

**1994 Long Distance 10K
Postal National Championship
& 5K Swim**

June 15 – September 30, 1994

**Sponsored by: The Berkeley Aquatics Club Masters
Sanctioned by: New Jersey LMSC**

RESULTS

Rec
11/4

1994 United States Masters Swimming 10 Kilometer National Championship

** Denotes Foreign Swimmer

Women 19 - 24			
Record: S Bella Browstein 2:25:23.15 09/30/88			
1 Denise M. Thompson	22 CRAW	2:34:42.44	
2 Jessica K. Hulnik	23 CRAW	2:58:41.39	
3 Monica Perez-Verdia	20 TXAM	3:15:12.99	

Women 25 - 29			
Record: S. Blaha 2:22:40.00 09/30/85			
1 Lynne Lee **	28 ENGL	2:07:52.51	
2 Sandra L. Carosi	28 MICH	2:40:27.80	
3 Tiffany K. Couch	29 OKMS	2:44:22.13	
4 Lisa M. Sartori	29 ARIZ	2:51:42.99	
5 Muriel K. Rabalais	26 CRAW	3:11:11.92	

Women 30 - 34			
Record: Patricia Mattson 2:17:19.08 09/30/85			
1 Linda L. Tucker	34 CRAW	3:04:32.10	
2 Gile Beye	32 CRAW	3:55:47.93	
3 Mary K. Adams	32 CRAW	4:16:36.73	
4 Ellen J. Young	34 CRAW	4:31:50.84	

Women 35 - 39			
Record: Patricia Mattson 2:16:22.59 09/30/88			
1 Leslie J. Henshaw	35 TULS	2:26:50.00	
2 Amy M. Wright	35 CRAW	3:08:11.77	
3 Lucila S. Biles	38 CRAW	3:25:51.21	

Women 40 - 44			
Record: Danielle Ogier 2:22:35.99 09/25/93			
1 Karlene Wise	41 TXAM	2:29:44.99	
2 Lynn M. Rhue	42 RMM	2:50:21.39	

Women 45 - 49			
Record: L.B. Weir 2:47:07.36 09/30/86			
1 May L. Coors	45 SLAM	2:47:19.46	
2 Katherine A. Watson	46 IHAC	3:13:07.02	
3 Diana T. Mahaffey	47 CRAW	3:33:09.63	
4 Donna D. Mascaro	46 CRAW	3:38:40.14	

Women 50 - 54			
Record: Helen Buss 2:47:12.49 06/23/90			
1 Mary O. Anderson	51 MOVY	2:53:10.99	
2 Jennifer A. Parks	50 MICH	3:22:56.08	

Women 55 - 59			
Record: Clarine Anderson 3:12:13.99 09/30/92			
No Entrants			

Women 60 - 64			
Record: Ruth Manfredi 3:58:01.00 09/30/86			
No Entrants			

Women 65 - 69			
Record: Lois K. Nochman 3:38:50.23 07/04/93			
No Entrants			

Women 70 - 74			
Record: Rose Steward 4:54:25.78 09/30/88			
1 Norma Rudolph **	71 QSC	4:13:05.33	

Women 75 - 79			
Record: Ivy Brown 4:19:19.99 09/19/90			
No Entrants			

Men 19 - 24			
Record: Steve Cohen 2:11:58.09 07/04/93			
1 John T. Balhoff	22 CRAW	2:52:39.43	
2 John S. Argraves	20 ARIZ	2:55:07.99	
3 Thomas S. Mann	23 CRAW	2:59:14.02	

Men 25 - 29			
Record: Mike Volk 2:04:50.00 09/30/89			
1 Adam C. Werth	25 CRAW	2:26:49.41	
2 Joseph B. Linebarier	26 ARIZ	2:28:57.99	
3 Joseph M. Lee	29 CRAW	2:42:56.40	
4 Thomas F. Schardt	26 MICH	2:45:29.99	
5 Chris S. Barron	27 CRAW	3:25:50.05	

