

2025 Clark YMCA SCY Meet
December 14, 2025
Clark County Family YMCA (Vancouver, WA)

Sanctioned by: Oregon Masters Swimming, Inc. for USMS, Inc. (#374-Sxxx)

Hosted by: Clark County YMCA and Masters Swim Team

Meet Director: Colette Crabbe, colettecrabbe@hotmail.com

Meet Referee: Evangeline Swift, 6swifts@comcast.net

Rules: Current USMS rules and OMS policies will govern all aspects of the meet.

Eligibility: To be eligible for competition, including participation in warm-ups, individuals must be 18 years of age or over on December 14, 2025 and must be current USMS members (2025 or 2026) or foreign equivalents. Non-member swimmers may become USMS members by joining online at www.usms.org/reg/. USMS One-Event Registration is not available. Foreign swimmers may participate upon presenting proof of current registration with their country's Masters Swimming governing body. Foreign swimmers are not eligible for USMS Top 10, National Records, nor All-American awards.

Age groups: 18-24, 25-29, 30-34, etc. Relay age groups: 18+, 25+, 35+, 45+, etc. Your competition age (individual events and relays) will be your age on December 14, 2025.

Location: Clark County Family YMCA (11324 NE 51st Cir, Vancouver, WA 98682)

- 6 lane 25-yard competition course with electronic timing, but no scoreboard. 1 lane will be reserved for continuous wu/wd throughout the meet. Timers will provide unofficial times upon request.
- Backstroke ledges will be available and in compliance with USMS regulations.

Directions to the pool:

North on I-205 into Washington. Exit I-205 onto eastbound WA 500. Exit WA 500 and turn right onto NE 112th Avenue. Turn left onto NE 51st Street. Turn left at the first opportunity, go past Applebees to Clark County Family YMCA.

Pool Length Compliance: The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1. Times will be eligible for USMS Top 10 and Nationals Records.

Timing System: The primary timing system will be automatic timing with button and stopwatch back-up. Times from this competition will be eligible for USMS records and Top 10 consideration.

Entries: https://www.clubassistant.com/club/meet_information.cfm?c=1352&smid=20142

Entry Fee: \$40.00. Online registration required, paid by credit card to "**Oregon Masters**".

Entry Deadline: Online registration must be completed by 11:59 PM PDT on Monday, December 8, 2025. No late entries nor deck entries will be accepted.

Entry Limit: Five (5) individual events maximum and 2 relays (one Free and/or Medley Relay).

Refunds: Refund requests will be accepted (less non-recoverable transaction fees) prior to the entry deadline in accordance with Oregon Masters policies. Refund requests after the entry deadline will be considered on a case-by-case basis.

Relays: Enter relays at the meet. Only 200-yard relays will be available. Each competitor is allowed to swim only one same-sex or mixed freestyle relay and/or one same-sex or mixed Medley Relay. Time permitting, swimmers may participate in a fun 4 x 25 kick relay – no awards, no times, just fun – which is in addition to the other 2 relay entries.

Heat Sheets: Heat Sheets and specific meet information will be emailed to participants several days before the meet. Heat sheets will also be posted in the pool area.

Results: Results will be posted at the meet and on www.swimoregon.org. Results will also be available on Meet Mobile.

Awards: OMS ribbons for places 1-3 in individual & relay events.

Cameras, Video Equipment, and Drones: The use of cameras, including cell phone cameras and/or other recording devices, is prohibited behind the starting platforms during the start of races including relay starts. The use of audio and/or visual recording devices, including cell phone cameras, is prohibited in changing areas, restrooms, and locker rooms. Operation of drones, or any other flying apparatus, is prohibited over the venues (pool, athlete/coach areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Tobacco Products: Smoking and use of other tobacco products is prohibited on the pool deck, in locker rooms, in spectator seating and standing areas, and in all areas used by swimmers during the meet and during the warm-up periods in connection with the meet.

Split Requests: Initial split times from an individual or relay event will be accepted as an individual performance and will be considered for Top 10 if it is deemed an official time. Split times will be considered for a USMS record only if recorded by automatic timing (for a world record: automatic timing, or semiautomatic if automatic fails). The request for relay leadoff split times and initial backstroke distance times in individual backstroke events must be made prior to the swim. The swimmer must notify the Meet Referee of the intent to record an initial split time prior to the conclusion of the meet.

Warmup & Start Times:

- Warm-up: 8:00 am
- Start: 9:00 am

Warm-up Procedures:

- Swimmers are required to enter the water feet first by STEPPING IN safely and cautiously. In accordance with OMS policies, training equipment (paddles, snorkels, fins, pull buoys, kick boards, etc.) is not allowed in warm-up and warm-down lanes. At an appropriate time, a one way start/sprint lane will be made available. Starts (forward or backstroke) are not permitted at any other time .
- During competition, 1 lane will be available for continuous warm-up and warm-down. OMS wu/wd rules apply. Entry into wu/wd lane is from turn end and must be made feet first in a cautious manner.

Seeding: All events will be seeded SLOW to FAST without regard to age nor gender.

Positive Entry DEADLINES for Relays:

- Medley Relay entries shall be submitted prior to Event 3 (50 Butterfly)
- Freestyle Relay entries shall be submitted prior to Event 16 (100 Ind Medley)
- Fun Relay – positive check in is required so we can randomly create relays.

Schedule and Order of Events:

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| 1. Mixed 100 Breaststroke | 14. Mixed 200 Breaststroke |
| 2. Mixed 200 Freestyle | 15. Mixed 100 Butterfly |
| 3. Mixed 50 Butterfly | 16. Mixed 100 yard Ind Medley |
| [Short Break to move timers] | [Short Break to move timers] |
| 4. Mixed 25 yard Freestyle | 17. Mixed 25 yard Butterfly |
| [Short Break to move timers] | [Short Break to move timers] |
| 5. Mixed 100 Backstroke | 18. Mixed 50 Backstroke |
| 6. Mixed 50 Breaststroke | [Short Break] |
| [Short break] | 19. 200 yard Women's Medley Relay |
| 7. 200 yard Men's Freestyle Relay | 20. 200 yard Men's Medley Relay |
| 8. 200 yard Women's Freestyle Relay | 21. 200 yard Mixed Medley Relay |
| 9. 200 yard Mixed Freestyle Relay | [Short Break to move timers] |
| 10. Mixed 200 Butterfly | 22. Mixed 25 yard Breaststroke |
| 11. Mixed 200 yard Ind Medley | [Short Break to move timers] |
| 12. Mixed 50 Freestyle | 23. Mixed 100 yard Freestyle |
| [Short Break to move timers] | 24. Mixed 200 yard Backstroke |
| 13. Mixed 25 yard Backstroke | [Short break to organize Fun relays] |
| [Short Break to move timers] | 25. 200 Fun Relay – time permitting |