



# Sweetheart Swim

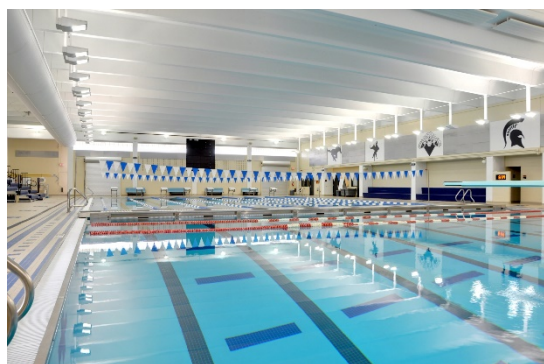


## Short Course Masters Meet Hosted by Dads Club Swim Team



Sunday February 16, 2025  
A Short Course Yards Meet

**LOCATION:** WW Emmons Natatorium, 10404 Tiger Trail, Houston, TX 77043.  
Map link to the pool – [WW EMMONS NATATORIUM-SPRING BRANCH ISD](#)



**FACILITIES:** 25 Yard, eight (8) lane indoor pool with regulation starting blocks with track start wedges, bulkhead separating competition pool from diving well. Diving well, with six (6) twenty yard lanes, will be available for continuous warm up and cool down. Locker room facilities available.

**TIMING EQUIPMENT:** Colorado Gen7 Sports Timing System and Spectrum Scoreboards. Gen7 Sports Timer integrated with CTS timing components and display boards. Colorado Champion series start system with wired microphone, external connections for additional strobe lights, LED battery indication light. Colorado Aquagrip gutterhung touchpads (78" x 22"). Push-Buttons for backup lane timing. Main full color LED scoreboard 7.1' X 12.6'. Secondary full color LED scoreboard 5.2' X 9.4'.

**COURSE DESCRIPTION:** The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

**TIMING SYSTEM:** The primary timing system will be automatic timing. Times from this competition will be eligible for USMS records and Top 10 consideration, but not for world records.

**MEET REFEREE:** Herb Schwab [herb.schwab@gmail.com](mailto:herb.schwab@gmail.com)

**MEET DIRECTOR:** Nicole Christensen, [ncr@creativewaters.net](mailto:ncr@creativewaters.net), 281-352-8434

**DATE:** Sunday February 16, 2025. Warm up begins at 11 AM. The Meet will begin at 12 PM.

**RULES:** Current USMS Short Course Rules will govern the conduct of the meet.

**PARKING:** Parking is available in the Natatorium parking lot and additional parking is available in the High School lot next. Here is an aerial view of the facility:



**DIRECTIONS:** Take I-10 and exit Gessner exit. Facility is near Hammerly and Gessner on the North side of I-10. Heading north on Gessner, turn left onto Tiger Trail off of Gessner before you reach Hammerly. Pool will be on your right past high school.

**SANCTION:** Sanctioned by Gulf Master Swim Committee for USMS, Inc. Times achieved at the meet will be submitted to USMS and eligible for Top Ten consideration and USMS records. Sanction #XXX-XXXX

**ELIGIBILITY:** Open to all currently registered USMS and FINA swimmers. Swimmers not currently registered with USMS will be given an opportunity to register with USMS while doing their online entry.

**AGE:** Athlete age at the meet is determined by their age on the day of the meet.

**AGE GROUPS:**

- **Individual:** 18-24,25-29,30-34,35-39,40-44,45-49,50-54,55-59,60-64,65-69,70-74,75-79, etc.
  - **Relays:** 18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+, 95
- Note:** The age of the youngest relay team member shall determine the relay age group.

**RELAY ENTRIES:** Relays will be deck entered and there will be no additional charge. Relays are composed of four men, four women or two men and two women for mixed relays. All relay swimmers must be registered with the same club. Unattached swimmers may not swim on a relay. Swimmers will fill out relay cards located at the clerk of course table.

**ENTRIES:** Online entries only at

[https://www.clubassistant.com/club/meet\\_information.cfm?c=2587&smid=19004](https://www.clubassistant.com/club/meet_information.cfm?c=2587&smid=19004) .

A maximum of 5 individual events may be entered. Enter with short course yard times or convert your meter times to short course yard. Swimmers MAY NOT enter with NT (no time). Please make up a good, estimated time if you do not have a time in that event.

