

2026 John Shrum Chris Greene Lake Cable Swim

June 6, 2026

Hosted by Virginia Masters Swimming

Sanctioned by LMSC of Virginia for USMS Inc. [Sanction_Number]

NAME/LOCATION: Chris Greene Lake Park, Charlottesville, Virginia

COURSE DESCRIPTION:

There will be two races: a 1-mile cable swim at 8:30 am and a 2-mile cable swim beginning at 10:00 am. The 1-mile swim will consist of 2 laps in a clockwise direction around a ¼-mile straightaway cable, with start and finish in the water. The 2-mile race will consist of 4 laps around the ¼-mile cable in a counter-clockwise direction. Both the 1- and 2-mile distances are surveyed, certified and qualify for national records. No splits or premature finishes will be eligible for records.

WARM-UP: 7:00am

COMPETITION START TIME: 8:30am for the 1 mile swim, 10:00am for the 2 mile swim

CONTINUOUS WARM-UP: There will be NO continuous warmups during the event. Warm-ups on the cable course will be available from 7:00am - 8:00am.

TIMING SYSTEM: The primary timing system will be manual timing. Times from this competition will be eligible for USMS records.

MEET DIRECTORS: John Post, john@johnpostmd.com | Corey Krall, corey.krall@gmail.com

MEET REFEREE: Jim Miller

MEET REGISTRAR: Corey Krall, corey.krall@gmail.com

RULES & ELIGIBILITY:

Current USMS rules will govern the meet. Per the race director's discretion, participants are NOT allowed to hold onto any watercraft during the swim. All swims must be unassisted. Please contact the race director with questions.

All participants must be age 18 or older and be currently registered members of U.S. Masters Swimming or another World Aquatics federation. Foreign registered swimmers must provide proof of current membership in their country's Masters Swimming governing body.

NON-USMS MEMBERS: Non-USMS members may participate by purchasing a USMS "One Event" registration, through the online entry process, for an additional fee of \$20.00. The One-Event fee will be automatically added to your entry fee. To renew or join USMS as a full member, visit www.usms.org/reg.

AGE DETERMINATION DATE: Your age as of 12/31/2026 will be used except for 18-year-olds who must be 18 on the day of competition, Saturday June 6, 2026.

AGE GROUPS FOR INDIVIDUAL EVENTS: 18-24, 25-29, ...in 5-yr increments as high as needed, for both men and women.

ONLINE ENTRY URL: https://www.clubassistant.com/club/meet_information.cfm?c=1212&smid=21519

ENTRY PROCEDURE: Online entries will be through Club Assistant at [URL]

ENTRY DEADLINE(S) – INDIV: Wednesday, June 3, 2026, 11:59pm is entry deadline.

ENTRY LIMITS – INDIV: Competition is limited to the first 200 entrants due facility capacity.

ENTRY FEES:

Early entry discounted prices in effect until 11:59pm Eastern Time on Friday, February 6, 2026. **Regular entry prices** are in effect until Wednesday, May 27, 2026. **Late entry prices** are in effect from Thursday, May 28, 2026, through Wednesday, June 3, 2026, at 11:59pm. You may enter both events. Regular entry fee is \$85 for either the 1- or 2-mile swim. The entry fee for those who enter both the 1- and 2-mile events is \$135. **Late entries will pay a \$40 penalty, may or may not get a race T-shirt, and be seeded in the last wave.**

Entry Fees	Early Entry Jan 7 - Feb 6	Regular Entry Feb 7 - May 27	Late Entry May 28 - Jun 3
1-mile swim only	\$75.00	\$85.00	\$125.00
2-mile swim only	\$75.00	\$85.00	\$125.00
BOTH 1-mile and 2-mile swims	\$125.00	\$135.00	\$175.00

Note: If paying by credit card, your credit card statement will reflect a charge from "Virginia Masters VMST."

DAY OF MEET ENTRIES INFO: No day of event entries will be allowed.

ORDER OF EVENTS: Schedule

6:30 am: Beach opens

7:00 am: Race check-in opens (all races), lifeguards in place, lake opens for warmups

8:00 am: 1-mile line up and safety briefing

8:30 am: 1-mile race start

9:00 am: 2-mile check-in closes

9:30 am: 2-mile line up and safety briefing

10:00 am: 2-mile race start

11:45 am: race course closes, cleanup begins

12:00 pm: awards ceremony on the beach

SEEDING METHOD: Swimmers will be seeded fastest to slowest according to 1650 seed time and will be started in waves of 10 swimmers, staggered at 30-second intervals. "No Time" entries will be seeded in the final wave. Seeding changes will not be allowed on race day.

LOCATION OF HEAT SHEETS: Will be posted prior to start of the event on the event website at <https://www.chrisgreenelakeswim.com/event-info>

LOCATION OF RESULTS: Will be posted after the conclusion of the event on the event website at <https://www.chrisgreenelakeswim.com/event-info>

POSITIVE CHECK-IN AND SCRATCH INFO: Race check-ins open for all races at 7:00am. Race check-in for the 2-mile swim CLOSES at 9:am

AWARDS: For both races, awards will be given to the top 3 men & women finishers in each age group. The awards ceremony will take place on the beach following the 2-mile race. Drinks and snacks will be provided.

PARKING, SOCIAL EVENTS, LODGING AS NEEDED: Free onsite parking is available on the park premises.

Lodging: There are numerous hotels in the Charlottesville region.

Local Airport: Charlottesville Albemarle Airport (CHO) - located approximately 3 miles from Chris Greene Lake Park

Directions: (Google Maps/Apple Maps - "Chris Greene Lake Park")

Directions from Washington, D.C: (Distance: 115 miles, Drive Time: ~ 2 to 2.5 hours)

Take Rt. 29 toward Charlottesville, VA. In Earlysville, turn right onto Airport Rd. (Rt. 649). Travel 7/10 mile toward airport. At roundabout, bear right onto 606. Go 1.2 miles and turn left onto Chris Greene Lake Rd. Proceed past guardhouse and follow the road downhill and around the lake to the parking lot at the end of the road.

Directions from Richmond, VA: (Distance: 75 miles, Drive Time: ~ 90 minutes)

Take I-64 West to exit 124, Charlottesville/Shadwell, (U.S. 250 West), to U.S. 29 North. Follow U.S. 29 North approximately 6 miles to Airport Rd. (Rt. 649). Turn left onto Airport Rd., go 7/10 mile toward airport and follow the underlined directions above.

Directions from Waynesboro, VA: (Distance: 34 miles, Drive Time: ~ 45 minutes)

Take I-64 East to exit 118B, Charlottesville/Culpeper, (U.S. 29 North Bypass), to U.S. 29 North. Follow U.S. 29 North approximately 6 miles to Airport Rd. (Rt. 649). Turn left onto Airport Rd., go 7/10 mile toward airport and follow the underlined directions above.

OTHER POSSIBLE ADDITIONS:

Meet host logo: Virginia Masters Swimming



Event Logo: John Shrum Chris Greene Lake Swim

