

# 2026 OREGON MASTERS SCM ASSOCIATION CHAMPIONSHIP

April 18 - 19, 2026

Hood River, OR

**Sanctioned by:** Oregon Masters Swimming, Inc. for USMS, Inc. (#376-S004)

**Hosted by:** Columbia Gorge Masters

**Meet Director:** Sandi Rousseau, [swim@gorge.net](mailto:swim@gorge.net), 503-806-7020

**Meet Referee:** Jacki Allender, [jacki.allender@gmail.com](mailto:jacki.allender@gmail.com)

**Rules & Regulations:** Current USMS rules and OMS policies will govern all aspects of the meet.

**Eligibility:** To be eligible for competition, including participation in warm-ups, individuals must be 18 years of age or over and current USMS members or foreign equivalents as of April 18, 2026. Non-member swimmers may become USMS members by joining online at [www.usms.org/reg/](http://www.usms.org/reg/). USMS One-Event Registration (OEV) is not available. Foreign swimmers may participate upon presenting proof of current registration with their country's Masters Swimming governing body. Foreign swimmers are not eligible for USMS Top 10, National Records, nor All-American awards.

**Age groups:** 18-24, 25-29, 30-34, etc. Relay age groups: 72-99, 100-119, 120-159, 160-199, etc. Your competition age for your age group and relay age groups will be your age on December 31, 2026.

**Location:** Hood River Aquatic Center, 1601 May St, Hood River, OR 97031, (541) 386-1303

- Pool Configuration: 25 meter x 25 yard pool; 6-8 lanes competition; electronic timing; 2-3 wu/wd lanes; warm therapy pool available
- Deck space: Some bleachers are available and there is ample deck space for chairs.
- Parking: Free parking is available in the pool lot, the park next door, and on the street.
- Concessions: None will be available.

**Pool Length Compliance:** The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

**Timing System:** Automatic timing with 2 buttons and 2 watches for back-up. Times from this competition will be eligible for USMS and World Aquatics Top Ten and records.

**Warm-up Procedures:** Swimmers are required to enter the water feet first in a safe and cautious manner. In accordance with OMS policies, training equipment (paddles, snorkels, fins, pull buoys, kick boards, etc.) is not allowed in warm-up/warm-down lanes. At an appropriate time, one-way start/sprint lane(s) will be made available. Throughout the competition, separate wu/wd lanes will be available. Same rules apply for training equipment and cautious feet first entries. Starts (forward or backstroke) are not permitted in wu/wd lanes

**Directions to the pool: Eastbound:** Take I-84 to Exit #62 (first Hood River Exit), turn right onto Cascade

and go toward town for 1.2 miles to the second stoplight. Turn right on 13th, go up the hill and turn right on May St (just past the hospital on the left). Pool will be on your left just past the park.

**Westbound:** Take I-84 to Exit #63 (second Hood River Exit), turn left and go into town. Go through the stoplight and one block further to State Street. Turn right and go .6 mile to 13th Street. Turn left, proceed up the hill and turn right on May Street (just past hospital on your left). Pool will be on your left just past the park.

**Hotels:** There are no special arrangements for accommodations. Google "Hotels near Hood River, Oregon" to see a list of accommodations.

**Entries:** Online entries

[https://www.clubassistant.com/club/meet\\_information.cfm?c=1352&smid=21465](https://www.clubassistant.com/club/meet_information.cfm?c=1352&smid=21465)

**USMS Member Entry Fee:** \$60.00. Online registration required, paid by credit card to "Oregon Masters".

**College Club Swimmers:** Entry fee for College Club Swimmers is \$25. Contact [Paul Windrath](#) for instructions. Swimmers should enter as members of their college club.

**Entry Deadline:** Online registration must be completed by 11:59 PM PDT on Friday, April 10, 2026. No late entries nor deck entries will be accepted. Refunds will be considered in accordance with OMS Policies and Procedures. Refunds are not available after April 10, 2026.

**Entry Limit:** Six (6) individual events maximum with no more than 5 individual events in a single day.

**800/1500 Entries:** Due to time constraints, swimmers may enter either the 800 or the 1500, but NOT both.

- Swimmers entering the 1500 will automatically have their 800 intermediate split time submitted to USMS for time purposes only.
- Swimmers entering the 1500 who want their 800 intermediate split time to be scored in the 800 Freestyle MUST enter the 800 Split Score (Event 14). Entry in the 800 Split Score will count as an entry towards the 6 events maximum.

