1992 Long Distance

10K National Postal Championship & 5K Postal Swim

May 15 – September 30, 1992

Sponsored by: Davis Aquatic Masters

RESULTS

Dear 5 & 10 K Postal Swim Entrant,

Thanks for participating in this year's event. Enclosed are the results for both the 5 & 10 K, and your t-shirt (if you paid for one), and any medal you may have earned.

Several impressive results were achieved in 1992:

Statistics

Total participants: 108

10K 70 (Women-22, Men-48) Records: 5 (3 women, 2 men) 5K 38(Women-20, Men-18) Records: 14(Women-7, Men-7)

Congratulations to all who set records! Most impressive swim(s) was probably Penny Bond from Australia who broke records in TWO age groups and went faster than any women, EVER (2:11:20.38)! Special congratulations to Scott Rabalais, coach of the Crawfish Masters, and his team – they had 19 people to do the 10K – ranging from 21 to 71!

Special notes for future competitors. Splits should be written on the sheet provided with the entry form and should be cumulative splits (total time up to that point) not lap splits (each 100).

Next year's event will once again be run by Leo Letendre and St. Louis Masters. An entry form is enclosed, or you can contact Leo Letendre, 267 Glendore Dr. Manchester, MO 63021 Ph. (314)394-6395, for more info.

Thanks Again,

Michael Collins 1992 Meet Director

USMS Postal 10K National Championships Results

Men 19-24		6. Brian Trewathan 47 QSM	3:55:20.99*
USMS Record: Michael Collins90	2:15:24.99	7. Dennis Summers 47 CRAW	4:16:40.45
 Todd Gerlach 24 TXA 	2:17:18.01		
2. Jason Chanslor 21 CRAW	3:51:08.71	Men 50-54	
		USMS Record: B. Jones 85	2:31:06.00
Men 25-29		1. Steven Thrasher 50 PNA	2:34:22.56
USMS Record: Mike Volk 89	2:04:50.00	2. Kent Price 54 STAN	2:42:36.10
1. Chuck Wiley 28 TXA	2:05:27.68	3. Bob Coale 52 ROSE	2:44:11.42
2. Charles Bombut 28 CRAW	4:01:43.64	4. Ben Wisckol 52 STAN	2:44:30:38
Men 30-34		Men 55-59	
USMS Record: S. Breiter 87	2:08:13.89	USMS Record: Bob Beach 85	2:44:46.26
 Tom Monica 34 STAN 	2:27:58.99	1. Buddy Belshe 58 HBSC	2:54:28:99
Wayde Mulhern 33 MINN	2:33:35.42	2. Elvin T. Choong 59 CRAW	3:59:41.59
3. Sam Streeter 30 CRAW	3:20:27.23	Č	
4. Gregory Moncada 31 CRAW	3:47:11.31	Men 60-64	
		USMS Record: N. M. Berenyi 92	2:56:16.61
Men 35-39		1. Nicholas M. Berenyi60 PALM	2:56:16.51
USMS Record: Jim McConica 88	2:07:09.01	2. Frank Reynolds 60 HBSC	2:58:33.03
1. Larry Wood 38 TXA	2:19:06.04	3. Ned Allen 62 SPM	3:53:13.66
2. Robert Wright 37 GISA	2:22:09.91	3. 1.00 111011	3.55.15.00
3. Stewart Graham 36 CRAW	2:48:17.10	Man 65 60	
4. David Tuffley 35 QSM	3:17:27.99*	Men 65-69	2.50.00.02
5. Walter Moore 38 STAN	3:31:51.04	USMS Record: Aldo DeRosa 85	2:58:08.83
6. Jeff Nelson 37 CRAW	3:38:18.44	1. Royce Jackson 67 QSM	3:20:38.86*
7. Garry Holt 39 QSM	3:46:01.99*	2. Robert Blake 67 SLM	3:26:55.24
8. Artur D'Andrea 38 CRAW	3:46:25.38		
Allen Kosvoy 39 MOVY	4:11:18.99	Men 70-74	
		USMS Record: H. Howe 8 4	2:57:58.03
Men 40-44		1. Anthony Vitale 71 CRAW	4:37:04.71
USMS Record: Keith Bell 89	2:17:40.29	2. Harry Redpath 73 QSM	4:39:50.85*
1. David Owen 40 GOLD	2:25:40.99	3. T.R. Johnson 70 NEWP	5:53:55.99
2. Kieth Bell 44 UN	2:28:27.31		
3. Dave Tanner 42 GIMSA	2:29:37.04	Men 75-79	
4. Paul Daniels 42 CRAW	2:29:49.11	USMS Record: None	
5. Stephen Stedry 41 ROSE	2:37:37.99	Open Record: Russell Dunn 92	3:29:12.19
6. Craig Mather 40 OREG	2:47:30.99	 Russell Dunn 75 QSM 	3:39:12.19*
7. Charles Lunsford 41 CRAW	3:12:12.27		
8. Jim Edwards 40 MISV	3:30:21.99	* Denotes foreign swimmer	
9. Myron "Mike" Walker41 CRAW	3:55:13.11	Zeneses rereign smmc	
Men 45-49			
USMS Record: Andy McPherson 92	2:26:15.99		
1. Andy McPherson 45 DAM	2:26:15.99		
Vince Herring 49 MMSC	2:38:57.84		
 Mike Harris 45 HOST 	2:39:36.56		
4. Dan Gray 46 OREG	2:45.57.99		
5. Richard Doerr 49 TULS	3:10:03.99		

