

2025 Oregon Senior Games
Sunday, August 17, 2025
Meet Information

Recognition:	Recognized by Oregon Masters Swimming, Inc for USMS Inc. (Recognition #: XXX-RXXX)
Hosted by:	Oregon Senior Games
Meet Director:	Rhonda Soule • E-mail: rhondasoule@gmail.com
Meet Referee:	Jacki Allender • E-mail: jacki.allender@gmail.com
Location:	Albany Community Pool, 2150 36th Ave SE, Albany, Oregon
Eligibility:	Athletes who will be at least 50 years old by December 31, 2025. Age is determined by the age of the swimmer on December 31, 2025. USMS membership is not required.
Results:	Results will be posted at the meet and on the event website.
Registration Deadline (Online Entry Only):	Sunday, Aug 10, 2025
Registration Website:	https://oregonseniorgames.com/oregon-senior-games-registration/
Fees:	Registration fee: \$45 (\$35 if registered prior to June 1, 2025) Event fee: \$10 per event
Event Website:	https://oregonseniorgames.com/oregon-senior-games-sports/oregon-senior-games-swimming/
Schedule	7:00am – Check-in Time 7:30am – Warm-up 8:30am – Competition Begins
Rules:	<p>The meet will be conducted in accordance with the USMS rules as modified by the National Senior Games Association (NSGA) rules of competition.</p> <ul style="list-style-type: none">• All swimming events will be timed finals and swum mixed ages and genders.• Events will be scored and awarded by gender in individual age groups: 18-24, 25-29, 30-34, etc. Age is determined by the age of the swimmer on December 31, 2025.• Swimmers may enter a maximum of 5 individual events.
Pool Length:	The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1, but as a bulkhead course, is

subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Timing System: Automatic timing will be used with button back-up in compliance with articles 103.18.5 - 103.18.9. Times performed by properly registered USMS members may be considered for USMS Top 10 and National records.

Split Requests: Swimmer(s) must submit a written split request to the appropriate person prior to the end of the competition except in the case of backstroke events which require the split request be submitted prior to the event.

Cameras, Video Equipment, & Drones:

The use of cameras, including cellphone cameras and/or other recording devices, is prohibited behind the starting platforms during the start of races including relay starts. The use of audio and/or visual recording devices, including cellphone cameras, is prohibited in changing areas, restrooms, and locker rooms. Operation of drones, or any other flying apparatus, is prohibited over the venues (pool, athlete/coach areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Order of Events

<u>Event #</u>	<u>Event</u>
#1	400 yard Individual Medley (IM)
#2	100 yard Freestyle
#3	25 Yard Breaststroke
#4	200 Yard Backstroke
#5	50 Yard Butterfly
10 Minute Break	
#6	100 Yard Breaststroke
#7	50 Yard Backstroke
#8	200 Yard Butterfly
#9	25 Yard Freestyle
10 Minute Break	
#10	500 Yard Freestyle
10 Minute Break	
#11	100 Yard Backstroke
#12	50 Yard Butterfly
#13	200 Yard Freestyle
#14	50 Yard Breaststroke
#15	200 Yard Individual Medley (IM)
10 Minute Break	
#16	100 Yard Butterfly
#17	50 Yard Freestyle
#18	200 Yard Breaststroke
#19	25 Yard Backstroke
#20	100 Yard Individual Medley (IM)

Breaks may be increased at the discretion of the Meet Referee