BACKSTROKE CLINIC 1/20/24

LEARN HOW TO DO BACKSTROKE MORE EFFICIENTLY, INCREASE TEMPO, AND IMPROVE YOUR UNDERWATERS.

THIS CLINIC FEATURES COACH DAVID BERKOFF, 2 TWO-TIME OLYMPIAN, WORLD RECORD HOLDER, AND TEAM SENIOR COACH.

CLINIC INCLUDES UNDERWATER STROKE ANALYSIS AS WELL AS A BREAKDOWN OF DRILLS AND STROKES BY THE REST OF THE TEAM EUGENE STAFF.

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WILLAMALANE POOL, 1276 G STREET, SPRINGFILED OREGON.

