2024 MOVY Masters SCM at LSR7

Sunday December 15, 2024

Warm up 10:00. Races at 10:45. El Potro Mexican food at about 3:00!

LSR7 Aquatic center

3498 SW Windemere

Lees Summit, MO 64063

- **Eligibility:** This is a USMS sanctioned meet, therefore you must be a member of USMS to swim in the meet. If you are not currently registered, you may register ONLINE (preferred!) at www.usms.org. If you live between Columbia, Mo. and the western border of Ks., please register as MOVY for your club.
- **Rules:** The current USMS rules will govern the conduct of the meet. Heats will be seeded, slowest to fastest. <u>Please enter a goal time for accurate seeding</u>. Entries with no times will be seeded in the slowest heats. Men and women of all ages will swim mixed. You might swim next to someone older or younger, man or woman, of approximately the same speed. Results will be broken out by age group and gender (i.e. Men/Women, 19-24, 25-29, 30-34, 35-39 etc.).

NOTE: Your age for this meet is your age on 12-31-2024.

Pool Length Certification: The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Timing System: The primary timing system will be automatic timing. Times can be submitted for world records, USMS records, and USMS Top 10 consideration.

Entries: Online entries will close at 11:59pm on Wednesday, December 11, 2024. Online fee is \$40. Charges will appear as being from Club Assistant. Deck entries at \$70 will close at 10:15 the day of the meet. Entries can be completed at https://www.clubassistant.com/club/meet_information.cfm?c=1603&smid=19077

You are limited to 5 individual events and 4 relays.

ORDER OF EVENTS

- 1. 50 back
- 2. 100 breast
- 3. 100 fly
- 4. 200 free
- 5. 400 IM
- 6. 100 back
- 7. 200 breast
- 8. 50 fly
- 9. 1500 free (limit of 8 entrants)
- 10. 100 free
- 11. 200 IM
- 12. 50 breast
- 13. 200 back
- 14. 400 free
- 15. 100 IM
- 16. 50 free
- 17. 200 fly

Mens 200 free relay
Womens 200 free relay
Mixed 200 free relay
Mixed 200 medley relay
Mens 200 medley relay
Womens 200 medley relay
Womens 200 medley relay
Womens 200 medley relay
Womens 800 free relay
Mixed 800 free relay
Mixed 800 free relay
Mens 400 free relay
Mixed 400 free relay
Mens 400 medley relay
Momens 400 medley relay
Momens 400 medley relay
Mixed 400 medley relay
Mixed 400 medley relay
Mixed 400 medley relay

Meet Director is Bill Sherman, 8405 Cherry, KCMO 64131. Questions can be answered at 816-560-6215.

The meet will conducted under current USMS rules and regulations.