1992 USMS Postal 10K National Championships Results

Women 19-24				
USMS Record: S. Bella Brownstein88	2:25:23.15	Women 60-64		
1. Denise Thompson 20 CRAW	2:53:13.99	USMS Record: Ruth Manfredi	86	3:58:01.00
•		No entries		
Women 25-29				
USMS Record: Sharon Blaha 85	2:22:40.00	Women 65-69		
Open Record: Penny Bond 92	2:15:53.92*	USMS Record: Ruth Manfredi	89	3:58:55.00
1. Penny Bond 29 TVM	2:15:53.92*	No entries		
2. Christine Chichester29 DAM	2:26:15.99			
3. Christine Winn 26 DAM	2:42:03.99	Women 70-74		
4. Tiffany Couch 27 UNA	2:49:06.04	USMS Record: Rose Steward	8 8	4:54:25.78
		No entries		
Women 30-34				
USMS Record: Patricia Mattson 85	2:17:19.08	Women 75-79		
Open Record: Penny Bond 92	2:11:20.38*	USMS Record: Ivy Brown	90	4:19:19.99
 Penny Bond 30 TVM 	2:11:20.38*	No entries	-	
Leslie Cooper 32 SLM	2:22:22.75			
3. Leslie Henshaw 32 TULS	2:27:58.98			
Margaret Oettinger32 WAEM	2:48:11.90	* denotes foreign swimi	ner	
Kathy Keffer-Sharpe33 OKMSC	3:00:15.82			
6. Angela Tuffley 34 QSM	3:53:40.64*			
Women 35-39				
USMS Record: Patricia Mattson 88	2:16:22.59			
 Sharon E. Mayo 35 MOVY 	2:48:31.99			
2. Pam Geiger 39 SPM	2:50:21.31			
3. Mary P. Speyrer 37 CRAW				
4. Patricia Smith 39 CRAW	3:41:49.18			
5. Janet Koehnke 38 CRAW	3:59:44.26			

Women 40-44				
USMS Record:Danielle Ogier-Pollard				
1. Danielle Ogier-Pollard40 DADS				
2. Sherry Kittrell 40 PCA	2:32:23.52			
3. Christy Liffmann 44 CRAW	4:41:10.55			
4. Robbie McHardy 40 CRAW	4:42:55.21			
W 45 40				
Women 45-49				
USMS Record: L. B. Weir 86	2:47:07.36			
No entries				
Women 50.54				
Women 50-54	2.47.12.40			
USMS Record: Helen Buss 90				
1. Mary Anderson 50 MVM	2:51:14.99			
Women 55-59				
USMS Record: Clarine Anderson92	3:20:47.99			
1 Clarina Andrean 57 I AM	2.12.12.00*	- 1		

