

**2025 FOUNDERS MEET AT PABST FARMS
SHORT COURSE YARDS SWIM MEET SUNDAY, JANUARY 19, 2025**

SPONSORED BY:	Wisconsin Masters Aquatic Club
SANCTIONED BY:	The Wisconsin LMSC for USMS, Inc. Sanction No. 205-S
LOCATION:	YMCA at PABST FARMS 1750 Valley Road, Oconomowoc, WI 53066
FACILITIES:	8 lane, 25-yard pool with anti-turbulent lane guides, starting blocks and backstroke flags. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.
TIME:	<u>NOTE TIME CHANGE FROM PRIOR YEARS.</u> Sunday, Jan. 19, 2025, doors open at 9:00 A.M. There is no access to the YMCA before 9:00 A.M. Warm-up 9:15 A.M. to 9:50 A.M. Meet starts at 10:15 A.M.
ELIGIBILITY:	<p>Open to all swimmers 18 years and over as of Sunday, January 19, 2025. Because this is a USMS sanctioned event, current USMS membership is required. There are two registration options:</p> <ol style="list-style-type: none">1. USMS Member holding an Annual Registration (Register with USMS before entering the meet.)2. One-Event Registration (\$20). This registration is for the non-member who does not have a USMS registration but wishes to participate in this swim meet only. It entitles the registrant to compete but is not an annual USMS athlete registration. Online entry is required for one-event registration. Times swum under one-event registration are not eligible for USMS Top Ten consideration. One-event registrations are also not eligible for USMS or Wisconsin records (individual or relay), All-American or All-Star consideration. One-event swimmers may not swim relays except if the relay is swum as exhibition. One-event registration can be converted to a full USMS membership within 30 days.
RULES:	<p>Official U.S. Masters Swimming Rules will govern this meet. All events will be timed finals.</p> <p>TECHNICAL SWIMSUITS: Rule 102.12.1 C "Only swimsuits complying with World Aquatics swimsuit specifications may be worn in any USMS-sanctioned or -recognized competition."</p>
AUTOMATIC SPLIT RECORDING:	Automatic split recording (USMS Rule 103.18.2 A and B) will be performed by the officials for relay lead-off and for the 500 freestyle split from the 1000 freestyle provided the split time is available from the automatic (primary) timing system. Other splits must be requested in writing by the swimmer per USMS rules noted on the USMS Split Notification Form.
SEEDING:	Heats will be seeded slowest to fastest except the 1000 will be seeded fastest to slowest. Please submit a reasonably accurate seed time. A NO TIME will be seeded in the slowest heat. Age groups and sexes will be combined.
TIMING:	Primary: Automatic timing system (Colorado), Secondary: Semi-automatic with one button, Tertiary: one watch. Note: The timing system precision qualifies as appropriate for setting USMS Records, and Top 10 Consideration (103.18.5).
WARM UP:	<u>Swimmers must enter the pool feet first in a cautious manner.</u> Lanes 1-6 are circle swimming only -- NO DIVING STARTS are permitted from blocks or deck in these lanes. Lane 7 and 8 are the designated start/sprint lanes <u>when announced</u> . Swimming one direction only, exiting to the side or end. Hand paddles, kick-boards, fins, etc. may not be used at any time during the warm up period. Lane 8 is the designated lane for warm up/warm down during the meet. <u>No jumping.</u>

diving or socializing in warm up lane while the meet is in progress.

