**Yonkers Parks Recreation and Conservation**

**COVID-19 Safety Requirements**

Return To Pool Plan - The Mark Twain Pool, Yonkers Montessori Academy, Yonkers, NY

Facility address: 160 Woodlawn Ave, Yonkers, NY 10704

**COVID-19 Waiver:**

● All staff members and participants are responsible for responding to COVID-19 concerns.

● Participants must see a physician and be cleared for return to participation after being diagnosed or suspected to have COVID-19.

● All participants must sign and COY Waiver to be eligible to participate.

● Must follow and adhere to all newly developed guidelines

○ 2 week quarantine by Governors order

**Facility Operations:**

● Capacity will be limited to reduce density.

● Limited capacity will allow us to ensure safety and to control and teach proper behaviors. We will start back to the pool slowly to achieve success in operating safely and test protocols.

**● No spectators will be allowed in the Mark Twain facility.**

**Daily Staff Procedures:**

● Staff will enter from the main entrance (before participants) with masks on. Supervisor will set up the COVID screening and check-in station.

● Temperature checks for staff will be recorded. Questionnaire will be filled out daily. Staff with a temperature of 100.4F or above will be sent home.

● Staff members who are sick are instructed to stay home.

**Daily Participant Procedures:**

● Participants will enter the Mark Twain Pool through the main entrance gate with face masks covering both mouth and nose.

○ Masks are always required to be worn out of the pool. Masks ARE NOT required in the pool / during class participation.

● Participant’s will only be permitted to enter the area 5 minutes before scheduled class time.

● Parents will be required to wait in their cars until Supervisor indicates it is time to enter the facility.

● Participants must leave the Mark Twain Pool complex immediately at the completion of their program.

● Participants will maintain a distance of at least 6 feet from others while waiting in the check-in line to undergo a temperature check and informational screening.

○ Any Participant with a temperature of 100.4 or above will not be allowed to participate.

● Participants who are experiencing any symptoms of COVID-19 should remain home and see their physician.

○ According to the CDC, these symptoms are:

■ Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose,

nausea or vomiting, and diarrhea

● There will be no locker room use, only bathroom stalls / sinks.

○ Participants will come and leave the pool in suits and overgarmets. No changing allowed.

○ Showering will not be available at the facility and should be done at home.

● Participants upon deck entrance will go to their assigned area and await instructions.

● Participants will practice proper social distancing in and out of the water and remain 6 feet apart.

● No sharing of equipment.

● Equipment will be sanitized after each use.

● No congregation after swimming – THIS INCLUDES ALL MARK TWAIN POOL GROUND & SCHOOL GROUNDS.

● Participants will leave the pool grounds following the instructions of our COVID-19 Liaison.

**Daily Participant Check-In Screening:**

● Temperature checked upon check-in.

● Participants will be screened on the following questions:

○ Do they have a fever?

○ Do they have a cough?

○ Do they have shortness of breath or difficulty breathing?

○ Have they had the chills, headaches, sore throat in the last 24 hours?

○ Do they have newly developed loss of taste or smell or any other symptoms listed by the CDC?

○ Have you been in contact with anyone who has tested positive for COVID within the last 14

days?

● Temperatures and screened responses will be recorded for tracing purposes.

**Communication Procedures:**

● Web-based communication will be provided through www.communitypass.net/yonkers

● Yonkers Parks and Recreation utilizes email and SMS notification to communicate with the participants

● Yonkers Parks will distribute documentation to participants to explain rules and guidelines for swimmers to follow during their time at the pool.

**COVID 19 SYMPTOMS**

**● What if my athl is having symptoms or suspected exposure prior to practice?**

○ Athletes who are ill are not able to attend practice. Swimmers who have had any members in

their household ill may not attend practices for 14 days. Report any illness to Condors

COVID-19 Liaison so staff can trace and ensure the safety of all athletes.

**● What happens if a swimmer or coach screens positive for symptoms at check-in or develops**

**symptoms during practice?**

○ A swimmer or coach with COVID-19 symptoms or fever will be sent home and their

parent/guardian will be contacted. The parent/guardian of the swimmer must contact their

doctor to discuss the next steps and should get a COVID-19 test right away. If positive, please

contact the COVID-19 Liaison.

**● What protective equipment is required?**

○ Swimmers are required to wear a mask that covers their mouth and nose into and out of the

facility.

**● What precautions are coaches taking to keep athletes safe?**

○ Coaches will wear masks and have hand sanitizer available. Coaches will keep 6’ social

distancing except in emergency situations.

**PRACTICE PREPAREDNESS**

**● Can my swimmer participate if they are late to practice?**

**○** No, swimmers will not be permitted to enter the facility or participate if they are late to practice.

Swimmers must complete the safety check-in exactly 5 minutes before their practice time.

Organization and keeping a controlled environment is important to safety. Punctuality in this

process is in the best interest of our team.

**● Can my swimmer borrow equipment?**

○ Lost and Found equipment will not be available to borrow. Swimmers are responsible for

bringing all their required practice equipment to the pool and should be prepared with an extra

set of goggles and cap.

● **Can my swimmer leave their equipment at the pool?**

○ Swimmers will not be permitted to leave personal belongings at the facility.

**PARENTS & SPECTATORS**

**● Are parents or spectators allowed into the facility?**

○ Parents and spectators are not allowed into the facility at this time in order to reduce the number

of individuals gathering. Please do not congregate in the parking lots or in front of the Mark

Twain Pool!

**CHANGING & LOCKER ROOM ACCESS**

**● Can my swimmer take a shower after practice?**

○ No, the locker rooms will not be available for use. Athletes will shower when they return home.

**● Can my swimmer change in the locker rooms after practice?**

○ No, the locker rooms will not be available for use.

**● Can my athlete deck change?**

○ No, USA Swimming rules prohibit deck changing. Athletes will be required to enter and leave

the facility with their swimsuits on.

**● Where should my athlete go to the bathroom?**

○ Bathrooms will be limited to a single user and will be cleaned after each use.

**TRAINING GROUPS & PRACTICES**

**● Will my swimmer be in the same training group as before COVID 19?**

○ G roup movements are currently being evaluated and will be communicated in the near future, if

necessary.

○ In order to comply with local laws, guidelines, and reduce risk, the Condors Swim Club reserves

the right to alter or change practice groups or sizes. Our priority is to ensure each athlete has

an opportunity to return to the pool in a safe way.

**● Will practice times be our normal practice schedule?**

○ Our scheduled pool time at the Mark Twain Pool is 4:00 - 7:30 PM on weekdays.

■ Please refer to practice schedule pdf for specific group times.

○ Due to social distancing measures and safety guidelines, practices may be shorter or less

frequent than our regular schedule. Balancing COVID restrictions with a 8-lane pool, athletes

may be slated into smaller groups to ensure safe social distancing.

**AFTER PRACTICES**

**● What are swimmers advised to do after practice?**

○ Swimmers will immediately put on their face masks, grab their belongings, follow the flow out of

the facility, and head directly to their vehicle. There is to be no congregating anywhere in the

Mark Twain Pool complex and its parking lots.

**ADDITIONAL TRAINING OPTIONS**

**● Will the Condors host dryland?**

**○** Due to the continuing restrictions for swim practices, we may continue with our dryland via

Zoom, although the schedule may change. Updates will follow soon.

Resources

● CDC Considerations for Public Pools, Hot Tubs, and Water Playgrounds During COVID-19

● CDC Cleaning and Disinfection for Community Facilities

● OSHA Guidance on Preparing Workplaces for COVID-19