



SJAC Swim Team Presents:

2025 SJAC Spring Splash Masters Meet

Sunday, May 18, 2025

NL Aquatic Center,

333 Preston Ave, Voorhees, New Jersey 08043

Approval: Recognized by the Delaware Valley LMSC for USMS, Inc. Recognition:

Facility: The NL Aquatic Center is a 10 lane competition pool, a Colorado timing system with a 14 line scoreboard and Competitor lane lines.

The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7.

Times: 2:00 pm Warm Up, 2:40 pm Start

Eligibility: Open to all teams and swimmers. Competitors must be 18 years of age or older and may compete in a maximum of 5 individual events. **Note: Swimmers who are not current USMS members may compete in this meet.**

Awards: Bag tags will be given in place of ribbons and medals.

Registration: **See Entry Fees.** We are no longer accepting deck entries. All entries must be online.

Timing: Electronic Colorado system. In the unlikely event that a malfunction occurs, the meet will continue on schedule with the use of handheld stopwatch times.

Seeding: **All events other than the 800 free will be pre-seeded.** Heats will be seeded slow to fast, regardless of sex or age. If you do not have a time, please give us a best estimate. Do not enter NT. **800 will be seeded fastest to slowest.**

Age Groups: Age is as of December 31, 2025

Individuals; 18-24, 25-29, 30-34, etc. through 90+

Relays are the sum of the ages of the four swimmers: 72-99, 100-119, 120-159, 160-199, 200-239

Entry Fees: **Entry Deadline May 17th:** Surcharge: \$20.00. Individual events cost \$5.00 per event. Relays are **Free**.

This meet will ONLY be accepting Online Meet Entries which will close at midnight eastern time on May 16th, 2025. Entry fees are paid by credit card to "ClubAssistant.com Events." Online entry link is https://www.clubassistant.com/club/meet_information.cfm?c=2612&smid=19958

There will be no refunds.

Cancellations:

In case of severe weather conditions or other emergency situations, which force cancellations of any portion of this meet - no refunds will be made on any fees or swimmer surcharges. Every attempt will be made to reschedule the meet to another day if there is a cancellation of any kind.

Relays: Relays must consist of two women and two men; the age of the youngest team member shall determine the age group. **Relays must be declared by the final heat of the 100 Free for the Medley Relay and the final heat of the 500 Free for the Free Relay.**

1000 Free: We would appreciate all swimmers providing their own counters. If a counter cannot be provided please notify the meet director when submitting entries and arrangements can be made to have one provided.

Events:

- | | |
|---------------------|-------------------|
| 1. 800 Free | 12.100 Back |
| | 13.50 Free |
| 2. 100 Free | 14.200 breast |
| 3. 25 Back | 15.25 Fly |
| 4. 100 IM | 16.200 IM |
| 5. 50 Fly | 17.100 Fly |
| 6. 100 Breast | 18.50 Breast |
| 7. 50 back | 19.200 Back |
| 8. 200 Fly | 20.200 Free |
| 9. 25 Free | 21.25 Breast |
| 10.400 Free | 22.200 Free Relay |
| 11.200 Medley Relay | |

Concessions: Food will be available for purchase.

Entry Limits. The meet will be limited to 250 swimmers to maintain an appropriate timeline. Also, the 1000 will be limited to 5 heats, and the 500 will be limited to 8 heats. Entries will be accepted on a first come first serve basis in the order that they are received.

Meet Info: The psych sheet will be posted at justintiming.com the Wednesday before the meet. Results will be posted within one week of the meet.

Any Questions Contact,
Nicole Alsobrooks
nicolea@justintiming.com



PARTICIPANT WAIVER AND RELEASE OF LIABILITY,

ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.

2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.

3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.

4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.

5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				

Signature of Participant	Date Signed
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Revised 07/01/2014

Pool Length Certification Form

Submit this form for either of the following conditions: a) the pool is not on the list of USMS Measured Pools or b) the pool has undergone renovation to any portion of the pool where starts and/or turns will take place.

Only this page needs to be submitted for your pool certification.

1. Facility (*See Note)

Pool Name NL Aquatic Center
Address 333 Presto Ave
City Voorhees State NJ Zip 08043
LMSC _____

Course measured (check one)

___ 25 Yards
☒ 25 Meters
___ 50 Meters

Bulkhead (check one)

___ Yes ☒ No

*Note: For facilities with multiple pools, please identify the specific pool being measured either by unique pool name within the facility or the pool location in relation to other pools within the entire facility.

2. Measurement parameters (check one)

- a. Measuring device (see instructions): Steel tape ___ Laser ☒ Other _____
- b. Distances measured in (check one):
- ☐ feet with feet displayed as a decimal to 1/100 like 75.01 feet
 - ☐ feet and inches with inches displayed as a fraction to 1/8 like 75ft 3/8 in. or 75' 3/8"
 - ☒ meters with meters displayed as a decimal to 1/100 like 50.01m
 - ☐ meters and centimeters with centimeters displayed separately as 50m 1cm.

3. Measurements Complete measurement of each lane for ALL lanes.

Date of Measurement: 04/08/25 How measured: ☒ wall-to-wall, ___ pad-to-pad, ___ wall-to-pad

Be sure to include fractions or decimal places.

Lane 1	<u>25.03</u>	Lane 2	<u>25.03</u>	Lane 3	<u>25.03</u>	Lane 4	<u>25.03</u>
Lane 5	<u>25.03</u>	Lane 6	<u>25.03</u>	Lane 7	<u>25.03</u>	Lane 8	<u>25.03</u>
Lane 9	<u>25.03</u>	Lane 10	<u>25.03</u>	Lane 11	_____	Lane 12	_____
Lane 13	_____	Lane 14	_____	Lane 15	_____	Lane 16	_____
Lane 17	_____	Lane 18	_____	Lane 19	_____	Lane 20	_____
Lane 21	_____	Lane 22	_____				

4. Measured by:

Name Scott Peters
Title Member
Phone Number 215.510.6382
Email address speters@nlaquatics.com

Submitted by:

Name _____
Title _____
Phone Number _____
Email address _____

Completed forms should be sent to the Top Ten Recorder of the LMSC. Attach a copy of this form to record applications if the form is not already on file with the USMS National Swims Coordinator. To add the pool to the USMS List of Measured Pools, email a copy of this form to Mary Beth Windrath, National Swims Coordinator, topten@usmastersswimming.org. Measure before applying for a sanction.