



2025 YMCA NATIONAL MASTERS MEET

May 8 – 11, 2025

Rosen Aquatic & Fitness Center

8422 International Drive

Orlando, FL 32819

407-996-3444

This meet is open to YMCA Members only.

Membership to USMS is not required.

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YMCA NATIONAL MASTERS MEET INFORMATION

Entry Deadline: April 24, 2025

This is a YMCA of the USA national competitive event.

This event is recognized by Florida LMSC for United States Masters Swimming, Inc.

Meet Facility:

Rosen Aquatic & Fitness Center
8422 International Drive
Orlando, FL 32819
407-996-3444

- A 16-lane competition course, separated into two 8 -lane courses
- Separate warm-up/cool down lanes available throughout the meet
- Pool Length Certification – Has been measured and confirmed as per USMS pool length certification & USMS record application.
- Colorado Timing System with a backup button and a watch time on each lane
- Starting block wedges and backstroke ledges available
- Ample stadium seating

Meet Committee:

Meet Director - Terri Shannon
Assistant Meet Director - Mike Leonard
Meet Referee/Head of Officials – Tom Janszen and John Janszen
Registration & Awards – Karen Janszen
Events and Rental Manager: Mike Brady
Executive Director – Mike Miller

Y-USA Technical Advisor – Jim Ryan

Y-USA Director, Strategy and Quality Practices, Sports – Meredith Griffin

Rules:

- Current *Rules That Govern YMCA Competitive Sports* will apply, with the exception of the eligibility statement below.
- Current USMS technical rules will apply unless otherwise noted in this meet information.

Disability:

Swimmers with disabilities are welcome and encouraged to participate in this meet and will be provided all appropriate accommodations according to USMS rules. Swimmers with disabilities are asked to contact the meet director, Terri Shannon at (meetentries@miamioh.edu.) if you need specific accommodations and to confer with the meet referee prior to competing.

Eligibility:

- Every athlete **MUST** be a current member in good standing of the YMCA that they are representing, effective as of **April 8, 2025 and continue through at least May 11,**

2025. You will be asked to verify your membership and provide your membership number during your online entry.

- A swimmer must be age 18 or older on the first day of the meet. All swimmers are strongly encouraged to have a physical examination/medical evaluation prior to competing in the meet.
- USMS Membership: You do not have to be a USMS member, but the meet entry program will ask for your number if you have one.

Liability Release and Photo/Video Release Attestation

- All participants are required to electronically sign this [attestation document](#) from the YMCA of the USA that includes a general liability release and photo/video release.
- This is completed electronically through AdobeSign and must be completed prior to Meet Check-In.

Certificate of Liability Insurance:

- Each YMCA with at least one athlete entered in the meet must have a Certificate of Liability Insurance on file with the YMCA of the USA.
- See this [sample](#) for the exact wording required.
- Minimum amount of coverage is \$1,000,000/\$2,000,000. The certificate must name the YMCA of the USA as the Certificate Holder.
- The Certificate of Liability Insurance is submitted by the YMCA (CEO or MOYP administrator) through the YMCA's Data Collection Hub.
- Deadline is April 24, 2025.

Swimmers from YMCAs that do not meet the Certification of Liability Insurance requirement cannot participate at the meet.

Entry Procedure:

Entries are submitted online through ClubAssistant –

https://www.clubassistant.com/club/meet_information.cfm?c=1709&smid=19374

When entering, start typing the name of your YMCA. A list of YMCA's matching what your typed will appear. Click on the correct YMCA .

IMPORTANT - Please know the current and correct name of your YMCA. Check with your YMCA before entering if you are unsure of the correct name. Be aware if you are representing a branch or a metropolitan association (for example, the Lowe's Branch YMCA or the YMCA of Greater Charlotte).

If you do not see your YMCA's name, contact [Meredith Griffin](#).

Entry Deadline: April 24, 2025

Entry Fees:

Registration fee - \$60 per swimmer
Facility surcharge - \$30 per swimmer
Individual entries - \$10 per event
Relay entries - \$30 per event

Registration and individual entry fees are paid at the time of entry in ClubAssistant.

Individual Entries:

- A swimmer may enter no more than five (5) individual events per day, and no more than twelve (12) individual entries for the entire meet.

- A swimmer's age group is determined by that swimmer's age on the last day of the meet, May 11, 2025. Age groups to be contested are as follows: 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, and 100+.
- There are no qualifying time standards for this meet. A swimmer should enter his/her best achieved time for each event entered. An entry time of "NO TIME" will NOT be accepted.
- A swimmer interested in having their times submitted to USMS for TOP 10 and record consideration must submit a current USMS membership number.
- **No changes or additions to individual events will be accepted after this date.**

Relay Entries:

- Relay entries may be submitted until the day prior to the relay event.
- Relay entries are due at **11AM** the day prior to event. They are welcomed early.
- All relay fees are paid at the meet, no later than the day prior to the relay event.
 - All payments are made via credit card. A secure credit card processor will be available on-site.
 - **No** cash or checks will be accepted at the meet.
- Teams wishing to enter relays prior to the meet may submit them by emailing: Terri Shannon at meetentries@miamioh.edu.
- All members of a relay must be from the same YMCA.
- Women's relays must consist of four women.
- Men's relays must consist of four men.
- Mixed relays may be made up of two women and two men or three women and one man.
- All relay competitors must be on the meet roster on April 24, 2025.
- Relays going for a USMS record must be registered on the same USMS team.
- Mixed relays going for a USMS record must be two women and two men.
- Coaches will be able to see their team roster on ClubAssistant.
- **Note:** Relay names may be changed up until the time you give the lane timer your relay card. ***If the change of a swimmer changes your age group, you may swim but this swim will be considered an exhibition.***

Meet Check-In:

ALL PARTICIPANTS MUST CHECK IN BEFORE THEY CAN SWIM IN THE MEET.

