

# SWIMMING ENTRY TIMES

## MEN



	25	30	35	40	45	50	55	60	65	70	75	80	85	90
50 FREE	29.40	30.10	31.10	32.50	33.50	34.80	36.30	38.30	40.80	43.80	49.00	1:02.00	1:12.00	1:22.00
100 FREE	1:03.15	1:04.35	1:05.35	1:07.30	1:10.80	1:14.55	1:17.20	1:22.15	1:28.10	1:37.00	1:48.90	2:00.75	2:22.05	2:58.20
200 FREE	2:20.60	2:24.05	2:26.50	2:31.45	2:36.40	2:45.35	2:59.20	3:09.10	3:23.95	3:42.75	4:07.50	4:25.35	5:06.90	6:16.20
400 FREE	5:01.95	5:09.85	5:17.80	5:26.70	5:39.55	5:46.50	6:06.30	6:38.95	7:10.65	7:55.20	8:34.80	9:44.10	10:53.40	11:52.80
800 FREE	10:38.55	10:43.50	10:59.35	11:08.25	11:33.00	12:12.60	13:02.10	14:01.50	15:00.90	16:30.00	17:59.10	19:38.10	22:16.50	25:44.40
50 BACK	35.10	36.00	37.60	39.30	40.70	42.50	44.50	47.80	50.30	55.00	1:03.30	1:10.00	1:27.00	1:48.00
100 BACK	1:12.75	1:15.75	1:17.60	1:20.20	1:25.15	1:29.10	1:34.05	1:42.95	1:50.90	1:55.55	2:13.65	2:23.55	3:08.10	3:47.70
200 BACK	2:38.40	2:43.35	2:48.30	2:57.20	3:08.10	3:18.00	3:27.90	3:47.70	4:02.55	4:22.35	4:57.00	5:46.50	7:25.50	8:54.60
50 BREAST	37.80	38.80	39.80	40.80	43.00	45.30	47.30	49.50	52.50	56.80	1:03.00	1:14.00	1:43.00	2:11.00
100 BREAST	1:20.20	1:22.35	1:25.95	1:28.10	1:31.10	1:33.05	1:42.95	1:44.95	1:51.85	2:04.75	2:19.60	2:41.35	3:42.75	4:34.25
200 BREAST	2:59.20	3:02.15	3:07.10	3:15.05	3:20.95	3:27.90	3:42.75	3:53.65	4:15.40	4:37.20	5:11.85	5:56.40	7:25.50	8:54.60
50 FLY	32.00	32.40	33.50	35.30	36.50	38.00	39.50	43.30	47.00	52.80	1:04.00	1:29.00	2:06.00	2:44.00
100 FLY	1:08.30	1:09.30	1:11.30	1:15.25	1:18.20	1:21.20	1:30.10	1:39.95	1:51.85	1:58.80	2:35.45	3:08.10	3:57.60	4:47.10
200 FLY	2:46.30	2:47.65	2:51.30	3:00.20	3:08.10	3:23.95	3:42.75	3:55.60	4:27.30	4:57.00	5:41.55	6:36.00	8:24.90	10:23.70
200 IM	2:38.40	2:43.35	2:48.30	2:56.20	3:04.15	3:09.10	3:18.00	3:34.85	3:55.60	4:12.45	4:42.15	5:21.75	6:55.80	8:34.80
400 IM	5:56.40	6:03.35	6:08.30	6:16.20	6:26.10	6:45.90	7:13.60	7:50.25	8:49.65	9:49.05	11:52.80	12:52.20	13:51.60	16:49.80

