## Gulf LMSC Lake Longhorn Open Water Roundup

### Southern Zone Open Water Grand Prix Challenge

# Sunday, April 13, 2025

The Gulf LMSC is proud to host the first event of the 2025 Southern Zone Open Water Grand Prix Challenge. The event will have three distances offered for the newcomer to open water all the way to the experienced open water swimmer; 1K, 2K, and 4K. This event is put on by Gulf Masters swimming for USMS registered swimmers. Find out what open water swimming is all about.

**Location:** Our venue is Lake Longhorn, 2391 Gun Range Rd., League City, TX. 77573. Free parking is located within 300 yards of the start and finish area. Portable restrooms are available, but there are no shower and changing rooms.

#### **Event Sanction:**

Event Director: Seth Huston, <a href="mailto:shuston@rice.edu">shuston@rice.edu</a>, (713) 539-3041

Event referee: Louis Davis, <a href="mailto:louis.davis1776@gmail.com">louis.davis1776@gmail.com</a>; Donna Dormiani, <a href="mailto:donna.dormiani@gmail.com">donna.dormiani@gmail.com</a>;

Race Course: The race course will be a 1K rectangular course. The start location is approximately in the same location as the finish (see map). All starts will be in the water and each race will finish in the water at the finish chute. Water temperature is expected to be in the mid 70's F.

**Event Time Line:** Race check in, packet pick up and numbering will be held from 7:30-7:45am at start and finish area. Race day entries will be accepted till 8:00am for an additional \$30.

A pre-race briefing will be held for all competitors at 7:45am at the start and finish area. Swimmers will be able to enter the water 5 minutes prior to race start to go to starting line.

4K will start at 8:00am, 2K will start at 8:05am, 1K will start at 8:10am

Each swimmer should be comfortable and confident in the water. A participant should be able to swim ½ mile in under 20 minutes in a swimming pool. Swimmers competing in the 5K will need to complete 4 laps before 1:25 in order to continue the finishing lap.

Each swimmer will wear a bright colored event swim cap. Each race will have a different color. Swim caps are required in order to help identify swimmers. The race course will be marked with 4 large orange turn buoys. Each turn will be a left turn (counter clockwise) and each swimmer must go around each buoy. Lifeguards and support staff will be on the lake on paddle boards and kayaks. All safety staff and race officials will be communicating through Whistle and Cell phone. There will be medical personnel on site for the event in case of an emergency medical situation.

In the case of thunderstorms in the area; if lightning is located within 8 miles of the venue prior to the race or determined to be approaching the area, the event may be delayed. If lightning strikes within 8 miles during the race; the race official will sound an air horn and message all safety staff to stop and remove swimmers at the nearest land point. This will effectively end the race for competitors still swimming.

**Entry Fee:** The early entry fee for this event is \$50 till Saturday, March 15, 11:59pm CST. On time entries for this event are \$60 and close Thursday, April 10th, 10:00pm CST. Race day entries after the deadline will be accepted with proof of USMS membership and \$90 late entry fee. Each participant will get a cap, t-shirt and post race refreshments.

Race registration: Event registration is available online at <a href="https://usmssouthcentralzone.org/open-water-challenge">https://usmssouthcentralzone.org/open-water-challenge</a>.

**Event Updates:** Refer to <a href="https://usmssouthcentralzone.org/open-water-challenge">https://usmssouthcentralzone.org/open-water-challenge</a>, for event information and other races in the Southern Zone Grand Prix Challenge.

# **Gulf Lake Longhorn Open Water Roundup**

# Sunday, April 13, 2025 An Open Water Meet hosted by RICE Aquatics USMS Swimming # GULC

		Today's Date
Please type or print clearly		
First NameN	Middle InitialLa	ist Name
Mailing Address		Phone Number
CityStateZi	p Ema	il
Birthdate MonthDateYear Team		USMS Swimming ID:
Gender (please circle) Male Female		
Please check races to be entered: Race Entry Fees		
1K race 2K race 4K race		
Early entry Fee \$50 through March 16, on time entry fee, \$60 through April 10, race day entry fee \$90		
Shirt Size request		
Please provide a copy of your current USMS card with entry form and fee.		
Make check payable to Rice Aquatics Masters and mail forms to:		
Seth Huston		
Rice Aquatics		
4321A Stanford St		

Houston, TX 77006



