

1990 USMS National Championship

5 Mile “ROUGH WATER” SWIM

8th Annual Around The Lighthouse Swim

Saturday August 11, 1990

Cabrillo Beach, San Pedro, California

**Sponsored by Cabrillo Beach Polar Bears
Sanctioned by Southern Pacific Masters Association**

RESULTS

CABRILLO BEACH POLAR BEARS
 8TH ANNUAL 5 MILE ROUGH WATER AROUND THE LIGHT HOUSE SWIM
 LONG DISTANCE "NATIONAL" SWIMMING CHAMPIONSHIP

8:00 AM AUGUST 11th, 1990

MEET DIRECTOR: RAY FALK

CO-DIRECTOR: PETER GOEMANS

PLACE	SEX	SPMA NO.	NAME	AGE	TIME
AG	DA		AGE GROUP		
			<u>20-24</u> ?		
1	14	F	REGIS CALTECH	KWDH, MARY 23	1:47:23:18
			25-29		
1	1	M	330-03824	ROND, GRAIG 25	1:29:20:88
2	2	M	<u>330-24412</u> NEW REGIS	LORDI, JOHN 25	1:32:13:11
3	10	M	330-04686	GONZALES, ROBERT 27	1:43:32:02
4	17	M	330-04957	CUSNER, CHRIS 25	1:50:35:97
5	-	M	40-0099	SHAHAZARIAN, RAGER 29	D.N.F.
			30-34		
1	11	✓ F	330-05076	DURSTHOFF, PEGGY LYNN 30	1:43:32:93
1	3	M	330-04894	BARTLETT, DAN 33	1:35:48:01
2	4	M	330-03716	ANGRESS, DAN 33	1:35:56:48
3	6-7	M	440-0324	RUCKER, DARREL 31	1:39:31:60
4	13	M	330-0405	BERG, LEE 30	1:47:01:95
5	15	M	330-04058	GULLEY, JOE 34	1:47:54:74
6	19-20	M	NEW REGIS	O'DONNELL, MICHAEL 31	1:53:27:63
7	22	M	330-05372	RALLINGS, TONY 31	1:58:35:73
8	25	M	440-0115	MAJETTE, MARK 33	2:05:49:49
9	28	M	330-0520	WATKINS, KEVIN 33	2:12:33:46
10	29	M	440-0329	ROYCE, STEVE 33	2:13:36:74
11	37	M	NEW REGIS	OLSON, RICK 33	3:28:37:80
12	38	M	NEW REGIS	ENRIQUEZ, ERNEST JOHN 31	3:30:03:19

35-39

1	6-7	M	330-3586	GUISCARDO, MARCELO	39	1:39:31:50
2	8	M	440-00703	TYSICK, GRAHAM AMOS	37	1:42:13:56
3	9	M	NEW REGIS	SHAADT, MIKE	36	1:43:10:12
4	19-20	M	NEW REGIS	MIRICH, PETE	38	1:53:27:63
5	21	M	440-0185	NIDZIEKO, WALLY	39	1:57:13:70
6	26	M	440-00864	DUPONT, ANTHONY C.	37	2:11:30:45
7	27	M	NEW REGIS	POSSON, DAN	35	2:12:16:86
8	-	M	330-04341	LAURANCE, CHRISTOPHER	38	D.N.F.

40-44

1	5	M	330-03724	BELL, KEITH	42	1:37:06:45
2	16	M	330-03317	MC NULTY, DENNY	44	1:48:26:37
3	18	M	330-04129	DRAKE, PRESTON	42	1:51:58:45
4	23	M	440-00716	KNEPPER, RICK	41	2:03:31:04
5	-	M	330-3495	SHAIMAN, ED	41	D.N.F.

45-49

1	35	M	330-02075	GUINN, TOM	49	3:08:57:70
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50-54

1	12	M	330-00489	PRICE, KENT	52	1:46:49:95
2	30	M	330-04706	LIMBRECHT, BILL	50	2:19:00:74

55-59

1	33	F	440-00001	PIPES, ADRIENNE	56	2:30:29:02
1	24	M	330-03711	REYNOLDS, FRANK	58	2:04:51:80
2	31	M	440-00202	LAMDTT, DAVID W.	55	2:21:34:55
3	36	M	330-03974	GOEMANS, PETER	56	3:16:16:89

60-64

1	32	M	440-0483	SCHMACHER, BUD	60	2:23:16:02
	34	M	330-04583	GATCH, BEAU	62	2:49:13:49

HEAD TIMER: BOB PARKINSON
 ASSISTANTS: FRED IDHE
 MARY CROFT
 BOB HAUGH

	START	MID	FINISH
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WEATHER: AIR:	COOL	68	HAZY	WATER: VARY	57.7	-	62	-	64
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AG=AGE GROUP
 OA=OVER ALL

MEET WENT OFF VERY WELL - EXPERIENCED NO PROBLEMS-EXCELENT SUPPORT FROM LIFEGUARDS-CITY & COUNTY-PARK & RECREATION DEPARTMENT-DEPARTMENT OF BEACHES AND HARBORS. ESPECIALLY THE CABRILLO BEACH POLAR BEARS.

