**Committee Name:** Coaches Committee:

October Meeting

Committee Chair: Trey Taylor Vice Chair: Molly Hoover
Minutes recorded by: Jacky Merianos Meeting date/time: October 8th, 2024

2pm HST

# **Roll Call**

Number of committee members present: 9 Absent: 6 # of other delegates present: 0

Committee members present (list all, including chair and vice chair): Trey Taylor (Chair), Molly Hoover (Vice Chair), Ken Brisbin (VPCS), Brandi Bashor, Michael Hamm, Terry Heggy, Chris McPherson, Jacky Merianos, Aaron Schneider

Not present: Bill Brenner (ex-officio), Scott Bay, Nadine Ford, Laurie Hug, Cokie Lepinski, Celia Wolff,

Others present:

# **Minutes**

The meeting was called to order at 2:05 pm Hawaii Standard Time

- 1. Welcome Coaches!
- 2. Sub Committee Reports and Updates

#### **Web Workouts - Molly Hoover**

Recently reached out to current Web Workout coaches to see if they'd like to continue in 2025. 11 out of the 14 confirmed they'd like to continue. Molly is looking to fill the 3 vacant spots with applicants form last year (2023-2024).

#### Worlds/Pan Am's - Cokie Lepinski & Jacky Merianos

World Aquatics officially announced the dates for the 2025 World Masters Swimming Championships in 2024 (August  $7^{th}$  –  $14^{th}$ ). It does overlap with 2025 USMS Summer Nationals, as it usually does.

Sub-committee plan for 2025: Begin advertising and open applications for Worlds Coach in mid-January. Set application deadline for mid-March. Interview in March/April. Have coach selected by mid-April.

## **Education - Terry Heggy**

Videos for Level 2 have been uploaded – there is a lot of great content! Bill is currently sorting through all the videos.

# NCC - Celia Wolff (report given by Trey Taylor)

As of today (10/8) there are 89 coaches registered for the NCC. All presenters and round table facilitators are confirmed and ready to rock the clinic!

Instead of a keynote speaker, both Relay and the NCC will spend Saturday's lunch hour highlighting their 2024 award winners and will have the award winners speak to attendees. The committee all agreed this is a great way to spend the lunch break.

#### Awards - Aaron Schneider

Thank you to everyone on the committee who helped with awards this year! Kerry O'Brien recipients were announced during the Annual Meeting in September. Coach of the Year will be presented at the NCC during Saturday's lunch.

#### Level 4 - Michael Hamm

Applications are closed for 2024. 2025 applications will be accepted through June 2025. If you know of anyone considering applying to be a Level 4 Coach, this is a great time for them to connect with the coaches committee to have them review their application material. All coaches can email coaches@usms.org for questions on applications.

## Mentoring - Nadine Ford/Chris McPherson

No new updates to report. Reminder: the national office has taken over this initiative. The sub committee will assist on an as-need basis.

# Peer 2 Peer - Jacky Merianos

There will be a push for volunteers to get involved with Peer2peer at Relay this year. Jacky will have an update in November on how many coaches signed up for the 2025 Coaches Peer to Peer group.

## On Deck Coaching - Celia Wolff (report given by Mike Hamm)

Nothing new to report...this is our quiet season.

<u>Question from Mike Hamm</u>: Did national participants find the starting apparatus videos helpful?

<u>Answer from Kenny</u>: Yes, they did!!

A member from another committee brought up the following recommendation: the coaches committee should consider adding a coach to the 30-minute cool down sessions at the end of each day.

The coaches committee believes that our coaches (volunteers) are already stretched thin at National events. We don't think adding a coach to the cool down session is necessary, as there are coaches present at all other warm-up/practice sessions throughout the meet. Swimmers have plenty of opportunities to ask for an on-deck coach's support.

### **Publications/Forum - Terry Heggy**

Nothing new to report on the publications end. There has not been much engagement on the coaches forums in the past year.

## LMSC Communication - Molly Hoover

Been quiet. A few people reached out to Molly, though they were directed to the National office. All inquiries have been answered.

#### 3. Liaisons

#### ALTS - Michael Hamm

We had 3 successful ALTS certification classes in September (HI, MI and CA). We have another ALTS certification class scheduled for Minneapolis this October, and one scheduled in NYC this November.

The committee is considering providing mentoring opportunities to programs/individuals looking to start an ALTS program. They will connect highly successful ALTS programs with those just getting started.

Looking for a few LMSCS to donate basket to the Golden Goggle awards.

## LMSC Development - Aaron Schneider

We're all set for Relay! NCC participants are welcome to drop into any Relay session. We have a lot of great presentations and presenters lined up this year.

# D&I - Nadine Ford (report presented by Kenny Brisbin)

No new updates since our last meeting

## **Long Distance - Mike Hamm**

Last virtual challenge of 2024 in progress (3,000-yd/6,000-yd swim). Swimmers have until November 15<sup>th</sup> to register and complete their swim.

Open Water National Championships have not yet been announced for 2025.

4. **USMS STAFF UPDATE:** All staff in the Sarasota region have been evacuated ahead of hurricane Milton. Our thoughts and prayers are with our staff and their families.

#### 5. Old Business

Coaches Award Bios due at the end of the year (December 2024).

### 6. New Business

Nothing new brought to the table

This meeting was adjourned at 2:54PM Hawaii Standard Time