

Meet Announcement: Splash & Dash SCY Sprint Pentathlon, February 24, 2024

The Splash & Dash SCY Sprint Pentathlon features five races: 50 Butterfly, 50 Backstroke, 50 Breaststroke, 50 Freestyle and 100 Individual Medley. Top finishers in each age group will be awarded prizes, making it an event to remember.

We invite all adult US Masters swimmers to participate in this fun and fast-paced meet. The Splash & Dash SCY Sprint Pentathlon is a great way to test your skills while enjoying the company of other dedicated swimmers. The morning will be topped off with mixed relays in 200 Free and 200 IM.