## **2025 TEAM Eugene Winter SCY Swim Meet**

Saturday, January 25, 2025

Sanctioned by: Oregon Masters Swimming, Inc. for USMS, Inc.

**Sanction #:** 375-S001

Rules: 2025 USMS and OMS rules shall be in effect.

**Hosted by:** TEAM Eugene Aquatics Mallards

Meet Director: Chas Esping, <a href="mailto:chas@teameugene.org">chas@teameugene.org</a>, (971) 806-7502

Meet Referee: Mike Ahten, mikeahten@gmail.com

**Eligibility:** To be eligible for competition, including participating in warm-ups, members must be 18 years of age or older as of January 25, 2025. This event is open to all 2025 USMS or foreign registered swimmers 18 or over. Foreign registered swimmers must provide proof of current registration with their country's governing body for Masters swimming. Unregistered swimmers **MUST** sign up for a 2025 USMS membership before registering for this meet, and may register online at <a href="www.usms.org/join">www.usms.org/join</a> - this membership is valid through 2025. One Event Membership is not available.

**Age groups:** 18-24, 25-29, 30-34, etc.. Relay age groups: 18+, 25+, 35+, 45+, 55+, etc.. Your competition age is your age on January 25, 2025. Age group is based on the swimmer's age as of January 25, 2025.

Location: Willamalane Swim Center, 1276 G St, Springfield, OR 97477. (541) 736-4080

- 25 yard course, 8 lanes
- At least 1 lane of the competition pool will be available for wu/wd throughout the competition
- A 20 yard, shallow warm water (88 degrees) will also be available for continuous wu/wd. The short pool does NOT have backstroke flags nor bottom/end wall markings. Swimming backstroke and/or practicing backstroke/IM turns is discouraged.

**Pool Length Compliance:** The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

**TIMING SYSTEM:** The primary timing system will be automatic timing with 2 back-up buttons and two watches. Times from this competition will be eligible for USMS records and Top Ten consideration.

**Directions to the pool:** From north: south on I-5, take exit 194A and take 126 east. Turn right onto Mohawk Blvd south. Turn right on G Street. Pool is on the right. From south: north on I-5, take exit 191. Turn right onto Glenwood Blvd (north). Turn right on Franklin Blvd (126). Continue through the traffic circle - Franklin Blvd becomes S A Str (still 126). Turn left on 14<sup>th</sup> street. Then, turn left on G Street (pool is on the right).

**Entry Fee:** \$35.00. Online entries are paid by credit card to "Oregon Masters".

**Entry Limit:** The meet is limited to the first 90 swimmers (there will **NOT** be any waitlists). Each swimmer is limited to five (5) individual events and 1 relay per relay block.

**Hotels in Eugene**: If you are arriving the day before, this <u>link</u> shows hotels in the Eugene area. Reservations must be made before 12/25 to take advantage of the room block.

**Entry Deadline:** Monday, January 20, 2025 at 11:59.59 pm. Online entry only through Club Assistant website Link - https://www.clubassistant.com/club/meet\_information.cfm?c=1352&smid=17627

**Refunds:** Refunds will be considered in accordance with Oregon Masters Swimming Policies and Procedures. Contact OMS Vice-Chair (pwindrath1@comcast.net) if you need more information.

**Schedule:** Saturday, January 25, 2025:

Warm-up: 8:00 am - 8:50 am
Competition: 9:00 am - 12:00 pm

**Timeline:** If the estimated meet timeline goes past 12:00 pm, relay events may be cancelled. Meet management also reserves the right to start warm-ups at 7:30 am and competition at 8:30 am.

**Warm-up/warm down Procedures:** Swimmers are required to enter the water feet first in a safe and cautious manner (do not jump aggressively). In accordance with OMS policies, training equipment (paddles, snorkels, fins, pull buoys, kick boards, etc.) is not allowed in warm-up and warm-down lanes. At an appropriate time, a lane will be made available for Starts and one-way sprints.

