



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2022 YMCA NATIONAL MASTERS MEET
APRIL 7-10, 2022

ROSEN AQUATIC COMPLEX

8422 International Drive

Orlando, FL 32819

THIS MEET IS OPEN ONLY TO YMCA MEMBERS

YOU DO NOT HAVE TO BE A MEMBER OF USMS

WE HOPE TO SEE YOU THERE

2022 Notes

Read this section carefully

We are sharing the facility

This year we are sharing the facility with the National Diving Championships for athletes 12-21. To observe SafeSport rules, we must remain **separate** and distinct meets. This will require a few changes in operation.

Entrances to the pool will be **separate**.

- The entrance by the scoreboard will be for Masters.
- The entrance by the diving pool will be for the Divers.

Pools –

- the Diving pool is reserved for the Divers the entire week.
- the Competition pool is reserved for master's swimmers the entire week.
- The Masters extra pool for warm-up / warm down will be a 7-lane 25 yard pool that is part of the Aquatic Facility. It will only be open during hours of competition. (8 AM on)

Locker Rooms –

- Masters' swimmer locker rooms will be those on the pool deck.
- Divers' locker rooms off the diving well are reserved for Diving participants only.

ENTRIES ARE DUE MARCH 10, 2022

Entries will be online through Club Assistant:

https://www.clubassistant.com/club/meet_information.cfm?c=1709&smid=14263

When entering, choose your YMCA from the drop-down list.

Please verify the address for your YMCA.

If the address of the YMCA is missing, please supply the address.

ENTRY FEES –

Registration fee \$35.

Individual entries \$8.50 per event.

\$20.00 per relay.

Eligibility – Membership –

A swimmer must be a full privilege member of the YMCA they are representing on March 11, 2022, and the membership must be valid through at least April 10, 2022.

During the entry process you will be asked for an electronic signature verifying that you are a member of the YMCA on March 11, 2022, through at least April 10, 2022.

Swimmers may compete in 5 individual events per day and 12 total individual events per meet.

RELAYS

All relay entries are due by 1 PM the day before they are swum. Only swimmers on the meet entry roster on March 11, 2022, are eligible for relays.

- The official relay cards (with heat and lane) will be available the next morning (the day of the relay event).
- Pick them up and take them to the blocks.
- Names can be changed on the card.
- The cards will be picked up at the blocks after the event and any name changes will be made in the computer at that time.

Relays - You may enter relays prior to the meet or at the meet.

Send [earlyearly](#) relay entries prior to the meet to Claudia Multer (claudia.multer@gmail.com).

Early relay entries must be received by April 1, 2022.

Pools – Pools are open only to participants in the 2022 YMCA National Masters meet during specified warmup, warm down and competition hours. NOTE: The Diving pool is open only to YMCA National Diving Championship athletes all week. No Masters swimmers may enter the Diving pool.

Social - The Meet Social will be held on Saturday, April 9 (site TBD) – details will be provided later.

Awards – Medals will be awarded to 1st – 3rd places for individual and relay events. Ribbons will be awarded for 4th – 8th places in individual and relay events.

Insurance Certificates – Insurance certificates (one per YMCA team) are sent to finance@ymca.net. Insurance certificates are mandatory. Each YMCA team (even a team of 1 participant) must send an insurance certificate to finance@ymca.net. Contact your YMCA to ensure that it has sent an insurance certificate to Y-USA.

YMCA NATIONAL MASTERS MEET

April 7-10, 2022

*Approved and hosted by the YMCA Swimming and Diving Advisory Committee.
Recognized by Florida LMSC for United States Masters Swimming, Inc.*

MEET FACILITY

Conducted at the Rosen Aquatic Center, Orlando, FL

- A 16-lane championship course.
- Separate warm-up/warm down lanes available throughout the meet.
- Colorado Timing System 6 will be used as the primary time, with a backup and a watch time on each lane.
- There is more than ample stadium seating for those who wish to use it.

RULES

Current "Rules That Govern YMCA Competitive Sports" will apply, with the exception of the eligibility statement below.

Current USMS technical rules will apply unless otherwise noted in this meet information.

DISABILITY

Swimmers with hearing or sight concerns are welcome and should confer with the starter/referee prior to their events in order that assistance may be provided. Swimmers with physical disabilities may assume a starting position prior to other participants in a heat.

ELIGIBILITY

YMCA - Every athlete **MUST** be a current member of the YMCA that they are representing, and that membership must be effective as of March 11, 2022, and continue through at least April 10, 2022.

A swimmer must be an amateur athlete in the competitive season in swimming and be age 18 or older on the last day of the meet.

All swimmers are strongly encouraged to have a physical examination/medical evaluation prior to competing in the meet.

USMS - You do not have to be a USMS member, but the meet entry program will ask for your number if you have one.

CERTIFICATE OF LIABILITY INSURANCE

YMCA TEAMS THAT DO NOT COMPLY WITH THE CERTIFICATE OF LIABILITY INSURANCE REQUIREMENT WILL NOT BE ALLOWED TO SWIM AT THE MEET.

Check the website for correct wording.

Each team, consisting of one or more individuals, must submit a "Certificate of Liability Insurance" from their YMCA in the minimum amount of \$1,000,000/\$2,000,000. The certificate must name the YMCA of the USA as the Certificate Holder (see sample).

The "Certificate of Liability Insurance" must be sent directly to the YMCA of the USA as soon as possible, but no later than April 1, 2022.