Men 30 - 34			
Record: Bobby Patten 2:03:08.74 09/25/93			
1 Robert Hudek	32 BLS	2:12:23.02	
2 Skip V. Maselli	31 ARIZ	2:38:00.99	
3 Aaron M. Altura	31 CRAW	2:40:05.89	
4 Robert A. Fredricksen	31 UNAT	2:56:25.31	
5 Gary P. Williams	32 CRAW	2:57:47.47	

Men 35 - 39			
Record: Jim McConica 2:07:09.01 09/30/88			
1 Rob Copeland	37 BACM	2:17:16.76	
2 Wayde E. Mulhern	35 MINN	2:28:11.94	
3 Stephen L. Freeborn	39 PNA	2:41:51.12	
4 Timothy D. Ratchford	37 CRAW	2:43:34.01	
5 Graham Stewart	38 CRAW	2:51:01.87	
6 Rick Bauer	35 CRAW	2:53:55.02	
7 Stanton L. Cadow	38 CRAW	3:24:56.26	
8 Charles Vanderstam **	38 BSM	3:38:00.99	
9 Bill Beard	35 CRAW	3:41:33.76	
10 Jeffrey W. Nelson	39 CRAW	3:46:29.11	

Men 40 - 44			
Record: Keith Bell 2:17:40.29 09/30/89			
1 Robert E. Wright	40 GISA	2:19:51.81	
2 Larry Wood	40 TXAM	2:20:19.02	
3 Stephen Stedry	43 ROSE	2:26:46.07	
4 David Benjamin	44 MSC	2:46:59.34	
5 David Siconolfi	43 BACM	3:05:12.00	
6 John W. Veron	40 CRAW	3:24:09.00	
7 Jose M. Vargas	41 CRAW	4:38:22.82	

1994 United States Masters Swimming 10 Kilometer National Championship

Men 45 - 49
Record: Keith Bell 2:18:54.83 09/29/93

1 Keith F. Bell	46 TXAM	2:22:44.31
2 Louis A. Banks	47 SDSM	2:26:39.99
3 Paul M. Hebert	48 CRAW	2:38:14.17
4 Frank McQuiggan	45 NEM	2:46:27.55
5 Thomas E. Moyer	46 MICH	2:46:34.99
6 Richard Hodge **	45 BSM	2:52:09.99
7 Peter-Michael Magee	47 SPM	2:54:52.99
8 Charles L. Klawitter	48 CRAW	3:46:19.24
9 Erik J. Meyer	48 BOLT	3:50:19.61

Men 50 - 54
Record: Steven Thrasher 2:28:24.08 07/10/93

1 Robert R. Williams III	52 UNAT	2:30:24.89
2 Stephen D. Thrasher	52 PNA	2:32:19.70
3 Phil Hengen	50 SWOM	2:38:45.00
4 Bob Coale	54 ROSE	2:45:29.63
5 Vince Herring	51 MINN	2:49:27.48
6 Bob L. Jones	51 ARIZ	2:55:12.99
7 Donald J. Kroeger	50 MICH	3:09:29.00
8 Wilfred C. Lyon	50 CRAW	4:18:03.03

Men 55 - 59
Record: Charles LeBourgeois 2:39:52.59 08/15/93

1 Peter F. Pleune	59 CRAW	3:32:25.85
2 Bob Knight	57 CRAW	3:34:13.52

Men 60 - 64
Record: Charles LeBourgeois 2:46:19.99 09/20/94

1 Charles LeBourgeois	60 RAM	2:46:19.99
2 George Brunstad	60 CONN	2:50:26.81
3 Buddy Belshe	60 HBSC	2:55:34.26
4 Frank E. Reynolds	62 HBSC	2:59:14.83
5 Clarke E. Mitchell	62 CRAW	3:21:47.65
6 Ned P. Allen	64 SPM	4:17:58.42

Men 65 - 69
Record: A. Darosa 2:58:08.83 09/30/85

1 Robert S. Blake	69 SLM	3:10:57.03
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Men 70 - 74
Record: H. Howe 2:57:58.03 09/30/84

