

2025 29th Annual Fort Lauderdale Masters Challenge

Sanctioned by Florida Gold Coast Masters Swimming Committee for USMS, Inc.
Sanction #: 505-S001

DATE: Sat., February 8th, 2025 Warm-up: 9:00am Meet: 10:00am
Sun., February 9th, 2025 Warm-up: 9:00am Meet: 10:00am

POOL: Fort Lauderdale Aquatic Center Meet Director: Blake
501 Seabreeze Blvd. Woodrow
Fort Lauderdale, FL 33316 blake.woodrow@gmail.com
Phone: 954-828-6151

COURSE: Eight (8) Lane, 25 yard course with Omega timing. Additional lanes available for warm-up throughout the competition. * Ten (10) Lane course may be used depending on timeline.
The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

TIMING SYSTEM: The primary timing system will be Omega automatic timing. Times can be submitted for USMS records and USMS Top 10 consideration.

ELIGIBILITY: Participants must be registered Masters swimmers and at least 18 years of age as of February 8th. Swimmers turning 18 after the meet entry deadline and by February 8th, must enter the meet by the February 4th entry deadline and register for USMS either before or on February 8th. If a swimmer wishes to affiliate with a Masters club, the club and swimmer must both be registered with the same Local Masters Swimming Committee (LMSC). If there are questions about affiliation, the swimmer will be entered with the affiliation "UC" (Unattached). Foreign swimmers must provide proof of current membership in their country's Masters Swimming governing body.

RULES: 2025 USMS rules will govern this event. Meet management reserves the right to adjust logistics to run an efficient event.

BREAKS: There will be a 5-minute break prior to each relay event and a 5-minute break following each mixed relay event.

ENTRY INFO & FEES: \$40 Meet Fee plus \$5 per event. Competitors may enter up to a maximum of five (5) individual events per day. All events will be seeded "Slow to Fast" except for 1000 Free will be seeded "Fast to Slow". **Note: 1650 limited to first 24 online entries. Entry time cut-off is 40 minutes.**

Online Entry:
Preferred

<https://www.clubassistant.com/>

All Entry and Registration Fees are nonrefundable.

Paper Entry:
Available

All "Paper Entries" must be received by February 4, 2025.
Paper Entry form and payment

MASTERS CHALLENGE
Swim Fort Lauderdale
501 Seabreeze Boulevard
Ft. Lauderdale, FL 33316

Checks Made Payable To:
SFTL Masters Booster Club

*Entry fees are nonrefundable

DISTANCE EVENTS: 1000/1650 yard events will be swum combined men and women.
"Positive Check-in required" for the 1000 Free and 1650 Free.

Check-In Deadline: Saturday: 1000 Free-30 minutes prior to projected swim,
Sunday: 1650 Free-9:30am
You will need to provide an individual to serve as a lap counter.

SEEDING: Events will be seeded "Slowest to Fastest." 1000 Free will be swum "Fastest to Slowest"

DECK ENTRIES: Deck entries will be accepted on the day of the event up to 1 hour prior to the start of the session for an added charge.
Entries are only permitted in open lanes-no new heats will be added. **"\$50 Entry Fee" if not already entered in the meet plus \$10 per event.**

AWARDS: **Participation** Ribbons will be available as well as Tri-Fold cards will be provided for the placement of Award Labels as a race record for all.
Male/Female Age Group High Point will be awarded.

RELAYS: Relay entries will be accepted on the deck up to 60 minutes prior to the start of the relays.
\$10 per Relay Entry.

RESULTS: Results will be sent to USMS for approval on Top 10 Ranking times and LMSC or Zone records. Non-USMS swimmers in the meet will NOT be approved and reported to these USMS rankings. Results will be available at the following:
<https://www.gomotionapp.com/team/fgflac/page/mastersadults/meet-results>
Results will also be available on Meet Mobile.

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** OFFICIAL PAPER ENTRY FORM **

NAME: _____
 PHONE: _____
 EMAIL: _____
 CLUB NAME / USMS #: _____

<u>Saturday, February 8th</u>			<u>Sunday, February 9th</u>		
W/M/ Mixed	Event	Entry Time	W/M/Mixed	Event	Entry Time
1/2	500 Free	_____	-/-/23	1650 MIXED FREE	
3/4	200 Back	_____	25/26	200 IM _____	
5/6	50 Breast	_____	27/28	50 Free _____	
7/8	4x50 Med Relay	*****	29/30	100 Back _____	
9/10	100 Free	_____	31/32	4x50 FR Relay*****	
11/12	50 Back	_____	33/34	200 Fly _____	
13/14	200 Breast	_____	35/36	100 Breast _____	
15/16	100 Fly	_____	37/38	200 Free _____	
-/-/17	4x50 Mixed FR Rel	*****	39/40	100 IM _____	
19/20	400 IM	_____	41/42	50 Fly _____	
-/-/21	1000 MIXED FREE	_____	-/-/43	4x50 Mixed Med Rel *****	

***** Relays to be entered at Meet Mixed Relay (2 Women/2 Men)
 All Relays are 4 X 50.

Fees (Select One):	Meet Fee..... \$40:	\$ 40.00
	Number of Individual Events ____ X \$5 =	\$ _____
	Total:	\$ _____

(RELAYS: entries due@ session)

**** The 1650 will be limited to the first 24 entries that are received (online). If your Paper Entry is received after the limit has been reached, you will be automatically put on the "1650 Waiting List" and will be notified via email.**



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); Grown-Up Swimming meets or workouts; and/or related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, viral or bacterial infection including but not limited to COVID-19, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations, including the [Code of Conduct](#) and any safety regulations established by USMS. I accept sole responsibility for my own conduct and actions while participating in the Events and acknowledge that violations of the code of conduct may result in disciplinary action up to and including suspension of USMS membership.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, contractors, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USA Swimming Foundation; Grown-Up Swimming, LLC; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

First Name	Last Name	MI	Sex (check) M F	Date of Birth (mm/dd/yyyy)
Street Address, City, State, Zip				
Signature of Participant				Date Signed

Revised 10/30/2024