

The 2025 Distance Non-Free Virtual Challenge



Thursday, May 1 - Monday, June 30, 2025

Albany Armada Aquatic Masters

Postal Swim Registration



Registration Schedule

It is now 1:03:00 PM Pacific Time (PST) on Thursday, November 7, 2024.

	Open	Close
Swimmer Registration	Wed, May 1, 2024 08:00 AM	Sat, Jul 5, 2025 11:59 PM

Online Registration is in 'Build' Mode.
More Information Coming Soon...



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The 2025 Distance Non-Free Virtual Challenge

Ever wondered whether you could swim distance fly, back, or breaststroke? Now's your chance to find out! And once you do, you will never again fear a 200 fly, back, or breast!

The Distance Non-Free Challenge allows you to be timed, in your own SCY, LCM, or SCM pool, for the 500, 1000, or yes, the 1650 butterfly, backstroke, or breaststroke -- or any combination of those events -- and then compare your times to others throughout our LMSC and even USMS!

Awards, Results, and Records

Unless they opt out, all participants will receive a 2.25" diameter "distance non-free survivor" button to proudly display on their swim parka. 1st, 2nd and 3rd place finishers in each category in each gender and age group (18-24 women, 25-29 men, 30-34 women etc.) will receive a special event ribbon.

All finishers of 1650 butterfly, backstroke, or breaststroke will receive a stroke-specific patch commemorating their achievement; and all who complete the "Triple Trifecta" -- all nine events in a given year, past or present -- will receive a [26" x 17" Flow™ chamois towel](#). These are very handy for drying off between events at meets. Once it's wet, just wring it out, like a sponge, it's ready to dry the next item! Buttons, ribbons, and patches are pictured on [the event web site](#).

Also posted on [the event website](#), are all results for this event going back to 2023 and for the Rinconada Masters' 1650 Borboleta (Butterfly) 1983-2019, as well as top 10 and records for the 500, 1000, and 1650 fly, back, and breaststroke.

Rules:

1. In-water start, no diving allowed.
2. Must be a member of USMS and [follow all USMS rules](#) for the butterfly, backstroke, and/or breaststroke and turns.
3. The Distance Non-Free Virtual Challenge can be swum in a 25-yard (SCY), 25-meter (SCM), or 50-meter (LCM) pool, but splits and final times must be converted to SCY using the [swimswam.com Classic Converter](#).
4. All events for the Distance Non-Free Virtual Challenge must be swum on or between May 1, 2025--June 30, 2025. All results must be submitted by July 5, 2025. Please do not register until you have swum ALL of the events you intend to enter.
5. Online entries only.

Upcoming Pacific LMSC Swim Competition Schedule

[Sunday, December 1, 2024 - 2024 400 Kick for Time - A USMS/USA Swimming Postal Event](#)

[Saturday, December 7, 2024 - THRICE is Nice 50+100+200 for each stroke and the 400 Kick For Time](#)

[Saturday, January 25, 2025 - The Olympic Club 1500 SCM Swim Meet 2025](#)

[All U.S. Masters Swimming Swim Meets, Open Water Events, Postals](#)

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Club Management, Meet and Event Registration

6. Swimmers may enter times for the 500, 1000, or 1650 butterfly, backstroke, or breaststroke or any combination of the nine options.
7. You may swim each event as many times as you want for faster times, but only one entry, with times for all events swum, will be accepted per swimmer.
8. Cost - \$10 for one event, \$15 for two or three events, \$20 for more than three events.

Event #	Event
1	500 SCY Butterfly
2	500 SCY Backstroke
3	500 SCY Breaststroke
4	1000 SCY Butterfly
5	1000 SCY Backstroke
6	1000 SCY Breaststroke
7	1650 SCY Butterfly
8	1650 SCY Backstroke
9	1650 SCY Breaststroke

10. You may time yourself or have someone record your time, though having someone else record your time is highly recommended for the 1000 and 1650, as you will need to record and submit your splits at 500, and 1000 yards. You may use the [one-hour virtual swim split sheet posted here](#), or another one of your choosing.

For self-timing, a pace clock, stopwatch, smart goggles, or smartwatch must be used. **However, if your device does not record tenths or hundredths of seconds, .99 or .09 seconds should be added to the time submitted rather than submitting it as .00.** Event director reserves the right to remove any incorrect results.

Submission of a split sheet is not required unless the swimmer is applying for an individual record. However, split sheets may be requested for verification so keep your split sheets until final results are posted. If a requested split sheet is not provided, the individual's entry may be disqualified.

11. No more than 2 swimmers splitting the lane allowed (no circle swimming).
12. Each of the nine events described above are **separate events** and you need to **swim each event separately**. Split times from the 1650 may not be used for the 1000 or the 500 events, and split times from the 1000 may not be used for the 500.
13. Age groups: In open water and virtual swims, the eligibility of a swimmer shall be determined by the age of the swimmer on December 31 of the year of competition, except for 18-year-olds, who must be 18 on the day that they swim.

Questions?
Contact Leah Carroll
carroll2@berkeley.edu

Meet Course: 25 Yards

Note: If paying by credit card, your credit card statement will reflect a charge from "WWW.ALBANYARMADA.COM."

Online Registration is in 'Build' Mode.

[Problem with this registration?](#)

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