**Additional Warm-up/Warm-down:** One lane of the competition pool will be available for wu/wd through the competition. Additionally, the 20 yard, shallow, warm water (88 degrees) pool will be available. This pool does NOT have backstroke flags nor bottom/end wall markings. Backstroke, IM, and related turn practice is discouraged in this pool. All training equipment is prohibited.

**Mobile Number**: During the entry process you have the option to add your mobile number and allow Meet Management to contact you with important meet information (i.e. the meet has been cancelled or warm-up time has changed). Meet Management encourages you to enter your mobile number. Your number will NOT be passed on to other groups for advertising or promotional purposes.

**Meet Program:** Meet Program will be emailed to participants several days before the meet and include additional information about the meet. Rosters and heat sheets will be available on Meet Mobile and <a href="SwimPhone">SwimPhone</a>. Entrants are encouraged to regularly check the <a href="Oregon Masters Swimming">Oregon Masters Swimming</a> website for updates.

Check-in Deadlines (individual events): Positive check-in deadlines are:

- 400 Ind medley 30 minutes before meet begins (8:30 am unless the warm-up time is changed).
- 500 Freestyle Before 200 Breast (Event 9) begins

**Relays:** Enter relays at the meet. Relays will be Men, Women, and Mixed (2 women, 2 men). To ensure the meet concludes by 12:30, relays may be eliminated. Relay entry cards must be submitted before the following events:

- 1<sup>st</sup> Relay Block before start of 100 Back (Event 6)
- 2<sup>nd</sup> Relay Block before start of 200 Breast (Event 14)

**Results:** Results will be posted at the pool and will be available online at <a href="www.SwimOregon.org">www.SwimOregon.org</a>. Results will also be available on SwimPhone and Meet Mobile after the meet. Results and a meet evaluation will be emailed to all participants 1-2 days after the meet.

**Awards:** OMS ribbons for places 1-3 in individual events will be available.

**Split Requests:** Initial split times from an individual or relay event will be accepted as an individual performance and will be considered for Top 10 if it is deemed an official time. Split times will be considered for a USMS record only if recorded by automatic timing. The request for relay leadoff split times and initial backstroke distance times in individual backstroke events must be made prior to the swim. The swimmer must notify the Meet Referee of the intent to record an initial split time prior to the conclusion of the meet.

**TOBACCO PRODUCTS**: Smoking and use of other tobacco products is prohibited on the pool deck, in locker rooms, in spectator seating and standing areas, and in all areas used by swimmers during the meet and during the warm-up periods in connection with the meet.

**CAMERAS, VIDEO EQUIPMENT, AND DRONES:** The use of cameras, including cell phone cameras and/or other recording devices, is prohibited behind the starting platforms during the start of races including relay starts. The use of audio and/or visual recording devices, including cell phone cameras, is prohibited in changing areas, restrooms, and locker rooms. Operation of drones, or any other flying apparatus, is prohibited over the venues (pool, athlete/coach areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

## Order of Events - Saturday, January 25, 2025

- 1) 100 yd Mixed Breaststroke
- 2) 200 yd Mixed Freestyle
- 3) 50 yd Mixed Butterfly
- 4) 400 yd Ind Medley (limited to 14 entrants)
- 5) 100 yd Mixed Individual Medley
- 6) 100 yd Mixed Backstroke
- 7) 50 yd Mixed Breaststroke
- 8) 50 yd Mixed Freestyle [Short Break]
- 9) Men's 200 yd Medley Relay
- 10) Women's 200 yd Medley Relay
- 11) Mixed 200 yd Medley Relay (2 women, 2 men)
- 12) 100 yd Mixed Butterfly
- 13) 200 yd Mixed Backstroke
- 14) 200 yd Mixed Breaststroke
- 15) 100 yd Mixed Freestyle
- 16) 500 yd Mixed Freestyle (limited to 14 entrants) [Short break]
- 17) Men's 200 yd Freestyle Relay
- 18) Women's 200 yd Freestyle Relay
- 19) Mixed 200 yd Freestyle Relay
- 20) 200 yd Mixed Butterfly
- 21) 50 yd Mixed Backstroke
- 22) 200 yd Mixed Individual Medley