**Relays:** Enter relays at the meet. Each competitor is allowed one same-sex freestyle relay, one same-sex medley relay, one mixed freestyle relay, and one mixed medley relay.

**Heat Sheets:** Heat Sheets and meet information will be emailed to participants. Heat sheets will also be posted in the pool area and available on Meet Mobile and SwimPhone.

**Results:** Results will be posted at the meet, on Meet Mobile, and on [www.swimoregon.org](http://www.swimoregon.org).

**Awards:** All swimmers entered in the meet may place in events (individual and relay). OMS ribbons will be awarded for places 1<sup>st</sup> thru 6<sup>th</sup>.

**Club/Workout Group Scoring:** Club/Workout Group points will be calculated only for OMS clubs (excluding OREG)/workout groups. Top 3 placers in each division (small, medium, and large) will receive an award.

**Split Requests:** Initial split times from an individual or relay event will be accepted as an individual performance and will be considered for Top 10 if it is deemed an official time. Split times will be considered for a USMS record only if recorded by automatic timing (for a world record: automatic timing, or semiautomatic if automatic fails). The request for relay leadoff split times and initial backstroke distance times in individual backstroke events must be made prior to the swim. The swimmer must notify the Meet Referee of the intent to record an initial split time prior to the conclusion of the meet.

**Cameras, Video Equipment, and Drones:** The use of cameras, including cell phone cameras and/or other recording devices, is prohibited behind the starting platforms during the start of races including relay starts. The use of audio and/or visual recording devices, including cell phone cameras, is prohibited in changing areas, restrooms, and locker rooms. Operation of drones, or any other flying apparatus, is prohibited over the venues (pool, athlete/coach areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

**Tobacco Products:** Smoking and use of other tobacco products is prohibited on the pool deck, in locker rooms, in spectator seating and standing areas, and in all areas used by swimmers during the meet and during the warm-up periods in connection with the meet.

**Warmup & Start Times:**

<b>Day</b>	<b>Warm-up</b>	<b>Competition</b>
Saturday	8:00 am	9:00 am
Sunday	8:00 am	9:00 am

**Seeding:** All events will be seeded SLOW to FAST without regard to age nor gender.

**Positive Check-in DEADLINES for Individual Events:** Check-in at the Clerk of Course

- **Saturday, April 18:**
  - 800 Freestyle – Before the start of the 200 Back (Event 8)
  - 1500 Freestyle – Before the start of 800 Freestyle (Event 12)
- **Sunday, April 19:**
  - 400 Freestyle – Before 8:30 am
  - 400 Ind Medley – Before the start of the 200 Breaststroke (Event 23)

**Positive Entry DEADLINES for Relays:**

- **Saturday, April 18:**
  - Mixed 200 Medley Relay – Before the start of the 200 Butterfly (Event 3)
  - Men’s/Women’s 200 Free Relays –Before the start of the 200 backstroke (Event 8)
- **Sunday, April 19:**
  - Men’s/Women’s 200 Medley Relay – Before 9:30 am
  - Mixed 200 Free Relay – Before the start of the 100 Butterfly (Event 19)

**OMS Social and Awards Program:** The Social and Awards program will NOT be held this year. Oregon Masters Swimming is organizing a separate event on May 31 in Beaverton – details to be announced on

[www.swimoregon.org](http://www.swimoregon.org).

**The Gear Exchange:** Check your closets and drawers for any usable swim items you no longer need ( i.e. paddles that hurt your shoulders, the suit that rubs after 500 yards). Donate them to the Gear Exchange table at the meet (open Saturday and Sunday). Check the table for any items you can use. All FREE!

**Association T-Shirt:** The 2026 Association T-Shirt features a front left breast crest and full back artwork. The fabric is 90% cotton/10% poly. Color is Grey Heather. Unisex sizing. Price: \$28.



