

Swim the Suck is a 10-mile downstream open water swimming race in Chattanooga, TN, hosted by the Chattanooga Open Water Swimmers (C.O.W.S.) and sanctioned by United States Masters Swimming (USMS). The river course twists and turns making an “S” curve through the steep canyon walls of the protected Tennessee River Gorge.

The 14th event will be held on Saturday, October 5, 2024, starting at the Suck Creek Boat Launch at 9:30 AM ET and finishing on private property called Wohali Nvya. The Friday night pasta dinner/race briefing and packet pick-up will be held on Friday October 4, 2024, at Miller Plaza in downtown Chattanooga and is a fun time to catch up with friends and meet your pilot (if you were assigned one).

If needed, swimmers can be paired with a local kayaker (for a fee) and kayaks rentals are available (with the shuttle coordinated by the race director). Every swimmer and pilot receives 2 full meals, a t-shirt, and an original locally made pottery mug as their “trophy”. Post-swim festivities include a taco bar and local brews on tap.

The swim starts at the Suck Creek Boat Launch at River Mile 453.3 on the right side of the river (North shore) and finishes at Wohali Nvya at River Mile 443.55 on the left side of the river (South shore). Swimmers and pilots bringing their own piloting vessel will drop their boats off at the swim start the morning of the race and then drive to the finish line to park. Swimmers and pilots park at the finish line in the morning and ride buses which transport swimmers and pilots to the start. The race begins at 9:30 a.m. and most swimmers arrive at the finish line within 4-5 hours (there is a 6 hour cut off). The post-race meal, drinks, and award ceremony take place at the swim finish where everyone parked their car.

Registration opens on 04-08-24 at noon ET here: <http://www.swimthesuck.org/register>

Pilot registration opens one week later.

Please visit www.swimthesuck.com for more info or email swimthesuck@gmail.com

