



2025 SD RST Rushmore Classic Swim Meet  
Hosted by Rushmore Swim Team  
June 20-22, 2025  
SD Swimming Sanction # SD XXXXX  
Time Trials Sanction #  
SD Masters Swimming Sanction # XXXXXX (Sponsored by Prairie Masters)

**Sanction: This dual-sanctioned meet is jointly held under the governance and authorities of South Dakota Swimming Inc and USA Swimming Inc., as well as South Dakota Masters Swimming and US Masters Swimming.**

- Rules:** The current USA Swimming and SD Swimming rules will govern the conduct of the meet. The USMS rule citation shall be used for official rulings over USMS registered swimmers. Swimmers must be registered and current under either USA Swimming or US Masters Swimming to compete..
- Liability:** In granting this sanction it is understood and agreed that USA Swimming, South Dakota Swimming, South Dakota Masters Swimming, US Masters Swimming, the City of Rapid City and Rushmore Swim Team shall be free of any liability or claims for damages arising by reason of injuries to anyone during the conduct of the event (202.4.10).
- Health and Safety:** In applying for this sanction, the host, Rushmore Swim Team, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, SD Swimming, the State of South Dakota and City of Rapid City.
- Location:** Roosevelt Swim Center, 125 Waterloo Street, Rapid City, SD.
- Course:** 50-meter outdoor, 10-lane pool with wave-calming dividers; 10 lanes will be used for competition; Colorado Time Systems equipment with manual backup. In the event of a timing console failure, meet will continue with manual timing with three (3) watches per lane, each operated by a separate timer. The competition course has been certified in accordance with Article 104.2.2C(4). A copy of such certification is on [file](#) with USA Swimming.
- Water Depth:** Starting end (west end) depth - 6 feet 9 inches; midpoint depth - 6 feet 8 inches; turn end (east end) depth - 6 feet 7 inches. Start and turn end depths exceed minimum water depth standards and requirements for racing starts per USAS Rule 103.2.3.
- Audio/Visual Recording:** Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms (202.4.11 H).
- Drones:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. (103.13). Exceptions may be granted with prior written approval by the Program & Events Committee Chair or designee.



2025 SD RST Rushmore Classic Swim Meet

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**MAAPP:** All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. (202.4.11 M)

**Deck Changing:** Deck Changes are prohibited (202.4.11 I).

**Format:** This will be a Combined Meet. All events will be mixed and swum as Timed Finals.



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**Starting Times:** Warm-up and meet starting times each day are listed below. Teams will be notified by noon on Wednesday, June 18, 2025 of warm-up and lane assignments. *Mountain Daylight Time (MDT)* is used for all times below.

Afternoon warm-up times are approximate and will be determined after the meet is seeded.

### FRIDAY

#### Session 1 (1500 Freestyle)

Warmup 9:30 a.m. – 10:00 a.m.  
Meet Starts 10:15 a.m.

#### Session 2

\*Warmup A 2:00 p.m. – 2:30 p.m.  
Warmup B 2:30 p.m. – 3:00 p.m.  
Warmup C 3:00 p.m. – 3:30 p.m.  
Meet Starts 3:45 p.m.

### SATURDAY

#### Session 3

\*Warmup A 7:30 a.m. – 8:00 a.m.  
Warmup B 8:00 a.m. – 8:30 a.m.  
Warmup C 8:30 a.m. – 9:00 a.m.  
Meet Starts 9:15 a.m.

### SUNDAY

#### Session 4

\*Warmup A 7:30 a.m. – 8:00 a.m.  
Warmup B 8:00 a.m. – 8:30 a.m.  
Warmup C 8:30 a.m. – 9:00 a.m.  
Meet Starts 9:15 a.m.

\*Dependent upon the number of swimmers, should three warm-ups not be necessary, Warm-up A may be cancelled at the discretion of the Meet Director and communicated prior.

**Meetings:** Officials will meet daily 45 minutes prior to the Meet start times at the Hospitality tent. A coaches' meeting will be held at Hospitality at the conclusion of the third warm-up on Friday (Session 2) and Saturday (no meeting on Sunday unless critical information needs to be communicated – to be announced). A timers' meeting will take place by the southwest corner of the starting blocks 15 minutes prior to Meet Start of each session.

**Warm-ups:** Warm-ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. South Dakota Swimming Warm-up Procedures attached will be followed.

