



# DONNER LAKE OPEN WATER SWIM

2.7 MILES

SATURDAY, AUGUST 10, 2024 8:30 AM

Water temperature: 65-68° Truckee, CA. Altitude: 5933 ft.

**Sanctioned by: Pacific Masters Swimming for  
USMS, Inc. # 384-W001**



**LOCATION:** Donner Lake, Truckee, CA. Located 35 miles west of Reno, NV and 100 miles east of Sacramento, CA. via Interstate 80. The start is at the east end of the lake by Donner Memorial State Park; the finish is at West End Beach.

**COURSE:** Straight, point-to-point, 2.7 miles. Expect water temperature 65 – 68 degrees (great website to monitor lake temperature <https://seatemperature.info/donner-lake-water-temperature.html>). Altitude is 5933 ft.

**WARNING:** Participants should be adequately trained for this competition, which combines high altitude, cool water temperatures, and a lengthy swim. Previous experience in similar conditions is highly recommended.

**COVID:** The Donner Lake Swim will be following USMS, local and state COVID guidelines. Swimmers must follow these guidelines in order to participate in the swim.

**ENTRIES:** This event is open to 450 swimmers. Entry fees are \$85 per person if you pre-register.

All entry fees are nonrefundable in the event the swim is cancelled for any reason whatsoever, including but not limited to registered swimmer non participation, cancellation of the event at any time for any reason, or for any other reason not listed. Along with entries being non-refundable, all entries are non-deferrable and non-transferable.

**Registration opens June 5, 2024 at 9:00am Pacific time.**

Registration for this event will only be available at [www.clubassistant.com](http://www.clubassistant.com), **no mail in entries will be accepted**. Online registration closes August 1, 2024. \$170 per person, for registration on race day. **If the Donner Lake Open Water Swim sells out before race day, there will be NO race-day registration.**

**Please note: Your credit card will be charged by  
“donnerlakeswim.org” for this swim meet.**

**ELIGIBILITY:** Current USMS rules will govern the race. All race participants must be age 18 or older and be currently-registered members of U.S. Masters Swimming. To join USMS, go to <https://www.usms.org/join-usms/join-or-renew>

**SWIM PROCEDURES:** Pre-race instructions at 8:15 AM followed by a beach start at 8:30. **A 2 hour 30 minute time limit will be STRICTLY enforced.** If you fail to finish the race within the time limit, you will be disqualified and removed from the water. There are **NO EXCEPTIONS**; you will be removed from the water after 2 hours and 30 minutes.

**WARM-UP:** A designated warm-up area will be provided from 8:00-8:15am. All swimmers wishing to warm-up prior to the race must do so in the designated warm-up area.

**CHECK-IN:** Check-in and race day registration will begin at 6:30 AM and close at 8:00 AM. Only registered swimmers who have checked in are permitted to participate in the swim; any swimmer not checked in at 8:00 am will be scratched. Check-in is off Donner Pass Road between Donner Memorial state park and Tahoe Donner beach club entrances (portable toilets on the side of the road are a good landmark to look for). Map can be found at <https://www.donnerlakeswim.org/> towards the bottom of the webpage. Pre-race instructions will take place at 8:15 AM.

**PARKING:** This is a point-to-point swim with parking available in designated parking areas at the start and at the finish. Please park in designated parking areas at the start or the finish. At the start of the race, you may park on the south side of Donner Pass Road (absolutely NO parking on the north side of Donner Pass Road or Tahoe Donner Beach Club), Donner Memorial State Park has asked that our participants or spectators not park within Donner Memorial State Park due to another event within the park. Do not block the bike lane when parking on Donner Pass Road. At the finish, you may park at the West End Beach parking lot. The shuttle will run 6:30-12:00 between the start and finish. The first and last shuttle will depart from West End Beach. Spectators must pay the West End Beach admission fee. Animals are not allowed in the park.

**ACCOMMODATIONS:** Accommodations in the area are limited, so make your reservations early! Campers should call 800-444-PARK for reservations for Donner Memorial State Park (located at the start of the race).

**SAFETY:** Bright colored caps will be provided and must be worn during the swim. The course will be patrolled by safety craft both motorized and non-motorized. Life jackets and "man in water" flags are required on all craft.

**SHIRTS:** Shirt may be ordered at  
<https://donnerlakeswim24.itemorder.com/shop/home/>

**TIMING:** Timing for this event will be provided by **Lynn Mentzer**.

**SWIMWEAR:** **Category I suits** (suits made from textile materials, shall not cover the neck and shall not extend past the shoulder nor below the ankles, no clasps or zippers). **Category II suits** (wetsuits or technical suits - Speedo Lazer, Blue 70s, rash guards and arm bands, no tape on the body.). More information at <https://www.usms.org/volunteer-central/us-masters-swimming-rule-book>. (Part 3 pages 72-73)

**DIVISIONS:** Masters divisions 18-24, 25-29, 30-34, etc.; male and female. No entrants under 18 years of age are permitted.

**AWARDS:** Awards will be presented to Category I top three finishers in each Category I age group. All entrants will receive an official race cap and post-race refreshments. There are no rewards for Category II swimwear.

**REFRESHMENTS/LUNCH:** Water, hot drinks and yummy replenishing snacks will be provided to swimmers near the finish area. You may purchase lunch tickets during or after you register for the swim until August 3, 2024 at [https://www.clubassistant.com/club/shopping\\_cart/merchandise.cfm?c=2209](https://www.clubassistant.com/club/shopping_cart/merchandise.cfm?c=2209). There will no same day lunch tickets available.

**EQUIPMENT:** The use of fins, pull buoys or other swimming devices shall not be permitted except that soft hand paddles may be used as a prosthesis, if they do not present a safety hazard to the other swimmers.

**RACE START:** All swimmers must be out of the water at 8:15 am.

**VOLUNTEERS:** If you want to kayak for the race, contact James at JConkey@nevadavisiongroup.com. If you would like to volunteer a motor boat for the race please contact Patty at pattyarlato@yahoo.com. If you would like to volunteer at the event please email [donnerlakeswim@gmail.com](mailto:donnerlakeswim@gmail.com).

**ADDITIONAL RACE INFORMATION:**  
<https://www.donnerlakeswim.org/>  
<https://www.facebook.com/donnerlakeswim/>

**RACE DIRECTOR:** Laura Harsh [donnerlakeswim@gmail.com](mailto:donnerlakeswim@gmail.com).