1 James K. Edwards	71 NEM	3:39:33.17
2 Anthony J. Vitale	73 CRAW	4:12:12.41
3 T.R. Johnson	72 NEWP	5:49:27.01

Men 75 - 79
Record: None

1 Harry Redpath **	75 BSM	4:47:22.00
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Men 80 - 84
Record: None

No Entrants

Unofficial Club Scores:	10 K	5 K Combined	
1 CRAW	206	11	217
2 MICH	30	56	86
3 TXAM	37	11	48
4 ARIZ	34	7	41
5 PNA	15	19	34
6 BACM	16	11	27
7 HBSC	13	11	24
8 SLAM	11	11	22
9 MOVY	11	8	19
9 QSC	11	8	19
11 BSM	17		17
12 MINN	13		13
12 ROSE	13		13
14 AHSM		11	11
14 AMS		11	11
14 BLS	11		11
14 BSAM		11	11
14 ENGL	11		11
14 GISA	11		11
14 H2OX		11	11
14 NEM	11		11
14 RAM	11		11
14 SLM	11		11
14 STAN		11	11
14 TULS	11		11
26 CONN	8		8
26 IHAC	8		8
26 JMST		8	8
26 RMM	8		8
26 SDSM	8		8
31 NEWP	7		7
31 OKMS	7		7
31 SPM	7		7
31 SWOM	7		7
35 ANCM		6	6
35 MSC	6		6
37 BOLT	1		1

For information regarding the 1995 10K Championship

Please address inquiries to:

Hugh Moore
1867 58th Street NE
Tacoma, WA USA 98422
(206) 925-0803

1994 United States Masters Swimming

5 Kilometer Swim Results

** Denotes Foreign Swimmer

Women 19 - 24
Record: Cindy Lampman 1:16:57.19 08/24/91
 Emily J. Drath 24 AHSM 1:25:15.99

Women 25 - 29
Record: Donna L. Newmann 1:15:24.08 9/04/93
 No Entrants

Women 30 - 34
Record: Leslie L. Cooper 1:10:25.46 05/15/93
 Carol A. Bossert-Hartman 33 UNAT 1:21:07.99

Women 35 - 39
Record: Barbara Lancaster 1:26:45.14 09/15/91
 No Entrants

Women 40 - 44
Record: Pam J. Geiger 1:23:26.99 09/05/93
 Judy M. Lee 44 BACM 1:30:30.99
 Jane A. Moore 43 PNA 1:45:13.15

Women 45 - 49
Record: May L. Coors 1:23:40.62 09/10/94
 May L. Coors 45 SLAM 1:23:40.62

Women 50 - 54
Record: Sarah L. Brouger 1:20:18.99 06/19/93
 Fredericka Rapp 50 MICH 1:44:06.29

Women 55 - 59
Record: Claudia Fodor 1:50:49.15 08/24/93
 Joan A. Joesting-Mahoney 56 BSAM 2:31:36.99

Women 60 - 64
Record: Doris Peters 2:15:19.99 09/30/90
 No Entrants

Women 65 - 69
Record: Lois K. Nochman 1:49:11.68 07/24/94
 Lois K. Nochman 69 MICH 1:49:11.68

Women 70 - 74 *xx*
Record: Norma Rudolph 1:56:21.55 07/19/93
 No Entrants

Women 75 - 79
Record: None

Men 19 - 24
Record: None
 No Entrants

Men 25 - 29
Record: Vladimir Fordor 59:33.37 08/24/93**
 Bruce E. Smith 26 STAN 1:14:32.00
 Thomas F. Schardt 26 MICH 1:18:38.99

Men 30 - 34
Record: David Cramer 1:20:05.81 08/24/91
 No Entrants

Men 35 - 39
Record: Mark Hahn 1:08:40.30 09/24/94
 Mark Hahn 37 H2OX 1:08:40.30

Men 40 - 44
Record: Peter Emery 1:09:57.64 09/22/91
 Hugh C. Moore 40 PNA 1:21:23.99
 Allen F. Kossoy 41 MOVY 1:43:17.91