**Swimwear** Swimwear worn at SD meets must conform to SD Policy Rules and USA Swimming Rules Regulations (Article 102.8). Additional USMS Swimwear policies apply for USMS registered swimmers per USMS article 102.12.2.



## 2025 SD RST Rushmore Classic Swim Meet

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- Supervision:** A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. (202.5.3) Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement (202.4.11 D). Only registered coaches, swimmers and officials will be allowed on the pool deck.
- Eligibility:** All USA swimmers, coaches, clubs and officials must be currently registered with USA Swimming and in good standing. All USMS swimmers, coaches, clubs and officials must be currently registered with USMS Swimming and in good standing. No coach or official will be permitted to be on deck without proof of current USA Swimming Certification using the USA Swimming app or printed USA Swimming member card and a photo identification.
- The age of the USA swimmer on the first day of the meet determines the age of the swimmer for the entire meet. No Swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302 (202.4.11 E).
- Deck Registration:** On-deck USA Swimming registration will be permitted with appropriate documentation. Swimmers must show verification of their membership to the Meet Referee to be deck registered no later than the first warmup of any session.. A \$10.00 deck registration fee will be charged in addition to the current head tax, facility and registration fees. Fines may be imposed if a swimmer participates and is not registered.
- Deck Entries:** Deck entries will not be allowed..
- Scoring:** There will be individual points kept in this meet for USA Swimmers. There will be no team points..
- Event Limit:** Swimmers may swim a maximum of 8 individual events for the meet, and no more than 5 individual events per day. All limits include any time trials. Swimmers may swim in al eligible relays.
- Meet Length:** USA Swimming Rules require that with the exception of championship and open water meets, events at a meet should be planned to run no longer than 8 hours per day (102.1) and 4 hours per session (prelims, finals, timed finals) for swimmers 12 years and younger. Events for the same 12 and under swimmers shall be limited to one session per day (205.3.1.F). Entries will be inputted in the order they are received. When the computer-generated timeline indicates time limit has been reached, entries from the team(s) received last will not be entered into the meet. Team coaches will be notified if their entries were not accepted, and fees will be refunded. Fees will also be refunded for events or swims not completed if the Meet Referee stops the meet to comply with time limit rules. Flyover starts may be used at the meet at the discretion of the Meet Referee.
- Relays may be limited/eliminated in order to comply with the 4 hour rule and any associated fees will be refunded. Teams will be notified of such changes before the meet. Only events listed in this section of the sanction may be altered.
- Seeding:** The 800 and 1500 Freestyle will be seeded fastest to slowest based on LCM times. All other events will be seeded slowest to fastest based on LCM times. Converted times will not be accepted. Swimmers without LCM times will be seeded as with NT. Positive check-in is required for the 800 and 1500 Freestyles. Entries in the 1500 Freestyle will be limited to the first 60 entries.



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- Time Trials:** Time trials will be held at the conclusion of sessions 2, 3, and 4, at the discretion of the Meet Referee, and weather permitting. The following limitations shall apply:
1. The swimmer must be entered in the meet.
  2. Time trials will not change awards or scores.
  3. The swimmer may only swim one time trial per session not to exceed 5 individual events per day.
  4. There will not be an additional cost for time trials.
  5. Coaches are responsible to turn in time trial requests to the Meet Director as soon as possible.
  6. Time trials should be limited to those swimmers who have a reasonable chance to make their goal time.
- Awards:** Individual Awards: Medals (1st-3rd) and Ribbons (4th-8th) will be awarded to the top eight swimmers in each individual event by gender in the following age groups: 6 & under, 7-8, 9-10, 11-12, 13-14, 15-16, and 17-19.
- Individual High Point Awards: High point awards will be awarded to the top three (3) individuals in each age group and gender.
- No Team or Relay awards.
- Scoring:** Individual Scoring (1-16) – 17-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1. All awards & scoring will be determined by the swimmer's final time.
- Entries:** Teams are encouraged to submit their entries by e-mail using Hy-Tek Team Manager software. E-mail entries to: Stanton Anker at [rstmeetdirector@gmail.com](mailto:rstmeetdirector@gmail.com). Mail a printed copy of the entries and a check for entry fees payable to Rushmore Swim Team. Mail to: PO Box 3755, Rapid City, SD, 57709.
- Fees:**
- |                    |                     |
|--------------------|---------------------|
| SD Head Tax:       | \$5.00 per swimmer  |
| Individual Events: | \$7.50 per event    |
| Relay Events       | \$7.50 per event    |
| Facility Fee       | \$15.00 per swimmer |
- There will be **NO REFUNDS** of fees (other than refunds due to the need to comply with the four-hour time limit for swimmers 12 & under).
- Deadline:** All entries must be received no later than Friday, June 13, 2025 at 6:00 p.m. MDT.
- Protests:** Protests of any kind must be submitted to the referee in writing and will only be from the team coach. All other protest rules are governed by Article 102.23. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.
- Officials:** Meet Director: Stanton Anker (605-431-1003)  
Referee: Lane Johnson  
Administrative Official: Stanton Anker  
Starter: Katie Lawrence  
Head Stroke & Turn: Aaron Ude  
Marshall: Kevin Kruger and Andrea Anderson  
Head Timer: Michelle Johnson  
USMS/SDMS Representative: Mandi Meredith-Dunlop