ENTRY FEE:	USMS Members \$20.00 pool fee and \$6.00 per individual event. One Event members \$20.00 one event registration, \$20.00 pool fee and \$6.00 per individual event. There are no refunds of entry fees.
ENTRY LIMIT:	Six (6) individual events plus relays. THE 1000 FREESTYLE IS LIMITED TO THE FIRST 14 ENTRIES RECEIVED. Each swimmer swimming the 1000 Freestyle is responsible for providing a lap counter. <u>POSITIVE CHECK IN FOR THE 1000 IS REQUIRED BY THE START OF EVENT 10,</u> the 200 Freestyle relay. WAITLIST for 1000: If the 1000 is filled, you may request to be placed on a waitlist through the online entry. If you enter 6 events must enter an alternate event that you will drop if you get to swim the 1000 on the day of the meet.
RELAYS	Relays may be submitted at the meet. Relay teams may be all men, all women or mixed (2 men & 2 women). Swimmers may swim 4 relays, however, swimmers may not swim both the mixed and the male/female relays of a given distance. Relay events of the same distance (mixed, male or female) are combined under one event number and swum in the same heat.
ONLINE ENTRY	Enter On-Line via Club Assistant (see https://www.wisconsinmastersswimming.com for link) OR https://www.clubassistant.com/club/meet_information.cfm?c=2424&smid=19213 <u>On-line entry is preferred.</u> Entries open on Dec. 14, 2024. On-Line meet entry deadline is <u>Monday, January 13, 2025</u> at 11:59 PM CST time. <u>NO EMAIL ENTRIES, DECK ENTRIES OR LATE ENTRIES WILL BE ACCEPTED.</u>
PAPER ENTRY DEADLINE:	Paper entries via US Mail with the Wisconsin Masters Swimming Universal Entry Form, one athlete per form. Mail entries must include a copy of the swimmer's USMS registration card. The LIABILITY RELEASE page must be signed without any alterations. Paper entries must be in Mike Murray's hands no later than 6:00PM, Saturday Jan. 11, 2025. Fees must accompany the entry form. Checks made payable to WMAC.
DECK ENTRIES	Deck entries are not allowed.
AWARDS:	Ribbons for 1 st through 3 rd places.
MEET DIRECTOR:	Mike Murray 2525 Scheibe Drive Brookfield, WI 53005 414.315.2847 with text. Email: WMAC.Swim.MeetDir@Gmail.com

SCHEDULE OF EVENTS

Maximum Six (6) Individual Events

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| 1. 50 yard Freestyle "high five" relay (1)(4)
Five minute break to stop laughing. | 12. 50 yard Breaststroke |
| 2. 400 yard IM | 13. 200 yard Freestyle |
| 3. 50 yard Backstroke | 14. 200 yard Medley Relay (2)(3) |
| 4. 100 yard Freestyle | 15. 50 yard Freestyle |
| 5. 100 yard Breaststroke | 16. 100 yard Backstroke |
| 6. 50 yard Butterfly | 17. 100 yard Butterfly |
| 7. 50 yard IM (1) | 18. 200 yard Breaststroke |
| 8. 200 yard Butterfly | 19. 200 yard IM |
| 9. 200 yard Backstroke | 20. 4 x 100 IM Relay (1)(5) |
| 10. 200 yard Freestyle Relay (2) | 21. 1000 yard Freestyle |
| 11. 100 yard IM | |

(1) **Non-Conforming Event and not eligible for USMS Top 10, USMS or WI records, All American or All-Star consideration.**

(2) Relay entries can be submitted at the meet. In order for a relay to be eligible for state or USMS Top 10 consideration they must be all men, all women or two men and two women and all swimmers must be registered with the same club. Competitors may swim only once in each relay event. The meet director reserves the right to organize these relays.

(3) Identify which strokes you are able to swim.

(4) **50 Yard Freestyle High Five Relay**

Swimmer one starts in the water. The swimmers two and four will be at mid-pool. Swimmer three will be at the turn end of the pool in the water. Swimmer one swims to the middle of the pool and gives swimmer two a high five. Swimmer two swims to the turn end of the pool and gives swimmer three a high five. Swimmer three swims to the middle of the pool and gives swimmer four a high five. Swimmer four finishes the race. The meet director will organize this relay.

(5) **4 x 100 IM Relay**

All swimmers start on the blocks. Each swimmer will swim a 100 IM in strokes in standard (Fly, Back Breast, Free) order. The meet director will organize this relay.

Directions to the YMCA at Pabst Farms: Oconomowoc is located midway between Milwaukee and Madison, adjacent to and north of I-94. Exit I-94 on State Hwy 67, go north 2 blocks to Valley Road, turn east (right) on Valley Road, the Y will be about one mile east on Valley Road. When entering the YMCA early on the morning of the meet, please use the entrance on the West side of the building, as the main entrance does not open until 10:00 A.M. on Sunday.

Post Meet: To Be Announced

Why is this the Founders Meet

The Founder's Meet is intended to recognize the people that were instrumental in Wisconsin Masters Swimming.

2023 Honorees

- John Bauman
- Dick Pitman
- Ingrid Stine

2024 Honorees

- Nancy Kranpitz
- Alex McGillis
- Jeanne Seidler

2025 Honorees

W. Morgan Byers

Robert White Sr.