1. Clarine Anderson 57 LAM 3:12:13.99* New Record

1992 USMS Postal 5K Results

Women 19-24			Men 25-29
Record: Cindy Lampma	an 9.1	1:16:57.19	Record: Michael Collins 92 1:04:54.20
1. Suzanne Stuckwisch		1:45:59.99	1. Michael Collins 26 DAM 1:04:54.20
			2. Michael Caywood 28 TXA 1:11:03.99
Women 25-29			3. Kevin Bragg 28 EMP 1:35:01:99
Record: Cindy Eckenro	ode 91	1:18:11.44	
No Swimmers Entered			Men 30-34
			Record: David Cramer 91 1:20:05.81
Women 30-34			1. Ian Wakeling 32 QSM 1:39:57.99*
Record: Susan Richmo	ond 92	1:21:04.45	11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
1. Susan Richmond	31 SLM	1:21:04.45	Men 35-39
2. Nancy Richards	30 QSM	1:23:16.31*	Record: Greg Johnson 92 1:07:58.89
3. Debbie Boothroyd		1:32:44.06*	1. Greg Johnson 35 DAM 1:07:58.89
4. Pat Precin	33 TNYA	1:37:51.99	2. Mark Hahn 35 DADS 1:09:03.15
5. Angela Tuffley	34 QSM	1:56:53.00*	3. Steven Ashley 36 WMAC 1:28:00.99
,			4. David Farrell 37 WMAC 1:33:45.99
Women 35-39			5. David Tuffley 36 QSM 1:39:49.00*
Record: Pam Geiger	92	1:19:48.99	6. Dennis Crawley 39 QSM 1:56:58.99*
1. Pam Geiger	39 SPM	1:19:48.99	7. Manuel Panaretos 39 QSM 2:09:16.00
2. Marie K. Cattie	35 VMST	1:25:10.99	
3. Janet Cobb	39 AQT	2:24:41.99	Men 40-44
4. June Mather	39 OREG	3:02:31.99	Record: Peter Emery 91 1:09:57.64
4. Sue Smith	39 OREG	3:02:31.99	1. Bruce Day 42 SPM 1:40:11.14
Women 40-44			Men 45-49
Record: Pam Olson	90	1:32:49.99	Record: Timothy McCreighton 92 1:16:32.36
1. Deb Raboin	41 WIM	1:36:39.95	1. Timothy McCreighton 45 SLM1:16:32.36
2. Helen Smith	44 QSM	1:42:46.00*	
3. Barbara Prescott	42 SPM	1:43:43.91	Men 50-54
Mary Conway	41 SPM	1:43:52.48	Record: Geoff Robinson 92 1:29:34.00*
			1. Geoff Robinson 52 MCKY 1:29:34.00*
Women 45-49			
Record: Gloria Auth	92	1:49:09.44	Men 55-59
1. Gloria Auth	49 OKMS	1:49:09.44	Record: Buddy Belshe 92 1:26:40.99
			1. Buddy Belshe 58 HBSC 1:26:40.99
Women 50-54			
Record: Jayne Lambke			Men 60-64
 Jayne Lambke 	53 SPM	1:23:30.99	Record: Frank Reynolds 92 1:28:16.08
			1. Frank Reynolds 60 HBSC 1:28:16.08
Women 55-59			2. George Maina 63 QSM 1:41:43.01*
Record: Beverley Tuck			
1. Beverley Tucker	57 SPM	1:54:35.99	Men 65-69
			Record: Jim Bozzell 90 2:27:20.99
Women 60-64			No Swimmers Entered
Record: Doris Peters	90	2:15:19.99	
No Swimmers Entered			Men 70-74
***			Record: Harry Redpath 92 2:04.51.99*
Women 65-69			1. Harry Redpath 73 QSM 2:04.51.99*
Record: Alison Worral		2:18:10.65*	
 Alison Worrall 	69 QSM	2:18:10.65*	Men 75-79
			Record: John Johnston 91 1:55:08.71
Women 70-74			No Swimmers Entered
Record: Marion Chady		2:21:56.74	
1. Marion Chadwick	70 PNA	2:21:56.74	* Denotes foreign swimmer

1992 USMS 10K National Championships & 5 K Postal Swim

Sponsored by Davis Aquatic Masters

LOCATION: Any 50 meter pool.