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All South Dakota teams must abide by the minimum officials policy as outlined in the SD Policy and Procedure manual 6.7.

Meet Director, Referee, Starters and Stroke & Turn Officials must be registered USA Swimming Members for the current year. Meet Officials will meet the requirement of Article 202.5.5.

All Registered Officials are welcome and needed to volunteer for the meet.

**Timers:** Each team is responsible for providing timers during the meet. Teams will be notified of timing and lane assignments by Wednesday, June 18, 2025. Swimmers entered in the 1500 and 800 Freestyles must provide their own timers and counters.

**Programs:** Programs will be sold at the meet for \$10.00.

**Concessions:** A concession stand will be open during the entire meet.

**Clothing:** A vendor will be available to sell meet-specific gear.

**Hospitality:** Hospitality will be provided for Coaches and Officials .

**Breaks:** During breaks, the pool may be available for warmup and/or cool down at the discretion of the Meet Referee. The availability of the pool will be announced at the coach's meeting and during the meet.

**Facility Notice:** Camping is not permitted on the pool deck with the exception of designated areas for coaches and swimmers. Families may camp in the surrounding park area. Teams and swimmers will be held responsible for any damages they may cause to the facility or city park grounds. NO GLASS WILL BE ALLOWED INSIDE THE POOL AREA. SMOKING and ALCOHOL ARE NOT ALLOWED AT THE MEET. Swimmers may enter the indoor Aquatics Center for use of the locker room through the doors adjoining the outdoor pool. Parents and other guests may only enter the swim center through the main doors and must check in at the Swim Center's Registration Desk.

**Weather Policy:** In the event of severe weather activity, lifeguards will monitor the changing conditions of the weather and keep patrons informed. If severe weather intensifies (lightning, tornadoes, high winds, hail, etc.) and exceeds safety thresholds managed by the City, the facility may temporarily close the pool, and in worse cases close the pool and facility for the day.

**Order of Events:** Attached on next page.



# 2025 SD RST Rushmore Classic Swim Meet

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## Order of Events

### Session 1

#### Friday Morning

Event Number	Age Group	Event
1	13 & Over	1500 Freestyle
2	11 & 12	800 Freestyle

### Session 2

#### Friday Evening

Event Number	Age Group	Event
3	12 & Under	200 Freestyle
4	13 & Over/Masters	200 Freestyle
5	12 & Under	100 Butterfly
6	13 & Over/Masters	200 Butterfly
7	Open	50 Breaststroke
8	13 & Over/Masters	100 Breaststroke
9	12 & Under	200 IM
10	13 & Over/Masters	200 IM
11	Open	200 Medley Relay

### Session 3

#### Saturday

Event Number	Age Group	Event
12	13 & Over/Masters	400 IM
13	12 & Under	50 Freestyle
14	13 & Over/Masters	50 Freestyle
15	12 & Under	100 Backstroke
16	13 & Over/Masters	200 Backstroke
17	12 & Under	100 Breaststroke
18	13 & Over/Masters	200 Breaststroke
19	13 & Over/Masters	400 Freestyle
20	Open	400 FR Relay

### Session 4

#### Sunday

Event Number	Age Group	Event
21	12 & Under	100 Freestyle
22	13 & Over/Masters	100 Freestyle
23	Open	50 Backstroke
24	13 & Over/Masters	100 Backstroke
25	Open	50 Butterfly
26	13 & Over/Masters	100 Butterfly
27	9 & 10; 11 & 12	400 Freestyle
28	Open	400 Medley Relay
29	13 & Over/Masters	800 Freestyle