Men 45 - 49
Record: Keith F. Bell 1:06:54.01 09/24/94
 Keith F. Bell 46 TXAM 1:06:54.01
 Peter Emery** 45 QSC 1:08:26.83
 Thomas E. Moyer 46 MICH 1:22:38.99
 Alan N. Pollin 47 ANCM 1:26:25.99

Men 50 - 54
Record: Donald J. Kroeger 1:26:46.00 07/17/94
 Donald J. Kroeger 50 MICH 1:26:46.00
 Michael Goldfield 51 MICH 1:32:27.00
 Richard A. Civiok 51 ARIZ 1:45:05.99

Men 55 - 59
Record: Buddy G. Belshe 1:25:17.70 07/03/93
 No Entrants

Men 60 - 64
Record: Stan Jacobs 1:25:26.72 05/08/93**
 Frank E. Reynolds 62 HBSC 1:28:16.58
 Paul J. Kiell 63 JMST 1:44:52.68

Men 65 - 69
Record: Stan Jacobs 1:27:52.00 09/12/93**
 No Entrants

Men 70 - 74
Record: Anthony J. Vitale 1:59:10.50 09/24/94
 Anthony J. Vitale 73 CRAW 1:59:10.50

Men 75 - 79
Record: Russell Dunn 1:49:25.92 09/24/94**
 Russell Dunn** 77 AMS 1:49:25.92

'92 M Collins 1:04:54.20

J. Bazzell 2:27:21.99

'91 J. Johnston 1:55:02.71

1994 10K TEAM LISTING

		MEN		WOMEN		TOTAL
		5K	10K	5K	10K	
AHSM	Alpine Hills Swimming Masters			1		1
AMS	Aussi Masters Swimming	1				1
ANCM	Montgomery Ancient Mariners	1				1
ARIZ	Arizona Masters	1	4		1	6
BACM	Berkeley Aquatic Club Masters		2	1		3
BLS	Baylor/Lone Star Masters		1			1
BOLT	Bolts Ultraport Masters		1			1
BSAM	Brevard Swimming Assoc. Masters			1		1
BSM	Brisbane Southside Masters		3			3
CONN	Connecticut Masters Swim Team		1			1
CRAW	Crawfish Masters	1	22		11	33
ENGL	City of Sheffield				1	1
GISA	Greater Indiana Masters Swimming Assoc.		1			1
H2OX	Houston Swimming	1				1
HBSC	Huntington Beach Swim Club	1	2			2
IHAC	Industry Hills Masters Swim				1	1
JMST	Jersey Masters Swim Team	1				1
MICH	Michigan Masters	4	3	2	2	8
MINN	Minnesota Masters Swim Club		2			2
MOVY	Missouri Valley	1			1	2
MSC	Montclair Swim Club		1			1
NEM	New England Masters Swim Club		2			2
NEWP	Newport Beach Masters Swimmers		1			1
OKMS	Oklahoma Masters Swim Club				1	1
PNA	Pacific Northwest Aquatics	1	2	1		4
QSC	Queensland Sunshine Coast	1			1	2
RAM	Raleigh Area Masters		1			1
RMM	Rocky Mountain Masters				1	1
ROSE	Rose Bowl Masters		2			2
SDSM	San Diego Swim Masters		1			1
SLAM	San Luis Aquatic Masters			1	1	1
SLM	St. Louis Masters		1			1
SPM	St. Pete Masters, Inc.		2			2
STAN	Stanford Masters	1				1
SWOM	Southwest Ohio Masters		1			1
TULS	Tulsa Masters Swim Club				1	1
TXAM	Texas Aquatics Masters	1	2		2	4
UNAT	Unattached		2	1		3
TOTAL		16	60	8	24	

1994 United States Masters Swimming

Long Distance 10K National Championship & 5K Swim

Sponsored by The Berkeley Aquatics Club Masters. Sanctioned by New Jersey LMSC for USMS, Inc. Sanction Number NJ94-06

EVENT: The 10 Kilometer is The USMS National Championship. The 5 Kilometer Swim is a non-championship event.

LOCATION: Any 50 Meter pool on the planet Earth.

