



## 2026 PIETER CATH MEMORIAL SCY SWIM MEET LAKEWOOD HIGH SCHOOL NATATORIUM LAKEWOOD, OHIO

USMS Sanction # 186-S001

Sunday, Jan 25, 2026. - Warm-ups start at 8:00 a.m. Deck entries will only be accepted for open lanes. This is a pre-seeded meet. Meet Starts at 9:00 a.m. Event #1 (500 yard freestyle) will start at 9:00 a.m. Event #2 will start NO EARLIER THAN 9:45 a.m. Deck entries should be in no later than 9:00 a.m.

LOCATION The Natatorium is attached to Lakewood High School on Robinwood Ave. From I-90 (east or west) exit at Bunts Road. Proceed north on Bunts to Madison Ave. Turn left at Madison and proceed west to Robinwood (first street). Turn right on Robinwood Ave. and proceed to the end. The pool lobby entrance will be immediately in front of you and parking is to the right.

**POOL** The pool is an 8 lane, 25-yard pool with anti-turbulent lane lines and Colorado system automatic timing. An adjacent separate diving well will be available for warm-up during the meet. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

**ELIGIBILITY** U.S. Masters Swimming 2026 rules will govern conduct of the meet. All swimmers must be registered members, age 18 or older, of <u>U.S. Masters Swimming</u> or another <u>World Aquatics federation</u>. Members of <u>College Club</u> Swimming are automatic USMS bridge members and must enter the meet with their USMS ID, which they can find via the public USMS membership directory. CCS Club Invoicing: CCS clubs that prefer to be invoiced can instruct their swimmers to use the \$30 coupon code BRIDGE30 for their entries. We may scratch swimmers who use this code without their club's permission. International Masters swimmers must email proof of membership in their national governing body to the meet director listed below. The USMS Release of Liability must be signed electronically during online meet entry. Swimmers may swim 6 individual events and as many relays as desired. Only swimmers entered in the meet can participate in relays. There is a "relay only" entry fee option, which is \$15 and can be deck entered the day of the meet.

DEADLINES Registration can be completed online on ClubAssistant.com. Online entries will close at 11:59 p.m. on Wednesday, January 21, 2026. Deck entries must be in hand at the Admin Desk by 9:00 a.m. on the day of the meet. See additional information on deck entry restrictions in the "Deck Entries" section below.

ENTRY LIMIT Six individual events per day, plus relays. No limit to the number of relays entered. Swimmers over entered in the meet will be removed from their last event over entered.

**ENTRY** Early Entry Fee is \$45.00 and ends at 11:59PM on January 11, 2026 **FEES** 

Regular Entry Fee is \$55.00 and begins at 12:00AM on January 12, 2026

All Deck Entries (see below for deck entry restrictions) are \$60.00 "Relay only" entries can be done online or deck entry. Fee is \$15.00

USMS Members age 80 and older may enter the meet online for free. The Club Assistant program will determine your age. No code is required at checkout.

Online entries are paid by credit card to ClubAssistant.com and your credit card will show a charge by "OHIOMASTERS.com" for this swim meet.

**DECK** All individual on-line meet entries will be pre-seeded to ensure timely functioning of the meet and so **ENTRIES** that swimmers can verify heat and lane assignments when they arrive at the pool and on Swim Phone prior to the meet. Deck entries will only be available for an event which has an empty lane as seeded when you arrive at the pool. Deck entries will be entered as no time entries and must be in hand at the Admin Desk by 9:00 AM. Swimmers, please scratch any events you do not intend to swim during check-in so that deck entrants may use open lanes.

Age of competitors on Jan. 25, 2026 will determine age group. Age groups are: 18-24, 25-29, 30-34, 35-39, etc. For relays, age group is determined by the age of the youngest swimmer in the team (i.e. 18+, 25+, 35+, 45+, etc.). All relays can be swum with 4 women, 4 men, or mixed (exactly 2 women and 2 men).

**AWARDS** Individual events: First-place medal or ribbon.

**SEEDING** Heats will be formed by submitted times, regardless of age or sex, and will progress from fast to slow to "No Time".

**RESULTS** Results will be posted on <u>www.ohiomasters.com</u> and Swim Phone usually within a day or two and on usms.org shortly after the meet.

## **ORDER OF EVENTS**

All Individual Events are Mixed Men and Women

**All relays** will be entered by relay card submission to the Admin Desk at least a half-hour before the event. Relays will be men's (M), women's (W) or mixed (X) with exactly 2 men and 2 women and will be swum together in a single heat indicated in the list of events below.

- 1. 500 Freestyle
- 2. 200 Butterfly
- 3. 200 Medley Relay (Traditional) (M, W, and X)
- 4. 200 4X50 Backstroke Relay (M, W, and X)
- 5. 50 Freestyle
- 6. 200 Breaststroke
- 7. 50 Backstroke
- 8. 100 Butterfly
- 9. 200 Individual Medley
- 10. 100 Freestyle
- 11. 200 Backstroke
- 12. 50 Breaststroke
- 13. 400 Freestyle Relay (Traditional) (M, W, and X)
- 14. 400 4X100IM Relay (M, W, and X)
- 15. 50 Butterfly
- 16. 100 Breaststroke
- 17. 200 Freestyle
- 18. 100 Individual Medley
- 19. 100 Backstroke
- 20. 200 Freestyle Relay (Traditional) (M, W, and X)
- 21. 200 4x50 Breaststroke Relay (M, W, and X)
- 22. 200 4x50 Butterfly Relay (M, W, and X)

**SOCIAL** No post-meet social is currently scheduled.

**MEET DIRECTOR:** Mark Marshfield, contact at <a href="mailto:pzsdad@aol.com">pzsdad@aol.com</a>.

WAIVER The waiver document is printed below for review by prospective participants.

Sanctioned by Lake Erie LMSC for USMS, Inc. # 186-S001



## PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); Grown-Up Swimming meets or workouts; and/or related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- 2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, viral or bacterial infection including but not limited to COVID19, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- 3. I agree to be familiar with and to abide by the Rules and Regulations, including the <u>Code of Conduct</u> and any safety regulations established by USMS. I accept sole responsibility for my own conduct and actions while participating in the Events and acknowledge that violations of the code of conduct may result in disciplinary action up to and including suspension of USMS membership.
- 4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, contractors, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USA Swimming Foundation; Grown-Up Swimming, LLC; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- 5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

First Name	Last Name	MI	Sex (check)		Date of Birth (mm/dd/yyyy)
			М	F	
Street Address, City, State, Zip					
Signature of Participant				Date Signed	