

2024 FOUNDERS MEET AT PABST FARMS
SHORT COURSE YARDS SWIM MEET SUNDAY, JANUARY 21, 2024

SPONSORED BY:	Wisconsin Masters Aquatic Club
SANCTIONED BY:	The Wisconsin LMSC for USMS, Inc. Sanction No. 204-S003
LOCATION:	YMCA at PABST FARMS 1750 Valley Road, Oconomowoc, WI 53066
FACILITIES:	8 lane, 25-yard pool with anti-turbulent lane guides, starting blocks and backstroke flags. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.
TIME:	<u>NOTE TIME CHANGE FROM PRIOR YEARS.</u> Sunday, Jan. 21, 2024, doors open at 9:00 A.M. There is no access to the YMCA before 9:00 A.M. Warm-up 9:15 A.M.to 9:50 A.M. Meet starts at 10:15 A.M.
ELIGIBILITY:	<p>Open to all swimmers 18 years and over as of Sunday, January 21, 2024. Because this is a USMS sanctioned event, current USMS or FINA membership is required for insurance reasons. There are two membership options:</p> <ol style="list-style-type: none">1. Current USMS membership.2. One Event membership. <u>Online entry is required for One Event memberships.</u> Times swum under one-event registration are not eligible for USMS Top 10 or for USMS or Wisconsin records, relays, All-American consideration or All-Star consideration. A one event membership can be converted to USMS membership within 30 days of the meet.
RULES:	Official USMS Masters Rules will govern this meet. All events are timed finals.
AUTOMATIC SPLIT RECORDING:	Automatic split recording (USMS Rule 103.18.2 A and B) will be performed by the officials for relay lead-off and for the 500 freestyle split from the 1000 freestyle provided the split time is available from the automatic (primary) timing system. Other splits must be requested in writing by the swimmer per USMS rules noted on the USMS Split Notification Form.
SEEDING:	Heats will be seeded slowest to fastest except the 1000 will be seeded fastest to slowest. Please submit a reasonably accurate seed time. A NO TIME will be seeded in the slowest heat. Age groups and sexes will be combined.
TIMING:	Primary: Automatic timing system (Colorado), Secondary: Semi-automatic with one button, Tertiary: one watch. Note: The timing system precision qualifies as appropriate for setting USMS Records, and Top 10 Consideration (103.18.5).
WARM UP:	<u>Swimmers must enter the pool feet first in a cautious manner.</u> Lanes 1-6 are circle swimming only -- NO DIVING STARTS are permitted from blocks or deck in these lanes. Lane 7 and 8 are the designated start/sprint lanes <u>when announced.</u> Swimming one direction only, exiting to the side or end. Hand paddles, kick-boards, fins, etc. may not be used at any time during the warm up period. Lane 8 is the designated lane for warm up/warm down during the meet. <u>No jumping, diving or socializing in warm up lane while the meet is in progress.</u>
ENTRY FEE:	USMS Members \$9.00 pool fee and \$6.00 per individual event. A grant from Wisconsin Masters Swim Committee has allowed us to reduce the pool fee by 50% for the 2024 meet. One Event members \$20.00 one event registration, \$9.00 pool fee and \$6.00 per individual event. There are no refunds of entry fees.
ENTRY LIMIT:	Six (6) individual events plus relays. THE 1000 FREESTYLE IS LIMITED TO THE FIRST 14 ENTRIES RECEIVED. Each swimmer swimming the 1000 Freestyle is responsible for providing a lap counter.

POSITIVE CHECK IN FOR THE 1000 IS REQUIRED BY THE START OF EVENT 10, the 200 Freestyle relay. **WAITLIST for 1000:** If the 1000 is filled, you may request to be placed on a waitlist through the online entry. If you enter 6 events must enter an alternate event that you will drop if you get to swim the 1000 on the day of the meet.