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### South Dakota Swimming Warm-Up Procedures

- 8.1 The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.
- 8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.
- 8.3 Every reasonable effort shall be made to equalize swimmers/lane during warm-ups. Teams must warm up at the assigned time.
- 8.4 General Warm-ups:
  - (1) There will be no diving in lanes marked "general warm-up". Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
  - (2) Warm-ups should last a minimum of 35 minutes for 13&Over or Open Sessions and a minimum of 25 minutes for 12&Under Sessions, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
  - (3) Feet-first, seated slip-in entries to be used and allowed from either end of the competition pool only, except in designated lanes and times. Lanes will be circle swimming unless designated "starts". Start lanes will be clearly marked by removal of orange cone at start end of pool. No circle swimming will be allowed in lanes marked as "starts".
- 8.5 Starts (Specific Warm-ups):
  - (1) Starts will be allowed by the Meet Marshall once the lane has been safely designated a "start" lane.
  - (2) Any swimmer who dives in one of the lanes that is not marked as a "start" lane may be scratched from his/her first individual event of the session.
  - (3) Diving and backstroke starts will be allowed from the starting end of all lanes once the lane has been designated as a "start" lane. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete one length and walk back to the starting end.
  - (4) Relay take-offs - During the LSC Championship Meets, the Referee may permit a 5 minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall ensure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
  - (5) There shall be one start end during warm-ups.
- 8.6 Mid-Meet Warm-ups/Cool-downs:
  - (1) After warm-ups have concluded, the 25yd pool will be opened for warm-up/cool-down.
  - (2) Swimmers must be supervised by a USA Swimming member Coach.
  - (3) Supervising Lifeguards must agree to enforce warm up rules as instructed by Meet Referee or their designee.
  - (4) There will be no diving
  - (5) Circle Swimming only
  - (6) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.

EXHIBIT #9 (10/27/18)





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**COURSE DESCRIPTION:** 50-meter outdoor, 10-lane pool with wave-calming dividers; 10 lanes will be used for competition. The competition course has been certified for USA Swimming in accordance with Article 104.2.2C(4). See USAS Pool Measurement Certification [site](#).

**WARM-UP and COMPETITION START TIMES:** Warm-up and meet starting times each day are listed below. Teams will be notified by noon on Wednesday, June 18, 2025 of warm-up and lane assignments. *Mountain Daylight Time (MDT)* is used for all times below.

Afternoon warm-up times are approximate and will be determined after the meet is seeded.

### FRIDAY

#### Session 1 (1500 Freestyle)

Warmup	9:30 a.m. – 10:00 a.m.
Meet Starts	10:15 a.m.

#### Session 2

Warmup A	2:00 p.m. – 2:30 p.m.
Warmup B	2:30 p.m. – 3:00 p.m.
Warmup C	3:00 p.m. – 3:30 p.m.
Meet Starts	3:45 p.m.

### SATURDAY

#### Session 3

Warmup A	7:30 a.m. – 8:00 a.m.
Warmup B	8:00 a.m. – 8:30 a.m.
Warmup C	8:30 a.m. – 9:00 a.m.
Meet Starts	9:15 a.m.

### SUNDAY

#### Session 4

Warmup A	7:30 a.m. – 8:00 a.m.
Warmup B	8:00 a.m. – 8:30 a.m.
Warmup C	8:30 a.m. – 9:00 a.m.
Meet Starts	9:15 a.m.

\*Depending upon number of swimmers, should three warm-ups not be necessary, Warm-up A may be cancelled at the discretion of the Meet Director.



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**CONTINUOUS WARM-UP:** Warm-up assignments will be made and announced. Continuous warmups will be available after regular warm-up sessions in the 25yd pool.

**TIMING SYSTEM:** The primary timing system will use Colorado Time Systems equipment with manual backup. In the event of a timing console failure, meet will continue with manual timing with three (3) watches per lane, each operated by a separate timer.

Times from this competition will not be eligible for world record, or USMS record, but will be eligible for Top 10 eligibility per USMS 105.1.7.E due to meeting USAS Pool Certification standards.

