

Committee Name:	Coaches	Session #:	Report #:
Committee Chair:	Scott Bay	Vice Chair:	Stu Kahn
Minutes recorded by:	Cokie Lepinski	Date/time of meeting:	3.13.13 8:00 PM Eastern

Motions Passed:

1. None

Number of committee members present: 11	Absent: 6	Number of other delegates present: 4
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Committee members present (list all, including chair and vice chair): Scott Bay (Chair), Stu Kahn, (VC), Chris Campbell, Michael Collins, Lisa Dahl, Emmett Hines, Heather Howland, Bob Jennings, Cokie Lepinski, Frank Marcinkowski Erin Matthews, Associate Member C.J. Rushman, Ex Officio Jillian Wilkins, Executive Committee Jody Smith, Bill Brenner (Ex Officio).

Not present: Ken Brisbin, Alben Fisher, Jared Foster, Kristin Gary, Kim Lloyd, Tom Mester.

Minutes

The meeting was called to order at 8:02 p.m. eastern

1. Committee Roles Clarification – Scott Bay talked about the need for us on the committee to contribute and that there are lots of ways to do so. We love the ideas, but we also need the “do-ers”. If going to Nationals, you are expected to be on deck working a shift. You are also expected to produce some sort of publication. Could be a tip, drill, favorite workout, etc. At Convention, we are looking for contributions to programs or clinics.
2. Nationals on Deck – Erin Matthews reported the ability to sign up as an On Deck Coach using www.SignUpGenius.com/go/70A0E4EADAB2CAA8-spring. Thursday is the tough day to fill because not all the coaches arrive that day. Sat is popular and Sun is also doing well. If you are on this Committee, and going to Nationals, we need you to sign up!
3. Publications – Cokie needs articles for *Streamlines for Coaches* delivered to her no later than the 10th of each month (a few days earlier is preferred). For the regular *Streamlines* (to the general USMS membership), publications need to be to her no later than the 25th of the month (again a few days earlier). We are in need of articles for both publications from April and beyond. You can submit as simply as an email message or a Word document. She will do the formatting and USMS does final editing.
4. Convention – Scott talked about the upcoming Convention and that we may repeat some of the formulas from last year: workouts (sprint, IM, distance) and clinics – which depends upon lane space. A Starts & Turns clinic was requested. Another request was Nutrition, as well as Common Rx Meds prescribed to older swimmers and the potential impacts. We would partner with Sports Medicine & Science on those. Also, Dryland focusing on exercises you can do at home or at the pool with minimal equipment, and possibly targeting a lunchtime slot as there will be no noon time pool workouts.
5. New Rule possibility on Club Definitions – Stu Kahn talked about the issue of Regional Clubs vs Local Clubs and how that impacts Championships. A full write up on this by Stu is on the Coaches Committee forum on USMS. That write up recommends reviewing the rules and possibly submitting for a change to establish clear cut divisions that might allow for increased team recognition and rivalries. Jody suggested vetting some of the different pieces with the Championship Committee (as more awards

would be needed). The goal of such a change would be to offer 3 Club Scoring divisions and the opportunity to clubs of similar entities to compete only against each other. Scott asked us to read this off line and see what we can do to poke holes or investigate how someone might beat the system Stu proposes.

6. Subcommittee and Task Force Reports

International Coaching - Frank Marcincowski reported on recommendations about the role of preplanning logistics for the 2014 FINA Worlds. Everyone feels it will be easier to manage in Montreal than it was in Italy. Specifically, Frank recommends identifying a main rep and sending that rep up this summer to begin determining logistical issues. Montreal has been very cooperative and eager, and has said they would give our designated coaching staff a feed of sign ups on a weekly basis.

Scott wants the Subcommittee on this to identify a liaison on site in Montreal; recommendation for how many coaches; potential costs; the IT side of things – (how would we funnel information down from Montreal); and other needs.

Michael Collins recommends a surcharge for USMS swimmers to cover some of the coaches expenses. This is done with USA Triathlon when there are World Triathlon events. In the past, the problem is that swimmers register through FINA, not through USMS. Montreal has indicated a willingness to change the logistics so that we could do this.

Frank will write some thoughts down for getting information to Scott for the Coaches Committee forum.

Certification – Bill Brenner, Mel & Scott Bay taught Level 3 to 23 in Houston with Emmett Hines in the class. Also taught to 33 in NYC (1 & 2) and to 13 for Level 3 there. Level 3 coming to Pasadena in a few weeks. The request is in to the IT folks for listing the certified coaches. When it happens, it will be part of the individual's profile and would be searchable. Emmett and Michael suggested at least putting up a PDF file for now and Bill will look into this.

Fitness – No report

Awards – Heather has one nominee for the Kerry O'Brien award (deadline is July 1). None received yet for Coach of The Year (not unusual as they tend to come in when the deadline is looming and the deadline is July 1). Cokie will highlight this and mention it in the email out to the LMSC Coaches Chairs. The web link for information on Awards is under the Volunteers Tab:

http://www.usms.org/admin/awards/?utm_campaign=top_nav&utm_medium=for_volunteers

Publications – Covered in #3 above.

Communications – Cokie – nothing new to report.

High Performance – Cokie – HPC is accepting applications now through May 24th. All information on the Camp is now on the USMS website under the Training tab -

http://www.usms.org/content/highperfcamp?utm_campaign=top_nav&utm_medium=training

Web Workouts – Stu Kahn – no report.

Triathlon / Open Water – No report

Web Content – Scott, nothing new to report

7. **Old Business** - None.

8. **New Business** – No report

The meeting was adjourned at 9:17pm eastern
