



**2024 END OF SUMMER SPECTACULAR
LCM SWIM MEET**

**AVON AQUATIC CENTER, AVON, OHIO
August 24, 2024 with Rain Date of August 25, 2024
USMS Sanction #184-S002**

DATE Saturday, Aug. 24, 2024. Warm-ups start at 7:30 a.m. Session 1, Events #1 and #2 (1500M freestyle and 800M freestyle) will start at 8:00 a.m. **Positive Check-in is required prior to 7:30 a.m.** There will only be 2 heats of the 1500M (only 16 swimmers) and 3 heats of the 800M (only 24 swimmers). Swimmers can swim in Event #1 **or** #2 **but not both** events. Splits for the 800M touches of the 1500M will be reported for all swimmers (assuming proper automatic timing system operation and the swimmer finishes the event); **therefore split requests are not required for the 800 split.** A half hour warm-up will begin after the 800M heats are completed. Session 2 will start after the 30-minute warm-up following the distance events but not before 10:00 a.m. Deck entries will only be accepted for open lanes on the day of the meet. This is a pre-seeded meet.

LOCATION Avon Aquatic Center, 36265 Detroit Rd., Avon, Ohio 44011

POOL The pool is a 10 lane, 50-meter **outdoor pool** with anti-turbulent lane lines and Colorado system automatic timing. Only 8 lanes will be used for the competition. During the meet lane 10 will be available for continuous warm-up/warm-down and lane 9 will remain empty as a buffer lane. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1. The primary timing system will be a Colorado 6 automatic timing system with touchpad finishes. Times may be submitted for USMS records and USMS Top 10 times. **NOTE: Safety of the swimmers is our primary concern. Should inclement weather arise which would endanger swimmers, the meet will be delayed and/or rescheduled to Sunday, Aug. 25, 2024. The decision of the meet director and officials is final. Due to a number of predetermined costs, no refunds will be issued.**

ELIGIBILITY U.S. Masters Swimming 2024 rules will govern conduct of the meet. Because of insurance regulations, all swimmers must be registered U.S. Masters Swimmers. USMS registration is required for all participants. The USMS Release of Liability must be signed electronically during online meet entry or must be signed on paper for mailed entries. Please send a copy of your USMS card with a mailed entry. Swimmers may swim no more than 6 individual events. Only swimmers entered in the meet can participate in relays. A "relay only" fee is an available entry option with reduced fee; see below under "ENTRY FEES".

AGE Age of competitors on December 31, 2024 determines a competitor's age group. Age groups are: 18-24, 25-29, 30-34, 35-39, etc. For relays, age group is

determined by the sum total of all four swimmers ages on the relay team. Age groups for relays are: 76+, 100+, 120+, 160+, 200+, 240+, 280+, and so on. All relays can be swum with 4 women, 4 men, or mixed (2 women and 2 men). Each relay team must be composed of members of the same USMS club. Unattached swimmers may not enter relays.

AWARDS Individual events: First-place medal or ribbon, and second thru seventh place ribbons are available. Relays: first, second, and third-place ribbons. For those who have too many medals and ribbons, we offer alternative awards – coupons – for first, second and third place in individual events and first place in relays.

RESULTS Results will be posted on www.ohiomasters.com usually within a day or two and on usms.org as well as swim phone shortly after the meet.

DEADLINE Online registration is required on ClubAssistant.com. Online entries will close at 11:59 p.m., Tuesday, August 20, 2024. Deck entries for events #3 thru #20 must be in hand at the Admin Desk on the pool deck by 9:30 a.m. on the day of the meet.

ENTRY FEES Early Entry Fee is \$35.00 and ends at 11:59PM on August 09, 2024
Regular Entry Fee is \$45.00 and begins at 12:00AM on August 10, 2024
All Deck Entries (see below for deck entry limitations) are \$50.00
“Relay only” entries can be done online or deck entry. Fee is \$10.00

USMS Members age 80 and older may enter the meet for free. The Club Assistant will determine your age. No special code is required.

Online entries are paid by credit card to ClubAssistant.com and your credit card will show a charge by "OHIOMASTERS.com" for this swim meet.

DECK ENTRIES Deck entries **will not be available for the 1500M and 800M free events unless unless there are open lanes in the events once seeded** (Events 1 and 2.) All of the meet events will be pre-seeded before the meet to ensure timely functioning of the meet and so that swimmers can verify heat and lane assignments when they arrive at the pool. Deck entries for Events 3 thru 20 will only be available for an event that has an empty lane as seeded when you arrive at the pool. Deck entries will be entered as no time entries and must be submitted no later than 9:00 a.m. Please scratch any events you do not intend to swim during check-in so that deck entrants may use open lanes.

ORDER OF EVENTS - Session 1 - Saturday, 8:00 a.m., August 26, 2023

1. 1500M Freestyle (2 Heats of 8 maximum)
2. 800M Freestyle (3 Heats of 8 maximum)

Deck entries limited as described above for events 1 and 2. Swimmers may not enter events 1 **and** 2. Swimmers do not need to submit a split request for an 800M result if entered in event 1. Event 1 will be limited to 16 swimmers, **positive check is required prior to 7:30 am on Saturday August 24, 2024**. Similarly, Event 2 will be limited to 24 swimmers and **positive check is required by 8:00 am August 24, 2024**. Swimmers who register for these events

after they are full will be automatically placed on a waitlist in completed and paid application order.

ORDER OF EVENTS - Session 2 - Saturday, no earlier than 10:00 a.m., August 24, 2024

Please read carefully as the event order has changed from last year. **Note:** Some longer events are back to back. There will be a 3-minute break after Events number 3, 4, and 5 to allow for swimmer recovery. The timing system pads will be reconfigured after event #6. There will be a 5-minute break after Events number 10, 13 and 15 to allow for swimmer recovery. All relays will be men's(M), women's(W) or exactly 2 men 2 women(X) and will be swum in combined heats, seeded by time, indicated in the list of events below.

Events for Session 2

- | | |
|------------------------------|-----------------------------|
| 3. 50M Butterfly | 12. 100M Butterfly |
| 4. 50M Backstroke | 13. 400M Free Relay (M,W,X) |
| 5. 50M Breaststroke | 14. 400M Individual Medley |
| 6. 50M Freestyle | 15. 200M Freestyle |
| 7. 200M Butterfly | 16. 100M Backstroke |
| 8. 100M Breaststroke | 17. 200M Breaststroke |
| 9. 200M Individual Medley | 18. 800M Free Relay (M,W,X) |
| 10. 400 Medley Relay (M,W,X) | 19. 100M Freestyle |
| 11. 200M Backstroke | 20. 400M Freestyle |

SOCIAL: No post-meet social is currently scheduled.

MEET DIRECTOR: Mark Marshfield: Contact at pzsdad@aol.com.

Sanctioned by Lake Erie LMSC for USMS, Inc. #184-S002



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, or other viral or bacterial infection, while participating in any of the Events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I agree that if I have a fever, cough, feel short of breath, have any other symptoms, have knowingly been exposed to a communicable disease such as COVID-19 I agree not to participate in USMS activities for a minimum of 10 days from the date the symptoms started, until the symptoms have subsided or I have been cleared by a doctor. If I test positive for COVID-19 within 10 days following participation in a USMS activity, I will notify the USMS event director, coach or club administrator immediately.
- I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions

and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant				Date Signed

Revised 04/28/2022