

**York Splash Into Summer**  
**YMCA Graham Aquatic Center**  
**June 2, 2024**  
**Warm-up 9:30 am | Morning: 10:00 am**  
**Warm-up 2: 12:00 pm | Afternoon 12:30 pm**

**APPROVAL:** Recognized by the Delaware Valley LMSC for USMS Inc.

**LIABILITY:** In granting this recognition, it is understood and agreed that United States Masters Swimming, Inc., Delaware Valley LMSC, York YMCA, and all meet officials & volunteers shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

**HOSTED BY:** York YMCA

**MEET DIRECTORS:**

- Meet registration: Jeremy Gross, [jeremy144@gmail.com](mailto:jeremy144@gmail.com), 215-779-9366
- Day of Meet: Brian Gunn, [bgunn@accomhs.com](mailto:bgunn@accomhs.com), 717-676-1335

**FACILITY:**

- Location: 543 N. Newberry St. York, PA 17401 ([Map](#))
- The Graham Aquatic Center pool is has 8, 25 yard competition lanes. It is 6 feet deep at the blocks and 5 feet deep at the shallow end.
- At the discretion of the meet director, the competition may use 6 or 8 lanes to manage the pace of the meet based on the number of entries.
- The warm up/cool down area of the pool has 6, 25 yard lanes which are divided off from the competition lanes by a bulkhead.
- Electronic timing and an 8-lane score board.
- Seating for up to 2,000 spectators and swimmers with bleacher access directly to the pool deck.
- Parking is available at the [Met-Ed building on Parkway Ave.](#), [Ferguson Elementary School](#) next door to the Graham Aquatic Center, and on surrounding streets.  
\*\*\*There is no parking at the church in the upper or lower lots on Sundays\*\*\*

**ELIGIBILITY:**

- Open to all swimmers 18 years of age or older.
- Swimmers who are not current USMS members may compete in this meet.
- Non-USMS members will not have their times recorded in the USMS meet database.
- If you are interested in joining USMS, please visit the [USMS membership page](#).

**ATHLETES WITH DISABILITIES:** Swimmers with a disability are welcome to enter this meet. The participant or coach must alert the meet directors and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. Please email [bgunn@accomhs.com](mailto:bgunn@accomhs.com) directly regarding any necessary accommodations needed during the competition.

#### **RULES:**

- This meet will be held in a short course yards (25-yard) pool and governed by 2024 [USMS rules](#).
- Events are pre-seeded slowest to fastest, independent of age or gender. All events will be timed final events (102.10.1).
- The length of the competition course is on file with USMS and complies with USMS articles 105.1.7 and 106.2.1.

#### **ENTRIES FOR INDIVIDUAL EVENTS:**

- A flat fee of \$40 covers meet entry and all individual events.
- Swimmers are limited to five (5) individual events.
- Event fees are collected and processed via ClubAssistant.com upon registration and are non-refundable and non-transferrable.
- You must estimate your entry time for all events to allow for proper seeding.
- 1,650 free is limited to 3 heats (24 entries).
- Online registration deadline is Tuesday May 28, 2024, 11:59PM.

#### **ENTRIES FOR RELAY EVENTS:**

- There are two (2) deck-entered relay events. Each relay event will include a men's, women's and mixed (2-men, 2-women) events. Swimmers may only compete in one relay per event (i.e. you cannot swim the 200-free mixed relay as well as the 200-free men's or women's relay.)
- Relay entries are free.
- Relay cards will be available at the Announcer's table and must include swimmer's names and ages in the correct relay order as well as the team represented.
- Please enter relay event #7 prior to event #2, enter relay event #15 prior to event #12 to allow time for seeding.

#### **GENDER AND AGE GROUPS:**

- **Individual Events:** Male and Female, 18-24, 25-29, 30-34, 35-39, 40-44, etc., in 5-year increments as needed to accommodate all swimmers.

- **Relay Events:** Male, Female and Mixed, 18+, 25+, 35+, 45+, 55+, 65+, 75+, etc. in 10-year increments. The age of the youngest relay team member shall determine the age group.

#### **Warm-Up:**

- Diving permitted ONLY in designated 1-way sprint lanes, which will be announced during warm-up.
- There will be two general warm-up sessions. The first from 9:30am to 10:00 am prior to the 1,650 free and a second from 12:00 to 12:30 prior to event #2.
- In addition, the warm-up pool will be open for warm-up throughout the meet.
- Additional 10-minute warm-up sessions will be held after events 5 & 11 as indicated in the event schedule below.

#### **RESULTS:**

- Results are posted on the DV LMSC website <http://www.dvmasters.org> under results tab usually within 1 week following the meet.
- A PDF of electronic results will also be e-mailed to all participants
- Meet info & results will be available via Swim Phone, Meet Mobile, and posted to USMS.org.
- Results will be reported by gender and age group.

**MEET NOTIFICATIONS:** In the event of inclement weather, facility, or other issues, please check the [SwimYorkYMCA](#) Facebook page for immediate news. Every attempt will be made to communicate to all registered swimmers via email as well.

## Session 1

Warm-ups start at 9:30 AM  
Meet Session starts at 10:00 AM

#	Sex	Event	
1	Mixed	1650 Y	Free

## Session 2 - After 1650 Free

Warm-ups start at 12:00 PM  
Meet Session starts at 12:30 PM

#	Sex	Event	
2	Mixed	50 Y	Breast
3	Mixed	100 Y	Free
4	Mixed	200 Y	Fly
5	Mixed	200 Y	Medley Relay
10 min break			
6	Mixed	500 Y	Free
7	Mixed	100 Y	Back
8	Mixed	50 Y	Free
9	Mixed	100Y	IM
10	Mixed	200 Y	Free
11	Mixed	50 Y	Back
10 min break			
12	Mixed	200 Y	IM
13	Mixed	100 Y	Fly
14	Mixed	200 Y	Breast
15	Mixed	200 Y	Free Relay
16	Mixed	400 Y	IM
17	Mixed	50 Y	Fly
18	Mixed	100 Y	Breast
19	Mixed	200 Y	Back

**Note: If paying by credit card, your credit card statement will reflect a charge from "DVMASTERS LMSC."**