



10th Annual Snag Holmes Masters Invitational

Friday, April 5th – Sunday, April 7th , 2024

Hosted by the Palm Beach Masters

Sanctioned by the Florida Gold Coast LMSC for USMS, Inc

Sanction #: 504-S00* (tbd)



DATES & TIMES:

| | |
|-----------------------------------|---|
| Friday, April 5th: | Session 1 Warm-up 5:00pm; Meet begins at 5:45pm |
| Saturday, April 6 th : | Session 2 Warm-up 10:00am; Meet begins at 11:00am |
| Sunday, April 7 th : | Session 3 Warm-up 10:00am; Meet begins at 11:00am |

Co-MEET DIRECTORS: Linda Irish Bostic, 561-373-1440, palmbeachmasters@gmail.com and George Quigley.

FACILITY & COURSE: North County Aquatic Complex, 801 Toney Penna Dr., Jupiter, FL, 33458. [Google Map](#)
Eight (8) – Ten (10) 25-yard lanes will be provided for the competition. The **primary time system** will be Daktronics automatic timing with touchpads. The **length** of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1. Eight (8) 25-meter lanes will be always available for warm-up & warm-down.

ELIGIBILITY & RULES: The meet is open to all currently registered USMS or FINA swimmers. 2024 USMS rules will govern this meet. Age of swimmer is determined as of April 7th, 2024.

ENTRIES: Online Registration preferred. All entries must be received by Tuesday, April 2nd. Entry fee of \$40 plus \$5 per event. Swimmers may enter a maximum of five (5) individual events per day. All entry & event fees are non-refundable. Entries include a meet recognition gift.

SEEDING: All events will be swum in numerical order, seeded slow to fast, except for the 1650 Free, which will be swum fast to slow and mixed gender.

DISTANCE EVENTS: The 1650 freestyle on Friday night will be limited to 30 swimmers (3 heats). Blanket 1000 Split Request will be submitted. Positive check-in is required for the 1650 free, 400 IM, & 500 free and will be deck seeded. Check-in deadlines will be announced to participants. You will need to provide an individual to serve as a lap counter.

DECK ENTRIES: Deck entries will be accepted each day of the meet during warm-up for an added charge. Entries are only permitted into open lanes. No new heats will be added. \$60 Entry Fee, if not already entered in meet; \$10 per event.

RELAYS: Relay entries will be accepted on the deck up to 60 minutes prior to the start of the relay. There is NO charge for relay entry. Only team members registered for the meet may participate.

BREAKS: There will be a 10-minute break prior to all relays and a 5-minute break after relays. Additional breaks in the meet may be taken at the direction of the Meet Referee.

HEAT SHEETS: Heat sheets will be available online on Meet Mobile and will be emailed to all entrants prior to the meet. Please print and bring with you.

RESULTS: Results will be emailed to all entrants, available online at PalmBeachMasters.org, and on Meet Mobile app. Times will be submitted for USMS records, and USMS Top 10 consideration.

AWARDS: Participation Ribbons will be available as well as Tri-Fold cards for “Result labels”.

NOTE: Due to changes at the Jupiter Beach Resort, NO meet social will be held there this year.

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Friday, April 5th, 2024

Session 1

| <u>F/M/Mixed:</u> | <u>Event:</u> |
|-------------------|----------------|
| 1 | 1650 Free |
| 3/4/5 | 800 Free Relay |

Saturday, April 6th, 2024

Session 2

| <u>F/M/Mixed:</u> | <u>Event:</u> |
|-------------------|------------------|
| 7/8 | 200 Free |
| 9/10 | 50 breast |
| 11/12 | 100 fly |
| 13/14 | 100 back |
| 15/16/17 | 200 Medley Relay |
| 19/20 | 100 IM |
| 21/22 | 200 Breast |
| 23/24 | 50 Free |
| 25/26 | 400 IM |
| 27/28/29 | 400 Free Relay |

Sunday, April 7th, 2024

Session 3

| <u>F/M/Mixed:</u> | <u>Event:</u> |
|-------------------|------------------|
| 31/32 | 500 Free |
| 33/34 | 100 breast |
| 35/36 | 50 fly |
| 37/38 | 200 Back |
| 39/40/41 | 200 Free Relay |
| 43/44 | 100 Free |
| 45/46 | 200 Fly |
| 47/48 | 50 Back |
| 49/50 | 200 IM |
| 51/52/53 | 400 Medley Relay |