ONLINE ENTRY	Enter On-Line via Club Assistant (see https://www.wisconsinmastersswimming.com for link) OR https://www.ClubAssistant.com/club/meet_information.cfm?c=2424&smid=17845 On-line entry is preferred. Entries open on Dec. 3, 2023. On-Line meet entry deadline is <u>Tuesday, January 16, 2024</u> at 11:59 PM CST time. <u>NO EMAIL ENTRIES, DECK ENTRIES OR LATE ENTRIES WILL BE ACCEPTED.</u>
PAPER ENTRY DEADLINE:	Paper entries via US Mail with the Wisconsin Masters Swimming Universal Entry Form, one athlete per form. Mail entries must include a copy of the swimmer's USMS registration card. The LIABILITY RELEASE page must be signed without any alterations. Paper entries must be in Mike Murray's hands no later than 6:00PM, Saturday Jan. 13, 2024. Fees must accompany the entry form. Checks made payable to WMAC.
DECK ENTRIES	Deck entries are not allowed.
AWARDS:	Ribbons for 1 st through 3 rd places.
MEET DIRECTOR:	Mike Murray 2525 Scheibe Drive Brookfield, WI 53005 414.315.2847 with text. Email: WMAC.Swim.MeetDir@Gmail.com

SCHEDULE OF EVENTS

Maximum Six (6) Individual Events

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| 1. 50 yard Freestyle "high five" relay (1)(4)
Five minute break to stop laughing. | 12. 50 yard Breaststroke |
| 2. 400 yard IM | 13. 200 yard Freestyle |
| 3. 50 yard Backstroke | 14. 200 yard Medley Relay (2)(3) |
| 4. 100 yard Freestyle | 15. 50 yard Freestyle |
| 5. 100 yard Breaststroke | 16. 100 yard Backstroke |
| 6. 50 yard Butterfly | 17. 100 yard Butterfly |
| 7. 50 yard IM (1) | 18. 200 yard Breaststroke |
| 8. 200 yard Butterfly | 19. 200 yard IM |
| 9. 200 yard Backstroke | 20. 4 x 100 IM Relay (1)(5) |
| 10. 200 yard Freestyle Relay (2) | 21. 1000 yard Freestyle |
| 11. 100 yard IM | |

(1) Non-Conforming Event and not eligible for USMS Top 10, USMS or WI records, All American or All-Star consideration.

(2) Relay entries can be submitted at the meet. In order for a relay to be eligible for state or USMS Top 10 consideration they must be all men, all women or two men and two women and all swimmers must be registered with the same club. Competitors may swim only once in each relay event. The meet director reserves the right to organize these relays.

(3) Identify which strokes you are able to swim.

(4) 50 Yard Freestyle High Five Relay

Swimmer one starts in the water. The swimmers two and four will be at mid-pool. Swimmer three will be at the turn end of the pool in the water. Swimmer one swims to the middle of the pool and gives swimmer two a high five. Swimmer two swims to the turn end of the pool and gives swimmer three a high five. Swimmer three swims to the middle of the pool and gives swimmer four a high five. Swimmer four finishes the race. The meet director will organize this relay.

(5) 4 x 100 IM Relay

All swimmers start on the blocks. Each swimmer will swim a 100 IM in strokes in standard (Fly, Back Breast, Free) order. The meet director will organize this relay.

Directions to the YMCA at Pabst Farms: Oconomowoc is located midway between Milwaukee and Madison, adjacent to and north of I-94. Exit I-94 on State Hwy 67, go north 2 blocks to Valley Road, turn east (right) on Valley Road, the Y will be about one mile east on Valley Road. When entering the YMCA early on the morning of the meet, please use the entrance on the West side of the building, as the main entrance does not open until 10:00 A.M. on Sunday.

Post Meet: Revere's Wells Street Tavern 505 Wells St, Delafield, WI 53018 (<https://goo.gl/maps/izSk2r6HEUjdAGMi6>). It is an 8 to 9 minute drive from the pool. They seat us beginning around 1:30 or whenever the first people arrive. Good food, great service and excellent Masters socializing!

