



**2025 Lakeside Masters Spring SCY Mini Meet**  
**Sunday, April 13, 2025**

SANCTIONED BY THE KENTUCKY LMSC FOR UNITED STATES MASTERS SWIMMING, INC  
 SANCTION NUMBER **XXX-XXXX**

<b>EVENTS:</b>	<u>Event #1</u>	400-yard freestyle relay
	<u>Event #2</u>	200-yard backstroke
	<u>Event #3</u>	100-yard butterfly
	<u>Event #4</u>	200-yard breaststroke
	<u>Event #5</u>	50-yard freestyle
	<u>Event #6</u>	100-yard individual medley
	<u>Event #7</u>	50-yard butterfly
	<u>Event #8</u>	200-yard freestyle
	<u>Event #9</u>	400-yard individual medley
	<u>Event #10</u>	400-yard medley relay

**SPONSORED BY:** Lakeside Masters Swim Team

**LOCATION:** Lakeside Swim Club, 2010 Trevilian Way, Louisville, KY 40205-2142  
 502.454.4585, [www.lakesideswim.com](http://www.lakesideswim.com)

**POOL:** 8-lane, 25-yard competition and 3-lane, 20-yard warm-up/cool-down pools with non-turbulent lane dividers. The primary timing system will be semi-automatic (Colorado Timing Systems). Times can be submitted for world records, USMS records, and USMS Top Ten consideration. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top Ten and records will be contingent upon the verification of bulkhead placement.

<b>SCHEDULE:</b>	Doors open	7:00 a.m.
	Competition pool warm-ups:	7:15 - 7:55 a.m.
	Meet start:	8:00 a.m.
	Meet conclusion:	11:00 a.m. or earlier

**BREAKS:** 5-minute breaks may be taken in between events, at the discretion of the Meet Referee, in order to allow athletes to rest in between multiple events in a row.

<b>ELIGIBILITY:</b>	<p>All swimmers must have an active registration with U S. Masters Swimming at the time of registration. No exceptions. Each swimmer is responsible for their proof of USMS registration and may be required to show it upon request.</p> <p><b><u>SWIMMERS MUST VERIFY THEIR USMS MEMBERSHIP DURING ONLINE &amp; DECK REGISTRATION.</u></b> Deck entry forms should display your name and USMS number as it appears on your registration records with USMS. All swimmers shall represent their USMS Club and not their Workout Group.</p>
<b>AGE</b>	<p>The age reported on your entry form must reflect your age as registered with USMS. A swimmer's age on April 13, 2025 determines their age for the meet.</p>
<b>ONLINE ENTRY:</b>	<p>Online entry via Club Assistant is available:</p> <p><b><u>Not available yet.</u></b></p> <p>Online entries will be accepted until <b>Saturday, April 12 at 12:00 p.m. EDT.</b></p>
<b>MEET ENTRY DEADLINE &amp; DECK ENTRIES:</b>	<p>The meet entry deadline is <b>Saturday, April 12, 2025 at 12:00 p.m. EDT.</b></p> <p>Paper deck entries for <b><u>all events</u></b> will be accepted until <b>Sunday, April 13, 2025 at 7:30 a.m. EDT</b> provided there is room available. Any entry received after the deadline will be considered a deck entry and will be placed in the meet in the order it was received. There is a \$10 surcharge for all deck entries.</p>
<b>MAXIMUM ENTRIES:</b>	<p>All swimmers are eligible to swim a maximum of 6 individual events for the entire meet, plus relays.</p>
<b>EVENT ENTRY LIMITS:</b>	<p><b><u>RELAY EVENTS #1 AND #10, THE 200-YARD MEDLEY AND FREESTYLE RELAYS, ARE LIMITED TO THE FIRST 16 ENTRIES.</u></b></p> <p><b><u>INDIVIDUAL EVENTS #2-8 WILL BE LIMITED TO THE FIRST 48 ENTRIES.</u></b></p> <p><b><u>INDIVIDUAL EVENT #9, THE 400-YARD INDIVIDUAL MEDLEY, WILL BE LIMITED TO THE FIRST 16 ENTRIES.</u></b></p>
<b>RELAY ENTRY:</b>	<p>Relay teams may be entered as MEN, WOMEN, or MIXED. Teams of all types will be seeded together in the same heats and scored separately. A swimmer may not swim on both a mixed and a same-sex team in the same event. All relays will be deck seeded. Relay cards are available <a href="#">here</a> and may be picked up from the Administrative Referee by a coach or USMS club representative. Each card shall include each swimmer's info in order swum on the relay; first name, last name, age, and sex. The total age of the four relay team members shall determine the age group in which the relay competes. There shall be no "exhibition" relay swims.</p>
<b>RELAY CARD SUBMISSION:</b>	<p><b><u>Relay cards for Event #1 should be returned to the Administrative Referee no later than 7:30 a.m. Relay cards for Event #10 should be returned to the Administrative Referee no later than the conclusion of event #5.</u></b></p>
<b>LANE ASSIGNMENTS:</b>	<p>The meet will be seeded by the pre-entered seed time of each swimmer or relay with the <b><u>SLOWEST HEATS FIRST.</u></b> Proof of time may be requested. A seed time</p>

of no time (NT) will be seeded in the slower heats. Swimmers will be seeded according to time, regardless of age/gender. **Final heat and lane assignments will be posted by 7:55 a.m.** at the venue on the day of the meet. Swimmers are responsible to report to the blocks when their heat is called.

