

AD HOC COACHES COMMITTEE REPORT - SEPTEMBER 19, 1986

The meeting was opened by chairman Judy Meyer. Committee members present were Jim Montgomery, Steve Schofield, Jim Miller, Chris Georges, and Chris Carey. A discussion was held concerning the lack of a positive image the Masters coaches were portraying to the Masters swimmers and USMS officers and delegates. It is the desire of the coaches that they be recognized as trying to assist and promote programs for masters swimmers involving competitive as well as the non-competitive swimmers. It was noted that very few Masters coaches are employed full-time and the hours committed to workouts and to meets indicate the amount of dedication these coaches must have. The coaches were reminded that their meet conduct, workout conduct, and overall opinions must be expressed in an ethical and professional manner in order to improve the image of Masters coaches.

The biggest project for the Ad Hoc Committee has been to organize twelve different Masters Coaches and Swimmers clinics across the United States. All of these are done on a volunteer basis. The goals are to educate coaches and swimmers interested in developing Masters programs, as well as to reach out to many swimmers who would like to benefit from stroke instruction. These clinics will be reviewed and additions and improvements will be made in 1987. So far, the feed back is very positive. Speedo, McGregor, and the Finals, are sponsoring several of these clinics.

The Coach of the Year award will be presented at the House of Delegates meeting on Saturday, Sept. 20. Next year, recognition will be made at the ASCA Awards luncheon, and possibly Long Course Nationals.

All coaches were encouraged to purchase the Adaptive Aquatics Handbook for \$2.00 from the USMS National Headquarters.

All coaches were encouraged to subscribe to MSI.

The certification of Masters coaches by ASCA will be put into effect in the very near future. The MACA newsletter will contain more information concerning the qualifications and how to apply. There are two levels of certification, basic and advanced.

It was requested that next year a separate session be held in order that masters coaches can discuss specifics concerning masters swimming. Many coaches who attend the convention are not able to attend the ASCA Clinic where these discussions usually take place. This will be looked into for next year's convention.

The Ad Hoc Committee defeated ASCA's offer to award masters coaches an "Award of Excellence" certificate. It was felt that the qualifications and administration of such an award were too complicated at the present time.

The following recommendations were given to the championship committee.

1. A time line is suggested for all national championships.
2. The program for national championships should have the men and women's events on opposing pages.

Recommendations were also given to the rules and regulations committee.

CRITERIA LEVELS OF MASTERS COACHES CERTIFICATION

BASIC LEVEL - COMPLETION OF CPR, BASIC FIRST AID AND COACHING SPECIFIC LIFE SAVING SKILLS COURSES

COMPLETION OF STROKE SCHOOL (WHICH SHALL INCLUDE MASTERS TECHNICAL RULE DIFFERENCES FROM USS RULES - THIS TO BE PART OF ALL COACHES STROKE SCHOOL PROGRAMS - IT WILL NOT EXCEED A FIFTEEN MINUTE ADDITION) OR WAIVER BY MASTERS CERTIFICATION COMMITTEE (AN APPLICATION/APPROVAL PROCESS)

SPECIFIC ADULT ATHLETE AND FITNESS INFORMATION WILL BE DEVELOPED BY A MASTERS SWIMMING INVOLVED GROUP OF PHYSIOLOGISTS, BIOMECHANIC EXPERTS AND COACHES (IE D. COSTILL, K. O'BRIEN, D. COUNCILMAN) OR WAIVER BY MASTERS CERTIFICATION COMMITTEE (A PAMPHLET/TEST PROCESS). THIS IS TO BE PART OF THE ASCA PHYSIOLOGY CERTIFICATION PROGRAM FOR ALL COACHES. ASSIGN EDUCATION UNITS UPON COMPLETION COMPARABLE TO TIME REQUIRED IN PRESENTATION.

ONE YEAR MASTERS COACHING EXPERIENCED REQUIRED (HEAD, ASSISTANT OR INTERN)

ADVANCED LEVEL - ALL OF THE REQUIREMENTS BELOW ABOVE

REFRESHER COURSE FOR CPR, FIRST AID AND COACHING SPECIFIC LIFE SAVING SKILLS NOT TO EXCEED ONE FOUR HOUR SESSION YEARLY

FIVE YEARS MASTERS COACHING EXPERIENCE REQUIRED (HEAD OR ASSISTANT) (EQUATING TO 10 ASCA EXPERIENCE UNITS) OR WAIVER BY MASTERS CERTIFICATION COMMITTEE

40 UNITS EDUCATION (PER CURRENT ASCA CERTIFICATION PROGRAM)