Why is this the Founders Meet

The Founder's Meet is intended to recognize the people that were instrumental in Wisconsin Masters Swimming.

2023 Honorees

John Bauman

Dick Pitman

Ingrid Stine

2024 Honorees

Nancy Kranpitz

Nancy was first editor of the Wisconsin Masters Swimming newsletter, in the days when the newsletter was typed on paper and mailed to members. Nancy filled that role for about 25 years.

Nancy holds 185 individual and 103 relay Top Ten achievements including 2 individual and 7 relay All-American Honors. The individual All-American were in 2022 the 200 Fly SCY and in 2015 the 50 Free SCY. During her career, Nancy has set 51 state records and currently holds 41 individual and 27 relay records.

The year that Nancy turned 75 she broke her mother's state record in the 50 Fly at the West Bend meet. She had mixed emotions on that "accomplishment".

The pinnacle of Nancy's swimming accomplishments thus far may be her performance at the 2015 SC Nationals in San Antonio, TX. There Nancy placed:

1st 50 Yard Freestyle

1st 50 Yard Butterfly

1st 100 Yard Butterfly

1st 100 Yard Individual Medley

2nd 200 Yard Butterfly

3rd 200 Yard Individual Medley

In the May-June 2022 Issue of *Swimmer* magazine Nancy was featured in the article "A Women's Swimming Trailblazer". This describes Nancy's college swimming experience that pre-dates Title IX which provides women the opportunity to participate in sports at all levels.

Alex McGillis

Alex has been a fixture in Wisconsin Masters swimming since the beginning. He participated in many Wisconsin Masters meets, always enthusiastic, always smiling, always with his wife Mary in attendance. Alex achieved 92 individual and 47 relay Top Ten achievements. At the age of 88, Alex won All-American Honors in the 100 LCM Breaststroke. He shared All-American honors in 4 relays. Alex held 78 Wisconsin Masters state records. His records include all strokes.

Alex enjoyed his final swim meet at Brookfield in June 2023 at age 94. He was overwhelmed with the reception he got, and how many people came to talk to him. Alex was devastated after placing second behind a 92-year-old geezer from Chicago! Dadgummit!

Alex MacGillis passed away on Sept 7, 2023. He was looking forward to competing in his new age group at the next swim meet.

Jeanne Seidler

Jeanne Seidler has not held every office in Wisconsin Masters Swimming, but she has held most of them. Jeanne has served as Chair, Vice Chair, Sanction Chair, Webmaster and is the current Top Ten Reporting Chair.

At the national level of USMS Jeanne served on the Records and Tabulation Committee as Chair, Vice Chair and committee member as well as the Communications Committee as Vice Chair and committee member. Jeanne was part of a task force examining ways to use technology to make the USMS sanctioning process more streamlined and efficient. Jeanne has also been instrumental in the development of the national meet results database. She has uploaded the results from hundreds of Masters meets across all LMSCs from 2005 until tools were developed for the local Top 10 recorders to take over the responsibility of uploading their own meet results. As a member of the National Records and Tabulation Committee, she supports the committee work which includes setting policies and standards.

As a local meet director Jeanne runs the two state meets held at Schroeder since 2010 for short course yards and 2012 for long course meters. Prior to hosting, Jeanne frequently worked with John Bauman running the scoring computer at meets for many years. In 2008 Jeanne was recognized with the U.S. Masters Swimming Dorothy Donnelly Service Award. Jeanne is a Level 2 USMS coach.

In 2022, the YMCA of the USA awarded Jeanne the John deBarbadillo Award. The award is given each year to an individual for contributions and advancement of the YMCA Masters competitive aquatics programs at all levels. See ([The John deBarbadillo Award | YMCA Swimming and Diving](#)). This award is the YMCA equivalent of the USMS Ransom Arthur award.

In the pool Jeanne holds 17 Top Ten achievements in relays and one All-American Relay.

Jeanne was profiled in the January-February 2011 Issue of *Swimmer magazine* "Volunteer Profile: Jeanne Seidler"