**MEET DIRECTOR:** Stanton Anker, [rstmeetdirector@gmail.com](mailto:rstmeetdirector@gmail.com)

**MEET REFEREE:** Lane Johnson, [lanejohnson@yahoo.com](mailto:lanejohnson@yahoo.com)

**MEET REGISTRAR:** Stanton Anker, [rstmeetdirector@gmail.com](mailto:rstmeetdirector@gmail.com)

**RULES & ELIGIBILITY:** Current USMS & USA-S rules will govern the meet. All USMS participants must be age 18 or older and be currently registered members of U.S. Masters Swimming or another World Aquatics federation. Swimmers turning 18 during the meet may swim on the days they are 18yo. Foreign registered swimmers must provide proof of current membership in their country's Masters Swimming governing body. As a dual sanctioned meet, officiating will follow USA Swimming technical rules. See Appendix B of the USMS Rule Book for information on rules governing dual sanctioned meets.

**OEVT:** - Not offered. See below email entry procedures.

**AGE DETERMINATION DATE:** - Per USMS guidelines.

**AGE GROUPS FOR INDIVIDUAL EVENTS:** 20-24, 25-29, ...in 5-yr increments as high as needed.

**AGE GROUPS FOR RELAYS:** - There will be one age group, 20+. Relay teammates must be 20+ years of age.

**ONLINE ENTRY URL:** Not offered. See below email entry procedures.

**ENTRY PROCEDURE:** - Email all individual and relay entries to the Meet Registrar. For individual entries, include: Last name, First name, age, sex, club or LMSC name (use "UAT" for unattached), then all events which you wish to be registered + best long course (50m) time for each event. Conversions from yards are not accepted. Yard times are not accepted. If without a 50 meter time, estimated times will be accepted for seeding. For Relay entries, including all the same information as used for individual entries, and also include swimmer order and an estimated time for the Relay.

**ENTRY DEADLINE(S) – INDIV & RELAY:** - All entries must be received no later than Friday, June 13, 2025 at 6:00 p.m. MDT.

**ENTRY LIMITS – INDIV & RELAY:** - 7 individual events, no more than 5 individual events per day (102.3.1)

<b>ENTRY FEE:</b>	SD Head Tax:	\$5.00 per swimmer
	Individual Events:	\$5.00 per event
	Relay Events	\$5.00 per event
	Facility Fee	\$15.00 per swimmer

There will be **NO REFUNDS** of fees



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**DAY OF MEET ENTRIES INFO:** - Not allowed.

**MAILED ENTRIES:** - E-mail entries to: Stanton Anker at [rstmeetdirector@gmail.com](mailto:rstmeetdirector@gmail.com). Also, mail a printed copy of the entries and a check for entry fees payable to Rushmore Swim Team.

Mail to: RST Meet Director, PO Box 3755, Rapid City, SD, 57709.

All entries must be received no later than Friday, June 13, 2025 at 6:00 p.m. MDT.

**Paper entries MUST INCLUDE a signed [USMS Waiver Liability Form](#).**

**ORDER OF EVENTS** - See above.

**SEEDING METHOD** - See above

**LOCATION OF HEAT SHEETS** – Program also made available at the event, host Concessions.

**LOCATION OF RESULTS** – Meet Mobile app. Meet results also mailed to team coach or as otherwise identified by swimmers unaffiliated with a team.

**TIME TRIALS:** Not allowed for USMS.

**POSITIVE CHECK-IN** Positive check-in is required at the meet “admin” table same day prior to the 800 and 1500 Freestyles. Entries in the 1500 Freestyle will be limited to the first 60 entries, with precedence given to USA Swimming participants.

**SCORING SYSTEM** Individual Scoring (1-16) – 17-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1. All awards & scoring will be determined by the swimmer’s final time.

**AWARDS** - No physical awards for USMS participants

**CONCESSIONS INFO** - A concession stand will be open during the entire meet.

**RESTRICTIONS ON CAMERAS AND VIDEO** - Follow all restrictions and requirements in accordance with USA Swimming, MAAPP and US Safe Sport.

**LMSC OR FACILITY RESTRICTIONS ON CAMERAS AND VIDEO** - Follow all restrictions and requirements In accordance with USA Swimming, MAAPP and US Safe Sport.

**PARKING, SOCIAL EVENTS, LODGING AS NEEDED** - Parking available at Roosevelt Swim Center.

**OTHER POSSIBLE ADDITIONS:** Adequate space is allocated on the lawn outside the Roosevelt Swim Center for daytime “camping”.



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[U.S. Masters Swimming Brand Logo Style Guide](#)