MASSACHUSETTS BREAST CANCER COALITION



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Against the Tide fundraising events of the Massachusetts Breast Cancer Coalition (MBCC) on June 14th and June 21st. Please include these in your community events calendar.

Against the Tide Hopkinton, MA Date: June 14, 2025 Location: DCR's Hopkinton State Park, 164 Cedar St, Hopkinton, MA 01748 Time: 7am to 12 noon

Against the Tide Brewster, Cape Cod, MA Date: June 21, 2025 Location: DCR's Nickerson State Park, Fisherman's Landing at Cliff Pond, 3488 Main St,. Brewster, MA 02631 Time: 7am to 12 noon

Event website: http://www.mbcc.org/against-the-tide

Event title: Against the Tide: Run, Swim, or Walk to Prevent Breast Cancer

Event summary: Join Massachusetts Breast Cancer Coalition on June 14th and June 21st for Against the Tide and swim, run, or walk to support breast cancer prevention!

Event description: Massachusetts Breast Cancer Coalition (MBCC) invites you to join us on the beach for Against the Tide to swim, run, or walk to support breast cancer prevention. June 14th at Hopkinton State Park in Hopkinton, MA and June 21st at Nickerson State Park in Brewster MA on Cape Cod. Also, virtually from June 14th to June 21st.

Events include USATF-Course-Certified 5K and 10K runs, USMS-Sanctioned 1-mile swim, 1-mile recreational and competitive swims, ½-mile recreational swim, and a 3-mile fitness walk.

To register, create or join a team, and donate, go to <u>mbcc.org/against-the-tide</u>. The registration fee is \$40 per participant per event. Against the Tide is family-friendly, and can be enjoyed by adults and children of all ages and abilities.

Against the Tide is a major fundraising event for the MA Breast Cancer Coalition whose mission is to prevent breast cancer by identifying and eliminating toxic cancer-causing chemicals from the places where we and our children live, work, and play. The funds raised through Against the Tide help to support and expand the community education program Let's Talk Prevention: Reducing Toxic Exposures, the MBCC Webinar Series, and the newly-expanded student environmental health program, Let's Talk Prevention: Actions You Can Take. These programs are available online free of charge.

For more information about MBCC and Against the Tide, visit mbcc.org.