WHEN: Any time between May 15, 1992 and September 30, 1992.

RULES: 1992 USMS Long Distance Swimming Rules will govern the event. The 10K is 200 lengths of a 50 meter pool, and the 5K is 100 lengths. A starter/referee must be present, and a timer/lap counter to write splits every 100 meters and the final time (split sheet is provided). For the sake of the swimmer please use more than one watch in case of error. The participant's and counter's signatures are required on the entry form. Please record time to the the hundredth of a second.

ELIGIBILITY: All 1992 USMS registered swimmers are eligible. A photocopy of your USMS card is required with your entry. Foreign swimmers are also invited to participate. Similar proof of membership is required. The swimmer's age is determined by the date on the swim. Swimmers who change age groups during the event period may enter in both age groups, but they must swim it once in each age group. Standard USMS Age groups will be used (19-24, 25-29, 30-34,...).

AWARDS: For the Championship 10K event, medals will be given for first, second, and third place in each age group. A Championship patch will be given to the winner in each age group. The top USMS finisher in each age group will become the 10K All-American.

SCORING: An unofficial club championship score will be tabulated based upon scoring the top 6 places in each age group.

ENTRY FEES: The entry fee for the 10K swim is \$6.00. The 5K swim is \$4.00. Do not send cash. Foreign entrants please submit US funds via international money order or bank check drawn on a bank with a US affiliate.

T-SHIRT: 1992 USMS Postal 10K Championship T-shirts are available for \$12. Foreign entrants please include \$2.00 postage for each shirt.

Make checks payable: Davis Aquatic Masters

and mail to: P.O. Box 921

Davis, CA 95617

DUE DATE: Entries must be received by October, 15 1992

MEET INFORMATION

Contact Michael Collins (916) 758-7212 or Barb Paulson (916) 756-4234

10K & 5K OFFICIAL ENTRY FORM

Last Name	First I	Date of Birth Age	Sex: Male Female
Street Address	City	Zi	p Code .
Country (if not USA)	Telephone (include area co	10K 5K de) Distance	S M L XL T-Shirt size
Time	USMS Club Name	1992 USMS Re	. *
	t submit a copy of check in order to		n card and a split sheet
	S	PLIT SHEET	
100	2600	5100	7600
200	2700	5200	7700
300		5300	7800
		7 4 0 0	7800
400			7900
500	3000	5500	8000
600	3100	5600	8100
700	3200	5700	8200
800	3300	5800	8300
900	3400	5900	8400
1000	3500	6000	8500
1100	3600	6100	8600
1200	3700	6200	8700
1300	3800	6300	8800
1400	3900	6400	8900
1500	4000	<	9000
1600			9100
1 7 0 0	4000		0200
1000			9200
1800	4300	6800	9300
1900	4400	6900	9400
2000	4500	7000	9500
2100	4600	7100	9600
2200	4700	7200	9700
2300	4800	7300	9800
2400	4900	7400	9900
2500	5000	7500	10000
otherwise informed by a and competition) including any and all rights to claim activities incident there to clubs, host facilities, me	physician. I acknowledge that ig possible permanent disabilities for loss or damages arisin o against United States Maste et sponsors, meet committees, of my participation in Masters	I am aware of all the risks in y or death, and agree to assum g out of my participation in the rs Swimming, Inc., the Local M or any individuals officiating	physically fit and have not been herent in Masters Swimming (training e all of those risks. I hereby waive Masters Swimming program or any fasters Swimming Committees, the at the meets or supervising such abide by and be governed by the
	of Swimmer	Signature of Count	er