- Meet Check-In will be conducted at the Rosen Aquatic & Fitness Center during the following times:
 - Wednesday, May 7 - 3:00 PM to 7:00 PM
 - Thursday, May 8 through Sunday, May 11 - 7:00 AM to 12:00 PM (or until the conclusion of competition).
- Heat sheets will be available on Meet Mobile and the ClubAssistant website prior to the meet. They will also be posted at the facility. Paper heat sheets will not be available at the meet.
- Coaches may pick up their relay cards at Meet Check-In.

Note: Swimmers may not add or change individual events after the Meet Entry Deadline on **April 24, 2025.**

Warm up:

The pool will be open on Wednesday from 3-6:30PM.

Thursday, Friday and Saturday, warm up will begin at 7AM and continue until 30 minutes after competition ends.

Scratches:

- Any swimmer failing to report to the proper lane in the correct heat of an event shall be scratched from that event and shall not be permitted to swim that event at another time.
- A swimmer who intends to scratch from an event may simply not report to their heat and lane for that event. No further action is required.

Competition:

- Competition is in two courses, each with 8 lanes and 25 yards long.

Requests for Splits:

- Final results will indicate splits for all swims (excluding pad malfunctions).
- A swimmer may request for an initial split to be recognized by completing a request form at the starter's podium (on the course in which the swimmer is competing that event) *PRIOR* to the event.
- All initial relay splits are automatically uploaded.

Scoring and Awards:

- Medals will be awarded to 1st – 3rd places in individual and relay events.
- Ribbons will be awarded for 4th – 8th places in individual and relay events.
- Event winners receive a Championship Patch.
- **LIMIT:** One patch per person per meet.
- Awards will close 20 minutes after conclusion of the last event each day. Do not leave the site and come back to pick up awards. The medals will be packed up and we can no longer access them.
- Awards that have not been picked up at the end of the meet will NOT be mailed.

Team Awards:

- Team awards will be given to the first-place men's team, first place women's team, and first through fifth place combined teams.

Records:

- YMCA records are posted on the YMCA Swimming and Diving [website](#) under *Reference*.
- Records for each event will be updated automatically following the meet. Lead-off splits of relays will be automatic.

Reception:

There will be no reception or meet social offered as part of this event.

Parking:

There is ample free parking at the Rosen Aquatic Center.

Results:

- Final results will be posted in printable format on the website www.ymcaswimminganddiving.org under *YMCA National Meets*.
- Results will also be found on SwimPhone and Meet Mobile.

- Results will be sent to USMS for approval on Top 10 Ranking times and LMSC or Zone records. Non-USMS members in the meet are not eligible for any USMS rankings or records. Results will also be available on Meet Mobile.

Housing:

- There are no hotel blocks reserved for this event.

2025 YMCA National Masters Meet – Entry Checklist

1. Ensure that your YMCA membership is active at least **by April 8, 2025 and remains active through at least May 11, 2025.**
2. Go to ClubAssistant –
https://www.clubassistant.com/club/meet_information.cfm?c=1709&smid=19374
3. Complete all information and submit your individual entry. Review all of your information carefully. ***No additions or changes can be made after April 24, 2025.***
4. Complete the electronic attestation -
https://secure.na1.adobesign.com/public/esignWidget?wid=CBFCIBAA3AAABLblqZhDJHfWaM9Qo-C_Jjair5dOt3M9JTSJ5nMiMsp0DSGlk8DgPHrn_Vd964eOe-RD5Dgc*
5. Check with your YMCA to ensure that a current Certificate of Liability Insurance, with the required wording, is on file with Y-USA.
6. Check in at the meet ***prior to*** competing.

YMCA National Masters Meet 2025 Order of Events

Thursday - 8:00 AM		
Women	Men	Event
101	102	1650 Yd. Freestyle** (see note below)
-- 15 Minute Warm-up and Devotion --		
103	104	1000 Yd. Freestyle** (see note below)

Friday - 8:00 AM		
Women	Men	Event
201	202	400 Yd. Individual Medley* (see note below)
-- 15 Minute Warm-up and Devotion --		
203		Mixed 200 Yd. Freestyle Relay
205	206	100 Yd. Backstroke
207	208	50 Yd. Butterfly
209	210	200 Yd. Freestyle
211	212	100 Yd. Breaststroke
213	214	200 Yd. Freestyle Relay

Saturday - 8:00 AM		
Women	Men	Event
xxx	301	Men's 500 Yd. Freestyle* (see note below)
-- 15 Minute Warm-up and Devotion --		
302		Mixed 200 Yd. Medley Relay
303	304	200 Yd. Butterfly
305	306	50 Yd. Backstroke
307	308	100 Yd. Freestyle
309	310	200 Yd. Breaststroke
311	312	100 Yd. Individual Medley
313	314	400 Yd. Freestyle Relay

Sunday - 8:00 AM		
Women	Men	Event
401	xxx	Women's 500 Yd. Freestyle* (see note below)
-- 15 Minute Warm-up and Devotion --		
403	404	200 Yd. Medley Relay
405	406	200 Yd. Individual Medley
407	408	50 Yd. Breaststroke
409	410	100 Yd. Butterfly
411	412	50 Yd. Freestyle
413	414	200 Yd. Backstroke

*The 400 Individual Medley and 500 Yd. Freestyle will be seeded by time, slowest to fastest.

**The 1000 Yd. Freestyle and 1650 Yd. Freestyle events will be seeded fastest to slowest.
All other events will be seeded by age group and then by time, slowest to fastest.