2nd Annual Quincy Qlassic Sunday, January 26, 2025 Quincy University 1800 Oak Street Quincy, IL 62301

Sanctioned by the Illinois LMSC for USMS, Inc.

Meet Facility:

- 6-lane, 25-yard pool on the campus of Quincy University, in the Health and Fitness Center.
- Parking available in B Lot on campus.
- The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.
- Daktronics Timing system will be primary time, watches for back-up times
- Warm-ups / cool down will be available at designated breaks after Event 7 and Event 14.

RULES: Current USMS technical rules will apply unless otherwise noted in this meet information.

MEET DIRECTOR: Bryan Christiansen, Head Swimming Coach, Quincy University 1800 College Avenue Quincy, IL 62301 585-313-8537

MEET REFEREE AND OFFICIALS CONTACT: Bridget Crose crose0705@gmail.com

DISABILITY: Swimmers with hearing or sight concerns should confer with the starter/referee prior to their events in order that assistance may be provided. Swimmers with physical disabilities may assume a starting position prior to other participants in a heat.

HEALTH AND SAFETY: The meet and meet host will adhere to the policies and procedures provided by the local health department.

ENTRY PROCESS:

- Entries will be through Club Assistant.
- The entry fee is \$30

• Deck entry fee will be \$45.

INDIVIDUAL ENTRIES:

- This meet will have unlimited individual entries.
- A swimmer's age group is determined by that swimmer's age on the last day of the meet, December 17, 2023. Age groups to be contested are as follows: 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, and 100+.
- There are no qualifying time standards for this meet. A swimmer should enter his/her best achieved time for each event entered. An entry time of "NO TIME" will be accepted

SEEDING: All events will be seeded by time. They will be scored by age group.

WARM-UP TIMES: Warm-up time 9:00 AM Meet 10:00 AM

RESULTS:

Final results will be emailed and posted in printable form on the website, <u>https://lmraquatics.wixsite.com/lmr-aquatics/quincy-masters-swimming</u>

Registration will open September 1, 2024 at 9:00 AM and close Friday, January 24, 2025 at 9:00 PM.

Session 1:

- Warm up at 9:00 AM Start at 10:00 AM
- The 500 Freestyle will be limited to 18 swimmers.
- Positive check-in for the 500 Freestyle will close at 9:30 AM.
- The 400 Individual Medley will be limited to 18 swimmers.
- Positive check-in for the 400 Individual Medley will close at 10:00 AM.

Deck Entry will close at 9:30 am.

USMS renewals will not be permitted on deck.

Meet Course: 25 Yards

Warm-ups start at 9:00 AM Meet starts at 10:00 AM Meet is estimated to end at 1:00 PM

#	Sex	Event	
1	Mixed	200 Y	Medley Relay
2	Mixed	200 Y	Free
3	Mixed	50 Y	Back
4	Mixed	100 Y	Fly
5	Mixed	200 Y	Breast
6	Mixed	50 Y	Free
7	Mixed	100 Y	Back
8	Mixed	100 Y	IM
9	Mixed	500 Y	Free
10	Mixed	200 Y	Fly
11	Mixed	50 Y	Breast
12	Mixed	100 Y	Free
13	Mixed	200 Y	IM
14	Mixed	200 Y	Back
15	Mixed	50 Y	Fly
16	Mixed	100 Y	Breast

17	Mixed	200 Y	Free Relay
18	Mixed	400 Y	IM

Note: If paying by credit card, your credit card statement will reflect a charge from "LMRAQUATICS."