

**25th Annual Ithaca Masters Meet at Ithaca College
Sunday, April 14, 2024.**

Hosted by Ithaca College Swimming and Diving

**Sanctioned by Niagara Masters Swimming for USMS Inc.
Sanction #044-S005**

Location: The Kelsey Partridge Bird Natatorium at Ithaca College, Ithaca, NY.

Course Description: The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

Course Statement: The competition course is indoors, 8 lanes 25 yards.

Warm-Up Start Time: 12:00pm

Competition Start Time: 1:00pm

Continuous Warm-up and Cool-down space: A minimum of 4 lanes will be available during competition for warm up and cool down.

Timing System: The primary timing system is automatic timing (Colorado Timing System) with full color video scoreboard. Times from this competition will be submitted for USMS records and USMS Top 10 consideration.

Meet Director: Noah Beck, nbeck@ithaca.edu

Meet Registrar: Medley Aquatics swimmeets@medleyaquatics.com

Rules and Eligibility: Current USMS rules will govern the meet. All participants must be age 18 or older as of 4/14/2024. USMS (or the equivalent AQUA) registration is required.

OEVT: One Event USMS Registration is available with the online meet registration for swimmers who are not currently members of USMS but are willing to pay an extra \$20 fee to swim this meet. OEVT participants are NOT eligible for Top 10, USMS records or meet awards. <https://www.usms.org/join-usms/join-or-renew>

Age Determination: Your competition age is determined by your age on the day of the meet.

Age Groups: 18– 24, 25–29, 30–34, 35–39 ... (five-year increments as high as necessary). Relay events: 18+, 25+, 35+, 45+ ... (10-year increments as high as necessary, determined by the age of the youngest relay member).

Entries Procedure: All Entries must be submitted online by MONDAY April 8th, 2024 1,1:59 pm. Deck entries will not be accepted for individual events. Relays will be deck-entered. **Fees:** \$45 per swimmer. Includes 6 individual events and relays.

Your credit card will be charged by 'USMS Niagara District'

https://www.clubassistant.com/club/meet_information.cfm?c=2258&smid=18075

Order of Events

1. 200 Medley relay
2. 200 Freestyle
3. 100 IM
4. 100 Backstroke
5. 50 Freestyle
- 10 Min Break-
6. 200 Butterfly
7. 400 IM
8. 100 Breaststroke
9. 500 Freestyle
10. 200 Free Relay
11. 100 Butterfly
- 10 Min Break-

12. 50 Backstroke
13. 100 Freestyle
14. 200 IM
15. 50 Breaststroke
16. 200 Backstroke
- 10 Min Break-
17. 50 Butterfly
18. 200 Breaststroke
19. 1000 Freestyle*

**Positive check in is required prior to the start of event 10. Seeded Fastest to Slowest*

Seeding Method: Slowest to Fastest by entry time without regard to age or gender; except the 1000 Freestyle will be seeded Fastest to Slowest.

Directions: Enter the main entrance of campus off 96B. This is Alumni Circle. Go around Alumni Circle to Grant Egbert Boulevard. Take Grant Egbert Boulevard to the 1st stop sign. Continue straight to the second stop sign at Grant Egbert Boulevard East. Make a left on to Grant Egbert Boulevard East. Follow Grant Egbert Boulevard East to the stop sign. Continue straight. You will then be on Lyceum Drive. As you come up the hill, the A&E Center will be on your right. Go to the south entrance of the building.

Facility:

- **Locker Rooms Facilities:** Locker rooms are available. NO locks or towels are provided. Additionally, there are no overnight lockers available at the event site.
- **Hallways:** Areas outside of the pool, including the hallways are not to be used for warm-ups or stretching by athletes. Shoes, shirts, and shorts/pants are required when outside of the pool and locker room areas.
- **Lost and Found:** Items left on the deck will remain at the team benches. Items left in the locker rooms will be placed in the main Lost and Found bin located at the main Welcome Desk in the A&E Center.
- **Pets/Animals:** Pets (including emotional support animals) are not permitted in the A&E Center.

Results: will be posted on the Niagara and USMS websites