ALL PARTICIPANTS APPEARED TO ENJOYED THE MEET!!

49 REGISTERED

45 ENTERED

4 NO SHOW

8th annual Lighthouse



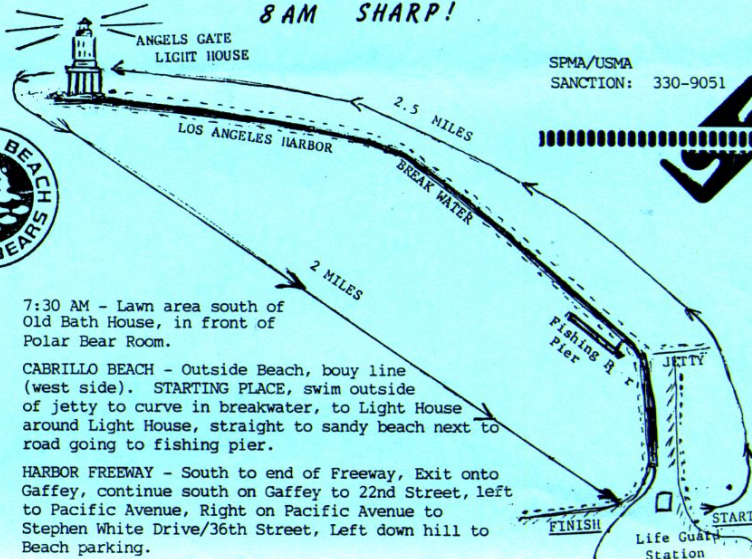
United States
Masters
Swimming

CABRILLO BEACH, SAN PEDRO

5 Mile "ROUGH WATER" Swim "NATIONAL" LONG DISTANCE SWIMMING CHAMPIONSHIP

SATURDAY AUGUST 11th 1990

8 AM SHARP!



SPMA/USMA
SANCTION: 330-9051

- CHECK IN:** 7:30 AM - Lawn area south of Old Bath House, in front of Polar Bear Room.
- PLACE:** CABRILLO BEACH - Outside Beach, bouy line (west side). STARTING PLACE, swim outside of jetty to curve in breakwater, to Light House around Light House, straight to sandy beach next to road going to fishing pier.
- DIRECTIONS:** HARBOR FREEWAY - South to end of Freeway, Exit onto Gaffey, continue south on Gaffey to 22nd Street, left to Pacific Avenue, Right on Pacific Avenue to Stephen White Drive/36th Street, Left down hill to Beach parking.
- AWARDS:** TROPHIES-MEDALLIONS WILL BE AWARDED TO ALL FINISHERS!
- ELIGIBILITY:** U.S.S or U.S.M.S. REGISTERED SWIMMERS. (registration forms available).
- ENTRY FEE:** \$20.00 Entries will be accepted until August 4th, 1990. (Late fee \$10.00) (includes - T-SHIRT).
- TIME LIMIT:** THREE HOURS - ALL SWIMMERS MUST COMPLETE SWIM OR EXIT (LEAVE WATER)
- AGE GROUPS:** Five year age groups. (ei. 20-24, 25-29, 30-34, 35-39, 40-44, etc.....)
- PADDLERS:** ALL SWIMMERS "MUST" BE ACCOMPANIED BY A PADDLER.
- MEET DIRECTORS:** Ray Falk, (213) 833-1377 Co-Director Peter Goemans (213) 548-3301
All questions regards to the conduct of the meet should be made directly to them.

MAKE CHECKS PAYABLE TO: CABRILLO BEACH POLAR BEARS
MAIL ENTRY AND FEE TO: CABRILLO BEACH POLAR BEARS
C/O Ray Falk
424 West 38th Street
San Pedro, CA 90731

PLEASE COMPLETE THIS PORTION AND MAIL WITH ENTRY FEE

USS/SPMA# _____

PARTICIPANT _____ AGE _____ PADDLER _____ AGE _____

ADDRESS _____ ADDRESS _____

CITY _____ ZIP _____ CITY _____ ZIP _____

I, the undersigned participant, intend to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I, acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. I hereby waive any and all rights to claims for loss or damages arising out of participation in the Masters program or any activities incident thereto against United States Masters Swimming, Inc., the Local Masters Swimming Committee, the Clubs, Cabrillo Beach Polar Bears, the Department of Recreation and Parks, City of Los Angeles, County of Los Angeles, the Host facilities, meet sponsors, meet committees or any individuals officiating at the meets or supervising such activities, as a condition of my participation in Masters Swimming.

PLEASE SIGN AND DATE:

PARTICIPANT DATE PADDLER DATE

parent or guardian if under 18 years old.

T-SHIRT ORDER

ORDER T-SHIRTS IN ADVANCE BY ENCLOSING \$10.00 EACH,
T-SHIRT SIZE (CIRCLE) ADULT S, M, L, XL, AMOUNT ENCLOSED \$ _____ NUMBER _____