The certificate must be emailed to finance@ymca.net

The athlete must inform the YMCA that they need the Certificate of Insurance.

MEMBERSHIP SIGNATURE

You will also be asked for an electronic signature verifying that your membership is current and will be current through April 10, 2022. Membership statement:

I verify that I am a member of _____ YMCA, Association Number _____ and my membership is current through at least April 10, 2022.

A swimmer may enter no more than five (5) individual events per day, and no more than twelve (12) individual events for the entire meet. Individual Event Entry Fee - \$8.50

INDIVIDUAL ENTRIES

A swimmer's age group is determined by that swimmer's age on the last day of the meet, April 10, 2022. Age groups to be contested are as follows: 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, and 100+.

There are no qualifying time standards for this meet. A swimmer should enter his/her best achieved time for each event entered. An entry time of "NO TIME" will NOT be accepted.

A swimmer interested in USMS records must submit a current USMS membership number. The meet entry program will ask for that information.

RELAY ENTRIES

All members of a relay must be from the same YMCA in order to compete. Women's relays must consist of four women. Men's relays must consist of four men. Mixed relays may be made up of two women and two men or three women and one man. Mixed relays going for a USMS record must be two women and two men. All relay competitors must be on the meet roster on April 10, 2022. Relays going for a USMS record must be registered on the same USMS team.

Relay Event Entry Fee \$20.00

Teams wishing to enter relays prior to the meet may submit them by emailing claudia.multer@gmail.com. Coaches will be able to see their team roster on Club Assistant

REGISTRATION

ALL PARTICIPANTS MUST REGISTER BEFORE THEY CAN SWIM IN THE MEET. Heat sheets and tickets for the social will be distributed at registration. Coaches may also pick up their relay cards at registration. Registration will be conducted at Rosen Aquatic Complex from 4:00 PM to 6:30 PM, Wednesday, and registration will continue Thursday through Sunday from 7:00 AM to 11:00 AM (or until the conclusion of competition).

SCRATCHES

Any swimmer failing to report to the proper lane in the correct heat of an event shall be scratched from that event and shall not be permitted to swim that event at another time.

COMPETITION

Competition is in two pools.

Odd numbered heats compete in the ODD pool (closest to the dive well)

Even numbered heats compete in the EVEN pool (closest to the scoreboard).

SCORING & AWARDS

Medals will be awarded to 1st – 3rd places in individual and relay events. Ribbons will be awarded for 4th – 8th places in individual and relay events.

THERE WILL BE A CHAMPIONSHIP PATCH FOR FIRST PLACE WINNERS. LIMIT: **One patch per person.**

PICK UP AWARDS PROMPTLY. Medals that have not been picked up will not be mailed.

AWARDS WILL NOT BE MAILED

Important: Awards will close 20 minutes after conclusion of the last event. Do not leave the site and come back to pick up awards. The medals will be packed up and we can no longer access them.

TEAM AWARDS

Team awards will be given to the first-place men’s team, first place women’s team, and first through fifth place combined teams.

RECORDS

YMCA records are posted on the YMCA Swimming and Diving [website](#). Records for each event will be updated automatically. Lead-off splits of relays will be automatic.

Initial splits will be recognized if you stop at the starter’s podium on your course and fill in the information on the spreadsheet before you swim.

SPLITS

Relay lead off splits are automatic. If a lead off split is a meet record, please notify the scoring room as we will not catch that automatically.

PARKING

Ample free parking is available at the facility.

RESULTS

Final results will be posted in printable format on the website www.ymcaswimminganddiving.org.

Results will also be found on SwimPhone and Meet Mobile.

HOUSING

- There are many hotels in the area
- Many are within walking distance of the pools

**YMCA MASTERS NATIONAL MEET
2022 ORDER OF EVENTS**

WOMEN	MEN	EVENT		
Thursday, April 7, 2022, 8:00 AM				
101	102	1650	Yard	Freestyle * (see note below) (15 minute warm-up followed by devotion)
103	104	1000	Yard	Freestyle * (see note below)
Friday, April 8, 2022, 8:00 AM				
201	202	400	Yard	Individual Medley * (see note below) (15 minute warm-up followed by devotion)
203	xxx	200	Yard	Mixed Medley Relay
205	206	100	Yard	Breaststroke
207	208	200	Yard	Butterfly
209	210	100	Yard	Freestyle
211	212	50	Yard	Backstroke
213	214	400	Yard	Freestyle Relay
Saturday, April 9, 2022, 8:00 AM				
301	xxx	500	Yard	Freestyle (Women) (see note below) (15 minute warm-up followed by devotion)
303	304	200	Yard	Freestyle Relay
305	306	200	Yard	Backstroke
307	308	100	Yard	Butterfly
309	310	50	Yard	Breaststroke
311	312	200	Yard	Individual Medley
313	314	50	Yard	Freestyle
315	316	200	Yard	Medley Relay
Sunday, April 10, 2022, 8:00 AM				
xxx	402	500	Yard	Freestyle (Men) * (see note below) (15 minute warm-up followed by devotion)
403	xxx	200	Yard	Mixed Freestyle Relay
405	406	100	Yard	Backstroke
407	408	50	Yard	Butterfly
409	410	200	Yard	Freestyle
411	412	100	Yard	Individual Medley
413	414	200	Yard	Breaststroke

* These events will be seeded by time, slowest to fastest. All other events will be seeded by age group and then by time, slowest to fastest.