

Sioux Falls Masters SCY Swim Meet

Short Course Yards, May 3, 2025

Sanctioned by USMS

Facility: The meet will be held in the indoor, 25-yd. by 50-m competition Sanford Health pool at the Midco Aquatic Center, 1601 S. Western Ave., Sioux Falls, SD 57105, 605-367-7665. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Timing System: The primary timing system will be fully automatic. Times may be submitted for USMS records and Top 10 consideration.

Rules: United States Masters Swimming rules will govern. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. All events are timed finals. Swimmers are limited to a total of 5 individual events, not including relays. Age on May 3, 2025, determines age group for the meet. You must be at least 18 years of age on May 3rd to compete.

Deck Changes: Deck Changes will not be permitted.

Entries: On-line entry fee is \$40.00, deadline is Wednesday, April 30, 2025, at 11:59 PM. No deck entries. Please note that this meet will move quickly. Also, please note that if you sign up for consecutive events, you may have little or no rest between the races.

Disability Swimmers: Disability swimmers are welcome. Please notify the meet director and meet referee, prior to the competition, of any disability and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment if required.

Seeding: All events will be seeded slowest to fastest, by entered time, ages and sexes combined.

Relays: All relays will be deck entered on relay forms available at the meet. Only swimmer registered for the meet may swim on relays.

A swimmer may swim only ONE 200yd Medley Relay (Events 5-7) and ONE 200yd Free Relay (Events #15, #16, #17).

Awards: No awards will be given.

Snack Bar: Hot and cold drinks, snacks, and food will be available for purchase. We will also provide a casual lunch for participants. **Please note that outside food and beverages are not allowed in the facility.**

Questions: Meet Director, Jenny Kirby, 605-321-3525, jenkirby31@gmail.com

Meet Referee: Edie Mueller, edie.mueller@me.com

Saturday, May 3, 2025

Warm-up at 9:30 a.m. Meet starts at 10:30 a.m.

Two warm-up and cool-down lanes will be available during the meet.

1. 200 yd. Freestyle
2. 50 yd. Butterfly
3. 100 yd. Backstroke
4. 200 yd Breaststroke
- 5-7. Women, Men and Mixed 200 yd. Medley Relay

10 min break

8. 200 yd. Individual Medley
9. 50 yd. Breaststroke
10. 100 yd. Freestyle

11. 100 yd. Butterfly
12. 50 yd. Backstroke
- 13-15. Women, Men and Mixed 200 yd. Freestyle Relay
16. 500 Free

10 minute break

17. 200 Backstroke
18. 100 yd. Breaststroke
19. 50 yd. Freestyle
20. 100 yd. Individual Medley
21. 200 Butterfly

22. 1650 Freestyle (Limited to first 16 entrants. Swimmers need to furnish their own counter.)