**FEES:** Meet entry fee is \$50 – you may enter as many events as you like up to the limit of 5 individual. Online entry deadline is Saturday February 15, 2025 **AT NOON**. **There will be no individual day-of or deck entries.**

**SEEDING:** All events will be swum slowest to fastest **EXCEPT the 1650 Free which will swim fastest to slowest**. All events 200 yards and shorter will be pre-seeded. The 400 IM, 500 and 1650 Free will require

positive check-in (see deadlines below) and will be deck seeded. All individual events will swim with women and men seeded together but separated for scoring.

**DISTANCE CHECK IN:**

500 Free 11:30 AM

400 IM By event 3 – 200 IM

1650 Free By event 18 – 50 Fly

All swimmers not checked in by the above deadlines will be scratched from the event.

**SCORING:** Individual and Relays through 8<sup>th</sup> place.

Individual: 9, 7, 6, 5, 4, 3, 2, 1 Relays: 18, 14, 12, 10, 8, 6, 4, 2

**AWARDS:** No awards will be given out.

**PSYCH SHEETS AND HEAT SHEETS:** Psych sheets will be emailed to the swimmers after entries close.

Swimmers are asked to notify the Meet Director at [ncr@creativewaters.net](mailto:ncr@creativewaters.net) if they know BEFORE 1 PM on

Saturday Feb 15<sup>th</sup> that they are not going to swim an event to avoid empty lanes. The meet will then be seeded and heat sheets will be emailed to the swimmers no later than Saturday 3 PM. **THIS IS A GREEN MEET AND NO HEAT SHEETS WILL BE GIVEN TO THE SWIMMERS AT THE SWIM MEET.** Copies will be posted at the venue in several locations. Swimmers are asked to save them to their phones or print them out and bring them with them.

**RESULTS:** Results will be posted during the meet on MeetMobile as well as SwimPhone. Hard copies will also be posted at the meet. Final results will be posted on the Gulf Masters web site at [www.GulfMastersSwim.org](http://www.GulfMastersSwim.org), and the Zone web site [www.usmssouthcentralzone.org](http://www.usmssouthcentralzone.org) and on [www.usms.org](http://www.usms.org)

**CONCESSIONS:** There will be no concessions available, however swimmers may bring any food and drink that they may want.

**QUESTIONS:** Meet Director Nicole Christensen at [ncr@creativewaters.net](mailto:ncr@creativewaters.net) 281-352-8434



# Sweetheart Swim



## Order of Events

Sunday February 16, 2025

Warm Ups 11 AM, Meet Starts 12 PM

Swimmers may enter up to 5 events. All times will be assumed to be Short Course Yard times. Please convert Meter times to Yards. Swimmers may NOT enter with NT. Use an estimated time if you have not swum the event before.

1	Mixed	500 Free *
15-minute break - open pool for 2 <sup>nd</sup> warm up		
2	Mixed	200 Breast
3	Mixed	200 IM
4	Mixed	100 Fly
***5	Women	200 Free Relay
***6	Men	200 Free Relay
***7	Mixed	200 Medley Relay
8	Mixed	100 Free
9	Mixed	50 Breast
10	Mixed	50 Back
11	Mixed	400 IM
***12	Women	200 Medley Relay
***13	Men	200 Medley Relay
***14	Mixed	200 Free Relay
15	Mixed	200 Free
16	Mixed	100 Breast
17	Mixed	200 Back
18	Mixed	50 Fly
***19	Women	400 Free Relay
***20	Men	400 Free Relay
***21	Mixed	400 Medley Relay
5-minute break IF NEEDED		
22	Mixed	50 Free
23	Mixed	100 Back
24	Mixed	100 IM
25	Mixed	200 Fly
5 minute break IF NEEDED		
***26	Women	400 Medley Relay
***27	Men	400 Medley Relay
***28	Mixed	400 Free Relay
**29	Mixed	1650 Free*

**\*500 and 1650 Free Swimmers MUST supply their own counter!**

\* Swimmers in the 500 and 1650 Free MUST supply their own counters. There will be NO counters supplied.

\*\* To get an official time for your 1000 Free, turn in a Split Request form.

\*\*\* Mixed relays are a combination of two men and two women who are all on the same team. Unattached is not a team. **Depending on number of relays entered, medley and freestyle relays of the same distance may be combined into one heat to swim at the same time.**

