



RED RIVER MASTERS
Summer Invitational
Long Course Meters

Date: Saturday and Sunday June 28-29, 2025

Times: Saturday June 28, 2025
Warm-up 1:00 p.m.
Meet Start 2:00 p.m.

Sunday June 29, 2025
Warm-up 9:00 a.m.
Meet Start 10:00 a.m.

Sanction: Sanctioned by Southern Masters Swimming for USMS Inc. (#TBD)

Location: BHP Billiton Branch of the YMCA of Northwest Louisiana
3455 Knight Street, Shreveport, LA 71105

Facility: Indoor, 8-lane 50 meter course with non-turbulent lane lines, lane width 8 feet, depth 9 feet at starting end, 4'4" in the middle of the pool, and 8 feet at the turn end. This meet will be run in 6 competition lanes. Lane 7 will be an empty "buffer" lane, and Lane 8 will be for continuous warm-up/down during each session. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Timing: Colorado Timing System with touchpads, 2 electronic starters, scoreboard, starting block wedges, and Colorado backstroke start devices.

Parking: Plenty of free parking is available at the YMCA.

Rules: Current United States Masters Swimming technical rules and code of regulations will govern this meet. This meet is conducted at a YMCA. The YMCA asks that all swimmers, coaches, and spectators comply with the facility regulations.

Eligibility: All participants must be registered with United States Masters Swimming for 2025. If you are not currently a USMS member, you will need to register with USMS. You can register online here: <https://www.usms.org/join-usms/join-or-renew>

Entry Deadline and Fees:

Full Meet Online entries by Monday, June 23 11:59 PM	\$40
1-Day only (Saturday or Sunday) Online by June 23 11:59 PM	\$20
Relay ONLY Online participants by June 23 11:59 PM	\$20
Deck entries at the meet (for open lanes only)	\$45

Entries: Swimmers may enter a maximum of five individual events per day, plus relays. Online registration is via Club Assistant at https://www.clubassistant.com/club/meet_information.cfm?c=2691&smid=19476

Additional links are available at:
www.usms.org/events

Deck Entry (for open lanes only) with current USMS Card, Entry Form, & signed Participant Waiver. The deck entry registration fee of \$45.00 may be paid via cash or check.

Seeding: Enter the meet using your best long course meters time. An entry time of no-time (NT) will be permitted. If an event is comprised of multiple heats, the slower heats will be contested first. All no-time (NT) entries shall be placed in the slower heats. All events will be timed finals. The Meet Referee may opt to combine men's and women's heats based on entry numbers. Results will be scored separately by gender and age group.

Age Groups: Individual Events: 18-24, 25-29, 30-34, 35-39, 40-44, etc.
Relays: 72-99, 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, ... (40-year increments as high as is necessary). The aggregate age of the four relay team members shall determine the age group.

Scoring: Individual events: 9-7-6-5-4-3-2-1. Relays are double points.

Results: Results, including splits, will be posted at the venue, and online at the following websites:
www.southernmastersswimming.com, and
www.usms.org/comp/meets/meetlist

Photography: USMS does not allow cameras or other recording devices behind the starting platform during the start of the race and during intermediate relay exchanges. The sanctioning LMSC, meet host, and the referee may further impose restrictions.

Meet Director: Eddie Adams, Email: Eadams@ymcanwla.org

Meet Referee: Lukas Drozd, Email: Ldrozd@gmail.com

Lodging: Hilton Garden Inn Shreveport Bossier City
2015 Old Minden Rd.
Bossier City, LA 71111

318-759-1950

A number of other nearby hotels are also available

Meet Course: 50 Meters

Saturday, June 28, 2025 - Session 1

Warm-ups start at 1:00 PM

Meet Session starts at 2:00 PM

#	Sex	Event
1	Women	200 Free Relay
2	Men	200 Free Relay
3	Mixed	200 Free Relay
4	Women	200 IM
5	Men	200 IM
6	Women	200 Back
7	Men	200 Back
8	Women	400 Free
9	Men	400 Free
10	Women	100 Breast
11	Men	100 Breast
12	Women	50 Free
13	Men	50 Free
14	Women	200 Fly
15	Men	200 Fly
16	Women	400 Medley Relay
17	Men	400 Medley Relay
18	Mixed	400 Medley Relay
19	Mixed	1500 Free

Sunday, June 29, 2025 - Session 2

Warm-ups start at 9:00 AM

Meet Session starts at 10:00 AM

#	Sex	Event
20	Women	200 Medley Relay
21	Men	200 Medley Relay
22	Mixed	200 Medley Relay
23	Women	400 IM
24	Men	400 IM
25	Women	100 Back
26	Men	100 Back
27	Women	50 Breast
28	Men	50 Breast
29	Women	100 Free
30	Men	100 Free
31	Women	50 Fly
32	Men	50 Fly
33	Women	800 Free Relay
34	Men	800 Free Relay
35	Mixed	800 Free Relay
36	Women	50 Back
37	Men	50 Back
38	Women	200 Breast
39	Men	200 Breast
40	Women	200 Free
41	Men	200 Free
42	Women	100 Fly
43	Men	100 Fly
44	Women	400 Free Relay
45	Men	400 Free Relay
46	Mixed	400 Free Relay
47	Mixed	800 Free