



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

The Dan Horton Invitational Masters Meet

May 18th, 2024 – Waldo County YMCA, Belfast, Maine



Recognition
Number XXXXXXXX

8:30am Warm Up--- 9:30am Start



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| | | All MESC/SASQ sponsored events will be governed by the current USMS rules. Times from this competition will be eligible for USMS records and Top 10 consideration, but not for world records. |
| | | "The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1" |
| | | Directions: <u>The Waldo County YMCA is located at 157 Lincolnville Ave, Belfast, ME 04915</u> |
| | | Facility: 6-lane pool with five racing lanes and an adjacent lane for warm-up and cool down. Electronic timing will be used. |
| | | Meet Director Susan Cooney, cooneyfineart@gmail.com. |
| | | Fees: Entries received by Monday, May 13 th , will be pre-seeded with a cost of \$25 for up to 5 individual events. Later entries, including deck entries, will be accepted at a cost of \$30 for 5 events. Make checks payable to Waldo County YMCA. |
| | | Send Entries To: Carolyn Steeves, Waldo County YMCA, 157 Lincolnville Ave Belfast, ME 04915. |
| COVID-19 | | An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. •According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. US Masters Swimming cannot prevent you from becoming exposed to, contracting, or spreading COVID19 while participating in USMS sanctioned/recognized events. It is not possible to prevent against the presence of the disease •Therefore, if you choose to participate in a USMS sanctioned/recognized event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. •By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever hold harmless US Masters Swimming, The Waldo County YMCA, Maine Masters Swimming, Sasquatch Swim Club, and all meet officials from any liability or claims including for personal injuries, death, disease or property loss; including, but not limited to claims of negligence and give up any claims you may have to seek damages; whether known or unknown, foreseen or unforeseen, in connection with exposure, infection, and/or spread of COVID-19 related to participation in this competition. |
| Recognition | | Recognized by the New England LMSC on behalf of US Masters Swimming. Recognition Number XXXXXXXX |
| Counters | | *Swimmers for the 500 free and must provide their own counters. Heats will be organized based on slowest to fastest seed times with NT in the first heat. <i>There is no check-in and no penalty for scratches.</i> |

The Order of Events!

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| Mixed 800 Free Relay |
| Mixed 50 Back |
| Mixed 100 Breast |
| Mixed 200 Butterfly |
| Mixed 50 Free |
| Mixed 400 IM |
| Mixed 50 Breast |
| Mixed 200 Backstroke |
| Mixed 100 Butterfly |
| Mixed 100 Free |
| Mixed 200 IM |
| Mixed 200 Free |
| Mixed 50 Butterfly |
| Mixed 100 Back |
| Mixed 500 Free |
| Mixed 100 IM |
| Mixed 200 Breast |
| 200 Free Relay |
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