## 2024 Binghamton University Masters Swim Meet at Binghamton University

Sanction: Sanctioned by Niagara District Masters Swimming for USMS Inc.

Location: Binghamton University's West Gym, Vestal, NY

Date: Saturday March 23, 2024

### **Meet Info:**

All swimmers must check-in at the table by the pool entrance. Positive check-in is required for the 1000 Free by 8:30 am. Warm-up for Event #1 (1000 Free) will start at **8AM**. The 1000 Free will start at **9AM**.

A second warm-up will start upon completion of the 1000 Free for a minimum of a half hour. Event #2 (200 Free) will not start before **10:30AM** to allow for later arrivals.

Events will be mixed (men and women) and timed finals. 1000 Free will be seeded fastest to slowest by seed time. All other events will be seeded slowest to fastest by seed time. Each group of relays may be swum in a combined heat and swimmers may only swim one relay within each type (free or medley)

The diving well will be open for continuous warm-up/cool downs. There will be 15 min breaks after events #10 (200 Medley Relay) and #17 (200 Breast) where the pool will be open for warm-up.

The pool is six lanes with electronic timing. The primary timing system will be automatic timing (Colorado Timing System). Times will be submitted for USMS records and USMS Top 10 Consideration. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.

<u>Fees</u>: There is a flat meet fee of \$50 for all swimmers. The maximum number of individual events is set at 6. Relays are free and are official, results will be reported.

Entries: All entries must be submitted online. Entries will CLOSE on Wednesday March 20, 2024, midnight. USMS registration (or equivalent AQUA) is required. One Event registration (OEVT) will be available online for swimmers who are not currently members of USMS but are willing to pay an extra \$20 fee to swim the meet. OEVT participants are NOT eligible for Top 10, USMS records or meet awards; swimmers are encouraged to have an annual USMS registration. All USMS registered swimmers must be at least 18 yrs. to be eligible. Registered age will be determined as age swum on 3/23/24.

<u>Online Entry:</u> <a href="https://www.clubassistant.com/club/meet\_information.cfm?c=2258&smid=18043">https://www.clubassistant.com/club/meet\_information.cfm?c=2258&smid=18043</a>. Your credit card will be charged by 'USMS Niagara District'.

#### **Results:**

Result will be posted on the Niagara and USMS websites.

#### **Meet Director:**

Chris Bishop: email is cbishop@binghamton.edu

#### **Directions:**

From Rt 17 East or West take exit 70 south to Rt 201 South to Binghamton University. Going up the main entrance drive bear right at the traffic circle to the first brick building on your right, the <u>West Gym</u>. Park on West side of the building and use the door adjacent to the parking lot.

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	Event Name
1	1000 Free
	9am Start
2	200 Free
	~10:30am Start
3	50 Back
4	200 I.M.
5	100 Fly
6	100 Breast
7	50 Free
8-10	200 Medley Relay (Men, Women, Mixed)
	15 min Break
11	400 I.M.
12	200 Fly
13	200 Back
14	50 Breast
15	50 Fly
16	100 Free
17	200 Breast
	15 min Break
18	100 Back
19	100 I.M.
20-22	200 Free Relay (Men, Women, Mixed)
23	500 Free