DATES: The swim must be completed between June 15 and September 30. Entries must be received by the meet director by October 20.

ELIGIBILITY: Open to all USMS members, with valid registration. A photocopy of your 1994 USMS card must be sent with your entry. Foreign swimmers nineteen years of age and older are invited to participate. Proof of Masters membership is required. Your age group is determined by the date of your swim. Swimmers who change age groups during the event period may swim and enter in each age group.

AGE GROUPS: Female and Male in five year age groups 19-24, 25-29, etc. to 95+.

AWARDS: USMS Long Distance National Championship medals will be awarded to the top three finishers in each category for the 10K Championship. Championship patches will be awarded to each age group winners.

SCORING: Unofficial club scoring will be tabulated based on the top ten finishers in each age group. Scores will be kept for the 10K, 5K and combined.

RULES: The 1994 USMS Rules for Long Distance Swimming govern this event. These include: 1) NO Drafting, 2 or more swimmers in one lane must maintain at least 10 Meters of separation, except while passing; 2) 1 or more adults must be present for the entire swim in the capacity of starter/ head timer/ referee; 3) an individual lap counter/timer/witness must record cumulative splits every 100 meters, on the split sheet on the entry form; 4) any swim entry which would establish a new USMS 10K record must include an "Application for USMS Long Distance Record" the form can be found in the USMS 1994 Rule Book, Appendix B. The 10K swim is 200 lengths of a 50 Meter pool. The 5K swim is 100 lengths of a 50 meter pool. We suggest that 2 watches with fresh batteries be used to insure that an official swim can be recorded, to the nearest hundredth of a second.

FEES: The entry fee for the 5K or 10K is \$8.00 (US Dollars). Do not send cash. Make checks payable to "New Jersey LMSC". Foreign entrants, please submit in USA Funds via international money order or bank check drawn on a bank with a USA affiliate.

RESULTS: Results will be distributed to all participants.

T-SHIRTS: Commemorative T-Shirts can be purchased for \$12 (US Dollars), please indicate size. For non-US delivery include \$2.00 for foreign postage.

**United States
Masters
Swimming**

**5 K & 10 K Postal Swim
1994 Long Distance National Championship**



Name: _____ Sex: _____ Age: _____
 Address: _____ Phone: (____) _____
 City: _____ State: _____ Country: _____ Zip: _____
 USMS #: _____ Club: _____ Birth Date: ____/____/____

Entries must be received by the meet director by October 20.

LIABILITY RELEASE:

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITY INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGE INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEE, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

SIGNATURE: _____ DATE: _____

Split Sheet

100	2100	4100	6100	8100
200	2200	4200	6200	8200
300	2300	4300	6300	8300
400	2400	4400	6400	8400
500	2500	4500	6500	8500
600	2600	4600	6600	8600
700	2700	4700	6700	8700
800	2800	4800	6800	8800
900	2900	4900	6900	8900
1000	3000	5000	7000	9000
1100	3100	5100	7100	9100
1200	3200	5200	7200	9200
1300	3300	5300	7300	9300
1400	3400	5400	7400	9400
1500	3500	5500	7500	9500
1600	3600	5600	7600	9600
1700	3700	5700	7700	9700
1800	3800	5800	7800	9800
1900	3900	5900	7900	9900
2000	4000	6000	8000	10000

Official Time: ____:____:____.

We certify that on ____/____/____ (date) the entrant completed the 10K___/5K___ (check only one event), in the official time recorded above.

Signature of Swimmer (Required) _____

Signature of Verifier (Required) _____

Mail completed & signed entry form, check for fees (Entry, T-Shirt & Foreign postage) payable to New Jersey LMSC, copy of your 1994 registration card, OPTIONAL self-addressed stamped postcard for entry receipt verification; to

Cathy Copeland
 246 Berger Street
 Somerset, NJ 08873
 USA

FEES: Entry Fee (\$8.00 USA) \$8.00
 T-Shirts \$12.00 each-Sizes S__ M__ L__ XL__
 Foreign T-Shirt Postage \$2.00
 TOTAL payable to New Jersey LMSC _____