2022 Pacific Masters Swimming Kerry O'Brien Short Course Meters Championships Hosted by Walnut Creek Masters Friday, October 7, Saturday, October 8, and Sunday, October 9

Start time: Friday, October 7 - 8:30 AM (warmups at 7:30 AM) Saturday, October 8 and Sunday October 9 – 8:00 AM (warmups at 7:00 AM) **Check In:** Only for 1500M Free, 400M IM, 800M Free, and 400M Free **Deck Entries:** Only for Relays

Sanctioned by the Pacific Masters for USMS, Inc. Sanction

LOCATION: Clarke Swim Center, 1750 Heather Drive, Walnut Creek, CA 94598

COVID-19 REQUIREMENTS: We follow the guidelines set by the City of Walnut Creek, Contra Costa County, and/or State of California. Currently masks must be worn indoors (locker room, front office lobby, and classroom). Any changes to these requirements will be communicated to all meet participants prior to the start of the meet.

FACILITY: All deep 6-Lane 25 Meter course for competition with separate 6-25 yard lanes provided for warm-up and warm-down throughout the meet; bleachers and lawn seating, and snack bar. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1. The primary timing system will be automatic timing (Colorado Timing System). Times may be submitted for USMS records and USMS Top 10 consideration.

TIME: Friday, October 7, 8:30 AM (warm up at 7:30 AM), Saturday, October 8, 8:00 AM (warm up at 7:00 AM), Sunday, October 9, 8:00 AM (warm up at 7:00 AM)

RULES & ELIGIBILITY: Current USMS rules will govern the meet. All participants must be age 18 or older as of the last day of the meet and be currently registered members of U.S. Masters Swimming. Foreign swimmers must provide proof of current membership in their country's Masters Swimming governing body.

ENTRY LIMITS: Maximum of 6 events per day, 7 events for three-day meet, excluding relays. This meet is short course (SC) meters. To convert SC yard times to SC meters times conversion tables can be found at swiminfo.com.

ONLINE ENTRIES: Deadline: Wednesday, September 28, 2022, 11:59 PM, Enter this meet at:

https://www.clubassistant.com/club/meet_information.cfm?c=1301&smid=15202

You will receive an immediate entry confirmation via email. No paper entries accepted - online entries only.

Individual Online Entries Due: Wednesday, September 28, 2022, 11:59 PM

Relay Only Entries Due: Sunday, October 2, 2022, 11:59 PM – relay only swimmers may enter after the individual online entries close.

Relay Team Online Entries Due: Saturday, October 8, 2022, 11:59 PM – Relay Team entries may be entered after relay only online entries close.

Note: No late or individual deck entries will be accepted. Relays may be deck entered. No refunds will be made. Incomplete entries cannot be processed and will be returned. The Meet Director is forbidden to accept late or incomplete entries.

Entry Fees: \$22 for one event, \$48 for 2-4 events, and \$55 for 5-7 events.

DECK ENTRIES: Only for Relays.

CHECK-IN: This is a Pre-Seeded meet. Swimmers are considered checked-in for all individual events with a distance of 200M and less. Online check-in available at <u>SwimPhone.com</u> for the 1500M Free, 400M IM, 800M Free, and 400M Free. Online check-in opens at 6PM the day before the event and closes at 6AM the day of the event. Check-in is also available at the meet:

Events 1-2, 400M IM, (Friday, October 7) will close 30 minutes prior to the start of the meet. Event 7, 1500M Free Mixed (Friday, October 7), Event 31, 800M Free Mixed (Saturday, October 8), and Event 55, 400M Free Mixed (Sunday, October 9) will close no more than 45 minutes before the expected start time for each event.

Athletes who do not check-in will not be seeded and will not be allowed to compete in that event.

SEEDING: All events will be seeded FASTEST to SLOWEST. Enter short course meter times for seeding purposes. Because this is a Championship meet NT (No Time) entries are not allowed. Women and men will swim together for the 1500M Free Mixed (event 7), 800M Free Mixed (event 31), and 400M Free Mixed (event 55). The 1500M Free Mixed is capped at 72 swimmers (12 heats of 6) and the 800M Free Mixed is capped at 90 swimmers (15 heats of 6) in order to meet facility hours.

RELAYS: Swimmers may swim in either the gender or mixed relay of a particular type, but not both. Cards must show correct first and last names and correct age for each swimmer. Relay swimmers not participating in individual events must enter online (no charge). Teams are encouraged to enter relays online and Teams may pay relay fees online as well. Online Relay entry instructions will be sent to the coaches in a separate email. Coaches may contact the meet director for additional assistance if necessary.

Relay Entry Fees: \$10 for each relay. Relay entry fee is discounted to \$8 if entered online.

SCORING: Individual events: 21-19-18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 and double for relays for each age group. *NOTE* Only two relay teams per club may score per age group of a relay. Ribbons will be presented first through eighth place. High point awards for each gender and age group. Team awards will be given for the top three teams in large, medium and small divisions

AWARDS: Ribbons will be presented first through eighth place. High point awards for each gender and age group. Team awards will be given for the top three teams in large, medium and small divisions

PSYCH SHEET: Emailed to all participants prior to start of meet

HOSPITALITY: Snack bar available

MEET DIRECTORS: Gordon Bell, <u>gordon.ed.bell@gmail.com</u>, 925-285-7024 Jon Boone

MEET REFEREE: John King

EVENTS:

Women = Odd Men = Even

Friday, October 7 Warm-up begins at 7:30 AM. Meet starts at 8:30 AM.

1 – 2	400M IM
3	800M Free Relay Women

- 5 800M Free Relay Mixed
- 6 800M Free Relay Men
- 7 1500M Free Mixed (women & men swim together) Entries capped at 72 swimmers

Saturday, October 8 Warm-up begins at 7:00 AM. Meet starts at 8:00 AM.

- 9 10 100M Back
- 11 12 200M Fly
- 13 14 50M Breast
- 15 200M Medley Relay Women
- 17 200M Medley Relay Mixed
- 18 200M Medley Relay Men
- 19 20 200M IM
- 21 22 100M Free
- 23 24 50M Fly
- 25 26 100M Breast
 - 27 400M Free Relay Women
 - 29 400M Free Relay Mixed
 - 30 400M Free Relay Men
 - 31 800M Free Mixed (women & men swim together) Entries capped at 90 swimmers

Sunday, October 9 Warm-up begins at 7:00 AM. Meet starts at 8:00 AM.

- 33 34 200M Free
- 35 36 50M Back
- 37 38 200M Breast
- 39 200M Free Relay Women
- 41 200M Free Relay Mixed
- 42 200M Free Relay Men
- 43 44 100M Fly
- 45 46 50M Free
- 47 48 100M IM
- 49 50 200M Back
 - 51 400M Medley Relay Women
 - 53 400M Medley Relay Mixed
 - 54 400M Medley Relay Men
 - 55 400M Free Mixed (women & men swim together)