Committee Name: Coaches Session #: Report #:

Committee Chair: Bob Jennings Vice Chair: Kenny Brisbin

Minutes recorded by: Bob Jennings Date/time of meeting: April 11, 2017 8.02pm

Motions Passed:

Number of committee members present: 7 Absent: 13 Number of other delegates present:

Committee members present (list all, including chair and vice chair): Chair: Bob Jennings (Dixie), Vice Chair: Kenny Brisbin (Southwest), Ex-E.C.: Skip Thompson (Great Lakes), Scott Bay (Dixie), Chris Campbell (Oceana), Erin Matthews (Colonies), Helen Naylor (Dixie),

Not present: Ex-Officio: Bill Brenner, Dave Clark (Great Lakes), Matthew Edde (Northwest), Dean Hawks (Great Lakes), Mark Johnston (Northwest), Andrew Le Vasseur (Breadbasket), Jennifer Masquelier (Colonies), Crystie McGrail (Colonies), Chris McPherson (Dixie), Kerry O'Brien (Oceana), Tim Waud (Northwest), Steve Weatherman (Dixie), Laura Welting (Oceana)

Others present:

Motion:

Minutes

The meeting was called to order at 8:02 p.m. eastern

1. Welcome:

- 2. FINA World Masters Championships –Bob Jennings- Mark Johnson is out of the country leading a Swim Trek Long Distance & Channel Swimming Tour in Spain. He sent a report in his absence. Five individuals have applied for either head coach or assistant coach for the meet in Budapest and five individuals have applied for the assistant coach position. The deadline for applications close April 15 and then the subcommittee will chose the head coach and assistants.
- 3. Services coaches can provide for swimmers that don't compete- Bob Jennings- Make sure all swimmers are treated the same whether they are national champions or fitness swimmers. Scott Bay contributed a list of possible clinics: Swim for Fitness, 1st Time Open Water Swimmers, Novice Triathletes, Becoming Race Ready, Starts & Turns, Stroke Clinic. Kerry O'Brien sent the following suggestions:

Walnut Creek Masters Inter-Squad Challenges

Get A Life Day

Members swim all five practices in one day (about 17,000 - 20,000).

All for a T-shirt

2016: 18 swimmers did all together on the same day

Spousal Relay Challenge

Anytime during the month of February, married couples can to 2 X 100 Free Relay. These are done during a workout.

- We have a Pro-Am Division for couples where both spouses are not registered Masters swimmers

- Age Group Divisions and overall Champions based on closest times to the median times from the previous year's USMS data base.
- 2017: 17 couples participated

West Coast vs East Coast Challenge

For the past 5 seasons, Walnut Creek Masters and Davis Aquatic Masters have teamed up to challenge two teams on the East Coast to see which combination can post the most swims in a pre-determined set of events (EX: 100 - 200 - and 400 I.M.'s or Long Axis) into the USMS top 100 Times for the season. It does not matter whether the ranking is 1st or 91st, it carries the same weight. The losing team one year picks events for the next.

March Madness

As preparation for our final training stages before taper, swimmers commit to setting a yardage goal for the month. Those that meet or exceed their goal go into a raffle drawing for prizes.

Jr. Varsity and Varsity Letter Program

This is a program that rewards meet participation for those interested in earning letter just like in high school and college, which most people who opt in did not have the opportunity to do in those days. It is a self tabulated score sheet for them to track their swim meet places throughout the season. Points are awarded just for entering, with higher point totals for Championship Meets. Jr. Varsity letters can be earned simply by entering enough meets, so you do not need to be fast.

4. Subcommittee and Task Force Reports

Awards – Chris Campbell - Encourages coaches and LMSC's to nominate individuals for the USMS Coach of the Year, Kerry O'Brien Award, and Club of the Year Awards. The deadline is July 1.

Certification. Level 4 Applications and Revising Level Applications – Scott Bay & Chris Campbell – The subcommittee is finishing up evaluating the eight submitted applicants. The list of the coaches that successfully completed the Level 4 process will be announced at Spring Nationals. The subcommittee is making progress cleaning up the language on the Level 4 application.

High Performance Camp –No report –

International Coaches for Budapest – See above

LMSC Communications – Kenny Brisbin- Once the minutes from the Coaches Committee meeting are posted on line, they will be sent to the LMSC Chairs. Tim Waud and Kenny Brisben are working on a questionnaire to be sent out to the LMSC's.

National Coaching Clinic – Helen Naylor – The sub committee is currently looking at locations in the Washington DC/Maryland/Virginia area. Helen has talked to two LMSC chairs about possible locations.

On Deck Coaching - Erin Matthews – The ON Deck Coaching shirts have been taken care for Spring Nationals and will be at the announcer's table. Chris Campbell will supervise the coaches. Erin will send an email reminder to all On Deck coaches.

Open Water – Mark Johnson's report- The Open Water Committee is putting together a sub-committee to assist with developing and promoting open water events. Mark hopes to be on the committee.

Publications – Chris McPherson's report –One of the three articles submitted so far was revised and appeared in Streamlines last month. Coaches were encouraged to submit articles to Chris.

Web Workouts – Erin Matthews – Up and running well. Starting out in May, Erin will be reaching out to coaches looking for new individuals to write workout in 2018.

- 1. Old Business None
- 2. **New Business** Skip Thompson will be talking to the USMS Board of Directors about coaching at the 2018 Pam Am games.
- 3. The meeting was adjourned at 8:32 p.m. eastern