Hamm)

Thank you to *all* of our coaches who have volunteered their time to be an on-deck coach at one of our national meets! We would not be successful without each and everyone of you.

Long Course Nationals is next week. Most of our on-deck coaching spots have been filled or are close tolled, with the exception of Tuesday afternoon 3PM - 5PM. Please spread the word to coaches you know about this vacancy!

Mike Hamm is currently working on "how to" videos for various starting apparatuses (starting wedges and backstroke ledges). These videos are meant to assist competitors and on-deck coaches who may be unfamiliar with how these apparatuses work, as the style/type of apparatus can change from facility to facility.

Publications/Forum - Terry Heggy

Always looking for ideas and articles for Streamline. If you or a fellow coach have a great idea for an article, please reach out to Terry. He is here to assist in any way he can!

LMSC Communication - Molly Hoover

An August email has been sent to Coaches Chairs earlier this month.

Molly received 9 email bounce backs this time around. She is working on troubleshooting this issue and has been in touch with the National Office for assistance (Jessica Reilly). Currently, she does not have contact information for those who have bounced. If you know of a coaches chair that is not receiving Molly's emails, please have them email Molly so she can get them on her list!

3. Liaisons

ALTS - Michael Hamm

There are a handful of ALTS classes happening this fall. The schedule and registration is posted on the USMS website.

USA Swimming's Golden Goggles is 3 months away! USA Swimming will be allocating a portion of the money they raise through their silent auction to USMS Adult Learn to swim grants. We encourage our masters and LMSCs to donate a basket for the auction if possible.

Shoutout to Coaches Committee members Brandi Bashor and Nadine Ford who both lead fantastic ALTS programs! These two coaches go above and beyond with their programming,

and continue to work with swimmers once they've graduated their ALTS programs. 20% of Brandi's ALTS participants have gone on to become masters swimmers within her program.

LMSC Development - Jacky Merianos and Schneider

Jacky: Please see my peer-to-peer report for updates on the LMSC Development Committee. That report covers all of my updates.

Aaron: Things are coming together very nicely for Relay. The LMSC Development Committee is looking forward to a great event!

D&I - Nadine Ford (report presented by Kenny Brisbin)

Big project of the year: encouraging all LMSCs to add a D&I chair. The committee has reached out to all LMSC chairs asking them to consider adding the position to their local boards.

The D&I committee will be hosting a presentation at relay. We highly recommend you consider attending!

Long Distance - Mike Hamm

Participation numbers from our Open Water National Championships

- Sprint Distance (1-Mile) in Stillwater, MN: 167 participants
- Middle distance (2-Mile) in Lake Berryessa, CA: 352 participants
- Long Distance (5K) in Stillwater, MN: 165 participants
- Marathon Swimming (10K) in Lake Del Valle, CA: 28 male and 21 women participants

Participation numbers from our Virtual Swims (formally e-postals)

- Virtual 1-Hour Swim Championships: 450 men and 484 women participants
- Virtual 5K & 10K Championships: in progress. Swims must be completed by Sept 15th
- Virtual 3,000-Yard & 6,000-Yard Championships: happening Sept 15th - Nov 15th

Moment of silence for committee member and beloved USMS Masters Coach Andy Seibt.

Last week, we lost a beloved member and coach of our U.S. Masters Swimming community. Please join us for a moment of silence as we honor Coach Andy and reflect on the tremendous impact he has had on our lives and the lives of his swimmers.

4. Old Business

Trey: Is there any old business that needs to be addressed? (No responses)

5. New Business

Trey: is there any new business that needs to be addresses? (No responses)

This meeting was adjourned at 6:07PM Pacific Standard Time