**PSYCH SHEET:** A preliminary psych sheet will be posted online by Saturday, April 12, 2024 2025 by 1:00 p.m. EDT. at [www.lakesideswim.com/teams/masters-swim-team/](http://www.lakesideswim.com/teams/masters-swim-team/)

**SPLIT REQUESTS:** Swims that meet the requirements of USMS Rule 105.2.2, lead-off splits for relays, will be submitted to USMS for all lead-off swimmers.

Splits from any event in the meet that meet the requirements of USMS Rule 10.5.2.2 **for requested distances only** will be submitted to USMS. Split notification forms are available online [here](#) and must be submitted to the Meet Director via email prior to the day of the meet or to the Administrative Referee on the day of the meet. There will be copies available at the event.

**ENTRY FEES:** \$20 per swimmer (entries received before 12:00 p.m. 4/12/25)  
\$30 per swimmer for deck entries (entries received after 12:00 p.m. 4/12/25)  
**Cash/check made payable to Lakeside Masters only.**

**WARM-UP PROCEDURE:** Swimmers must enter the pool feet-first in a cautious manner. Diving shall be permitted only from the blocks in the designated sprint lane during the warm-up period. No diving in the 20-yard warm-up pool.

**PROTESTS:** Any protest concerning, eligibility, entries, seeding, or final results will be addressed to the Meet Director or Referee. The protest shall be made by the team representative only. (USMS rules 102.14).

**RESULTS:** Results will be emailed to participants and posted online at: [kylmsc.org/results](http://kylmsc.org/results) and [lakesideswim.com/teams/masters-swim-team](http://lakesideswim.com/teams/masters-swim-team) following the meet.

**FACILITY RESTRICTIONS:** Lakeside is a smoke and tobacco-free facility. Alcoholic beverages, glass containers and cans are prohibited. Lakeside is closed to its members and guests during this meet. Swimmers, volunteers, and spectators must sign in upon entering the facility.

**PARKING:** Parking is restricted to street parking only.

**VOLUNTEERS NEEDED:** Volunteer timers are needed. You can sign up online here:  
**Not available yet.**

**MEET DIRECTOR:**

**WILLIAM KOLB**  
2010 TREVILIAN WAY  
LOUISVILLE, KY 40205  
w. 502-454-4585 x 231  
e. [wkolb@lakesideswim.com](mailto:wkolb@lakesideswim.com)

**MEET REFEREE:**

**MARY GRAVES**  
2010 TREVILIAN WAY  
LOUISVILLE, KY 40205  
w. 502.454.4585 x 225  
e. [mtgraves@lakesideswim.com](mailto:mtgraves@lakesideswim.com)



**Lakeside Masters Spring SCY  
Mini Meet — 04/13/25**

**ENTRY FORM -- PLEASE PRINT**

**NAME:** \_\_\_\_\_ **USMS #:** \_\_\_\_\_  
(Please print this info as it appears on your USMS registration)

**DATE OF BIRTH:** \_\_\_\_\_ **AGE ON 04/13/25:** \_\_\_\_\_

**CLUB:** \_\_\_\_\_  
(All swimmers shall represent their USMS Club and not their Workout Group)

**ADDRESS:** \_\_\_\_\_

**CITY/STATE/ZIP:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**EMERGENCY CONTACT:** \_\_\_\_\_

**RELATION:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

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**EVENTS**

☐ #1 -- 200-yard freestyle relay  
(check if available)

☐ #6 -- 100-yard individual medley  
seed time: \_\_\_\_ : \_\_\_\_ . \_\_\_\_

☐ #2 -- 200-yard backstroke  
seed time: \_\_\_\_ : \_\_\_\_ . \_\_\_\_

☐ #7 -- 50-yard butterfly  
seed time: \_\_\_\_ : \_\_\_\_ . \_\_\_\_

☐ #3 -- 100-yard butterfly  
seed time: \_\_\_\_ : \_\_\_\_ . \_\_\_\_

☐ #8 -- 200-yard freestyle  
seed time: \_\_\_\_ : \_\_\_\_ . \_\_\_\_

☐ #4 -- 200-yard breaststroke  
seed time: \_\_\_\_ : \_\_\_\_ . \_\_\_\_

☐ #9 -- 400-yard individual medley  
seed time: \_\_\_\_ : \_\_\_\_ . \_\_\_\_

☐ #5 -- 50-yard freestyle  
seed time: \_\_\_\_ : \_\_\_\_ . \_\_\_\_

☐ #10 -- 200-yard medley relay  
(check if available)

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**FEES**

\$20 per swimmer

\$30 per swimmer for deck entries  
(received after 4/13/24 at 12:00 p.m. EDT)

Cash/check only. Payable to: **Lakeside Masters**