**Volunteer opportunities:** The OMS Association Championship requires an army of volunteers to run a timely and efficient event. If you or any accompanying family or friends would like to volunteer to help, contact Sandi Rousseau, [swim@gorge.net](mailto:swim@gorge.net)

#### **Workout Group (Team) or Club Scoring:**

- Swimmers may represent the Oregon LMSC workout group or club (if other than **OREG** club) listed on their USMS registration. Only workout groups/clubs registered by **March 15, 2026**, will score points. Full workout group/club names and their abbreviations are listed below. If your workout group/club is not listed or is **NOT** registered, register the Workout Group/Club before the **March 15, 2026** deadline.
- When entering the Association Championship, you may only select a Workout group **IF** you are a member of Club **OREG**. Otherwise, leave the Workout Group field blank.
- There are three Divisions—Small, Medium, & Large—based upon the number of swimmers entered in each workout group/club. A meeting of workout group/club representatives on Saturday, April 18, 2026 at 8:45 am will determine the size division for clubs and workout groups.
- Cumulative Club/Workout Group scoring will determine the awards (1<sup>st</sup> thru 3<sup>rd</sup>) given in each division.

**Workout Groups/Clubs (registered as of March 15, 2026):**

<b>Abbreviation</b>	<b>Workout Group/Club Name</b>	<b>Abbreviation</b>	<b>Workout Group/Club Name</b>
OREG	Oregon Masters	LCMS	Lincoln City Masters Swim
SHM	St. Helens Masters	MW	McMinnville Waterdoggs
SWMTK	SwimTrek	STRY	MJCC Stingrays Masters
TEAMM	Team Eugene Aquatics	MACOR	Multnomah Athletic Club
TIDES	Toledo Tidal Waves	NCMS1	North Clackamas Masters Swimming
AQDK	Aquaduck Masters	OCT	Oregon City Tankers
AACSG	Astoria Aquatics Center Swim Group	ORM	Oregon Reign Masters
BCOM	Bay Club Oregon Master	PMAC	Portland Masters Aquatic Club
BDST	Blue Dragon Swim Team	PDX	Portland Timberfish
COMA	Central Oregon Masters Aquatics	RVM	Rogue Valley Masters
CCYM	Clark County YMCA Masters	KAM	Salem Kroc Masters
CGM	Columbia Gorge Masters	SOMA	Southern Oregon Masters Aquatics
CATOR	Corvallis Aquatic Team	SHC	Stafford Hills Club
EA	Emerald Aquatics	TDCM	The Dalles Celilo Masters
GACC	Golds Aquatic Club Camas	THB	Tualatin Hills Barracudas
LOSCM	Lake Oswego Masters	UMPQ	Umpquatics
LTOR	Life Time Master Swim		

**Schedule and Order of Events:**

**Saturday, April 18: Warm-up at 8:00 am; Meet Starts: 9:00 am**

1. Mixed 100 Breaststroke
2. Mixed 50 Backstroke
3. Mixed 200 Butterfly
4. Mixed 200 Individual Medley  
[Short Break]
5. Mixed 200 Medley Relay
6. Mixed 100 Freestyle
7. Mixed 50 Breaststroke
8. Mixed 200 backstroke
9. Mixed 50 Butterfly  
[Short Break]
10. Women's 200 Freestyle Relay
11. Men's 200 Freestyle Relay
12. Mixed 800 Freestyle (Enter the 800 or 1500, not both)
13. Mixed 1500 Freestyle (Enter the 800 or 1500, not both)
14. Mixed 800 Split Score (See Instructions below)

**Instructions for Entering the 800/1500: Due to time constraints, swimmers may enter either the 800 or the 1500, but NOT both.**

- Swimmers entering the 1500 will automatically have their 800 intermediate split time submitted to USMS for time purposes only.
- Swimmers entering the 1500 who want their 800 intermediate split time to be scored in the 800 Freestyle **MUST** enter the 800 Split Score (Event 14). Entry in the 800 Split Score will count as an entry towards the 6 events maximum.
- Entry Example:
  - If you enter the 1500 (Event 13), you may elect to have your 800 intermediate split time count towards scoring and awards in the 800 Freestyle (Event 12). You do this by entering the 800 Split Score event (Event 14) with an estimated time. This will count as 2 events towards the 6 event maximum for the meet.

**Sunday, April 19: Warm-up at 8:00 am; Meet starts at 9:00 am**

15. Mixed 400 Freestyle  
[Short break]
16. [Women's 200 Medley Relay](#)
17. [Men's 200 Medley relay](#)
18. Mixed 200 Freestyle
19. Mixed 100 Butterfly
20. Mixed 100 Individual Medley  
[Short break]
21. [Mixed 200 Freestyle Relay](#)
22. Mixed 100 Backstroke
23. Mixed 200 Breaststroke
24. Mixed 50 Freestyle
25. Mixed 400 Individual Medley